RHEUMATISM

62

I Will Send Every Sufferer who returns my Coupon My One **Dollar External Cure to** TRY FREE.

## SEND NO MONEY-ONLY THE COUPON-

I have found an external cure for Rheumatism that is curing old chronic cases of \$0 and 40 years suffering, as well as all the milder stages.



FREDERICK DYER, COr. Sec.

FREDERICK DYER, Cor, Sec. I have the proof to convince anybody that M gic Foot Drafts are curing where doctors and baths and medicine failed. No matter how severe or chronic your case may be, you who have endured the endless torture of this cruel disease, must try my Draits, for there is relief and com-fort in overy pair, whether your Rheumatism is chronic or acute, muscular, inflammatory, scia-trea, lumbago, or gout. Send in my coupon to-day. Return mail will bring the Drafts, prepaid. Then if you are satisfied with the benefit received, send us One Dol-lar. If not, keep you money. You decide, and we take your wo'd. Just sign a and mail this coupon. FREE \$1 COUPON-



FREE \$1 COUPON-Magic Foot Draft Co., Jackson, Mich. Please send a \$1 pair of Magic Foot Drafts to Name..... Address ..... TO TRY FREE-As Advertised. 239J

# **CURE FOR** DYSPEPSIA

As is well known, this troublesome complaint arises from over eating, the use of too much rich food, neglected constipation, lack of exercise, bad air, etc. The food should be thoroughly chewed,

and never bolted or swallowed in haste, stimulants must be avoided and exercise

# TEMPERANCE TALK.

The Western Home Monthly

#### The Faces that Smile.

Brother, you are gazing backward, to-ward the scenes of your mistakes; You are weeping o'er your errors till your proud heart almost breaks.

your proud heart almost breaks. You're repenting and regretting, you are sighing. "O, alas!" And you're missing all the glories of the present as they pass. Leave the grim and grewsome picture— look the other way awhile. For the face that's toward the future is the face that wears a smile.

You are lost in contemplation of the blunders you have made; You are sighing o'er the countless times your soul has been dismayed. But the future's sun Is sinining on the future's verdant trees, And the future's birds are singing—you are missing all of these. Cease that useless gazing backward, look the other way awhile, For the faces toward the future are the only ones that smile.

When your back is toward the future then the blazing lamp of hope Throws your shadow o'er your land-scape and with blinded eyes you gropp For the blessings that had vapished with the times they strove to bless; Face about and you'll discover all your groping's fruitlessness, You'll be dazzled by the glory of the prospect for a while, But with face turned to the future you will learn to wear a smile.

-S. W. Gillilan.



#### New Factor in Temperance Work.

The total abstinence requirements of employers form the most powerful fac-tor in the temperance work at the pres-ent time. On this one subject there is no question of fairness, no demand for arbitration. In other matters employ-ers sometimes find their way blocked by differences of opinion about salaries, or a lack of harmony about the number of a lack of harmony about the number of hours that constitute a working day. But no one ever questions their right to demand absolute sobriety on the part of every amployae

But no one ever questions their right to demand absolute sobriety on the part of every employee. Even the ones most affected by such stringency have a sufficient sense of justice to conceal their resentment at any fancied curtailment of so-called personal liberty. For unless a man has gone beyond the power of his own will to control his habits of life, he will hesitate long before he will risk the loss of a lucrative position. Competition is so close and the unem-ployed are so numerous that the in-efficient and the inadequately equipped are being crowded out of every trade and profession. The "survival of the fittest" finds a constant exemplification in the demands of labor, and the "fit-test" is never the man whose senses are partially obscured by the haze of alcohol, or whose perceptive faculties are dulled by the mists of moderate drinking. The country is teeming with strong

are dulled by the mists of moderate drinking. The country is teeming with strong men of clean habits and active brains, who need employment and who seek ad-vancement, and they will crowd every drinking man from the fields of active endeavor unless his unfortunate addic-tion is speedily overcome. Railroad officials were first to enforce

