

the monks received these news miraculously and brought it to S. Hilarion, urging him to return to the monastery, but he refused and withdrew no one knew whither. His faithful companion Hesi-chius sought him everywhere, sure to find him by the report of his miracles,

Hilarion had gone to Sicily, where he wrought a great many miracles.

The death of Julian did not give peace to the Church or the Religious, because the Emperors succeeding him were Arians.

Mary, Help of Christians.

Among the numerous titles under which the Church honors Mary, the title of "Help of Christians," is one most dear to us.

This title is most worthily bestowed upon her, for Mary is our guide and help under all circumstances in which we find ourselves

She is a help highly valuable in assisting us to ensure our soul's salvation; a help most efficacious in assisting us to expiate the sins whereby we have defiled the white robe of our baptismal innocence.

Mary is our help, for, according to St. Lignori, "As a stone that is not supported would roll downwards from abyss to abyss, so would the soul that lost the support of Mary fall into the abyss of sin and be lost." Thus we see the necessity of Mary's help defended and advocated by one of the greatest saints of the Church.

It is only by the grace of God that we can save our soul, and since Mary is all-powerful in her mediation between us and her divine Son Jesus, we see how indispensable Mary's help is in this all important affair of our lives. What would become of us, subject as we are to the concupiscence of the flesh, the concupiscence of the eyes and the pride of life, weak as we are, exposed to so many evil tendencies of the day and encompassed by so many enemies of our soul? Subject to the devil and his angels, we would be dragged from the path of virtue into that of sin and vice, and tempted in a thousand ways by our sworn enemy, the devil, would be led from crime to crime during this life, and after death we would be the unhappy

companions of their sad and never ending state of sorrow and suffering.

"A child, newly born," says St. Bonaventure, "cannot live without the care of its mother; so, neither can we live to salvation unless Mary protects us."

Children of Mary, let us keep close to her, and not let her go until we have received her blessing in heaven.

All Catholics, young and old, should invoke Mary at all times, but especially in those moments when we are in danger of losing God's grace, that gift which makes our soul as bright and pure as the angels who stand before the throne of God.

"Mary's prayers," says St. Andrew, of Crete, "obtain for us all the graces we stand in need of to practice virtue and overcome the efforts of the enemies of our souls."

"Every time," says St. Bridget, "that the devil attacks a person who implores the help of Mary, they fly away, trembling with fear at the least sign she makes them."

How many Christians, by Mary's merciful aid, have vanquished the enemies of their soul?

How many in the most terrible temptations, have found, at the foot of her altar, victory over the enemy, and peace of soul?

It is because Mary has shown us so much love and care that prayers are offered to her from every part of the globe.

Mary's help is implored by persons of all ages and all ranks of society,—the young, the old, the rich, the poor, the seaman and the soldier, all implore her help. The child whose parents have

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