

TORTURED BY CONSTIPATION

"Fruit-a-tives" Cured Paralyzed Bowels and Digestion

It is a pleasure to me to inform you that after suffering from Chronic Constipation for 2 1/2 years, I have been cured by "Fruit-a-tives". While I was a student at Bethel College, I became so ill I was forced to leave the college. Severe pains across the intestines continually tortured me and it came to a point when I could not stoop down at all, and my Digestion became paralyzed. Some one advised me to take "Fruit-a-tives" and at once I felt a great improvement. After I had taken four or five boxes, I realized that I was completely cured and what made me glad, also, was that they were acting gently, causing no pain whatever to the bowels. All those who suffer with Chronic Constipation should follow my example and take "Fruit-a-tives" for they are the medicine that cures.

MAGLOIRE PAQUIN
"Fruit-a-tives" are sold by all dealers at 50c a box, 6 for \$2.50, trial size, 25c, or sent postpaid on receipt of price by Fruit-a-tives Limited, Ottawa.

White Ribbon News.

Woman's Christian Temperance Union first organized in 1874.
AIM.—The protection of the home, the abolition of the liquor traffic and the triumph of Christ's Golden Rule in custom and in law.

Motto—For God and Home and Native Land.

Badge—A knot of White Ribbon.
WATCHWORD—Agiate, educate, or give.

OFFICERS OF WOLFVILLE UNION.
President—Mrs. L. W. Sleep.
1st Vice President—Mrs. J. Kaye.
2nd Vice President—Mrs. Fitch.
Recording Secy.—Mrs. W. Mitchell.
Cor. Secretary—Mrs. H. Finch.
Treasurer—Mrs. T. E. Hutchinson.
Auditor—Mrs. T. E. Hutchinson.

SUPERINTENDENTS.

Evangelistic—Mrs. G. Fitch.
Lumbermen—Mrs. J. Kenpton.
Peace and Arbitration—Mrs. J. Reid.
Temperance in Sabbath-schools—Mrs. (Dr.) Brown.
Parlor Meetings—Mrs. (Rev.) McGreger.
Press Work—Miss Margaret Barnes.
Surprise Soap Wrappers—Mrs. M. Freeman.
Bulletin—Mrs. M. Freeman.
Laborer Work—Mrs. F. Woodworth.
Scientific Temperance in Schools—Mrs. G. Cullen.

Sing a Song of Whisky.

Sing a song of whisky,
A pocket without pence;
A purse that's always empty,
A head that has no sense.
Four-and-twenty jail birds
Under lock and key,
Curse the drink that cost them,
The birthright of the free.
When their cells are opened,
Drinking more and more,
A drunkard's life behind them,
A drunkard's death before.
The Brewer in his countinghouse
Counting out his money,
The Bar-man in his parlor
Is eating others' honey.
Walls starving little children,
And women lean and poor,
In rags and broken-hearted,
Beg from door to door.
Sing a song of whisky—
Sound it all the time;
The horrid song of whisky—
Sorrow, sin and crime.
—Everybody's Magazine.

From an interview with Connie Mack, a baseball specialist:
"How does it happen, I asked, that you know so many men who have never known the taste of liquor? Does it mean the survival of the fittest, or does it mean that you prefer the abstemious player?"
"Both," replied Mack. "Five years ago I would take a man who drank provided I thought I could handle him and gradually break him of the habit. Now I wouldn't bother with a youngster who drinks. That's my fixed policy—I have changed."
"On account of age?"
"No,—wisdom! I've proved up to my own satisfaction, this business of clean living and quick thinking. Its stuff champions are made of nothing to that."—McCure's Magazine or May 1914.

The testimony given by Admiral Fletcher to the soldiers and sailors of Vera Cruz is another proof of the advancement of the temperance cause. He says: "During the nine days we occupied Vera Cruz I was unable to learn of a single case of drunkenness or intoxication among my men. I think this is unparalleled in history."

If you find yourself pronouncing 'man' or 'seven seven,' or 'seven,' or 'three three,' you can make up your mind that you have caught it from the telephone girls and it is contagious. The other day I heard a young man talk about the 'man-thirty' car and a young business man rolling out 'thir-ree' as if he was a graduate of the telephone office. After all, where can you hear pleasanter voices than over the 'phone when you hear 'number, please' in the midst of the rush and the whirl of business?

