

## FOR Indigestion and Biliousness

Indigestion, biliousness, headaches, flatulence, pains after eating, constipation, are all common symptoms of stomach and liver troubles. And the more you neglect them the more you suffer. Take Mother Seigel's Syrup if your stomach, liver, or bowels are slightly deranged or

## MOTHER SEIGEL'S SYRUP

have lost tone. Mother Seigel's Syrup is made from the curative extracts of certain roots, barks, and leaves, which give a remarkable tonic and strengthening effect on all the organs of digestion. The distressing symptoms of indigestion or liver troubles soon disappear under its beneficial action. Buy a bottle to-day, but be sure you get the genuine Mother Seigel's Syrup. There are many imitations, but not one that gives the same health benefits.

is the  
**Best Remedy**

Now sold in two sizes only.  
Full size, Price \$1.00. Trial size, Price 50c.

All the correspondence on this page was intended for the issue of Jan. 4.

### Carlingford News

Mrs. D. L. Adams has gone to Littleton for a two weeks visit. Miss Minnie Everett, who is nursing at Perth, spent Christmas with her parents, Mr. and Mrs. William H. Everett.

A number young people from here attended the dance at Bairdsville on Tuesday night.

Ward Burpee of Grand Falls and John Hetherington of Aroostook Jet, spent Christmas at Charlie Spike's.

Mr. and Mrs. Percy Fields of Fort Fairfield spent Christmas

with his parents, Mr. and Mrs. George Fields.

Harvey Adams of Houlton is visiting Asa J. Adams.

Mr. and Mrs. Harry Burns and family of Fort Fairfield spent Christmas with Mr. and Mrs. Asa Clark.

Mr. and Mrs. Lloyd Everett spent Christmas with his parents, Mr. and Mrs. William S. Everett.

Mr. Boyd Manzer and family have gone to St. John to spend a month with her sister, Mrs. Everett Manzer.

Mrs. G. L. Brown was a guest of Mrs. William Everett on Saturday.

Miss Etta Trafford and brother, Hughie, spent a few days at Beconsfield recently.

### Knowlesville News

Rev. W. B. Crowell our new Baptist pastor is held in high esteem and his services much enjoyed by the people of this place. He has started a weekly prayer meeting and conference meeting monthly.

Private Elmer Manuel has been home on a furlough spending the Christmas holidays with his parents, Mr. and Mrs. Emery Manuel.

Mr. and Mrs. Harry Campbell of Arthurette spent Christmas with their parents, Mr. and Mrs. Emery Manuel.

Ernest McEwen has returned from the west after an absence of four years.

Mrs. Jack Avery is on the sick list.

William Phillips had the misfortune to get his leg broken while working near Currie's mill about three weeks ago. Dr. Curtis is in attendance.

The home of Mr. and Mrs. R. H. Kenney was the scene of a very pleasant event on Dec. 20, when their eldest daughter, Viola, was united in marriage to Fred Stewart of Centerville.

Miss Edith Cook spent Christmas with her parents, Mr. and Mrs. Charles Cook.

Hazen Manual and Clarence Lepage left Wednesday morning for the Nashwaak lumber camp.

Miss Mary Carr of Woodstock is visiting friends in this place.

## MISERABLE FROM STOMACH TROUBLE

Felt Wretched Until He Started To Take "Fruit-a-lives"

594 CHAMPLAIN ST., MONTREAL.  
"For two years, I was a miserable sufferer from Rheumatism and Stomach Trouble. I had frequent Dizzy Spells, and when I took food, felt wretched and sleepy. I suffered from Rheumatism dreadfully, with pains in my back and joints, and my hands swollen. A friend advised "Fruit-a-lives" and from the outset, they did me good. After the first box, I felt I was getting well and I can truthfully say that "Fruit-a-lives" is the only medicine that helped me". LOUIS LABRIE.  
50c. a box, 6 for \$2.50, trial size, 25c. At all dealers or sent postpaid by Fruit-a-lives Limited, Ottawa.

Clark A. McBride of Centerville made a pleasant visit at the home of Mr. and Mrs. William Phillips on Tuesday.

Miss Ruby Phillips of Hartland spent her Christmas holidays at home here.

Several men from this vicinity are working at Currie's mill.

The winter term of our school begins on Monday, Jan. 8 in charge of Mrs. Harley Burpee.

### Bath News

Mrs. Marvin Archibald and son, Porter, spent Christmas with her parents, Mr. and Mrs. John Drook.

Miss Kathleen Bohan is home for the Christmas holidays.

Miss Aggie Willett, the jolly little clerk of C. E. Gallagher Co., is spending a few days at her home in Grand Falls.

Wiley Day is spending a few days in Grand Falls.

College students now enjoying vacations are John Commins and Thomas Bohan, Misses Leala and Lydia Giberson and Dora Tompkins.

A very pleasant impromptu party was enjoyed by all at Days hotel on New Year's night. Cards

## What is Home without Music?



**COLUMBIA GRAFONOLAS**  
**\$4.75 to \$20**  
**DOUBLE DISC RECORDS**  
Made in Canada 85c up Fit Any Machine  
"HEARING IS BELIEVING"  
The Columbia dealer nearest to you will gladly demonstrate. Very easy payments. Little cash required. Dealer will explain terms. Send for a new free catalogue.  
**COLUMBIA GRAPHOPHONE CO.**  
"Creators of the Industry."  
"Pioneers and Leaders in the Art."  
"Owners of the Fundamental Patents."  
**CANADIAN FACTORY, TORONTO**  
For sale by Lounsbury Co.  
Newcastle, N. B.

# Anaemia

"Only tired."

