The Scrap Bag.

The perfect husband should be a] busy man, and one whose day is very full. Men are not happy without plenty of work; and a man who has no outlet for his energy elsewhere bestows it on his household with generally unfavorable results. Small household concerns are not a man's business, and nothing is more irritating than the perpetual interference of a theorist, in the small matters of life. The fin-de-stecle daughter of England, speaking of a happy household, described it as being one where "papa and mamma see so little of each other," and the girl's jest was a true observation. In plenty of Occupation is the real secret of happiness, but the woman must be content to take the smaller share in the wider and more engrossing life of the man she lives with. In the wider lives that women now live it appears as if little of the hardships and inequalities of which they complained have survived, and in the generous acceptance of that new position by men lies the fundamental reason for the happiness which we believe exists in England in as great a measure as anywhere. Men have accepted the new role of woman with her greater emancipation, and have shown very little jealousy of her increasing power. It may be that the lives of men are in these days more occupied than formerly, and that they have not the time nor opportunity to curtail the freedom of their "better halves;" for undoubtedly, on the surface the majority of men are kind, if not "ideal husbands," if we may judge by the large liberty which married women enjoy. Many of the unhappy lives we come across are caused by the weaknesses and foolishness of women. The new life of freedom bestowed on women will, we believe, in time clear some of the rocks and pitfalls out of the married state. In enlarging the interests and sympathies of women, they become much more capable of appreciating the wider and broader lines of their husband's career, and more able to be a help and adviser to him.-Lady Jeune.

Bad luck spoils more characters than just fair-to-middling luck.

Here is a sample of American humor which might any day be paralleled, for the same incident might happen over and over among people born with a funny bone. Two men met in the country road, perhaps on the way to and from market.

"How are you, Old Ben Russell?" called one.

"Come, now," said the other, "I'll bet you I ain't any older'n you! Tell me what's the earliest recollection you can put your finger on."

"Well," said the other, thinking a I can remember is hearing people say when you went by, 'There goes old Ben Russell!" "

Pride, of all others is a dangerous Proceeds from wantoness or want of thought,

The men who labor and digest things most. Will be much apter to despond than

boast

Jones-I think my wife would make a first-rate member of Congress.

Jones' Friend-Why? Jones-Because she talks so early and

so long on the money question.

There are more people in the shipping ousiness than you might think; their kindness and courtesy are never for home consumption, but always for export-for use outside the home only. Don't let yours be of that sort: "Company manners" are the worst of all manners. Be at home what you would be abroad, and when you are abroad you will feel quite at home. But with these hints I must stop-only asking you once again to remember the poor children who get no holiday.

One of the healthiest vegetables, if not the healthiest, is the onion; yet, strange to say, but few people use it as liberally as they should. Boiled onions, used frequently in a family of children, will ward off many of the diseases to which the little ones are subject. The principal objection to the promiscuous use of this vegetable is that the odor exhaled after eating it is so offensive. A cup of strong coffee taken immediately after eating is claimed to be excellent in counteracting this effect. Although for a day or so after eating onions the breath may have a disagreeable odor, yet after this time it will be much sweeter than before.

Wife (to unhappy husband) - I wouldn't worry, John! It doesn't do any good to borrow trouble." Husband-Borrow trouble! My dear. I ain't borrowing trouble; I've got it

...... DAILY HINTS TO HOUSE-KEEPERS.

to lend.'

Let the light of gentleness, forbearance, kindness, unselfishness, and thoughtful ministry fall upon : the life next to yours.

: BREAKFAST-Melons. Wheat. Lyonnaise Potatoes.
Minced Lamb. Corn Bread. Butter Tozst. Stewed Berries. Cof-

: DINNER-Boiled Fish. Tartar : Sauce. Baked Egg Plant. Spin-ach. Lemon Butter. Mashed Po-

tatoes. White and Graham Bread. : Peach Tapioca Pudding. : SUPPER—Sliced Veal Loaf. Spiced Currants. Warmed Potatoes. : Bread and Butter. Cookies. Tea. :

TARTAR SAUCE. This is very easily made: Take: 1 tablespoonful of vinegar, 1 of Wors cestershire, 1 teaspoon lemon juice, 1-4 salt, brown 1-3 teacup of butter; : add: strain.

