ANY DYSPEPTIC CAN GET WELL

By Taking "Fruit-a-tives" Says Capt. Swan

"Life is very miserable to those who suffer with Indigestion, Dyspepsia, Sour Stomach and Biliousness. This letter from Captain Swan (one of the best known skippers on the Great Lakes) tells how to get quick relief from Stomach Trouble.

PORT BURWELL, ONT., May 8th, 1913.

"A man has a poor chance of living and enjoying life when he cannot eat. That was what was wrong with me. Loss of appetite and indigestion was brought on by Constipation. I have had trouble with these diseases for years. I lost a great deal of flesh and suffered constantly. For the last couple of years, I have taken "Fruit-a-tives" and have been so pleased with the results that I have recommended them on many occasions to friends and acquaintances. I am sure that "Fruit-a-tives" have helped me greatly. By following the diet rules and taking "Fruit-a-tives" according to directions, any person with Dyspepsia will get benefit".

H. SWAN

"Fruit-a-tives" are sold by all dealers at 50c, a box 6 for $2.50, or trial size 25c. or sent postpaid on receipt of price by Fruit-a-tives Limited, Ottawa.

Guide-Advocate

Watford, Ont.

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Half column	38	22	12
One-fourth column	22	12	7

Shorter periods 12 cents per running inch.

Advertisers will be allowed a change of matter every two weeks. Weekly changes can be had at slight extra cost. Copy of change must be in printer's hands by Tuesday afternoon.

LEGAL ADVERTISING:—First insertion per line, 10 cents; subsequent insertions 4 cents each time per line. Agate measure 14 lines to the inch.

BUSINESS CARDS—One inch and under, per year $5.00.

AUCTIONEER CARDS—$5.00 a year.

LOCALS—10c. per line each insertion. Minimum charge 25 cents.

Advertisements without specific directions will be inserted till forbid and charged accordingly.

HARRIS & CO.
PROPRIETORS

Guide-Advocate

HARRIS & CO. PROPRIETORS.

WATFORD, DECEMBER 18, 1914.

NOTE AND COMMENT

In the light of later day developments and present exposures of German espionage and diplomacy will some one tell us whether or not the eminent tuberculosis specialist Friedmann visited America in the interests of medical science or of German diplomacy.

The special committee on remounts, of which Sir Adam Beck is the head, was in Ottawa last week conferring with the Minister of Militia. The committee must now set about the task of providing horses for twenty-seven squadrons of cavalry, each 206 strong, so that it will be necessary to procure six thousand horses. The same method of purchase will be followed as was adopted when horses were purchased for the artillery brigade and the necessary steps will be taken to prevent dealers holding the department up for excessive prices.

A New York man who started business less than twenty years ago with $550 capital made a large increase in his advertising appropriation when the recent business depression developed. Some one with an inquiring mind asked the reason, and was told that when the panic of 1907 set in this man's advertising appropriation was $55,000 a year, and he increased it immediately to $80,000, bringing an enormous increase in his receipts. Since then he has followed the principle of enlarging his advertising space as business grows dull. Of course, he is now a multi-millionaire.

The Kaiser as Ahab

The Wall Street Journal thinks the Kaiser's treatment of Belgium has a precedent "in a book which he apparently invokes oftener than he reads." "And the word of the Lord came to Elijah, the Tishbite, saying: Arise, go down to meet Ahab, king of Israel, which is in Samaria; behold he is in the vineyard of Naboth, whither he is gone down to possess it. And thou shalt speak unto him, saying, Thus saith the Lord, Hast thou killed, and also taken possession? And though shalt speak unto him, saying, Thus saith the Lord, In the place where dogs licked the blood of Naboth shall dogs lick thy blood, even thine."

HOME HINTS

This is just the time of the year to cultivate a taste for porridge. Try it for breakfast twice a week. It is more economical and more strengthening than bacon.

Too little attention is paid to the economies of the home. Fathers, mothers, grandparents and children should remember that happiness is derived from the little kindly acts and words of each member of a family. One alone cannot make a cheerful home if the rest make no effort.

