Scientific and Aseful.

As a result of careful experiments in feeding stock, it has been found that in moderate weather they require about two and a-half weather they require about two and a-nair pounds of hay per day, or its equivalent in other fodder, for every 100 pounds of their live weight to sustain the vital functions and prevent them from losing flesh. All that is gained in the way of milk, flesh, or wool, is derived from the food consumed beyond this amount. amount.

amount.

Boiled Bread Pudding-pail and cover with sweet mile and set by the stove to warm and soften. Then to every quart of the mixture add two well-beaten eggs, a cup of sugar, and a handful of raisins, or sweet dried fruit of any kind. Do not have your pail full, as it needs some room to rise. Put the cover on tightly, and set it in boiling water, and do not allow it to stop boiling till done. If you try that once you will never make a boiled pudding again. boiled pudding again.

CIDER VINEGAR.—Expose a large surface of the cider to the action of the atmosphere; it will turn rapidly to vinegar; for instance, if the cider is put into buckets or tubs in the sun, and a mosquito netting is laid over the top of it, so that the flies will not touch it, and it is shielded from rain by boards, in three or four weeks you will have strong vinegar. The larger the surface exposed to the air, the sooner the fermentation will take place and the vinegar be formed. Place a place and the vinegar be formed. Place a bucket of cider behind a cooking stove constantly in use, and you will soon have vinegar. Warmth and air are all that are need-

IMMENSITY OF SPACE.—In a recent lecture delivered in Edinburgh, on the "Stars," Prof. Grant gave a graphic idea of the immensity of space. He said a railway train travelling night and day, at the rate of fifty miles an hour, would reach the moon in six months, the sun in 200 years, and Alpha Centauri, the nearest of the fixed stars, in Centauri, the nearest of the fixed stars, in 42,000,000 of years. A ball from a gun, travelling at the rate of 900 miles an hour, would reach Alpha Centauri in 2,700,000 years; while light, travelling at the rate of 185,000 miles a second, would not reach it in less than three years. Light from some of the telescopic stars would take 5,760 years to reach the earth, and from some of these clusters, the distance is so great that light would take 500,000 years to pass to the earth; so that we see objects not as they really are, but as they were 500,000 years ago.

ago.

COLOUR BLINDNESS.—Dr. P. D. Heyser, of Philadelphia, has been making some interesting investigations concerning the capacity of the average railway employee to distinguish between the ordinary colours used for signaling on railways. Last summer he wrote to the managers of the different lines centering in Philadelphia, and proposed to begin a systematic examination of train-men, with a view to ascertaming to what extent colour-blindness prevailed among them. In October last he began operations, and has already examined the eyes of several hundred men. No official report has as yet been made, but it is understood that he has found a number of men who are utterly incapable made, but it is understood that he has found a number of men who are utterly incapable of distinguishing between the different colours. Dr. Heyser's investigations are ready more practical than those of Dr. Jeffries of Boston, who is examining the eyes of children in the public schools, for the lives of many passengers may at any time depend upon a man's ability to distinguish red from green.

USE OF WHEAT IN ENGLAND AND SCOT-LAND.—Very little wheat was used during the earlier periods of English history by the poor in England and mone in Scotland. Rye bread and catmeal in 1596 were the staple diet of the servants in great families. In the reign, of Henry VIII, the gentry kept the wheat for their own tables; their households were usually obliged to content themselves with rye, barley, and oats. In a monopoly granted by Charles II. in 1626, barley bread is stated to be the usual food for the ordinary sort of people. In 1727 a field of eight acres sown with wheat in the vicinity of Edinburgh was reckoned so great a curiosity, that it excited the attention of the whole neighbourhood. In 1770, no loaf bread was to be met with in the villages and country places of Scotland, oat cake and barley bannocks being universally used; but about USE OF WHEAT IN ENGLAND AND SCOTplaces of Scotland, oat cake and barley bannocks being universally used; but about
the commencement of the nineteenth century a change began. Every village began
to have its public baker of wheaten bread.
In England, private baking was the rule;
and even up to 1814, there was not a single
bakes in Manchester. All the chief towns of
Great Britain have now several bakers' shops,
and baking in private houses has very much
diminished.