#### A Lesson from a Child.

A Lesson from a Child. "I remember that the greatest lesson I have ever learned in my life," said the bystander, "was pointed out to me by my little daughter. I had never been a drinking man; but sometimes after the theatre, I am ashamed to confess, that I came home many a night slightly the worse for wear and liquor. The habit grew on me, in spite of tear-ful entreaties from my wife. I took a bottle of whiskey home one afternoon. After dinner I made for the bottle, which I had left in my study, poured out a glass and raised it to my lips, when I caught a reflection in the pol-ished woodwork of the wall. I turned ter standing in the doorway looking at me. I could never describe the expres-siof a child, it was a commingling of re-proach, pity and disgust. Probably she had overheard conversations between her mother and myself; perhaps the mother had instilled that feeling; per-haps it was instinct. I have not taken and the dink from that day to this.

#### Will Take What Papa Takes.

The best way to cause a sober and up-right nation to spring up in the next generation is to teach the evil effects of alcohol in the schools and the homes of the present day. It is a common custom among some classes of people to take liquor in small quantities on spec-ial occasion, such as on New Year's Day; when visiting, before or after meals, or as part of the social life. Children, at all times most observant, watch this handing round of the spark-ling liquor, and notice that after taking it their friends and relations grow gay, are jolly and less restrained in their conversation. Noting these effects, the child argues "that it is good for me," and in a short time asks for it. The parent in whose home liquor is habitu-ally kept could not have any sustaining force to back his 'statements to the child that the liquor is not good for him, and later the child would find out for him-self what this thing is.—Archbishop Bruchesi, Montreal. The best way to cause a sober and up-

### Alcohol the Worst Poison in Whiskey.

Hortvet, Minnesota's state Julius Hortvet, Minnesota's state chemist, has just completed an examin-ation of a miscellaneous collection of liquors which have been sent in for analysis on the ground that they con-tained many adulterations more harm-ful than the alcohol itself. In his re-port, Mr. Hortvet declares that alcohol is without doubt the worst poison in whiskey, whether "pure" or "blended." Julius

#### Here and There.

The big breweries are engaged in an attempt to make the saloon business respectable by helping to enforce the laws that will secure the closing of the so-called "low dive." What then will become of the lower strata of saloon habitues, their long-time and most faithful patrons? It is the business of the breweries to take from a man his manhood, draw him down to the lowest level, then kick him out. The "low dive" is a product of the brewery busi-ness of which it seems brewers have developed sufficient grace to be ashamed. The only way to do away with undesirable brewery products is to close the breweries.

February, Winnipeg, 1909.

## HAD BACKACHE. Was Unable To Do Housework For Two Years

### Many Women Suffer Untold Agony From Kidney Trouble.

Very often they think it is from so-called "female disease." There is less "female trouble" than they think.

Women suffer from backache, sleepless. ness, nervousness, irritability and a dragging down feeling in the loins. So do men, and they do not have "fomale trouble."

Why, then, blame all your trouble to "female disease"?

Most of the so-called "female disorders" are no more or less than "kidney disorders," and can be easily and quickly cured by

Doan's Kidney Pills. Mrs. C. Dupuis, Belleview Village, N.B., writes: "I was unable to do my housework for two years on account of back. ache. I could not get up the stairs. Doan's Kidney Pills cured me permanently after doctors failed to even relieve the pain. I can highly recommend them to all sufferers from kidney trouble."

Price 50 cts. per box or 3 boxes for \$1.25 at all dealers or mailed direct on receipt price by The Doan Kidney Pill Co., Toronto, Ont.



ESTABLISHED AT DWIGHT 1880 For Drunkenness and Neurasthenia caused by the use of liquor or drugs. This treatment is administered by competent physicians at the Institute where every attention is given to restoring nervous disorders resulting from dissipation.

Write for testimonials and par-ticulars in strict confidence. Address

THE KEELEY INSTITUTE 676 JESSIE AVE., FORT ROUGE WINNIPEG



I have in my possession a prescription for nervous debility, lack of vigor, weak-ened manhood, failing memory and lame back, brought on by excesses, unnatural drains or the follies of youth, that has cured so many worn and nervous men right in their own homes—without any additional help or medicine—that I think every man who wishes to regain his manly power and virility, quickly and quietly, should have a copy. So I have determined to send a copy of the prescription, free of charge, in a

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Price

taken if possible.