No one is anxious about a young man when he is busy in useful work. But where does he eat his lunch at noon? Where does he go when he leaves his boarding house at night? Where does he go after supper? Where does he spend his Sundays and holidays? The way he spends his spare moments reveals his character. The great majority of youths who go to the bad are ruined after supper. Most of them who climb upward to honor and fame devote their evenings to study or work or the society of those who can help and improve them. Each year is a crisis in the career of a young man. There is a deep significance in the lines of Whittier:

This day we fashion Destiny, our web of
Fate we spin;
This day for all hereafter choose we holiness or sin.

The Guard Dies But Does Not Surrender

From a German prisoner comes this story of the heroism of a private of the Northumberland Fusiliers:—

"A detachment of the famous "Fighting Fifth" had been surrounded and wiped out by 200 Germans, and the man, the last survivor, had been called upon to surrender. He refused, and lying on the ground he kept firing away until his last cartridge had gone. His bayonet having been broken, he could do no more, but he stood up with folded arms, while they shot him down. The gallant fellow was simply riddled with bullets, but he killed twelve and wounded over thirty of his foes before the end came."

Death May Lurk in Silos

The "Journal of the American Medical Association" calls on papers with a rural circulation to sound a warning in regard to the silo, which is a common structure on the modern farm. It appears that carbon dioxide gas, most deadly, forms in silos, and that fatal accidents are likely to happen if silos are not carefully ventilated before being entered by human beings. It appears that out in Ohio such an accident has happened, costing the lives of four workmen, who were employed on the farm of a state hospital. These men went up on the outside of the silo to an open door about twelve feet from the top and jumped down on to the silage, the top of which was about six feet below the door. Five minutes later two other workmen did the same and found the first four unconscious. The bodies were at once taken out and the doctors in the hospital were immediately summoned, but were unable to resuscitate any of the men. It is supposed that the carbon dioxide gas had formed during the night, forming a layer some six feet deep, into which the men jumped. The medical journal says the same thing may occur on any farm with a silo, hence the necessity for thorough ventilation.—St. Albans (Vt.) "Messenger."

The thinnest of drawer fronts will contain a new German furniture lock, the entire mechanism of which is contained in a cylindrical tube.

Wireless telegraphy works better on the Pacific than on the Atlantic and experts are trying to find an adequate explanation for the fact.

Some time ago a valuable Holstein heifer, nine months old, owned by Mr. J. H. Worsell, of Goderich, had one of its hind legs fractured by some careless person, and the wound was so bad that Mr. Worsell, wishing to save the animal, had the lower part of the leg removed. He then made a wooden leg with leather socket and straps, which, after the wound healed, he strapped on, and the animal has worn it ever since with comfort and gets around with apparent ease.

Dad's Dope

(Vancouver Sun)

The Krupp company has decreased its annual dividends. By next year all dividends may be cancelled.

Instead of remaining at home to teach the young idea how to shoot Austrian teachers are closing their schools to go to the front.

German soldiers who were shot by Turcos were reported in the casualty lists as "blackballed."

Where a batter in the German baseball league is out on a fly it is entered in the score book as "Zepplined."

A Moslem camel corps attacked a British troop in Egypt but their mounts got their backs up when the firing grew hot and humped back to the safety zone.

While the warriors are beating their pruning hooks into swords the manufacturers of fish hooks are converting them into knitting needles.

Russia and Germany appear to be vieing with each other in accumulating the greatest number of prisoners. If half the reported captures are true there are about as many men in prison camps as on the firing line.

From the number of flying trips the kaiser is making across his empire he will soon be able to qualify for first mate on a Zeppelin.

A movement is under way in Ontario to dispense with all contested municipal elections and devote the money saved to patriotic or relief purposes. The fact that some of the office-seekers are as hungry as the poor Belgians may interfere with the carrying out of this worthy proposal.

CHOP STUFF.

Mr. and Mrs. Thomas George, of Florence, celebrated the 62nd anniversary of their wedding recently. They are 85 and 83 years, respectively.

Munroe Pheasant, of Moraviantown, lost his barn and some contents by fire last Friday. Supposed to be incendiary. Some arrests were made.

During a short absence of Mr. and Mrs. C. Mills from their home at West Lorne, some person or persons entered their house and stole a purse containing $190.

The 50 acre farm in the fourth concession of Caradoc, belonging to the estate of the late Henry Adair, was sold on Saturday to the present tenant, John Jarmain, for the sum of $3,400.