ROLLESTON HOUSE,

186 JOHN ST., TORONTO. BOARDING & DAY SCHOOL. MRS. NEVILLE. Spring Term commences in April.



HAMILTON, ONT.

THE LEADING BUSINESS COLLEGE OF CANADA.

The proprietors of this popular Institution are de-termined to spare neither pains nor expense to give every student thorough satisfaction, and to maintain it on its present high standing as that of the leading Business College of Canada.

Our teachers are thoroughly practical, our course is practical, and our graduates are practical account-

Young men, patronize the best and most successful Business College in the Dominion, by taking a course in the Canada Business College, which is acknowedged by all to be the most complete school of business training in the country. Send for circular.

TENNANT & McLACHLAN.

SUPPLEMENTED

INTERNATIONAL

LESSON SCHEME.

Mailed free at 60 cents per 100.

The Supplemented Lesson Scheme is edited by the Rev. T. F. Fotheringham, M.A., and is well adapted or use in Presbyterian Schools. The printing is leadly executed; and the Schemes for 1879 are now eadly for delivery.

Orders by mail promptly filled.

C. BLACKETT ROBINSON, 5 Fordan Street, Toronto.

NEW BOOKS.

Mailed, postpaid, at prices quoted, by OHN YOUNG, U. C. Tract Society, 102 Younge Street.

February 19th, 1879.

IUST PUBLISHED.

44 pp. Price 10 Cents.

DOCTRINES OF THE

PLYMOUTH BRETHREN.

By Rev. Professor Croskery, M.A., Magee College, Londonderry.

A comprehensive and very complete exposition in short space of the Errors of Plymouthism. Mailed to any address, postage prepaid, on receipt of price.

Wherever Plymouthism is trying to get a foot-hold within the bounds of Presbyterian congregations, parties would do well to circulate copies of this pamphlet.

C. BLACKETT ROBINSON,

Fordan Street, Toronto.

JOHN M. O'LOUGHLIN,

Theological and Standard Books.

Agent for British, American, and Boreign Newspapers and Magazines, Winsof & Newton's Artists' Materials, 243 ST. JAMES STREET, MONTREAL. Orders by mail promptly filled.

IONES & McQUESTEN,

BARRISTERS & ATTORNEYS-AT-LAW, HAMILTON, ONTARIO.

INO. W. IONES, LL.B. I. B. M'QUESTEN, M.A.

ROBINSON & KENT, (Late Diegen & Robinson.) BARRISTERS-AT-LAW, ATTORNEYS, SOLICITORS, CONVEYANCERS, ETC.

OFFICE:—Provincial Assurance Buildings, Court
Street, Toronto.

GORDON & HELLIWELL,

Architects and Civil Engineers, 23 Scott Street, Toronto.

Acoustics and Ventilation a Syccialty.

H. B. GORDON. GRANT HELLIWELL W^{M.} H. SPARROW,

Importer and Dealer in House Furnishing Goods,

Dealer and Jobber in Perambulators, Illuminating & Lubricating Oils, Lamps, Chandeliers, and all kinds of Kerosene Goods, manufacturer of Water Filters, Refrigerators, and every description of Tin, Sheet Iron and Copper Ware. Wolverhampton House, No 87 Yonge St., Toronto.

GRAIG'S CABINET FAC-

473 to 483 St. Bonaventure Street, Montreal. PARLOR, DINING & BEDROOM SUITES

CHURCH FURNITURE MADE TO ORDER Retail Warerooms 466 Notre Dame St., Montreal.

\mathbf{W} indow shades

AND

AWNINGS.

R. H. SMITH, 22 Wellington, Street, West.

GAS FIXTURES.

Ecclesiastical & Architectural Designs

made to order in a superior manner.

Dealers and Manufacturers of all kinds of

Gas Pittings, Brass Railings, and Metal Ornaments.