A remedy which has rarely failed to give prompt relief and effect permanent cures, even in the most obstinate cases, is

BURDOCK BLOOD BITTERS

It acts by regulating and toning the digestive organs, removing costiveness and increasing the appetite and restoring health and vigor to the system.

Mr. Amos Sawler, Gold River, N.S., writes:-"'I was greatly troubled with dyspepsia, and after trying several doctors to no effect I commenced taking Burdock Blood Bitters and I think it is the best medicine there is for that complaint.

For Sale at all Duggists an I Dealers.

CO-OPERATIVE REAL ESIAIE BUSINESS. No experience necessary; this man had none. I will teach you the busi-nees by mail and appoint you my special representative. You can work all or part of your time. A splendid opportunity for men without capital to become inde-pendent. Let me explain my offer and send you my FREE BOOK. Write at once. Address H. D. HURD, Pres., 821 Century Bidg., Kansas City, Mo.

tion is speedily overcome. Railroad officials were first to enforce rigid rules prohibiting the use of in-toxicants by their employees. Sad ex-perience had taught them that a large per cent. of accidents to life and prop-erty were the result of the use of liquor. They recognized the fact that alcohol obscures the sense of color and diminishes rapidity of thought—two points of vital importance when it is considered that failure to distinguish the color of a danger signal, or the de-lay of a few seconds, may mean death to scores of passengers. The railroads protected the public from danger or loss by requiring ab-solute sobriety on the part of em-ployees. And gradually business men came to realize that the same accuracy and clearness of perception were neces-sary in their work, and a new order was promulgated which practically bars the drinking man from desirable posi-tions. It is a new branch of temperance

It is a new branch of temperance It is a new branch assume any philan-It is a new branch or temperance work. It does not assume any philan-thropic airs, but it accomplishes the re-

thropic airs, but it accomplishes the re-sults. It is an advantage to the em-ployer, but it is a far greater advantage to the employee, for in many instances it is only the temperance lecture he would listen to—the only temperance pledge he would ever keep. Sometimes, however, the warning comes too late, and the employee real-izes that it is not a question of will power; that he is the victim of an over-powering demand for alcohol, and, struggle as he may; he must either en-dure the tortures of a constant craving, or suffer the penalty for its gratifica-tion.

Happily, for such men science has fur-hished an unfailing remedy. If they have passed beyond the danger line, where the habit of drinking is merged in the disease of inebriety, they need to be cured instead of reforming.

Of the nearly 250 private charitable organizations in Boston, 30 alone spent, in 1906, nearly \$800,000 in efforts to re-lieve distress of various kinds. Using the most conservative estimates, not far from \$300,000 of this money went to take care of the results of the use of alcohol, and of this amount, about \$150,000 were used alone in caring for children made destitute or abused by drink.

Thirty-one leading firms of Boston and Cambridge, Mass., have signed a notice to the effect that abstainers from all intoxicating drinks will invariably be preferred by them as employees. Among the signers are the City of Cambridge, the Boston and Maine Rail-road, and the Boston Elevated Railroad.

You never can lift the submerged so long as you fear to soil your sleeves.

There is a world of difference between the rule of gold and the golden rule.

There is a lot of difference between working for folks and working them.

Things do not work together for good to the man who will not work at all.

Many a man thinks he is humble be-guess he walks with his nose in the gutter. ,

Virility, quickly and quietly, should have a copy. So I have determined to send a copy of the prescription, free of charge, in a plain, ordinary sealed envelope, to any man who will write me for it. This prescription comes from a physician who has made a special study of men, and I am convinced it is the surest-acting com-bination for the cure of deficient manhood and vigor-failure ever put together. I think I owe it to my fellow man to send them a copy in confidence, so that any man anywhere who is weak and discouraged himself with harmful patent medicines, se-cure what, I believe, is the quictest-acting remedy ever devised, and so, cure himself at home quietly and quickly. Just drop me a line like this: Mr. A. E. Robinson, 4215 Luck Bldg.. Detroit, Mich., and I will send you a copy of this splendid receipt in a plain, ordinary envelope free of charge.

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