

Household Notes.

PRACTICAL TRAINING .- Every German girl is looked upon as a prospective housewife and is stock ing her linen closet at the age when our girls are starting to college writes Mary Esther Trueblood in Good Housekeeping. In a way she is trained, too, for her work, for the most part her training has been sanctioned by custom, not by science. In the last few years, however, the women who are advanced enough to see that housekeeping me thods need something besides age to recommend them, have set on foot a revolution. The schools of house keeping in almost every city of the empire show with what astonishing rapidity conservative Germany has recognized the importance of giving its home-makers not more training, but a different kind. The subject has not been approached from the of the sewing class, for outside of the largest cities "domestic service" is not as yet a problem.

The school of housekeeping in Ber-

lin was the first, and still takes the lead both in the plan of work and in its execution. It was founded by one helps in the kitchen one week, Frau Hedwig Heyl, with the active co-operation of the Empress Frederthe school and objected that the place for girls to learn Frau Heyl replied that if they wished to advance the standards of living, to make use of the investigations of the bacteriologist and sanitary chem-lutely need to be ironed. ist, to the end that the dwelling of light housework, if done modermight be more healthful and the food more nourishing, then in-struction from people who were making a life study of these subjects not overlift." was indispensable.

The full significance of her undernot at first understood. work, as the school abundantly cause it is sure to burn or proves. monstrated that the "drudgery" of and rest this on a dripping-pan and from the standpoint of the trained will be pink, crisp, and individual.

The Empress Frederick established who can have only a light diet. milk and water mixture containing daughter as the first pupil, and various families of the court soon followed the example. The school now has the support of public opinion and in its different departments there are representatives from every class of society.

MILK DIET .- Discussing this important matter, a contemporary says:—The mother with a baby whose chief diet is milk cannot be too careful about knowing where the supply comes from. An excellent plan is to consult the family physician. If he cannot aid with advice, go to the chemist of the Board of Health, he is pretty sure to know about the milk supply. A new adult-eration has been discovered by a New England physician. It is a vellow gelatine powder; capable of imparting thickness and rich color to

milk. The combination would be no thing more than a poor, unsatisfying milk and &ater mixture containing almost no nourishment. Its effect is impaired nutrition. There might even be enough of the gelatine held in so lution to hurt the infantile diges-Gelatine is used medicinally in large quantities to stay internal emorrhages, and the effect of even a small amount of the gluey substance on the blood vessels of an infant could not but be injurious if the milk supply amounted to a quart a day, as in the case of a healthy The only certain test is anababy. lysis by a skilled chemist.

HELPING IN THE HOME.-Much could be written on this all-import-Some mothers who are bl)ssed with a fine physique are very apt to overestimate the strength of their daughters and in consequence impose upon such a severe task as washing. A writer says :-

"I believe in teaching children to do all kinds of housework, so when responsibilities are thrust upon them they will be equal to them, and not blame mother for not having done duty by them. I have two daughters, 10 and 12, and while the other does the chamber work When people looked askance at They help with the washing and do The next week they exchange work nearly all the ironing that is done, for most pieces-like some of the sis ters-are folded from the line and put away without seeing a flatiron We iron nothing that does not absoately, injures the constitution of a healthy child, unless it be lifting, and I make sure that my children do

DELICACY OF BACON. - It is The plan of the school was made to now asserted that bacon is such a correspond with her broadened con-delicate food that it is not counted ception of what housekeeping means, among the meats at all, and is most but while emphasizing the larger wholesome if cooked as it should be duties of the home-maker she did not It must not be fried, and it is betduties of the home-maker she did not It must not be fried, and it is bet-neglect the minutest detail of house- ter not to attempt to broil it, be-into its milk; this acts as a tonic selves both before and after prayer She believed and has de- Put the thin slices in the broiler, housework may become interesting put in a hot oven. Turn once. It and so easily digested that even a little child can eat it, or the invalid



Notes for Farmers.