BAKED EGG PLANT. : bake in hot oven.

In the preparation of summer gowns one sometimes forgets to provide for a wrap. Some people depend upon their spring capes to serve hem for the few cool days of summer. This is perhaps wise for the young woman who is comnelled to deny herself a few coveted garments. But the girl of unlimited means should know that it is possible for her to



A MARINE CAPE. look more fetching in a wrap which is made with that in view, than in the most attractive dress.

One of the wealthy young ladies whose hobby is yachting, has evidently discovered the above mentioned truth, for she appears on every possible occasion in a most startling cape, with a hood, in which she can nestle her pretty head until very little is visible, but her two bright eyes. It is beautifully planned to protect her hair from the sea breezes without disarranging it by too close contact. It is made much larger than the and is wired at the edge so as to stand away from the face. A ruche sewed inside the hood softens the effect around the face. The cape is full and has a ruche around the edge. When made of some dark material this is a remarkably well-adapted cape for yachting or even for

ocean voyaging. A similar wrap may be made of light colored material and used for an opera cloak. The same young woman who goes yachting in her stone gray marine cape, with its pale-blue lining, wears a lavender one of the same cut to the hops at the hotel, and looks bewitching in both.

Trying is Yellow.

Yellow is a color that is becoming to most women, blonde or brunettes, but the paler shades that border on straw color are very trying, particularly if the complexion has lost its freshness. To obviate this, the clever modiste insists on knots of black and a black hat, and presto! the gown and its wearer are in

A gown that is a veritable "dream' is of pale yellow mousseline de soie, made with full plain skirt over a lining of silk. The waist has a shirred front, with bands of lace insertion between the rows of shirmoment intently, "the very fust thing | ring. Two rosettes of pale yellow are placed on a line with the sleeves, and from them hang to the bottom of the skirt two flounces of broad applique lace, so arranged that it takes of itself the shape of a jabot. The gown is very striking, but would be almost too colorless were it not worn with a large black hat trimmed with feathers. The hat is of very fine leghorn, the brim curved in and out, and trimmed with a fall of black lace. These falls of laces on the hat brims must not be attempted by amateur milliners, and only the most expensive lace looks well. In this case both milliner's art and handsome lace are used, and the result is most satisfactory.

A pale yellow batiste, with knots of black velvet, and black cockade hat, trimmed with yellow flowers, make a smart outfit for a garden party and an exceedingly becoming one as well.

When silk gowns are worn this summer they will be of the taffeta and stiff silks, and very much trimmed with lace. Crepons will have a rest for a few weeks. but in the lighter colors will not be banished entirely, and sensible individuals will always have in order to wear some dark gown.

At the memorable Sloane-Burden wedding the greater number of the guests attired themselves in the muslins and light fabrics declared "the thing" this summer, and the one or two women who wore dark heavy gowns, comparatively dark and heavy, looked infinitely better and more suitably clad.

Let the Children Sleep. One of the great mistakes of parents and those who have charge of children is that they are likely to allow the little ones too little sleep. With one excuse and another the youngsters are up later at night than they should be, and, as they must be off to school betimes in the morning, and there may be duties to perform, they are called long before they have finished their morning nap. Children, as a rule, ought to sleep ten or eleven hours, and to do this they must be put to bed early enough at night. so that they may get this amount of uninterrupted rest. But it is a difficult thing to give the chidren the amount of sleep they require, because there is almost always something going on in the evening that interests them-someone comes in, there is a new paper or book, or something is being talked of that they like to hear They plead and entreat to stay up just a little longer and with a spirit of indulgence the parents yield. Of course this means but one thing-too little repose and curtailing of the hours of rest that nature imperatively demands. It is no wonder that children are nervous, fretful, and difficult to get along with. The nerves, inherited from dyspeptic parents, are keenly alive to every sound; and their tempers, none the best, or they would not be the children of their parents, are irritated by being called out of bed when they so much want to sleep. During the earlier years of children, whatever else may be done, there should be ample provision for long and undisturbed sleep. It means health and strength in later years, clear heads, good dispositions, and well-regulated menta lity.

