Had to Work Ten Hours a Day-Suffered With Backache Severely— Dodd's Kidney Pills Made a New Man of Him.

London, Ont., Jan. 1.—The broom-makers of this city are as industrious and make as much money as the av-erage broommaker in this country. But the way the business has been

But the way the business has been going of recent years necessitates that the men work very hard. Competition is rife in broom manufacturing as in most lines to-day.

A. Bong, of 10 Leslie street, London West, broke down under the strain. He was working the regulation ten nours a day, but a broommaker has to work very fast and very steady. Bong's back gave out. He continued to work at his trade, however, though it was continual misery.

misery.

Only those who have suffered with backache know how disabiling and painful the trouble is. It is wonderful how every movement of the body seems to jar on the back. It is as if the back were the central point from which all the muscles radiated.

The reason of this is that backache is not backache at all literally. Backache is kidney ache, and every move-

is not backache at all literally. Backache is kadaey ache, and every movement of the body shakes the disordered kidneys to a greater or less extent and keeps them in a constant state of 'irritacion. To cure backache you must use Dodd's Kidney-Pills, as Mr. Bong found out. He writes:

"I have been troubled with a very severe pain in my back and I concluded to take some Dodd's Kidney-Pills. I have done so, and I find they have cured me. I have to work ten hours a day at broom-making and now I am a new man. I highly recommend them to anyone for backache. I do not feel the pain any more or has it since returned. it since returned.

"I remain, yours truly,
"A. BONG."

New Way to Thread Needles. An ingerious lady has suggested an mprovement in the method of holding a needle for the purpose of threading a needle for the purpose of threading it. It is to be held between the third and little fingers of the left hard fine and of by the thumb and foreinger, palm uppermost. The advantage of this is that the thumb and first finger can be used to grip the smallest end of the thread as soon as it protender from the even as it protrudes from the eye, a method preferable to that of letting go the thread and endeavoring to get hold of the end with the right hand. This prevents the weight of the cotton from dragging the end out of the

is safe without a bottle o HIRST'S PAIN EXTERMINATOR It is a great Family Remedy

The Table Mountain Ropeway. The ropeway located at Table Mountain is an important example of a single fixed rope on which one carrier is drawn to and fro with an endless hauling rope, the driving gear having reversing motion so that the direction of travel of the carrier can be controlled. Commencing at sea is vel, and following the ground on posts spaced about 300 feet apart, the cable takes a span of 1,500 feet, rising to a projecting rock some 1,480 feet above the starting point. Resting on a support at this point, the cable again takes a span of 1,400 feet to an upper terminal 2,200 feet above the lower one. This ropeway has worked so satisfactorily that it is not only used for the carriage of materials employed in the start travelticated. The ropeway located at Table Mounused for the carriage of materials em-ployed in the construction of a re-servior, but is at times used for pas-sengers.—A. J. S. B. Little, in The Engineering Magazine for January.

Are you not well? Are you pale, weakly, depressed in spirits, melanchely, tired, nervous, and irritable?
Try Miler's Compound from Pills. Compound Tron Pills.

and True Bravery. It is but a poor compliment to a soldier—or, rather, it is not a compliment at all—to say of him that he was absolutely ignorant of fear. It is the overcoming of fear, not the entire absence of it, which constitutes entire absence of it, which constitutes bravery. In other worcs, the man who has never experienced the sensation of fear—if such a min ever lived—i; la king in rel tive ju gment He cannot reason from cause to effect far enough to see that if he does a certain thing he is sure to be killed, and such a mental supposition, so far

IT'S PAIN EXTERMIN TOR ike a charm for Lumbago

> Cases Were Different. is told of an extjudge in who is cashier of a bank he refused to cash, a stranger. The be said but the

Startling Finale to One of

At a small seaport town in England a star actress of the third magnitude appeared as Juliet. "I cannot do justice to myself," she said to the manager, who combined a theatrical enterprise with the conduct of a row of bathing machines, "If I do not have a 'lime' (limelight) thrown on me when I appear on the balcony." "We ain't got no limelight, miss, but I think we could get you a ship's bluelight," replied the obliging manager; and to this the lady agreed. The lad who went to the shop to buy the blue-light brought back a signal rocket, which was given him by mistake. The prompter was her own man, and in his ignorance took the rocket in good faith.

