

ter Apples

"Florizel," 200 bris.
apples—Kings, Baldwins,
Pippin.
Winter Pears.
s. Table Plums, California
Cauliflower.

Verold,"

fashioned Household Floor,
about 50 per cent.
of the best and the
as advocated and approved
Bread and Food Reform
of London, England.

S. Duckworth St
& Military Rd.

Boots.

Boots will afford the
these water proof sturdy
s. bill.

We Show Models
Men, Women, and
Children.

high cut; water proofed,
leathers. Bellows tongue.
proofed Oak tanned
12, 14 and 16 inches

\$2.50, \$2.90, \$3.50,

s, \$2.25, \$2.50, to

ots, \$2.00, \$2.50,

& 306, Water St.

Proprietor.

most important
ing outfit
G.

SINE" AKES

hard and

are just what

for THEM.

NEWS

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OFF!

ember 31st. All must

ng. Reduced
arges.

is before.

WOODS

ELEGRAM

Satisfaction or Your Money Back!

That's the condition that goes with
every barrel Cream of the West Flour.
It's a fair, square guarantee, and I want
you to take it to mean just what it says;

Cream of the West

the hard wheat flour guaranteed for bread

Give Cream of the West a fair, square trial. If you
don't have satisfaction in baking bread, you'll get sat-
isfaction at your grocer's. We guarantee one or the
other. Cream of the West is a superior bread flour.
Improve your home-made bread by using it.

The Campbell Milling Company, Limited, Toronto
ARCHIBALD CAMPBELL, President

R. G. ASH & CO., St. John's, Wholesale Distributors

The Evening Chit-Chat

By NUTE CAMERON

"Yet each man kills the thing he loves,
By each let this be heard:
Some do it with a bitter look,
Some with a flattering word:
The coward does it with a kiss,
The brave man with a sword!"

Oscar Wilde.
"In a recent
talk you tell of
of the girl whose
engagement has
been announced,
whose prepara-
tions for mar-
riage have par-
tly been made,
and you say that
the right thing
for her to do
is to break the
engagement when
she realizes that
she would rather be free. Let us re-
verse the case and suppose the man
has become tired of the girl. It is
considered only honourable that he
'goin and bear it,' that he hide his true
feelings and go ahead and marry her.
Do you think this is right or not?"

—One who would like to know!"
This is one of the questions which
my morning's mail brought me.
How I wish all the queries and puzzles
which come to me were so
easily answered.
Being a Yankee, I think I'll have to
meet that question by another.
Do you think, my friend, that there
lives a girl who would be any happier
to find out that her man did not love
her after marriage, when there is no
escape instead of before marriage
when there is?

Perhaps the man who discovers that
he is in such a predicament, might
fancy in a fine glow of honor and self-
sacrifice, that he would never let her
find out at all, but would keep his
feelings a secret for life.

But, alas, fine glows of honor and
self-sacrifice die down just as surely

as the morning's mail brought me.

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When You Think

Of the pain which many women experience with every
month it makes the gentleness and kindness always associ-
ated with womanhood seem to be almost a miracle.
While in general no woman rebels against what she re-
gards as a natural necessity there is no woman who would
not gladly be free from this recurring period of pain.

Dr. Pierce's Favorite Prescription makes
weak women strong and sick women
well, and gives them freedom from pain.
It establishes regularity, subdues inflam-
mation, heals ulceration and cures fe-
male weakness.

Sick women are invited to consult Dr. Pierce by letter,
free. All correspondence strictly private and sacredly
confidential. Write without fear and without fee to World's Dispensary Med-
ical Association, R. V. Pierce, M. D., President, Buffalo, N. Y.

If you want a book that tells all about women's diseases, and how to cure
them at home, send 31 one-cent stamps to Dr. Pierce to pay cost of mailing
only, and he will send you a free copy of his great thousand-page illustrated
Common Sense Medical Adviser—revised, up-to-date edition, in paper covers.
In handsome cloth-binding, 32c stamps.