An old-fashioned earthen bowl, wide to the top and sloping to the bottom. is much more convenient for bread-making. cake-mixing, and many other culinary uses than a shallow flat-bottomed dish.

When purchasing meat always have the trimmings sent home, as they help to make soups and sauces. Every scrap of meat and bone left from roasts and broils should be saved for the soup pot.

der, drain, mash, season with salt : The fat trimmings from beef, pork, veal and pepper; put in baking dish; cov-: and chicken should be fried out when fresh er with crumbs and bits of butter; and then strained into earthen bowls. The : chicken fat should be pet in a little pot to Liself for shortening and delicate frying.

(Continued from page 1.)

list, except the necessary skilled workmen. And I am satisfied they are carrying out the spirit, as well as the letter, of the contract. I am aware that a few busybodies and demagogues have tried to make our city workmen believe that they are being imposed upon, but your own officers, after investigating the matter, reported to me that they were perfectly satisfied that the council were attending to their duty and protecting the workingmen of the city.

or the city.
"I may also mention the street railway agreement, in which the labor clause was materially strengthened, even after it left the hands of the committee appointed by yourselves to deal with it. I therefore ask you, gentlemen, to judge the council rather by their actions than their words. The true friends of the workingmen are the men who deal liberally with their employes -(applause)-rather than those who are ready to promise to turn the world upside down for the benefit of the men and to make any sacrifice so long as it costs them nothing personally. We have tried to do our duty, gentlemen, and I am glad that the workingmen, instead of taking things for granted, investigated for themselves."

In a few concluding sentences the mayor thanked the crowd for the patient hearing given him and expressed the wish that the affair would be most

enjoyable. IN THE RING. The crowd in the grounds must have numbered between 8,000 and 10,000, and it included men, women and children all sizes, ages, colors and creeds. When the procession had passed into the park the crush was something amazing. The entrances were taxed for a time, and the over-eager small boy who couldn't wait till he got to a gate, scrambled over the fence. Every person seemed to be making for the ticket offices, and the four men who handled the pasteboards necessary to get into the stands had all they could comfortably do to keep up with the de-And while every stand was packed, there was a large crowd scat-

tered throughout the grounds.

When Mayor Little had concluded his address a programme of races and sports was gotten under way, and the different events were run off with a promptness decidedly creditable to the management. There was a little of eventhing and that enough to retain inerything, and just enough to retain interest. At one time the proceedings somewhat resembled Caledonian games -for there was high jumping, long jumping, running hop, step and jump, and putting the shot; again, there was dancing on the platform in front of the stands, and then there was a tug-of-war and a two-mile bicycle

While the sport programme was being carried on, a number of attractions were conducted by the Orient Minstrels. "Tim Toolan's Brigade" was in full force, and took well with its abundance of clowns, gay colored uniforms, burned cork, wigs, and fun-Messrs George Bi mingham, Alex. Cheyne and Charlie and Joe Reidy tumbled, knocked about and gave a general acrobatic perform-"Linger Longer, Lucy," sung by Messrs. Birmingham, Henry Terry, Charles Reidy and Nip Hod-The latter two were attired in ladies' costumes, and were rigged up so well that many thought them genuine members of the fair sex, but the secret leaked out when one of the two leaped the ring railing. The physical drill by the St. Alban's Church Lads' Brigade, under Capt.

Thomas Hogg, was extremely pleasing, the movements being executed with

Possibly the feature of the afternoon was the two-mile handicap bicycle race for a gold medal, donated by Mr. David Sare, of the Office Restaurant. The handicaps were made by Mr. Fred Beltz, of the London Club, and were: Barnes and Trafford, 350 Bowyer, 150 yards, and Radway, scratch. Radway rode a good race, but the handicaps were a little too much for him, and he finished fourth. Griffiths was first, Crabb second, Barnes third. All four riders were within a few feet of each other when the tape

was reached. A sprinter named Richard Jones undertook to defeat Thomas Short on his wheel, but signally failed. The Grand Trunk tug-of-war team won two straight pulls from a picked team without any great effort. The Grand Trunk team comprised J. Neary, Wm. Moore, W. Conway, D. Conway, J. Allan, W. Reid and R. Dewan. John Arthurs was captain. Summaries:

