all kinds, enable him to look with unbiased mind at the problems arising out of the relationships between employer and employee.

The judgment of statesmen who legislate for the well-being of the people as a whole would be vastly benefitted by not only having sat in the class room with other students, but by having rubbed shoulders with the miner navvy, and lumberjack in the capacity of worker and instructor. Clergymen, too, who are the spiritual advisers of the people would be infinitely better prepared to exercise "the larger heart, the kindlier hand" toward their congregations, had thev. like Longfellow's village blacksmith, for even a few years, known the blessedness of "toiling, rejoicing, sorrowing," as laborers with men.

Abounding health, a broader outlook on life, sympathy for the manual worker and his problems, a more practical turn of mind and hand, the "moods of calmness and emotion" which Wordsworth so beautifully portrays as coming from intimate association with nature, are but a few of the benefits of the man who goes forth—himself a worker—to educate his fellow workers at their work.

What a boon it would be to Canada and to the world at large if all employers of labor had themselves not only engaged in manual work, but for several years had acted in the capacity of "guide, philosopher, and friend" to their co-laborers! Surely such a consummation is devoutly to be wished and would head off a big percentage of industrial troubles.

Many of the instructors who stuck to their dual tasks for several years are today amongst the biggest and most successful men in Canada in education, in medicine, in law, in engineering, and in the Church. One has only to recall the names of a few of the greatest characters of all time—Paul making tents; Hugh Miller, cutting stone; Lincoln, splitting rails—to be convinced that the highest development is attained in the exercise of the body in conjunction with that of the mind and soul.

"Nor soul helps flesh more now, Than flesh helps soul."

Eat less; breathe more.
Talk less; think more.
Ride less; walk more.
Clothe less; bathe more.
Worry less; work more.
Waste less; give more.
Preach less; practise more.

It is possible to contend so fiercely over principles that living them is quite overlooked.

He never gets to the top who waits for some one to push him up.