Dubleigh—Miss Shary called me a fool. Do I look like a fool?
Lester—No, you do not. She couldn't have judged you by your looks.
"So credit at this country, miss."
"He answered her flash."
"Although she didn't always charge."
"We must insist on cash."
"You never admit having made a mistake."
"What's the next asked Senator Boy."
"When I take a minkie there are always plenty of people to talk about it without my talking."
"Miner's" Lament for sale everywhere.

Jelly Making.

'Never try to make jelly from over ripe fruit' is the culminating point in the advice of one efficient house wife. 'In my experience I never fail in making delicious jelly from half-ripe currants or grapes. I wash the fruit, nearly cover it with water, let simmer until thoroughly cooked, drain through cheesecloth, boil, strain into glasses, set aside 1/2 hour, pour melted paraffin over it and seal.

There is a vegetable part of fruits called pectin. If this is absent in fruit juice it will not form jelly. Whether or not pectin is present in a juice one can readily ascertain by adding two tablespoons of juice to one of alcohol. If pectin is present a gelatinous mass will appear in the liquid, which may be gathered up with a spoon. The inner white skin of oranges and lemons is rich in pectin, and this is some times used to supply the deficiency in other fruits.

In making jelly a bag of cheesecloth of about the same capacity as the kettle you are using will be found a convenience. Put it into your preserving kettle and put the fruit into the bag, just as you would put it into the empty kettle. A good way to hang the bag to the kettle is by spring clothespins. Lift the bag occasionally while the fruit is cooking to be sure it does not stick or scorch at the bottom. When the fruit is cooked lift the bag out and hang it where the juice will drip all night. The next day make the jelly as usual.

CASTORIA

For Infants and Children.
The Kind You Have Always Bought

Bears the Signature of *Dr. J. C. Fletch*

He was cutting an item from a newspaper.
"It tells how a house was robbed and I want to show it to my wife," he explained.
"What good will that do?" a friend inquired.
"A whole lot," was the reply. "You see, this house was robbed while the man was at church with his wife."
"Say, exclaimed the friend excitedly, 'you have got a duplicate copy of that paper, hav' you?'"

Children Cry FOR FLETCHER'S CASTORIA

A young artist once persuaded Whistler to come and view his latest effort. The two stood before the canvas for some moments in silence. Finally the young man asked, timidly:
"Don't you think, sir, that this painting of mine is—well—er—tolerable?"
"What's the matter with that?" asked Whistler.
"What is your opinion of a tolerable egg?" he asked.

This is to certify that I have used MINARD'S LINIMENT in my family for years and consider it the best Liniment on the market. I have found it excellent for horse flesh.
(Signed) W. S. FINCO.
"Woodlands," Middleton, N. S.

Pop, I want to know something.
"Well, Jimmy?"
"Is the washing of the waves done on the seaboard?"
"Red—I hear that man we saw go up in the aeroplane drinks."
"Green—He should cut it out or some day he may take a drop too much."
"Patience—Why did you cry out when he kissed you?"
"Patience—I was afraid he'd think me unappreciative if I didn't."

WOMEN WHO ARE ALWAYS TIRED

May Find Help in This Letter.

Swan Creek, Mich.—"I cannot speak too highly of your medicine. When through neglect or overwork I get run down and my appetite is poor and I have that weak, languid, always tired feeling, I get a bottle of Lydia E. Pinkham's Vegetable Compound, and it builds me up, gives me strength, and restores me to perfect health again. It is truly a great blessing to women, and I cannot speak too highly of it. I take pleasure in recommending it to others."—Mrs. ANNE CARROLL, R.F.D., No. 1, Swan Creek, Michigan.

Another Sufferer Relieved.
Huron, Me.—"Before taking your remedies I was all run down, discouraged and had female weakness. I took Lydia E. Pinkham's Vegetable Compound and used the Sanative Wash, and that day God I am an entirely new woman, ready and willing to do my household work now, where before taking your medicine it was a dread. I try to improve upon the recipe of all living women I meet the benefits they can derive from your medicine."—Mrs. CHARLES ROWS, R.F.D., No. 1, Huron, Maine.

If you want special advice write to Lydia E. Pinkham's Medicine Co. (confidential) Lynn, Mass. Your letter will be opened, read and answered by a woman and held in strict confidence.

Minard's Liniment for sale everywhere.