100 yards race-John Jones (Exeter) 1, A. McIntyre (Woodstock) 2, N. Wan-

High jump-John Jones 1, E. Brooks 2. George Martin 3. Running long jump-N. Wanless 1, A. McIntyre 2, George Martin 3.
Running hop, step and jump-N. Wanless 1, Harry Chapman 2, A. Mc-

Putting shot-John Jones 1, A. Muir A. Ritchie 3. Fat men's race (over 200 pounds)—J. Gillett 1, B. McNulty 2, H. McHarg 3. Boys' race, under 14 years, 100 yards -H. Ellison 1, F. Hobbs 2.

Married ladies' race-Mrs. Pring 1, Mrs. Wasnidge 2, Mrs. Garside 3.
Single ladies' race, 75 yards—Miss A. Howe 1, Miss M. Pinel 2, Miss A. Mc-Lean 3, Miss Leitch 4. Girls' race, under 14 years, 100 yards -Jennie McLeod 1, M. Tambling 2, Nellie McLean 3, Aggie Sharp 4, Lillie

Wheatcroft 5. Two-mile handicap bicycle race-Charles Griffiths 1, George Crabb 2, F.

Union cigarmakers' race (by quest), 100 yards-W. H. Galpin 1, H. Hastings 2, J. Caulder 3. Irish jig, girls under 14 years-Lillie \$5,000

Apollinaris

"THE QUEEN OF TABLE WATERS."

"SPLITS."

Ask for "Splits" at the

NOW SUPPLIED

Restaurants and Bars.

Moore 1, Violet Le Clair 2, Annie Pat-

Sailors' hornpipe, boys, under 14 years -Thomas May 1, Hugh Galbraith 2.
Sack race, 100 yards—Frank Casson

1, W. Fysh 2, R. Gould 3.
Obstacle race, 100 yards—A. McIntyre 1, J. Ritchie 2, C. Caswell 3.
Committeemen's race, 100 yards—W. Joseph Kelly 4, Geoge Sanderson 5.
Butcher boys' race—J. Mitcheltree 1.
THE EVENING.

The attendance at the evening performance was considerably smalller than the afternoon, but equally as good a time was had. The Orients furnished a better programme, moluding comic songs, dancing, aerobatic feats, juggling, etc. The Darktown Fire Brigade and Zulu Football Slashers were on deck. In the Irish jig competition Wm. Morkin won first prize, Jakey Butts was second, and Robert Rowan third. Hugh Galbraith won the Scotch reel, Annie Patton being second, and Florence Small third. Myrtle Kilgour, a little tot of 5 years, will be recom-mended to receive a special prize. She entered several competitions, but was unsuccessful.

A little dispute which arose in the stand in the afternoon was quickly

quelled by the police. Patrick J. Tobin, of Quebec, president of the Trades Congress; George W. Dower, secretary-treasures, Toronto; H. L. Langevin, Quebec, and A. C. Stewart, of Winnipeg, were among the evening spectators. judges of the dancing were The

Frank McGeary, Joseph Kelly and homas Crook. Mr. Frank Plant was clerk of the

course. He is a worker. The judges of the sports were: Ald. Dreaney, Thomas Gillean and C. Johnston. J. Keily was starter.

The demonstration committee had a representative from every organization. The members were: Rudolph Hessell, president; Michael ell, jun., secretary; John Johnson, treasurer; L. C. Roblin, W. Mc-Donald, William Allen, William Sanderson, G. Prodger, John Coulter, Daniel Steele, George Thody, W. R. Fallis, John Sheehy, D. Stallard, John Cooper, George Armstrong, R. Ormsby, John Taunton, Thomas Kieley, W. Scott. John Johnson, Thomas Crooks, F. Benson, Walter Bartlett, Thomas May, J. Laut. Durdan, T. King, Charles Pierce, T. C. Thornhill, J. Stilling, D. Murray, Edward Aust, P. McGearey, J. T. Marks, Wm. Evans, Frank Plant, Samuel Hunter, D. Frizell, R. H. Hessell, Michael Powell, jun., James Ferguson, Walter Toll, James Cummings, Hugh McLean, M. Donohue, James Hardy, Isaac Clarke, Matthew Ferguson, Hugh Sharkey, J. Banks, Joseph Kelly, Andrew Kernohan, William Bennett, Oliver Brady, Fred. French, Alfred Boyce, James Carroll, John Needham, Frank McGeary, Thos. Boone, William Fligg, J. Marshall, Chas. Beltz, George Gris-