CALF FEEDING .- "For a number of years I have had most of my cows drop their calves in the late fall, or early winter," says Duncan Anderson of Rugby, Ontario; 'and I have come to the conclusion that there is a decided gain in so The milking season at their poorest. At that time the months' rest of the twelve. When the cows are milked to within a couple of weeks of calving they get no chance to recuperate. The calf generally comes with a weakened vitality, and does not make as rapid or satisfactory a growth in the first six months, as when the cow has had a fair period for recuperation. After a long term of ex-perience I have come to the concluconsidering the increased price of winter butter, the long milking season, resting when the grass is poor, that in winter butter, the long milking season, resting when grass is poor, that in winter dairyng cows give at least 25 per cent. nore milk in the season than if they came in fresh in the spring months Again an early winter of fall calf is quite as heavy at two and one half years as a spring calf is at three years old. There is a gain of six months in the calf, the reason for this being that it is weaned off the milk in June, goes on to grass, is fed a little grain or meal all summer, and in the fall it is a good strong lusty yearling, and winters much better than a spring calf, which s just weaned in the fall and goes

When a calf is dropped it is not good practice to allow the cow ondle and lick her offspring. When the separation does take place there s always a disturbance in the cov stable: the mother gets excited, and some nervous cows remain so for the best part of a week. Better results are obtained by removing the new born calf without allowing the mother to lick it. Rub it dry with wisp of straw. Put it into a roomy, dry, warm pen, free from rosts and drafts, and give it no milk for the first twelve hours. When a calf is hungry it is not nearly so much trouble to teach it to drink. The first two weeks it should have a quart of whole milk three times a day, care being taken that the noon milk is warmed to new milk heat. For the next three weeks half a quart of skim milk should be added to the whole milk at each meal. When the calf gets to be five weeks old, discontinue the noon milk, also whole milk, giving about three quarts of skim milk twice a day. By this time the stomach will be strong enough to assimilate and digest other food. The noon meal should then be pulped roots, chopped oats and well saved clover hay. If a separator is not used and the milk is set in shallow pans or deep setting up to new milk heat before being fed. If it is fed cold is apt to produce bloating scours. When, through careless feeding, scouring is allowed to become chronic there is no remedy. When a and adds strength to its ration.

into winter.

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over two months old four cups of flax seed put it into a common stove pot and fill up with water. Do this after dinner and allow it to simmer all afternoon and evening. Next morning boil smartly for about one half hour, stir in some wheat flour until the mixture is about the consistency of thin porridge. three months old will take a cup full of this flax seed tea porridge in its skim milk. The flour is used to is counteract the loosening effects lengthened; cows coming in fresh before Christmas by liberal feeding in winter, milk nearly as well in the early summer when the pastures are tioned, with skim milk, flax seed tea, at their best, as cows that come in fresh in March. We milk ten months, giving the cows two months' rest. They are rested in in this way be raised much more the early fall, when the pastures are profitably in winter than in summer. at their poorest. At that time the When a separator is used it is best grass is generally dry, parched and to skim the froth off the skimmed burned up. As we raise on the skim milk and not feed it to the young milk one calf to each cow, its is very calves, especially those under three important that the cows should have months. It has a tendency to disturb the normal action of the stomach, and set up scours. Whenever a calf is scouring reduce the quantity

at in milk, take for twelve calves

ing pails, in not too large quantities and fed regularly, there will be but little trouble from calves scouring. In warm weather calves should be kept in during the day time, turned out in the evening. Thus they will avoid the hot sun and flies Whole or chopped oats should be fed. A mixture of whole and chopped oats, about a cupful twice a day for an ordinary sized calf on good pasture, will be sufficient. For fall feeding until the roots are harvested, there is nothing to green corn run through the cutting box and mixed with some chopped oats.

of skim milk. Be careful to have

the pail from which the calves are

fed as clean as possible. With skim

milk at the right temperature fed

out of pails as clean as your milk-

The main point in calf feeding is to never allow them to stop growing, and in the case of beef animals to keep them in good flesh. In feeding calves, as in every system feeding, the extremes of over and under feeding are to be avoided. Continuous, regular, liberal feeding always brings the most profit, and the best practical results. F. W. Hodson, Live Stock Commissioner

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