Romeo—He jests as scars who never felt a wound:

(Juliet appears. Prompter lights the match.)

But soft! what light through yonder window breaks?

(This was the match lighting the fuse.) At a small seaport town in Eng-

Arise, fair sun!

Arise, fair sun!

The sun, or rather the rocket, did rise with a hiss that sounded far louder in a theatre than it does in the open air. Juliet was knocked off the balcony, the fly borders were set on fire, and the theatre was filled with sulphurus smoke, while the audience, which was fortunately a small one, made a stampede to the doors. It is perhaps unnecessary to add that the introduction of the rocket brought the play to an end. Since then Romeo the play to an end. Since then Romeo and Juliet have always been looked upon in that town as a dramatic work that could not be witnessed with-out personal danger.—Short Stories.

### Worth Its Weight in Gold! HIRST'S PAIN EXTERMINATOR

For Lumbago, Chille, Cramps, Insect Bites, Sprains, Bruises, Etc.

Oyster Recipe. It is possible that an oyster soup served on two successive weeks might pail on some appetites, for there is nothing so conducive to might pall on some appetites, for there is nothing so conducive to appetite as variety, but as there are many different kinds of oyster soup it need not be served twice alike in the same month. Scald a dozen large oysters in their own juice; lift out with a skimmer, chop fine and pound on a mortar; return to their liquor, and a quart of thin veal broth, a small sliced onion, a stalk of celery and some parsley, and simmer half an hour; rub an ounce of flour with one of butter. ounce of flour with one of butter add it to the soup; boil up for a moment, strain and press through a sieve; return to the fire, dilute to the right consistency with hot cream, and finish the seasoning with cayenne, white pepper and a dash of nutmeg.

Beware of Ointments for Catarrh

That Contain Mercury. as mercury will surely destroy the sense of smell and completely derange the whole system when entering it through the mucous surfaces. Such articles should never be used except articles should never be used except on prescriptions from reputable physicians, as the damage they will do is ten fold to the good you can possibly derive from them. Hall's Catarrh Cure, manufactured by F. J. Cheney & Co., Toledo, O., contains no mercury, and is taken internally, acting directly upon the blood and micous surfaces of the system. In buying Hall's Catarrh Cure be sure you get the genuine. It is taken internally and made in Toledo, O., by F. J. Cheney & Co. Testimonials free.

Sold by druggists, price 75c per bot tle.

Hall's Family Pills are the best.

When They All Meet. When They All Meet.

The man who sat on a limb and sawed the same off close to the tree, and the Irishman who let go of a fire escape to spit on his hands, have both been outdone by the Parkersburg woman who put her babe in a bath tub and then set the tub on the stove to heat the water. What a congregation there will be "on the other side" when these thoughtful creatures meet to "reminisce" with the chap who blew in the muzzle of a gun, the fellow who lit a match to find a gas leak and the boy who touched off a wagon load of fire works "just to see "em fizz!"—Ex.

HIRST'S PAIN EXTERMINATOR he public

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### Cure Catarrh Now.

The Best Season to Begin the Treat-ment of Catarrh for a Permanent

Catarrhozone: What is it? It is veg.ti.b.e—entirely vegetable in com-position, and an absolute destroyer of discusse germs which cause and maintain Catarrh.

or insense germs which cause and maintain Catarrh.