man, Howard Hargrave. The cigarmakers' banner was left unattended next the judges' stand for a little while in the afternoon, when some contemptible person cut off the tassels. The hanner was a new one. Dancing was held in the agricultural hall both afternoon and evening.

LABOR DAY ELSEWHERE

Successful Demonstrations Held in Every Part of the Country

Dispatches from the principal cities and towns in Canada and the United States show that the day was generally and successfully observed.

Toronto-The Labor Day demonstration Monday was the most successful ever held in Toronto.

Quebec-About 40 trades unions took part in the parade. Hon. Wilfrid Laurier spoke at night in Jacques Cartier Hall on "Organized Labor and the Dignity of Work.' Boston-Over 9,000 men participated in the demonstration.

New York-Parades and picnics were the order of the day. In the garment-workers' parade 2,000 girls marched. Buffalo-The number of men in the labor

parade was 15 000. Ottawa-The labor procession here was a failure, both in regard to the number who yards; Millman, Feely and Short, 300 took part and its being representative of the

yards; Crabb and Griffiths, 250 yards; labor interests of the city.

Bowyer, 150 yards, and Radway, Montreal—This year's Labor Day demonstration ranks among the most successful yet

held in the metropolis. Chicago-Dissension marked the celebration of Labor Day in Chicago, and the two rival organizations of labor marched in separate parade. This was the result of the long pending dispute between the Labor Congress and the Trade and Labor Assembly. The honors of the day rested with the Labor Congress. Twelve divisions, numbering 25,000 men, assembled on the lake

front. Chatham-Labor Day was generally observed as a holiday. Large crowds arrived to enjoy the programme of sports, etc., prepared by the firemen of this city. A lacrosse match between Chatham and Windsor for a handsome cup, resulted in favor of Chatham by three goals to one. This was followed by a baseball match between Marine City and Chatham. The latter was defeated 31 to 10. In the afternoon the firemen's tournament took place on the fair grounds, and included a hose reel race, in which Thamesville secured first, St. Marys second, and Ingersoll third prize. Highland dances, tug-of-war, foot and horse races and a baby show concluded the afternoon entertainment. In the evening a grand ball was given in the drill shed. The weather was cautiful throughout the day.

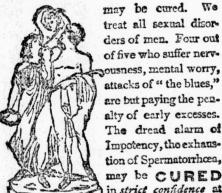
BIG BLAZE IN ROCHESTER. Rochester, N. Y., Sept. 3.-The wholesale clothing store in the Levi block occupied by Sheil, Rosenbaum J Steeffel, was burned yesterday. The total less is estimated at \$115,000. Three other wholesale stores were burned. They were owned by Mochenthal, White, Marks & Co., Cauffman, Din-kelspeil & Co., and L. Adler & Co., who lose respectively \$25,000, \$10,000 and

PRESERVEYOURHEALTH



AND SHORTEN YOUR HOURS OF LABOR.





ders of men. Four out of five who suffer nervsousness, mental worry, attacks of " the blues," are but paying the penalty of early excesses. The dread alarm of Impotency, the exhaustion of Spermatorrhæa, may be CURED in strict confidence at moderate expense.

Send for our free sealed book, "PERFECT MANHOOD."

ERIE MEDICAL CO., Buffalo, N.Y.

Money is Not Wasted

buy a pair of Eye Glasses or Spectacles that are suited to your sight. It costs no hing to have your eyes tested. CHAS. H. WARD, Graduate Optician, - - 374 Richmond street,

RECIPE—For Making a Delicious Health Drink at Small Cost.

Adams' Root Beer Extract. One Bottle
Fleischmann's Yeast. Half a Cake
Sugar. Two Pounds
Lukewarm Water. Two Gallons.
Dissolve the sugar and yeast in the water, add the
extract, and bottle; put in a warm place for twentyfour hours until it ferments, then place on ice when
it will open snarkling and delicious.

it will open sparkling and delicious.