This is the way anaemic, bloodless people usually describe their condition.

But there is a pallor of the lips, eyelids and gums which denotes the weak, watery state of the blood.

Tired feelings tell of muscular weakness. Failure of the digestive organs indicates their weakened action. The system is running down because the blood is lacking in the nutritive element which is necessary to rebuild the cells wasted by the daily work and in the process of living.

In this weakened condition one is an easy prey to colds and all contagious diseases. The blood must be enriched by such restorative treatment as Dr. Chase's Nerve Food before you can hope to regain strength.

Anaemia does not correct itself, and, consequently, the greatest danger lies in neglecting to take active treatment until the strength is too far wasted.

Many thousands have been cured of anaemia by using Dr. Chase's Nerve Food, and this is the best proof that it will not fail you.

It supplies, in condensed and easily assimilated form, the ingredients from which nature forms rich, red blood. Consequently, the benefits obtained are both thorough and lasting.

50 cents a box, 6 for \$2.50, all dealers, or Edmanston, Bates & Co., Limited, Toronto.

Do not be talked into accepting a substitute. Imitations disappoint.

# DR. A. W. CHASE'S NERVE FOOD

and games were enjoyed until midnight when a very dainty luncheon was served by Mrs. Day.

Miss Dora Tompkins rendered several beautiful instrumental selections and a vocal solo, given by Mrs. Day was enjoyed by all.

Miss K. E. Bohan spent New Year's with her sister, Mrs. T. Lynch at Fredericton.

Garfield Larlee spent Sunday with friends in Perth.

J. W. Bohan spent New Year's in St. John.

Mrs. Leo Kearney and son, Charles, are spending a few days with the Misses Bohan.

### Bristol News

George Boyer is visiting in St. John.

Miss Jessie Bell, Fort Fairfield, is home on a short vacation.

Mr. and Mrs. H. D. Street went to St. John Thursday for a few days.

Miss Carrie Noble, Royalton, is a guest of her brother, L. A. Noble.

Mr. and Mrs. E. R. Marich are visiting at Woodstock.

Mr. and Mrs. William Fulton, Bridgewater, were guests last week of Mrs. Thomas Darkis.

Miss Velma Shaw, Fort Fairfield, is visiting Miss Frances Street.

Mrs. L. A. White returned home on Monday from Florenceville.

### Lower Brighton Notes

(Intended for last week)

Donald Tedlie, Russel Brown and Arthur Richardson spent Christmas with their parents.

Miss Bessie Nevers is visiting her aunt, Mrs. Alva Dow.

Mr. and Mrs. R. P. Richardson took a trip to Benton one day last week to visit friends.

As Christmas makes one think of home, it certainly was celebrated in the good old fashioned way when the children and grandchildren, 37 in all, of Mr. and Mrs. James McLary met at their home and partook of a bounteous Christmas dinner together.

As a new Year will have been ushered in by the time this goes to print I will extend my "Best Wishes to the Editor and The

Observer for the most prosperous and happy year that it has ever had since it started.

Mr. and Mrs. Stephen Nixon and family and Mrs. Ada Brown drove to Woodstock Christmas day to spend the day with their sister, Mrs. Augustus Hand.

Stanley Richardson of Mill, Maine, visited his parents, Mr. and R. P. Richardson, one day last week.

Mr. and Mrs. Earl Dow and family of Houlton spent Christmas with Mr. Dow's parents, Mr. and Mrs. Went Dow.

Mr. and Mrs. F. K. Brown were guests of Mrs. Brown's parents, Mr. and Mrs. Robert Hovey at Greenfield during the holidays.

Wilfred Bryant of Bartlett's Station is visiting his brother, Edgar Bryant.

Mrs. Moses McCollum spent Christmas with her parents, Mr. and Mrs. John McKinney at Newburgh.

Mr. and Mrs. Arthur Hovey and family of Somerville were present at the gathering at James McClary's.

Arthur Richardson who has been confined to the house with a heavy cold is able to be out again.

Destroys Insects Wholesale  
An electrically charged net, mounted on a wagon for removal to where it may be needed, has been invented in Argentina for wholesale destruction of insects.

### TAKE YOUR CHANCE

Rats, Dogs, Birds, etc. Form "Dainty" Edibles

From China comes a long list of dainties that would be recognized by the Western fancy and palate. Bird's nest soup is well known, and so is trepang, the sea slug, in whose capture many Chinese fishermen earn their living. In the streets of Canton there may be seen, exposed for sale to such as care to buy, rats, dogs, crows, piles of the larvae of bees and moths, and many other edibles of whose origin the Western traveller shudders to think.

Many curious dishes are beloved of the natives of the various republics of South America. The Indians of the Amazon lake and eat snake. Bear meat is enjoyed by those inhabiting the Andes uplands, and has been pronounced excellent by hunters. In the Chilian markets there may be seen heaps of small, immature octopi, fated to be made into soup, and also bundles of seaweed, which is stewed and served as a vegetable, and highly esteemed for its valuable tonic and blood-cleansing properties.

Like the French, the Chilians eat the legs of large frogs, which may be caught or reared. Prickly sea urchins, called by the natives "orizos," are eaten raw, as are also large mussels, called "choros." There are no rabbits indigenous to Chili, but the place of that useful little animal is taken by the common pussy cat, who is frequently made into "cazuela," a native dish, which is something between a soup and a stew. Many a traveller, munching at some wayside inn of the appetizing dish he has just consumed, has been told, to his horror, "¡esto piquante, señor!" (savory cat!)

# PURITY FLOUR

Milled especially  
for particular  
cooks—  
those who want

"MORE BREAD AND  
BETTER BREAD"