Catarrhozone cures because it can be carried directly to the diseased parts; cures because it powerfully stimulates the mucous membrane to its normal action; cures because through its oxidizing power it burns up the old tissue and stimulates the formation of new healthy tissue. It is not a wash; you cannot force liquids in the lungs. It is not an ointment to be snuffed up into the nostries or to be poured down the throat, both useless as well as disgusting. It is not a powder to be snuffed up the nostries to still further irritate the already congested and irritated

It is not a powder to be saurted up the nostrils to still further irritate the already congested and irritated mucous membrane.

Catarrhozone is simply nature's method of applying the balsam's and healing properties of the pine woods, fortfiel by other germicked lagredions. You breathe the medicated air, it does the rest. It cures because it is sure to reach the right spot.

Catarrhozone, outfit consists of a beautifully polished hard rubber inhaler, one end being adapted to inhalation by mouth, the other with a specially devised nostril piece for nasal inhalation; also one bottle of Catarrhozone sample for six weeks use, dropper, and full directions.

For sale at all druggists or direct by mail. Price \$1.00. Send 10c in stamps for sample outfit and testimonals to N. C. Polson & Co., Mfg. Chemists, Box 514, Kingston, Ont.

Unintentional Humor. At a choir practice they were re-hearsing a selection, the first words of which were, "I am a Pilgrim." The music divided the word pilgrim, and made a pause after the first syllable. The soprano sang in the high key, "I am a pi.—," and stop-ped. The alto repeated "I am a pil—," The tenor acknowledged he was a "pill—" and when the bass came thun-dering in with the like declaration. dering in with the like declaration, "I am a pill—," It was too much for the gravity of even a church choir.

Miller's Worm Powders are a won-lerful medicine for ailments of chil-

He Lost His Opportunity. The Tramp-Once I wuz in a fair way ter becomin' a millionaire, but a darn labor-savin' device ruined me. The Farmer—Ye don't say! How's that? The Tramp—I was gittin' along nicely as a bartender in a saloon, when de boss bought a cash register.—Puck.

Miller's Worm Powders cure all ailnents of children like magic.

Mrs. Smith—An agent called here to-day and I ordered a "History of the World" in twenty large volumes. Her husband—Great Scott! What do you want of that? No one will ever have time to read it.

Mrs. Smith—I know, but it will be just overly to press entump leaves in

just lovely to press autumn leaves in J. M. Morton reports to the Unl-ted States Government that the seals on the Pribyloff Islands have decreas-ed 20 per cent. In the last year.

A Prominent American Divine on an Important Subject.

Toronto, Ont., Dec.-It is not every clergyman who shows such a genuine and kindly desire to benefit his fellowmen, as does the one who writes the letter that follows. The person who is in a condition similar to that of Rev. Mr. Glass, and who reads this letter, can have no excuse other side" when these thoughtful for further suffering. The minister shows the way out, and it is open to all who choose to take it:

Thousand Island Park, July 22, 1892. The Arnold Chemical Co.

Dear Sirs,-At the beginning of this month my constitution was so much run down that I had to get leave of absence from my congregation for four months. I left New York on the 10th with, and while in Toronto I saw Dr. Arnold's English Pills advertised in the News and bought a box of them. When I commenced taking them my condition was such that I could not sleep and my appetite was very poor, but before I had finished the box I could sleep well and enjoy a good meal, and now I feel like a new man. In the first place I feel indebted to the Toronto News for putting me on the right track, and in the second place I think Dr. Arnold's English Pills the best medicine I ever

Enclosed please find two dollars for which you will please send me three boxes of your pills to the address below.

Yours most respectfully, (Rev.) J. C. Glass, D. D.,

Thousand Island Park. Dr. Arnold's English Toxin Pills, the only medicine on earth that cures disease by killing the germs that cause it, are sold by all druggists at 75c. a box; sample size 25c., or sent postpaid on receipt of price, by The Arnold Chemical Co., Limited, Ca ada Life Building, 42 King Str. West, Toronto.

WOMEN OUTLIVE MEN.

At Least That is the Showing of So Stastics.

At Least That is the Showing of Some Stastics.