D. S. KEITH & CO. 109 KING ST. WEST, TORONTO

D. S. KEITH.

J. B. FITZSIMONS.

R. MERRYFIELD,

PRACTICAL BOOT & SHOE MAKER,

THE OLD STAND

190 YONGE STREET.

Order Work a Specialty.

STABLISHED 1854. A. McDONALD,

Renovator and Dyer

Of Gentlemen's Wearing Apparel,

24 ALBERT ST., corner of James, TORONTO.

NTARIO STEAM DYE

334 Yonge Street, Toronto,

THOMAS SQUIRE, - PROPRIETOR,

is now complete and in full working order. Fitted up with later improved machinery than any in Canada for finishing Silks, Ribbons, Dress Goods &c.

Silks and Ribbons a Specialty.

AMES THOMSON.

IMPORTER AND DEALER IN

WALL PAPERS & STATIONERY.

Calcimining, Painting, Glasing, Paper Hang-ing and Tinting done to order. Country orders promptly attended to.
64 Yonge Sa., Recente, P.O. Address Box 185

THE PEOPLE'S FAVORITE THE OLD ESTABLISHED

Cook's Friend Baking Powder.

PURE, HEALTHY, RELIABLE. Manufactured only by W. D. McLAREN,

55 & 57 College St. Retailed Everywhere.

D. PRENTICE, MERCHANT TAILOR,

257 YONGE ST., TORONTO.

GORMLEY,

WHOLESALE AND RETAIL

FAMILY GROCERI

North East Corner Jarvis and Duke Streets, Toronto,

A choice stock of Groceries and Provisions always on hand at reasonable prices for Cash. Fine Teas a smoothy. City housekeepers will always find choice lots of

Roll and Tub Butter

from which to select.

The highest market price paid for good Butter and fresh Eggs.

RANITE MONUMENTS and Headstones, Red or Grey, unequalled for uty and durability. Elegant Monuments always

We do not employ Agents, therefore purchasers will save their openission by ordering direct from Fred. B. Gullett, Sculptor,

office and works corner of Church and Lombard Sts. Toronto.

ANADA

Stained Glass Works.

Established 1856.

Ecclesiastical and Domestic Stained Glass Win-

Banners and Flags Painted to Order.

JOSEPH McCAUSLAND,

8 KING ST. WEST, TORONTO.

ANCERS CURED.

Don Mount, October 2nd, 1895. O. C. Woon, Esq., M.D.

DON MOONT, October 2nd, 1625.

O. C. Wood, Esq., M.D.

Dear Doctor, —You enquired after my health and views relative to your treatment of the cancer or cancerous affection in my lip-mow just eleven years ago-in reference to which I have to express my gratitude to an overruling Providence that I was led to an acquaintance with you, and became a subject of treatment by you. My lip had been sore at least seven years (?) years, exceedingly painful, and for two or three years before you took it in hand, almost unendurable. All sorts of experiments had been submitted to by me, embracing caustics, excoriation—everything indeed but the surgical knife—and in vain; for it always returned, and worse than before. Your treatment effected a speedy, complete and permanent cure. The cancerous humour seems thoroughly expurgated from my blood. I have now for a long time used nothing antagonistic as at first, nor any stimulant or tonic to keep up my system; and yet my health is perfect, and, at the age of sixty-six, I am laboring with a vigor equal, if not superior, to any other part of my laborious life. You are at liberty, to make any use of this you may judge proper. Address Dr. Woon yet and to Marie street.

Address, Dr. Wood, 167 and 169 Maria street

Golden Hours

FOR THE YOUNG.

A BEAUTIFULLY ILLUSTRATED

NON-DENOMINATIONAL

Sunday School Paper,

PUBLISHED MONTHLY.

It is sure to prove a great favourite with the chil dren of

CANADIAN SABBATH SCHOOLS,

TERMS FOR THE CURRENT YEAR)

4	Copies	to one	address							_		_		\$1.00
10	"	"												2,00
20	"	"												
50	"	"												
100	**	"	"	• •	• •	• •	• •	٠.	٠	٠	•	•	• •	7.50

Any number exceeding one hundred at same rate C. BLACKETT ROBINSON.

No. 5 Fordan Street, Toronto.