The petition requesting the Moore Township council to pass a by-law to submit a vote to the electors for repeal of local option was not entertained, the petition failing to have the required 25 per cent. of bona fide names.

Mrs. John Johnson died at her home, 2nd line west, Plympton, on Sunday, the 22nd of November, aged only 38 years, and leaves a husband and family of young children, the oldest a girl of 10 years. Mrs. Johnson, whose maiden name was Mary Goeck, had been suffering for some time from a fatal malady.

A quiet wedding took place at the home of Mr. and Mrs. Richard McKinley, Aberarder, at noon Wednesday, when their only daughter, Harriett, became the bride of Alexander Wilkinson, of Aberarder, Rev. R. Simpson performed the ceremony. The happy couple left for Toronto on the afternoon train.

Willie Sussex, the 10-year-old son of Mr. and Mrs. Wesley Sussex, of West Bothwell, was found nearly dead beside one of the oil wells of the Fairbank Oil Company, near Bothwell. One of the boy's companions, hearing a noise, went to investigate, finding Willie unconscious by one of the wells, out of which he was dipping oil. The boy will recover.

Pointed Paragraphs

Tears are often more effective than the most eloquent words.

Don't you feel sorry for the married man who talks in his sleep.

When nature stores a lot of brains behind a pretty face—watch out.

Those who win success by practice haven't time to do much preaching.

Some men will do more for a cheap cigar than they will for a dollar.

A pessimist is a man who doesn't believe that clouds have a silver lining.

Many a man who has a way of his own has a wife who outweighs him.

We can see where the minority is in the right—when we are in the minority.

No man ever lived long enough to understand why his neighbors dislike him.

Necessity is the mother of invention, but she isn't always proud of her offspring.

Even some lazy men get busy, but the trouble is that they don't keep busy.

The average man isn't ashamed to do a lot of things he would be ashamed to be caught doing.

There is more Catarrh in this section of the country than all other diseases put together, and until the last few years was supposed to be incurable. For a great many years doctors pronounced it a local disease and prescribed local remedies, and by constantly failing to cure with local treatment, pronounced it incurable. Science has proven Catarrh to be a constitutional disease, and therefore requires constitutional treatment. Hall's Catarrh Cure, manufactured by F. J. Cheney & Co., Toledo, Ohio, is the only Constitutional cure on the market. It is taken internally. It acts directly on the blood and mucous surfaces of the system. They offer one hundred dollars for any case it fails to cure. Send for circulars and testimonials.

Address: F. J. CHENEY & CO., Toledo, O.

Sold by Druggists, 75c.

Take Hall's Family Pills for constipation.

Be Clean! Inside and Outside

If you would be healthy, strong and happy. Baths keep the skin clean and in good condition. But what about the inside of the body? You can no more afford to neglect it than the outside. It is just as important that the system be cleansed of the poisonous impurities caused by weakness of the digestive organs, or by inactivity of the liver.

DR. PIERCE'S
Golden Medical Discovery
(In Tablet or Liquid Form)

Cleanses the system—and more. It puts the liver in such a condition of health that it purifies the blood—as it should. It helps the stomach digest food so that it makes good blood—rich, red blood to nourish and strengthen all the organs.

You may avail yourself of its tonic, revivifying influence by getting a bottle or a box of tablets from your medicine dealer—or send 50c for a trial box. Address as below.

FREE "Dr Pierce's Common Sense Medical Adviser"—a French cloth bound book of 1008 pages on receipt of 31 one-cent stamps to cover mailing charges. Address Dr. R. V. Pierce, Buffalo, N. Y.

Just Sit Back and Think.

Is business quiet? Then study the possibilities of your telephone. Just now it can prevent business slowing up and at the same time effect some real economies.

As a salesman, the *long distance telephone* is unequalled. It enables you to get in touch with customers and by a wise word dispel their uneasiness. You can keep them posted on prices and possibly dissuade them from curtailing their orders. In countless ways your telephone can help you.

Study the possibilities of your telephone *yourself.* Its use in *your business* may be different from its use in other lines, and the saving in travelling expense, time and labor is a great factor.

Every Bell Telephone is a Long Distance Station.

The Bell Telephone Co. OF CANADA.

