## The Average Man Can Go Higher

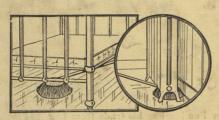
If he keeps his body strong, his brain clear and —thinks!

## Grape-Nuts

contains body- and brainbuilding material from Wheat and Barley scientifically prepared—a food for thinkers!

"There's a Reason"





## Those Hard-to-get-at-Places

Are no longer hard-to-get-at if there is an O-Cedar Polish Mop in your house. It gets into every corner and leaves not a speck of dust behind.

## O-Cdar Mop

(Made in Canada)

cuts housework in half. Its long handle enables you to reach anywhere, high or low, and it picks up all the dust and holds it. It is easily washed and renewed with a few drops of O-Cedar Polish.

Prices 75c., \$1.00, \$1.25, \$1.50.

Your Dealer Has It

CHANNELL CHEMICAL CO., LTD., 369 Sorauren Ave. - Toronto, Ont.

