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## HOUSEHOLD.

### What an Old Housekeeper Says.

'Yes, it is sometimes hard work to get the cooking and washing and ironing done, but I have found it a good plan not to be too systematic. I learned from an old Welsh friend years ago, that one might do a great deal in the early morning, and then take the rest of the day more at her

ease."

'Yes, Molly,' said Cousin Kitty, 'one may if she live alone, but suppose one has several hungry hired men, who want three big meals a day. What may she do to lighten her burden?"

'The problem is beyond me,' frankly answered Molly; 'but this I will say, no woman should be compelled to do all the indoor work with her own hands, when her husband is employing the help of several husband is employing the help of several hired men. It isn't fair. Women do have the very heaviest end.'

'Well, sometimes there is a mortgage, and the wife wants it lifted as much as the husband does.'

and the wife wants it lifted as much as the husband does.'

'That may be, but he needn't kill her in order to pay for it.'

'Well, I am a believer in system. Yet you are, or were, an old-fashioned house-keeper. Dear, dear.'

'I am, and I was in the past, a thorough and fastidious housewife,' said the first speaker; 'but I know now that the life is more than meat. I shall not be able to do much for my growing boys and girls when I am lying with folded hands in the churchyard. I'd rather live, if I can, until they are grown up. I shall be a better comrade to my husband if I hold him up to an endeavor to take care of me, as well as of the crops and the cows and the horses. I am learning how to take care of my physical life, a thing many a woman of forty-five ignores, and, because of her ignoring, either drifts into invalidism or dies. Don't work so hard, cousin. Take a hint from me, and save your energy for another day.'—'Christian Herald.'

#### Selected Recipes

Hominy Cakes.—Boil two cups of fine hominy very soft, stir in a tablespoon of butter, and salt to taste; add an equal quantity of corn meal and three well-beaten eggs; beat well together; add a sufficient quantity of milk to make a thin batter. Bake on a griddle or in waffle-irons.

One-quarter of a compressed yeast cake makes a good substitute for eggs. the batter stand an hour to rise.

the batter stand an hour to rise.

Cottage Pudding.—One cupful of flour, one heaping teaspoonful of baking powder, one tablespoonful of butter, one-half cupful of sugar, one-half cupful of milk, one saltspoonful of salt, one egg. Mix the baking powder with the flour and sift them. Rub the butter and sugar together to a cream and beat into it the egg; then add the milk, in which the salt has been dissolved. Add the flour, beat well together and turn into a cake tin having a tube in the centre. Bake about twenty-five minutes in a moderate oven. Turn it on to a flat dish. Serve with a chocolate on to a flat dish. Serve with a chocolate sauce. Put a half cupful each of sugar and water in a saucepan and let it boil five minutes. Let the syrup cool, then stir it slowly into four ounces of chocolate, melted; add one-half teaspoonful of vanilla. Let it stand in a pan of hot water until ready to serve, then add one-half cupful of cream or milk.

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