It is strange but true that the most delicate child often outlives his stronger brother or sister. Many instances are on record of the long survival of those who seemed destined to die early. It is said of Voltaire, who lived to be eighty-four years old, that he was so delicate at birth he could not be baptized for several months. Sir Isaac Newton, the doctors said, would not live a week, but he celebrated his eighty-fifth birthday. Fontanelle lived to be a hundred, although he was so frail at birth that the priest had to go to his home to baptize him. Even more interesting than this is the statement by Professor Buchner that it is possible for a woman to preserve her youthful beauty even to old age, or, in some instances, to regain it. The Marquise of Mirabeau died at eighty-six with all the marks of youth in her face. Margaret Verdun at sixty-five smoothed out the wrinkles, her hair grew again and her third set of teeth appeared. Cases of this third dentition are not rare.

The Professor has still further hope for the fair sex in the announcement that women live longer than men. One French woman, Marie Prioux, who died in 1838, was said to be 153 years old. Statistics of the various countries on this point are remarkable. In Germany only 413 of 1,000 males reach the age of fifty, while more than 500 of 1,000 females reach that age. In the United States there are 2,583 female to 1,398 male centenarians. In France, of ten centenarians seven were women and only three men. In the rest of Eurepe, of twenty-one centenarians sixteen were women.

The oldest person now living is held to be Annie Armstrong, who is 117 years old, and lives in a little town in county Clare, Ireland.

HIRST'S PAIN XT-RMINATOR

HIRST'S PAIN XT RMINATOR Never fails to relieve Pains in the Limbs, Side or Back.

A Fearless Sparrow A sparrow has built its nest and laid four eggs inside a gong at Isleworth Rallway Station. The gong has a circumference of 31 inches, is sounded upward of 150 time: every day, and when it is rung the alarm / can be heard 600 yards away.

To Cure a Cold in One Day. Take Laxative Bromo Quinine Tab-lets. All druggists refund the money if it fails to cure, 25c. E. W. Grove's

Love's flame is superior to physical law in that the less ventilation it has the more fiercely it burns.—Janice Meredith.

Dalley's Syrup of Horehound and Elecampane



This Syrup will effectually cure the most stubborn cold It acts like magic

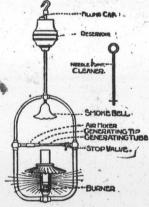
on the bronchial It will arrest consumption and prevent pneumonia, which are often brought on by slight colds neglected.

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ISSUE NO 1. 1900.

## What Shall Be Done

FOR THE DELICATE GIRL

You have tried iron and other tonics. But she keeps pale and thin. Her sallow complexion worries you. Perhaps she has a little hacking cough also. Her head aches; and she cannot study. Give her

### Scott's Emulsion

The oil will feed her wasting body; the glycerine will soothe her cough, and the hypophos-phites will give new power and

vigor to her nerves and brain.

Never say you "cannot take cod-liver oil" until you have tried Scott's Emulsion.

You will be obliged to change your opinion at once. Children especially become very fond of it; and infants do not know when it is added to their food.

50c. and \$2.00; all druggists. SCOTT & BOWNE, Chemists, Toronte

An Inconsiderate Patient. Physician (who has ordered his patient to take some sleeping powders) -Well, sir, do you sleep any better

now?

Patient—Good Lord! Doctor, I can sleep well enough, but just as I am about to close my eyes the nurse wakes me up and gives me a sleeping

Miller's Grip Powders cure.

-The Methodist 20th Century Fund is now \$542,380.

#### A VALUABLE RECIPE

For Coughs, Colds and Lung Diseases Take a half teaspoonful Flax-seed Tea with

GERMAN BRUST BALSAM

Four or five times a day. It never fails to give 25 and 50 cents at all Druggists, or from M. F. EBY, Chemist, Port Elgin, Ont.

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No fits or nervousness after first day's use. Send to 931 Arch street, Phila delphia. Pa., for treatise and free \$2 trial bottle' For sale by J. A. Harte 1780 Notre Dame street

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