The root beer can be obtained in all drug and grocery stores in 10 and 25 cent bottles to make two and

To Smokers

To meet the wishes of their customers The Geo. E. Tuckett & Son Co., Itd., Hamilton, Ont., have placed upon the

A Combination Plug of

SMOKING TOBACCO.

This supplies a long-felt want, giv ing the consumer one 20-cent plug, or a 10-cent piece or a 5-cent piece of the famous "T & B" brand of pure Virginia Tobacco.

The tin tag "T & B" is on everypiese

HARRY YATES

ICE CREAM And Chicago Lemonade Shakes. 4 and 5 MARKET BAZAR.

Serves the cheapest lunches in

this city. Ice Cream for church and garden parties, Cold Ham for picnickers. Call and get a price before purchasing else-

Navigation and Railways.

L. E. & D. R. R. Semi-Weekly Excursions To Port Stanley, Wednesdays and Saturdays. Fare for Round Trip 38c. Trains leave London 10:05 a.m., 2:30, 5:25 and 7:15 p.m.; returning leave Port Stanley 4:05, 7:25 and 10:10 p.m.

Cleveland & Pi. Stanley Line Sieamers Steamer R. G. Stewart leaves Port Stanley 10:00 p.m., Tuesdays and Thursdays, and on arrival of train leaving London 11:15 p.m., Saturdays of each week. Fare Saturday to return Monday, \$2:70. Get tickets at the "Clock Corner," or G. T. R. sation.

A very large and nice assortment of Children's Cashmere Bonnets, also double fold and single width Veiling in all colors and prices just received by

Mrs. J. MARTIN. 206 DUNDAS STREET.

Navigation and Railways. Cheap Excursions

MIGHIGAN CENTRAL

Louisville, Ky., Knoxville, Tenn., Chattanooga, Tenn.

For all particulars call at city office, 395 Richmond street, phone 205, depot corner Clarence and Bathurst streets. JOHN PAUL, City Agent.
RUGGLES, JOHN G. LAVEN,
Gen. Pass. Agent.
Can. Pass. Agent.



Toronto Exhibition.

From London.

Single Fare Sept. 3rd to 13th, \$3 40. Special Excu sion Sept. 9th and 11th, All tickets good to return until Sept. 16th.

T. R. PARKER, City Passenger Agent; 161 Dundas street, corner Richmond street. City office opens 7 a m.

Toronto Exhibition

-FROM-LONDON Single Fare | Special Excursions Sept. 3 to 13, On Sept. 9 and 11 only, \$3 40 \$2 50 All tickets good for return until

For Train Service See Dodgers. Passengers landed at the entrance gates of Offices, "Clock" Corner, E. De La Hooke, agent, and G. T. R. depot.

Sept. 16, 1895.

ALLAN LINE Royal Mail Steamships, Liverpool, calling at Moville.

From Montreal From Quebec Parisian Aug. 31
Mongolian Sept. 7
Sumidian Sept. 14 Sept. 1 Sept. 7

owest rates.
*The Laurentian carries first-class passengers only from this side. The Laurentian and Mongolian call at Quebec on the Saturday, 3 p.m., and proceed at once to Liverpool direct, not calling at Rimouski or Moville. STATE LINE SERVICE.

Cabin passage, \$40 and upward; return, \$30 and upward. Second cabin, \$25. Steerage at lowest rate.
For tickets and every information apply to AGENTS—E. De la Hooke, "Clock corner Richmond and Dundas, Thos. R. Parker, southwest corner Richmond and Dundas strests, and F. B. Clarke, 416 Richmond street,

New York to Liverbool via Queenstown

SS. GERMANIC, Aug. 28, noon. SS. TEUTONIC, Sept. 4, 6 p.m. SS. BRITTANIC, Sept. 11, 10 a.m. SS. MAJESTIC, Sept. 13, 4 p.m. SS. GERMANIC, Sept. 25 11:30 p.m. Rates as low as by any first-class

E. De La Hooke. Scle Agent for London,

"Clock" Corn .