HIDDEN FLOWERS

An article of daily food;
A drinking vessel sometimes rude.
—Buttercup

What sugar is, or much the same;
A very common masculine name.
—Sweet William

An animal that's a very shy;
An article of dress all day.
—Foxglove

When companies of birds you see
You surely then will think of me.
—Phoebe

A useful animal to all;
A mis-step that may mean a fall.
—Covallip

All girls at parties will agree
They do not wish to be like me.
—Wallflower

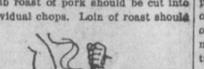
A vehicle that moves apace;
The people of one land and race.
—Carnation

A number that is rather small;
A feature used to speak and call.
—Tulip

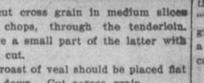
HOW TO CARVE

Done Properly it Adds Zest and Enjoyment to Meal

The art of carving is a simple, dignified accomplishment, not difficult to acquire, yet comparatively rare. Hacking spoils the joint, discomfits the carver and makes it unpleasant for the guests.
Roast fowl, including turkey and chicken, should be placed on platter with breast up and neck to the left. Pierce the fork across the breastbone.



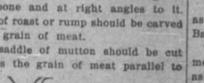
TURKEY
Cut thin slices between leg and body close to the body. Force back the leg with the knife and separate it by running point of the carver through the joint. Do the same with wing. Remove both legs and wings before carving breast. Cut the latter crosswise in very thin slices.
Leg mutton or lamb—The small end of the roast of mutton or lamb should be placed at left on platter. Carve in thin slices across grain to bone. Begin at large end.
Rib roast of pork should be cut into individual chops. Loin of roast should



ROAST PORK
be cut cross grain in medium slices like chops, through the tenderloin. Serve a small part of the latter with each cut.
A roast of veal should be placed fat side down. Cut across grain.
Steaks should be cut through to platter with grain of meat, close to



HAM
bone. A porterhouse steak should be cut crosswise half an inch thick.
Roast of beef should be placed on platter, ribs down. Cut slices with one stroke of knife right through to rib bone and at right angles to it. End of roast or mutton should be carved with grain of meat.
A saddle of mutton should be cut across the grain of meat parallel to



MUTTON
backbone. Put knife into meat close to the ribs to separate the slices from them.

As a Woman Thinks
Many women who think they are clever do not seem to understand that a really clever woman conceals her cleverness.
You need pay no attention to the nasty things people say about you unless they are true.
Few women can create a sensation without being sensational.

Cash Store.
BARBARA IN CANNED GOODS THIS WEEK
Get my prices. You will be sure to pay. I want the money, and you want the goods.
C. W. STRONG
Wolfville.

AUTOMOBILE For Hire!
Careful Driver and Moderate Prices.
Phone 33-3.
G. H. Ruffee,
Wolfville, N. S.

Wm. Regan,
HARNESS MAKER,
Wolfville, N. S.

BETROTHAL GIFTS NOT RECLAIMABLE

Should They be Returned in Case an Engagement is Broken Off?

This question was raised by a case in a London police court in which the magistrate found that a sailor, named Harry Morganstein, who had given his fiancée two rings, could not claim their return, although his fiancée had broken the contract to marry.
A well known barrister was asked his opinion on the subject.
"A present is a present," he said, "and I know of no law that could enable a man to insist on a woman returning his presents given during the period of engagement. Even the engagement ring is not given conditionally, but only as a sign that there is an engagement. A man cannot demand the return of an engagement ring if the parties agree not to continue the engagement. If I go to a jeweller and buy an article of jewellery, that jewellery becomes my legal property, and if I present it to my fiancée it becomes her legal property, passing out of my possession entirely."
This is the legal aspect of the question, but the personal views of men and women in different positions of life are given below.

Miss Cicely Hamilton, the well known dramatist, said: "I think if the man behaved very badly the fiancée's most natural feeling would be to get rid of anything that reminded her of him." On the other hand, if he were a particularly mean kind of man she might keep the gifts in order to punish him.

"Another aspect of the case is that if she presents a woman received very nice and she liked them. I think she would be quite entitled to keep them if she wished."
Said a youth of twenty: "I certainly should not want any presents given back to me. In fact, if I gave a girl presents I should consider that the pleasure I had enjoyed in her society was quite sufficient to repay me for any money I had spent on her."