Household Notes.

A handy kitchen device is a double
flour sifter, which makes it possible to
sift the flour twice with no more ef-
fort than would be expended in sifting
it once.

Many cooks wash macaroni and
spaghetti in several waters, just as
they do rice. They claim that there is
no danger of its being "pasty" when
cooked.

Tinted embroidery can be cleaned
by rubbing the surface with a piece of
bread a day old. Use a small piece
with the crust on and throw away as
soon as soiled.

To prevent embroidery or sheer ma-
terial from puckering, baste tissue pa-
per under the part to be embroidered.



wrong side first and then, more gently,
on the right. Never put a carpet
down on a damp floor for this often
results in the carpet becoming mil-
dewed.

Never neglect to moisten linen that
is to be drawn, using a damp rag or
small sponge. The threads will pull
more easily if the line to be drawn is
rubbed with soap after being moisten-
ed.

To prepare caramel sweet potatoes,
boil and slice the potatoes and dip
them first in melted butter and then
in granulated sugar. Put into a hot
oven until a coating of brown caramel
is formed.

A bottle that has contained catsup
is difficult to clean. If cold water is
poured into it and allowed to stand
the work will be greatly simplified.
Hot water has a tendency to harden
the catsup.

Lavender should be gathered before
frost touches it, dried in the house,
then cut into small pieces, stalks as
well as flowers, and packed tightly in-
to small bags to be put away among
the clothing.

For delicious cheese balls, buy some
cottage cheese, work it smooth with
butter and season well with parmesan
cheese. Season with salt and pap-
rika, make into small balls and
serve with salad course.

To iron embroidery, the iron should
be applied to the wrong side and a
thick ironing blanket should be used.
In this way the embroidery will stand
out well instead of being flattened and
looks its very best.

Orange or grape fruit salad is
quickly made and will help out many
a hurry-up meal. Peel the fruit, slice
thick and cut into squares. Lay the
pieces on lettuce and pour rich French
dressing over them.

If buttermilk is used in place of
sweet or sour milk in making biscuit,
the pastry will be delicious. Butter-
milk makes a lighter batter and fewer
eggs are required in a batter made
with buttermilk for cakes.

Wiping over the top of a loaf of
bread with a little butter before it is
baked and again as soon as it comes
from the oven will help to brown the
crust and at the same time keep the
crust from hardening.

When giving castor oil take a small
tumbler and squeeze into it a table-
spoonful of orange juice; next pour in
the oil and add more juice. The juice
will loosen the oil and it can be swal-
lowed without tasting.

STOP A COUGH AT ONCE

108
Nox a Cold in One Day

If you have a Cough, troubled with
Bronchitis, Asthma or any Lung
Trouble, get a 25c. bottle of Nox Lung
A Cold. You will never regret it.
Sold by McMurdo & Co.

Sidewalk Sketches.

By H. L. RANN.

THE CITY COUNCIL.

The city coun-
cil is a collection
of self-sacrific-
ing citizens,
whose chief
ambition is to pave
the street in
front of some-
body else's house.
It is harder to
serve on the
council of a se-
cluded village
than to eat spag-
hetti with a
knife. The man who can survive two
terms on the council without losing
his hair and all faith in mankind could
run an ice cream parlor in the Klondyke
with perfect success. The only
salary attached to the aldermanic of-
fice is a consciousness of duty well
done and a swift and unanimous kick
from the body politic at the next
election, and the man who urges from
the ordeal with firm teeth and a re-
putation that will stand a church trial
will never have to edge into the bank
after 4.00 p.m. to ask for an extension
of his notes. As a rule, being a
councilman is a dreary occupation,
but it is brightened by cheerful mem-
ories, such as saddling a fat sewer
assessment upon an unsuspected
neighbour or remitting the taxes of
a retired farmer who is related to the
mayor, by marriage. The tax dodger
has no show with the average council
unless he controls the vote of the
First ward, and in that event his visi-
ble assets will be found to consist of
a safety bicycle and a pair of detach-
able cuffs. The modern city council
was framed after the Roman senate
but the man who did the framing was
a cross-eyed carpenter with a grudge
against society.

