

HYMNS FOR HEART PRAISE.—"O day of rest," "We bless Thy name," "This is the day," "Hail, thou bright," "Hail, sacred day," "Blessed day, when pure."

#### FOR THE LORD AND HIS DAY.

A corruption of morals usually follow a profanation of the Sabbath.—*Blackstone*.

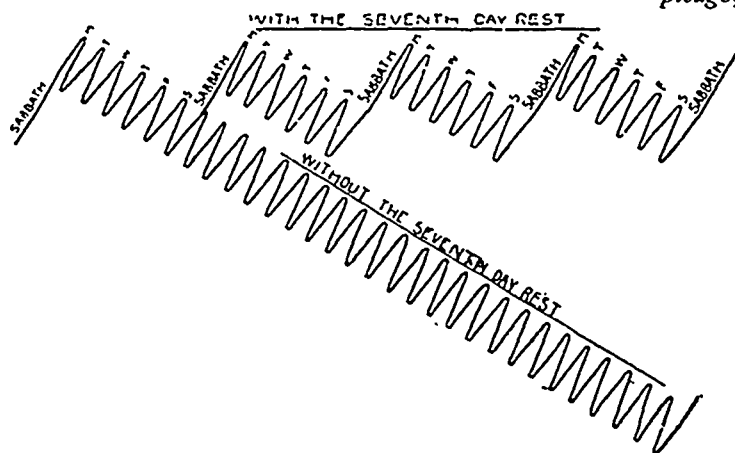
I feel as if God had, by giving the Sabbath, given fifty-two springs in the year.—*Coleridge*.

Give to the world one-half of Sunday, and you will find that religion has no strong hold of the other.—*Sir Waller Scott*.

The Sabbath, as a political institution, is of inestimable value, independently of its claims to Divine authority.—*Adam Smith*.

A peculiar blessing may be expected upon those families where there is due care taken that the Sabbath be strictly and devoutly observed.—*Jonathan Edwards*.

I am prepared to affirm that a Sabbath well spent—spent in happy exercises of the heart, devotional and domestic—a Sunday given to the soul—is the best of all means of refreshment for the mere intellect, —*Isaac Taylor*.



One day in seven God hath set apart  
To draw us nearer to His loving heart  
One day in seven free from earthly care,  
For meditation, fellowship, and prayer.  
Thus did Omniscient Goodness kindly plan  
The Sabbath as a day devised for man,  
Whereby amidst the toils of life below,  
He yet might find a chance his God to know,  
And in that knowledge to His likeness grow.—*Sel.*

The principal aim of the Sabbath is to make you holy, as God is holy. God would have you holy: this is glory, this is blessedness: this is His blessing, this His rest. God would have you holy, filled with Himself and His holiness.

In order to sanctify you, God must have you with Him, in His presence and fellowship. You are to come away from all your struggling and working to rest with Him: to rest quietly, without exertion or anxiety, in the certitude that the Son has finished everything, that the Father cares for you in everything, that the Spirit will work everything in you. In the holy rest of a soul that is converted to God, that is silent towards God, that remains silent before His presence to hear what God speaks in Him, that reckons upon God to achieve all, God can reveal Himself. It is thus that He sanctifies us.

We sanctify the day of rest, first by withdrawal from all external business and distraction; but then especially by employing it as God's day, belonging to the Lord, for what He destined it—fellowship with Himself.—*Andrew Murray*.

#### Our Pledge.

Mar. 13.—How to keep the Christian Endeavor pledge.  
Matt. 25: 14-30.

DAILY READINGS.—Monday: Prayer, Eph. 6: 18-24. Tuesday: Bible-reading, Josh. 1: 1-9. Wednesday: Christian living, 2 Tim. 2: 15-26. Thursday: Testimony, 1 John 4: 13-19. Friday: Consecration, Ex. 19: 1-11. Saturday: Loyalty, Heb. 10: 23-29.

#### A WEEK IN ADVANCE.

If you have not yet gotten a wall pledge for your meeting-room, see that you get one in time for this meeting. The HERALD is able to supply you at reasonable prices.

If you know of any one who objects to pledges get them to put their objections as clearly as possible in writing, and then hand to some bright Endeavorer to prepare a reply to.

Get several members to come with practical suggestions on keeping the pledge in the home, in the society's work, in business, in social life.

Write on the blackboard, "Things that you can't do and keep your pledge"; then call upon those present to supply a list of these impossibilities.

FROM THE BOOK OF PLEDGES.—*The strength of the pledge*, Phil. 4: 13, John 15: 5, 2 Cor. 12: 9. *The scope of the pledge*, John 2: 5, Ex. 19: 8, 24: 3, 7, Deut. 5: 27, 26: 17. *The duration of the pledge*, Ps. 23: 6, Luke 1: 74, 75, Jer. 32: 39, Ps. 139: 24, Ps. 37: 27.

SPIRITUAL SONGS: "For Christ our Prince," "Blessed Bible," "All for Jesus," "I need Thee every hour," "Our willing service," "Simply trusting," "Be ye strong in the Lord," "Simply stand for God."

#### SIMPLY TRUSTING.

We promise Him because He first promised us.

Lay hold of God's pledges to you before you make pledges to God.

My pledge simply places me in God's power. It remains not for me to keep it, but for Him to keep me.

I pledge myself to pray, and God pledges Himself to answer my prayers.

Society is built on the pledge principle. Witness the marriage vow, the promissory note, the statesman's oath of office.

"I do not believe in pledges," is another way of saying, "I want to dodge my responsibility."

#### FROM MISS HAVERGAL.

##### Trusting.

Distrust thyself, but trust His strength;  
In Him thou shalt be strong:  
His weakest ones may learn at length  
A daily triumph song.

##### Whatever He would Like.

Just to ask Him what to do all the day,  
And to make you quick and true to obey;  
Just to know the needed grace He bestoweth,  
Every bar of tune and place overfloweth;  
Just to take Thy orders straight  
From the Master's own command;  
Blessed day when thus we wait  
Always at our Sovereign's hand.

##### Throughout My whole Life.

I love, I love my Master,  
I will not go out free,  
For He is my Redeemer,  
He paid the price for me,