Here is the view of a well known war correspondent: "No girl with any self-respect would keep presents of a man might show any signs of wanting back again. On the other hand, a present is a present, and if a man gave a man friend a dog he would not expect it to be returned to him if he and his friends were to quarrel."
A business man considered that the presents should be returned. "If a girl obtains lavish presents from a man on the strength of her promise to marry him she ought morally to return them if she fits him."
A novelist thought that the meaning of a present must be taken into consideration: "Presents are given during engagements because of sentimental reasons, and are accepted because of these reasons. The sentimental value of their monetary value." he said. "Therefore I cannot understand any girl wishing to retain presents after a rupture with her lover, merely because of the monetary value."

NO DRINK AT MEALS

Doctor Winslow on Danger of Becoming Fat

Never drink at meals and your figure will remain slim and supple. This roughly was the advice given at the British Medical Association meeting by Dr. H. P. Winslow, of London.
He emphasized the error of drinking at meals, and said bluntly that the body—but the pig and the cow—ever took liquid with meals. The result, he said, is that the body is fat.
"Too much hiccups was suggested as a cause of baldness by Dr. F. H. Barend, a Liverpool skin specialist.
"Why is it there are so many bald men and so few bald women?" he asked. "I believe it is because men will not let their hair grow to a proper length. The average man wears his hair about as long, whereas it should be at least thirteen or fourteen inches."

DID NOT WANT ONE-ARMED WIFE

Ironworker's Refusal to Marry Fiancée After an Accident

That a wife with one arm was no good to a working man was the excuse given in court by Howard Pugh, a Flintshire ironworker, for not marrying Miss Amy Jones.
Miss Jones had gone to see him off at Flint Railway Station and had an accident, being dragged between the train and the platform. The result was that she lost her right arm.
She sued him for breach of promise and was awarded \$125 as damages.

WANTED.

Old pictures President Lincoln, old history Nova Scotia, old coin, old postage stamps used 60 years ago, old flint lock pistols, old church communion tokens.

W. A. KAIN
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Wolville, April 27.

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Voicing, Regulating, Repairing Organs Tuned and Repaired.
M. C. Collins,
P.O. Box 321, Wolfville, N. S.

"Every time I see one of these I want to go home."
"What?"
"That every time I notice a graduate's wooden leg I feel down."
ALLENSTOWN, N. B.



Five Roses Flour

Not Bleached Not Blended

FOR SALE BY WM. C. BLEAKNEY!

The Ship Comes In.

For years we have waited,
In hope and in grief,
Watching the billows,
Scanning the sea,
For our ship on the ocean,
Laden with gold,
To come and enrich us.
The tale is soon told,
No longer we're waiting,
For sorrow's own cup:
The ship has come in,
But it's bottom side up.

Stella—I hear you had a terrible experience.
Belie—Yes, I was rescued from drowning by another girl.
"Pa—what is a militant s-s-faggot?"
"A militant s-s-faggot, son, is a woman who wants to vote, so badly that she forgets to powder her nose."
He held the girls on his knee.
His talk was gay and breezy,
Just then his wife he chanced to see,
And he became unkneezy.

"Mand, I cried, resolved to chance
—My wife.
"There are words I burn to say!
Then she made the cry answer:
"All right, Charlie, blaze away."

Children Cry FOR FLETCHER'S CASTORIA

Two little boys, brothers and inseparable comrades, look so much alike as to attract frequent comment. "Are you little fellows twins?" recently asked a pedestrian meeting them in the park.
"No, no," the oldest answered, after a moment of thought, "we're Metho dists."

"Tu h is strange the fiction"
"I don't know applied Miss (a name, whether it is strange or not) scarcer."

One cry that always makes me rave
And use my bitterest time
Is when I'm lathered for a shave,
"You're wanted on the phone!"
"When Bilkins heard that his uncle had left him a fortune, what steps did he take?"
"Uncertain ones."
"Saltair—We're still drifting. Did you throw the anchor overboard?"
"Lindman—Yes, but I cut off the rope, I thought you would like to save that."
"Oh, jays, what makes the rivers run?"
"Asked little T. mmy Biogs."
His paw replied, "That's easy, son; they have a lot of springs."
"The archbishop had preached a fine sermon on married life and its duties." Two old Irish women heard coming out of church commenting on the address.
"It's a fine sermon his reverence would be after giving us, with one to the other."
"It is indeed," was the quick response, "and I wish I knew as little about the matter as he does."
"The reckless chauffeur simply moved down all the pedestrians in his path."
"Was he fully?"
"Full and running over."
An elderly gentleman, clad in an immaculate suit of black, was seated on a bench in the park, enjoying the lovely spring day. A small boy lay on the grass not far away, and stared intently at the man. For awhile the man said nothing.
"Why don't you go and play with the other children?" he asked at last.
"I don't want to," the boy replied.
"But it isn't natural for a boy of your age to be quiet. Why don't you want to?"
"I've just watin' answered the boy. "I wanted to see you get up. A fellow pointed that seat about fifteen minutes ago."