SNOWING AT QUARRY. — There
was quite a snow fall at the Quarry
last night, while at the other stations
it was dull with no snow and a fairly
high temperature.

CHILDREN INVALIDS and the AGED

Need Sunshine

AND
Scott's Emulsion

Next to sunshine, nothing
restores health, strength
and vitality like

Scott's Emulsion

ALL DRUGGISTS

The Home's Report.

DEATH FROM EXPOSURE.

The S. S. Home reached Bay of Is-
lands last night from Battle Harbor
and the Straits. The Reid Nfld. Co.
had the following message from Cap-
tain Kean:—

"Left Bay of Islands, Thursday
at 1 p.m., had strong W. winds up
to arrival at Battle Harbor, Sun-
day morning, had fine weather
since, very dry and cold. Some
of the harbors frozen over. A
man named Keats, while travel-
ling from Salmon Bay to Hall's
River, was caught in a snowstorm
and died from exposure. His
body was found. Called at Belle
Isle and took off Marconi opera-
tors."

Stole Coat and Vest.

A man who has been boarding at
the Albion House, and who lives on
Bell Island, reports that Saturday last
a coat and vest of the best material
left hanging in the hallway, and worth
about \$15, was stolen from him. He
thinks that while the street door was
open for a few moments some thief
got away with it. The man has re-
ported to the police.

Severe Weather North

The S. S. Stella Maris reported that
winter in all its rigor had set in on
Northern Labrador, and now the
Home reports that it is stormy in the
Straits, with frequent "snow storms,"
while the lakes and rivers are frozen
over.

STOLE A BARREL.

Despite the fact that so many boys are punished
for petty thieving it does not seem to
deter others from acting similarly.
Yesterday two boys, aged 12 and 13
years, respectively, stole a barrel
worth 7 cents from Mr. E. Berrigan's
store, were arrested last night but al-
lowed to go home on their parents
promising to have them in court to-
day.

RED.

It's the Red Blood Corpuscles that
Proper Food Makes.

An Ohio woman says Grape-Nuts
food gave her good red blood and re-
stored the roses of youth to a com-
plexion that had been muddy and
blotchy. She says:

"For 10 years I had stomach
trouble which produced a breaking out
on my face. The doctors gave it a
long Latin name, but their medicines
failed to cure it. Along with this I
had frequent headaches, nervousness
and usually pain in my stomach after
meals.

I got disgusted with the drugs,
stopped them and coffee off short, and
quit eating everything but fruit and
Grape-Nuts, with Postum for my table
beverage.

The headaches, stomach trouble, and
nervous weakness disappeared almost
like magic, which showed that when
the cause was removed and good
food and drink used nature was ready
to help.

My blood was purified and my com-
plexion became like a young girl's
while my weight was increased from
90 to 120 pounds in a few months—
good, solid firm flesh, where it used
to be soft and flabby.

"I recommended Grape-Nuts and
Postum to one of my friends, who was
afflicted as I had been. She followed
my advice and in a short time was re-
stored to complete health and in about
8 months her weight increased from
100 to 148 pounds.

"Our doctor observing the effect of
Grape-Nuts and Postum in our cases
declared, the other day, that he
would hereafter prescribe these food
products for gastritis." Name given
by Canadian Postum Co., Windsor, Ont.

Read the little book, "The Road to
Wellville," in pkgs. "There's a reason."

Ever read the above letter? A new
one appears from time to time. They
are genuine, true, and full of human
interest.

Published by Authority.

