

## FIRST AID TO THE INJURED.

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I shall use the time at my disposal to present this subject more particularly in its application to the injuries received at the various industries represented at this Club, and also to outline briefly what preparations are necessary to successfully carry out First Aid work in these industries.

In the first place, what do we mean by First Aid? It is the intelligent application of correct surgical principles to the immediate treatment of those injured or taken suddenly ill. To be successful, it is not necessary to have the extensive knowledge of anatomy and of disease and its treatment required of a medical man. All that is necessary, after acquiring a few of the cardinal principles of First Aid, is to be observant, tactful and discriminating in making up one's mind as to the nature of the injury, and then prompt, confident and resourceful in the methods used to render aid.

Why is the subject important? The report of the Department of Labour for January of this year shows a total of 491 industrial accidents of which 100 were fatal. The largest number of fatal cases were under the headings of mining and railway service, and of the non-fatal cases the greatest number occur in the steam railway and metal services. This is a record of the reported cases for one month only. Multiply it by twelve and add to it the numerous cases not reported and you have a tremendous list for a year. In spite of all precautions taken for the safety of employees these accidents will continue to occur, and as the industries of this growing country increase, the list of industrial accidents will continue to expand in proportion. It is certain that the loss of life, suffering, and loss of time occasioned by these accidents would be materially reduced if men competent to render prompt and intelligent aid to stricken ones were found in every foundry, machine shop, blacksmith shop, wood working shop, mine and industry, where men are employed exposed to accident. First Aid instruction in industries is invaluable for the following reasons: (a) Instances are multiplied where lives are saved by the timely application of First Aid where the injury is so serious as to put the injured in danger of immediate death; (b) a long time must necessarily intervene before a medical man can be got to the spot, and much suffering is saved the patient if some one in his vicinity is in