would be provided with means of recreaton; would never receive a morning wash, but always be martyrs to their matutinal ablutions. And, dear me, I'm afraid, from what I know of these women, that such an one would never teach the little one an evening prayer, but would instruct him in his nightly devotions.

Her pots and pans become her culinary utensils; you do not take lunch in her house, but partake of some slight re-The few house duties she freshment. understands are made her domestic engagements, and lastly, for I am glad to dismiss her, she never goes to bed, but always either seeks her couch or retires to

I remember, some years ago, meeting a good example of the silly creature I have tried to sketch, or as she would say had endearoured to pourtray. A gentle. sad-faced lady in mourning, who sat talking very quietly to the son of one of England's sweetest poets, caught my attention, and I enquired who she was. "Mrs. H.," said my strong minded companion, and then she added simply, "she is, as you see, in mourning for her dear son, Captain H., who was killed in the war (Crimea)." Did she say that? Not a bit of it. Said the lady of garbled speech, "She is, as you perceive, clad in the habiliments of mourning for her well rudely changed to laughter, for what -S. S. Times. could I do but laugh?-S. Lou, Ch. Herald.

METHOD OF EXCITING INTER-

The general subject, "How we shall excite and maintain the interest of our classes," is one of great importance. Se-

veral suggestions are presented:

1. Procure a large slate, or small black board for your class; write on it a carefully prepared analysis of the lesson, and require each one to keep a blank book in which to copy the synopsis and any remarks the teacher may make. Examine on these frequently.

2. Appoint a pupil, now and then, to be your "assistant" in asking questiens,

giving him a week's preparation.

- 3. Get the class to have a "questionbox" and to bring questions weekly on the lesson, or on any other part of the Bible.
- 4. Question your class, so to speak. analytically. A few Sabbaths ago I asked my class "Can each of you mention one way by which we may show our gratitude to Jesus!" (The average age is about twelve.) The answers I received were these: 1st. "By faith;" 2nd. "by love;" 3rd. "by prayer;" 4th. "by study of God's word;" 5th. "by obeying him;" 6th. "by leading others to him."

5. Avoid as you would a bed of snow all routine. Do not allow any method of work for Jesus in any direction to become fixed and stereotyped. Study as much variety as possible. A distinguished divine was asked to describe a plan for the preparation of sermons, to a young minister; his reply was the best on record: "Be a slave to no plan!"

6. Visit your class and have it visit You must know their temperaments and surroundings, if you would secure the highest success. "I believe somebody has told Mr. Jones about me, because what he said fits me exactly." But Mr. Jones had only thrown himself in the way of that person, and prayerfully, silently, taken a spiritual diagnosis of the You must come in contact with beloved first-born, who was slain on the people when they are themselves, if you field of battle!" All my sympathy was would influence them most effectually. people when they are themselves, if you

"AND BEHOLD THEY LIVE."

BY R. R. BOWKER.

They are not dead to whom the last is spoken;

They are not gone of whom we see no more:

Still do they live, in life and light unbroken; Still are they near, yea, nearer than before.

Take heart anew, O all ye broken-hearted! The Lord is with us, they are with the Lord;

The glorious company of the departed Shall lead us safely to the heavenly ford.

Their outstretched arms shall ward from many a falling,