His Excellency the Governor in
Council has been pleased to appoint
Mr. Henry Moore to be a member of
the Board of Pilot Commissioners for
Lewisporte, in place of Mr. Ulrich
Ereke, resigned; Mr. Harold Andrews
to be a member of the Church of
England Board of Education for the
District of Port de Grave, in place of
Mr. Samuel Dawe, retired; Rev. T.
B. Moody to be a member of the Meth-
odist Board of Education for the Dis-
trict of Victoria, in place of Mr.
Henry Burke, retired; Mr. John A.
LeDrew to be a member of the Meth-
odist Board of Education for the Dis-
trict of Cupids, in place of Capt. Wm.
Smith, retired; Mr. Albert Temple-
man to be a member of the Methodist
Board of Education for the District
of Bonaville, in place of Mr. Alexan-
der Groves, retired; Mr. Robert L.
Webster to be an additional member
of the Methodist Board of Education
for the District of Tilt Cove; Mr.
Samuel Butt, sr., to be a member of
the Methodist Board of Education for
the District of Bay St. George, in
place of Mr. Edward Butt, resigned;
Mr. Wm. Stone, to be a member of
the Methodist Board of Education for
the District of Trinity, in place of Mr.
Archibald Pitcher, deceased.
Col. Secretary's Office, Nov. 7, '11.

For Household Accidents

Zam-Buk is so Very Useful.

Read how beneficial it proved in this
case.

Mrs. H. Sawyer, of Keene, Ont.,
writes:—"My husband is engaged on
a farm, and one day, while chopping
wood, the top of the axe broke and
fell upon his foot, cutting a nasty
gash. The wound was so bad that a
first thought we would have to get a
doctor, but we finally decided to dress
the cut with Zam-Buk.

"Well, the Zam-Buk treatment proved
a great success. It not only eased
the pain, but it prevented any inflam-
mation; and right from the first apply-
ing Zam-Buk, the cut began to heal.
It is now completely healed, and my
husband says he will never be without
a box of Zam-Buk in the house, for we
are sure it saved us a great deal of
expense."

Over and over again Zam-Buk has
been proved to be the worker's best
remedy. As soon as applied to a cut,
a burn, a scald, or any skin injury,
it relieves the pain and it sets up
healing. It also prevents blood-poison-
ing or inflammation. It is a sure
cure, too, for eczema, piles, ulcers, old
wounds, bad leg, ringworm, scalp
sores, festering, running sores, eruptions,
cold sores, chapped hands, etc.
Its absolute purity, also, makes it the
ideal balm for babies.

Zam-Buk Soap should be used along
with the balm for washing all sore
places. This soap will be found excel-
lent for baby's bath, even where the
balm is not being used.

All druggists and stores sell Zam-
Buk at 50c. box and Zam-Buk Soap at
25c. tablet, or post free from Zam-
Buk Co., St. John's, Nfld., upon receipt
of price. Refuse harmful substitutes.

Harbor Grace Notes.

Besides a lot of kerosene oil and
other freight, the schr. H. R. Silver,
from Boston, has a quantity of ma-
terial, machinery, etc., for the new
dock.

A very interesting and instructive
missionary meeting was held in the
Methodist Church last night. The
speakers on the occasion were the
Rev. Dr. Rogers, of St. John's, Rev.
A. Holmes, of Freshwater, Rev. J.
Pinecock, of Carboneau, Rev. F. S. Coffin,
of the Presbyterian Church here
and the Pastor of the Methodist
Church, Rev. T. B. Darby. Quite a
large congregation was present.

Mrs. C. W. Ross, who has been a
great sufferer for many months, passed
away at the home of her sister,
Mrs. Joseph Godden, early on Monday
morning. The funeral takes place
this afternoon.

Mr. Thomas Martin, of Victoria St.,
received word yesterday that his son,
Arthur, was very ill at Sydney, where
he has been working for some time.
Mr. Martin was injured on Bell Island
some time ago, and it is thought this
is the cause of his present illness. He
is expected home shortly, if sufficient-
ly recovered to undertake the trip.

