December, 1887.

CHRISTIAN. THE

A HELP BY THE WAY.

BY IRENE WIDDEMER HARTT.

It is so hard during the arduous duties of a long day and the anxious frets and worries that come with the duties, to keep the heart lifted to God. Earth is so close upon us then. Very little things obstruct our view upward, and the impatient word escapes us almost unawares. Even when the time comes which we can call our own the spirit is still so disturbed that there is not much rest for the mind. It may be this is the only time during the whole day that we can give to devotional study of the Bible, and yet the troubled heart turns away from it, too filled with things of this world, which do so weigh down, to rise to its heights.

I once knew a women who was calm and quiet amid the most trying circumstances, and who, when others would have spoken impatiently, was so particularly gentle that I asked her secret. She more than gladly told me, and I tell it to you, tired, hard-working sisters, knowing it will aid you if faithfully carried out. Her plan was simple. It had to be, for she was one of the busiest of women. She was not only the mother of a large family, her husband a farmer, but kept boarders in summer and had not always sufficient help. She arose early, and on her dressing-table was a large coarseprinted Biblo. This she had left open the night before at some particularly helpful verses. As she neatly and always quickly made her toilet her eyes scanned the verses, and as she went about the room she repeated them over and over to herself till they were indeed learned "by heart." These were impressed upon her heart as well as upon her brain, and through the long working hours they never left her. I don't mean to say she thought about them all the time. Planning her work and giving it proper attention, that would have been impossible ; but there they were safe lodged in her heart and brain, ready to help in any emergency. Always, no matter how great the pressure of work, she took an hour to herself in the afternoon. Without that respite she could not have performed her duties. She was so wearied often that she lay down and could not at first fix her attention upon anything. Then she would open her Bible, and selecting again some sweet promise, say it over to herself as she lay with closed eyes, until her cares disappeared and she realized more of the fullness and the beauty of the words than she over could have known from mere reading. She always arose eager, she said, for more of the Word, and spent the little time left her searching in it. When she came out of that room we could not but take note always that she "had been with Josus." Sometimes when she sowed, fearing to dwell upon her cares, she would have her open Bible beside her. coining a sacred lesson as she worked. And this precious food gathered in during the odd moments of the day was a stay to her if she was sleepless at night. The rich promises came to her thick and fast, sending such a sweet calm through her heart that she dropped to sleep.

Nor was this all. She did not alone reap the benefit. Her unfailing sweetness and brightness led some of the boarders to look into the cause and inquire where she got such strength to bear her burdens. And so her unspok en testimony of the truth of God's promises drew many of them from the path of carelessness to rightcousness and peaco. -Christian at Work.

MR. MOODY AND TOBACCO.- A man asked Mr. Moody, "Can a man use tobacco and be a Christian ?" "Yes, I suppose so," said Mr. Moody, "but he will be a filthy one." A man who had been converted under Mr. Moody's labors overheard the conversation, and gave up the use of tobacco, because he wanted to be a clean Christian.

MARRYING TIPPLERS.

A word of warning to young ladies on this subject will not be inappropriate.-How many young women by uniting their destinies with tipplers, or men of confirmed intemperate habits have involved themselves in lives of sorrow and often of shame ! "Yet in spite of all the wrotchedness of drunkard's wives," says Mr. Cuyler, "young women are continually willing to marry men who are in the habit of indulging in the social glass ! Ladies often refuse the marriage offers of young men because they are too poor or of too humble a family, or too plain in person or manners. But only now and then one has good sense enough to refuse to unite herself with a man who will not pledge himself to total abstinence ! A rich and fashionable youngman has commonly no trouble to get a wife, even though he is hardly sober long enough to pronounce the marriage vow. But a teetotaller in coarse raiment might be snubbed as a vulgar fellow who has never seen society. Ladies ! before you begin to scold at me for saying this impolite thing-just look around and see if it is not true."

Ladies, this is an important subject, and you should consider it well. It involves your happiness and respectability in this world; and perhaps your salvation in the next. You should reject the hand of any man, who indulges in the intoxitating cup. What are riches, station, or any thing worth without sobriety, virtue, and character? Beware !

BIBLE ARITHMETIC.

ADDITION .- Add to your faith, virtue; and to virtue, knowledge; and to knowledge, temperance; and to temperance, patience ; and to patience, godliness; and to godliness, brotherly kindness; and to brotherly kindness, charity.-Il. Pet. i. 5-7.

SUBTRACTION .- Laying aside all malice and guile, and hypocrisies, and envice, and all evil speaking. . . desire the sincere milk of the word that yo may grow thereby. I. Pot. ii. 1-2.

MULTIPLICATION .- Grace and peace be unto you through the knowledge of God and of Jesus our Lord.-I. Pet. 1-2.

He that ministereth seed to the sower both minister bread for your food, and multiply your seed sown, and increase the fruits of your righteousness. -II. Cor. ix. 10.

DIVISION .- Come out from among them, and be yo separate, snith the Lord, and touch not the unclean thing ; and I will receive you, and will be father unto you, and ye shall be my sons and daughters; saith the Lord Almighty .--- II. Cor. vi. 17, 18,

RULE OF THREE .- Now abideth faith, hope and charity, but the greatest of these is charity .- I. Cor, xiii. 13 .- Selected.

HALIFAX CHURCH FUND.

In the November issue we reported \$101.05 to have then been collected-since then the following have come to hand :

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J Messervey, William Murray, 10 Willio B Murray, 10 George Leonard, 10 Mrs & E Garthon, 10 Mrs Florence Garrison, 10 Mrs Florence Garrison, 10 Mrs Florence Garrison, 10 Mrs Store W Cooke, 1 10 Miss Ora W Cooke, 1 10 Miss Ora W Cooke, 1 11 Mr Abuer Leonard, 16 J L Shaw, 11 11 Mr Abuer Leonard, 16 J L Shaw, 11 11 Mr W Richardson, 25 T W McKinelay, 10 10 Miss Mary E Calder, 60 Charles Budden, 30 11 Mrs Mary E Calder, 60 Charles Budden, 30 11 Mrs Mary E Calder, 60 Charles Budden, 30 11 Mrs W Richardson, 25 T W McKinelay, 10 12 Mrs Mary E Calder, 60 Charles Budden, 30 11 Mrs Mary E Calder, 60 Charles Budden, 30 11 Mrs W Richardson, 25 12 Miss Vesta Curamings, 10 Mr McLeanu, 10 11 Mrs W W Leary, 10 Miss T S Sandford, 50 12 Mrs Geo N Dakin, 10 A M Frasor, 10 13 Mrs We Ucary, 10 Miss T S Sandford, 50 14 Mrs We Leary, 10 Miss T S Sandford, 50 17 Mrs Haward Eldridgo, 10 J W Biglew. 18 Capt Geo McKay, 50 I M Pysant, 19 Daulord 10 J W Biglew. 10 Gard Geo McKay, 100 J W 11 S Freeman, 12 D Munford 11 Mrs W J Mo servoy, 100 J W A Lo Cain, 160 J 10 J W Stard, 160 J 10 J W Biglew. 10 J W Stardon, 10 J W 11 S Freeman, 12 D Munford 10 J W Biglew. 10 J W W Eaton, 100 J W

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