being oneness that means to possess the whole. Now you eannot understand this with your head, because your head is of the world, and had a beginning, therefore must end. Knowledge being eternal, without beginning or end, you will see the impossibility of understanding the real with the unreal, or the eternal with the transitory, for you only believe with your head, and know with the individual consciousness. With your head you forget, because you only believe. You only remember with the individuality, and anything that you know you will never forget, because it is your real self, but you will forget everything that you believe. As time rolls on you will forget your own name, and everything that you were ever told, and everything you ever saw, heard, felt or tasted, because the five senses belong to the realm of belief and will all pass away from our book of remembrance, and we will only retain what our experiences have awakened within our inner consciousness, then we will know that pains and aches, trials and tribulations are the only teacher, because they punish us for all of the mistakes we make, until we have learned our lesson and learned it well, so that we know and cannot forget. When we have gained this consciousness we will know that no man can teach any other man anything that is true, because all truth is a free gift of God, or, in other words, of all goodness, combined in oneness, which we call God for short. This is the teachings of individual science which is the philosophy of life, and you realize that you can prove all things to yourself, and then you will know yourself, and then you will know that all knowledge is dormant within your