Mr. Edward Ash, formerly of this
town, but for a number of years living
at Lisbon Falls, Maine, died there on
the 25th October. Mr. Ash always
took a deep interest in the old land,
and was always glad to correspond
with a friend and hear any news of
Old Newfoundland's prosperity. His
many friends will be sorry to hear of
his death.

CORRESPONDENT.
Harbor Grace, Nov. 7, 1911.

The s.s. Almeriana leaves Halifax
Thursday and is due here Saturday,
sailing for Liverpool Monday.

Edward's Universal Cures Colds, Etc.

A bottle of prevention
is better than a
deranged stomach.

**Abbey's
Effervescent
Salt**

25c and 60c bottle.
Sold everywhere.

LOOK HERE!

Have you seen those—
Fine Photo Post Cards

Taken at TOOTON'S STUDIO,
They are only \$1.50 per doz.

If not call in and leave us your
order. Satisfaction guaranteed.

Tooton's Photo Studio,
310 Water St. Central and
406 Water St. West.
Oct 20, 11

DROWN YOUR PAINS

Internal and External
in a Bottle of

Prussian Oil.

Many unmercenary Doctors recom-
mend it for Rheumatism, Chills, etc., and
thousands of testimonials received in
the last half century, from everywhere,
prove its supremacy for

**Toothache, Headache, Cramps
and Pains, Rheumatism,
Stiffness in the Joints or Sprains.**
Sold everywhere by first-class dealers,
or The Prussian Oil Med. Co.

A. DOUGLAS COX,
Representative, 340 Duckworth St., St.
John's, P. O. Box 32.

Use it and prove it.

Flower Store Bulletin.

This Week.

CHRYSANTHEMUMS—Special
in curved variety "Jubi-
lee," Pink, White and
Yellow shades.

CARNATIONS—Pink, Scarlet,
Crimson and White.

If you need any

'Phone 197.

J. McNEIL,
Rawlins' Cross.

A MAGAZINE OFFER.

The rapidity with which the circula-
tion of MacLean's magazine has
increased in both news stand and
by subscription during the past
eight months, is sufficient evidence
of its popularity among the most
intelligent readers.

With the steady progress the
magazine has been enjoying, there
have been a marked improvement
in the contents of each issue.

To-day MacLean's stands fore-
most among all Canadian and
American publications.

As an inducement to subscribers
we offer the magazine for the bal-
ance of this year and the whole of
1912 for the yearly subscription
price of \$2.00 post paid in ad-
vance.

DICK'S & CO'Y,
POPULAR BOOKSTORE.

Pure Beeswax Candles,

FOR ALTAR USE,

40c., 45c., and

65 cts. lb.

Garrett Byrne,

Bookseller & Stationer.

Job PRINTING

CASH'S

TOBACCO STORES.

ELLIS & Co.,

203 Water Street. 203

Facts Well Worth
Considering.

Laid up for repairs.

THE BREADWINNER cannot
afford to lie up, neither can his
helpmate, nor the children at
school, who have such a little
while to store up the knowledge
necessary for the years to come
—no one can really afford sick-
ness.

MUCH OF THE SICKNESS
PREVALENT TO-DAY CAN
MORE EASILY BE PRE-
VENTED THAN CURED.

Read what Dr. Carl Enoch,
Hygienic Institute, Hamburg,
says of

"Lifebuoy Soap."

"Solutions of Lifebuoy Soap
were brought to bear upon the
microbes of Typhoid, Cholera
and other infectious diseases.
After careful experimenting
Lifebuoy Soap was proved to be
a powerful disinfectant and ex-
terminator of germs and mi-
crobes of disease."

LEVER BROTHERS,
Ltd., Port Sunlight.

W. A. ELLIS,
Agent.

Oct 31, 11