CHRISTMAS BUYING

DO IT EARLY AND GET THE LARGEST CHOICE

SILVERWARE Fruit Spoons, $1.00 to $2.00; Cold Meat Forks, $1.00 to $1.50; Butter Knives, 75c. and $1.00; Table, Dessert and Tea Spoons, Cream Ladles, Baby Spoons, etc., in "Old Colony" pattern. 1847 goods.

CHINA A full assortment of French and English china bought at prices before the war raised importing costs.

BRASS GOODS Hot Water Kettles, Fern Pots, Jardiniers, Trays, Smoking Sets, etc. Special prices on nickel-plated Trays.

N. B. HOWDEN EST.

We Do All Kinds of Printing

AT THE GUIDE-ADVOCATE

Guide-Advocate Want Ads. Get Quick Results

However;

After all is said and done there is nothing that will take the place of good Glasses. One may move nearer the light or bring the light nearer to them, they may twist and turn the book or paper, they may do as they please, yet, it the eyes need Glasses they must have them, otherwise there is the inevitable eye strain, followed by headaches. Why not avoid all this discomfort by coming to us. We are here to help eyes.

CONSULTATIONS FREE

CARL CLASS

JEWELER ISSUER OF MARRIAGE LICEN

PIANO

Bell, Gerhardt, Heintzman, Mar Orme.

Organs
Bell and Doherty.

Sewing Machines
White, Standard, and New H Rotaries, Raymond and Ne Williams.

Renfrew Standard Gasoline Eng Start without cranking.

Renfrew Standard Cream Separ Best by every test.

Gramophones, Records and Sup of all kinds.

H. Schlemm

SCHOOL REPORTS

Report for S. S. No. 6, Warw November. Class IV.—Gladys M Gertrude Manders, Alice Miller McNaughton, Mildred Duncan Williamson, Mabel Bryce, Morris, Gordon Bryce, Myrtle Class III.—Alberta McNaughton, Chambers, Mabel McNaughton, Manders, Carlton Manders, Morris. Class II.—Mary Smith, Richards. Class I.—Kenneth Aggie Bryce, Arthur Harrower, Miller, Harold Manders. Prime Freida Manders, Manville Bry Duncan. Jr.—Allan McNaughto Miller, Vera Kerr, Annie Ric SADIE MAINS, Teacher.

Following is the report of S. S Warwick, for the month of N Names in order of merit. Clas —Artell Poore, Dora Richards jorie Hall. Jr.—June Baird, Ec ton. Class III.—Frank Hall, ardson, Mary Hall, Christi Primer—Lloyd Poore, Leatha son.—F. H. THOMPSON, Teach

Miller's Worm Powders are a medicine for worm-infested chil they will take it without objecti directions are followed it will the most delicate child, as there of an injurious nature in its co They will speedily rid a child and restore the health of the erers whose vitality has become by the attacks of these internal

The following is the report No. 4, Warwick, for the November. Class IV.—Sr.—A ham 93%. Jr.—Archie Luc Class III.—Freddie Kenzie 54. —Mable Cable 93, Mildred Harvey Richardson 70. Class Luckham and Le Verne Ken Stella Goodhand.—G. S. Teacher.

Report of S. S. No. 8, Ply month of November. Name in order of merit. Class I McDougall, Agnes McDouga McEwen, Wilbert Teeple, K Cormick, James Jackson, G son. Class III.—Reta Geach, gins, Bertha Sanders, Don Tr McDougall, Ellwood Harlton —Johnny McDougall, Cliffo Marion Jackson, Elba Wakef I.—Arthur Minielly. Pri Hodgins, Lorne McDougall, gan.—I. L. MCALPINE, Teac

Pills for Nervous Tr stomach is the centre of system, and when the stoma healthy action the result is disturbances of the nerves. persist, nervous debility, a d ment, may ensue. The f ation is to restore the stoma action, and there is no re for this than Parmelee's Ve Thousands can attest the vi pills in curing nervous diso

Little Irene Shepherd, old daughter of Mr. and Mr herd, of the fourth line, Sa was very seriously burned hands and chest. The chi some paper in through a b the coal stove when her fire.

Complete in itself, M Worm Exterminator does assistance of any other me it effective. It does not work.