The New York Herald says Europe will receive under war orders for 20 years' worth of fighting will cost \$10,000,000,000. Wealth of five nations at war is \$75,000,000,000, and in 10 years' worth of armaments and war, total cost would be \$1,000,000,000,000.

Paragon war will mean shortage of German toys this Christmas. Last year United States imported \$5,000,000 of German toys.

Advertisement in THE ACADIAN.

DOMINION ATLANTIC RY & STEAMSHIP LINE

DOMINION ATLANTIC RY & STEAMSHIP LINE
YARMOUTH BRANCH OF THE YARMOUTH LINE
LAND OF EVANGELIC ROUTE
Wolville Time Table
Corrected to June 29, 1914.

Flying Bluenose for Yarmouth 11:25 a.m.
Flying Bluenose for Halifax 5:38 p.m.
Express for Truro and Halifax 6:15 a.m.
Express for Halifax 19:30 p.m.
Express for Truro and Halifax 4:15 p.m.
Yarmouth 10:03 a.m.
LAVISON.
Express for Middleton 5:49 p.m.
Express for Annapolis Sat. only 5:49 p.m.
Express leaving at 10:03 a.m. connects at Kentville with C. V. Branch train for Kingsport.

ABARVING.
Flying Bluenose from Yarmouth 5:38 p.m.
Flying Bluenose from Halifax 11:25 a.m.
Express from Middleton 6:15 a.m.
Mon. only 6:15 a.m.
Express from Yarmouth and St. John, N.B. 4:15 p.m.
Express from Truro & Halifax 10:03 a.m.
Express from Halifax 19:30 p.m.
These trains only run on week days.

Boston Service
Flying Bluenose train leaving at 11:25 a.m. for Yarmouth connects with steamers of the Boston & Yarmouth S. S. Co., Ltd., sailing daily, except Sunday, for Boston.

R. U. PARKER
General Passenger Agent.
P. Giffins, Manager.
Kentville, N. S.

Corson's

Three Favorite Talcs
—Made of the highest quality talc money can buy—milled to infinite smoothness, and then perfumed with the finest "Corson's" perfume.
Corson's Pomander Violet
Don't buy cheap, inferior talc. Buy Corson's, which is milled and perfumed. CORSON'S you can get the best.
Ask your Druggist.
CORSON'S PERFUMERY LIMITED, TORONTO

NOTICE!

On account of war conditions we have cancelled and withdrawn all catalogues and prices for the present.

WENTZELLS LIMITED

The "Big Store"
HALIFAX, N. S.

Advertise in "THE ACADIAN"

WANTED.

Old pictures President Lincoln, old history Nova Scotia, old coin, old postage stamps used 60 years ago, old flint lock pistols, old church communion tokens.

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Wolville, April 27.

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Voicing, Regulating, Repairing Organs Tuned and Repaired.
M. C. Collins,
P.O. Box 321, Wolfville, N. S.

"Every time I see one of these I want to go home."
"What?"
"That every time I notice a graduate's wooden leg I feel down."
ALLENSTOWN, N. B.

Peep again in your oven. See those loaves, those pleasing loaves you've made. How fat—rounded—substantial. No, they won't fall when colder. Because the Manitoba strength that is in FIVE ROSES will hold them up till eaten.

This sturdy elastic gluten has kept them from dropping flat in the oven. No unsightly holes 'twixt crust and crumb—never. All risen evenly—to stay risen. Never heavy—sodden—soggy—indigestible. Yours are the FIVE ROSES loaves—Crabby and appetizing of crust. Golden brown and tender. Swoony of crust—light as thistledown. FIVE ROSES helps a lot. Try it soon.

House Cleaning OUR WALLPAPER

Has just arrived. Call in and let us show you the newest and best line of Wallpapers in town.

Paints, Alabastine and Wall Papers

Order your from us. We save you money.

F. O. GODFREY

FRAME STOCK

SAWED TO ORDER.

Also Lathes, Shingles, Sheathing and Flooring.

WRITE FOR PRICES.

J. H. HICKS & SONS

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Burgess & Co.

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