

Kellogg's TOASTED CORN FLAKES

Tempt a weak appetite—safe a hearty hunger with this cereal confection.

SICK DAUGHTER NOW WELL

Mrs. C. Cole Tells How Her Daughter Was Restored to Health by Lydia E. Pinkham's Compound.

Fitchville, Ohio.—"I take great pleasure in writing to thank you for what your medicine has done for my daughter.

"Before taking your medicine she was all run down, suffered from pains in her side, could not walk but a short distance at a time, and had severe pains in head and limbs. She came very near having nervous prostration. She had begun to cough a good deal and seemed melancholy by spells. She tried two doctors but got little help.

"I cannot find words to express my gratefulness for what Lydia E. Pinkham's Vegetable Compound has done for my daughter. She feels and looks like another girl since taking it, and I shall always feel that I owe you a great debt. You can use this letter for the benefit of others if you wish, as I shall always recommend your medicines for female troubles."—Mrs. C. Cole, Fitchville, Ohio.

Hundreds of such letters from mothers expressing their gratitude for what Lydia E. Pinkham's Vegetable Compound has accomplished have been received by the Lydia E. Pinkham Medicine Company, Lynn, Mass.

Young Girls, Heed This Advice

Girls who are troubled with painful or irregular periods, backache, headache, dragging-down sensations, fainting spells or indigestion, should immediately seek restoration to health by taking Lydia E. Pinkham's Vegetable Compound.

Daily Hints For the Cook

MOCK MACARONS. Beat the white of one egg (not stiff), add slowly while beating one cup of brown sugar. Cut and fold in one cup of pecan nut meats, finely chopped and sprinkled with quarter teaspoon of salt. Drop from tip of spoon one inch apart on a buttered sheet and bake in moderate oven until delicately browned. This makes two dozen delicious little cakes.

BAKED HAM AND EGGS. Chop or grind trimmings of cold ham, put a rounding tablespoon of butter in a saucpan and when melted stir in a level tablespoon of flour, a teaspoon of vinegar, a dash of cayenne and quarter level teaspoon of mustard; let cook until thick and simmer a little, then stir in as much ham as the saucpan will hold, and cook until heated, turn into a baking dish and make several depressions in the top; in each hollow break one egg, dust with salt and set in the oven until the white of the egg is set; serve in same dish.

There is more catarrh in this section of the country than all other diseases put together, and until the last few years was supposed to be incurable. For a great many years doctors pronounced it a local disease and prescribed local remedies, and by constantly failing to cure with local treatment, ruined it incurable. Science has proven catarrh to be a constitutional disease and therefore requires a constitutional treatment. Hall's Catarrh Cure, manufactured by F. J. Cheney & Co., Toledo, Ohio, is the only medicine on the planet that cures the only catarrh in the blood, and mucous surfaces of the system. They offer one hundred dollars for any case that fails to cure. Send for circulars and testimonials. Address: F. J. CHENEY & CO., Toledo, Ohio. Sold by Druggists, etc.

Take Hall's Family Pills for constipation.

Some women scrub their faces every night as if they were boards in the kitchen table. Then they wonder that they get blotchy and red. They should use soap and water and rough towels—only fit to use on the body after a cold bath—leave the complexion rough and dry, with stretched and flabby muscles, which are the cause of premature lines and wrinkles. A healthy skin does not pick up so much dust, or hold so much perspiration, as to need soap.

Apply glycerine to a scald directly the accident happens, and cover it up with strips of rag soaked in glycerine. If the glycerine is not at hand apply salad oil in the same way.

When you want to clear your house of flies, see that you get WILSON'S FLY PADS. Imitations are always unsatisfactory.

LA MARQUISE de FONTENAY

An English Lord Who Has Had Interesting Experiences—Marriage Recalls Kidnaping Case

(Copyright, 1912, by the Brentwood Company)

Lord Lyveden, who will arrive in New York tomorrow on board the S.S. Majestic to induce some rich Americans to take part in a cruise in the Far East, in the companionship of several "filled porcelains" already secured, the tour to take place under the auspices of the Travel Club of which he is president, is no stranger there. At the time of the St. Louis World's Fair, and on several occasions since, he organized and brought to the United States large parties of English municipal dignitaries, acting as their escorts throughout their trip in the United States.

Tall, breezy, with plenty of wit and conversation, Lord Lyveden is particularly well qualified for this task by his former American experience, which, though not unique, were at any rate unusual.

Born the son of the Rev. Courtenay John Vernon, he was intended for the army. Failing to pass his examination for a commission, he enlisted as a private in the royal artillery, from which he secured his discharge a year later through purchase. He then became an actor, and in 1882 appeared at the Haymarket under the management of Sir Squire Bancroft, in the role of "Captain Seabright" in "The Overland Route."

Finding that his histrionic talents were not appreciated at what he considered their true worth—at any rate in a financial sense—he sailed to America as a first-class passenger, landing with less than \$20 in his pocket. He turned his hand to the first job that presented itself, and a week later was "slinging hash" in a cheap restaurant on the Bowery. Leaving his line, he made his way down to Charlotte, N. C., where he was put out of his hotel for non-payment of his bill, making, however, an excellent impression on the management that they actually offered him money.

The next day young Vernon obtained a job as hack-driver, and did so well that he was able to buy a share in a small fishing boat at Charleston, S. C., which foundered in a storm in 1885. Then he worked as a printer in the composing room of a Charleston newspaper, abandoning that to join a theatrical troupe, with which he toured the country. Returning to New York, he became the leading man of Frank Hill's "Diplomacy" company, and, marrying soon after, settled down as a professional gardener near Standwick, at Higham-Ferriars, an enterprise that landed him in the bankruptcy court.

This disgusted him of the simple life and accordingly he shipped as assistant steward, first on the vessel running between Holyhead and Dublin, and afterwards on the "City of Paris." An assistant steward he visited Rio, and also Buenos Aires, where he contracted yellow fever, and at the time when he succeeded to his uncle's peerage, though not his property, he was chief steward on one of the boats of the General Steam Navigation Company, running between Liverpool and Hamburg.

He failed to benefit financially to any extent by his accession to the title, because his uncle and predecessor left everything that he could to his young widow, who was about fifty years his junior. The lord was considerably more than seventy years of age when he married as his second wife the daughter of a pastry-cook named Hastings, whom he took from behind her father's counter to act as his reader and amanuensis, but ended by making her his wife. The disparity of age between this strange pair was rendered still more marked by the fact that at the time of the wedding the old lord was so infirm that he had to be wheeled about in a chair.

Since his accession to the family honors twelve years ago, Lord Lyveden has been active in all sorts of enterprises, with more or less success. He received a peerage by the Order of the Crown from the German Emperor for his services in affording a party of more than 100 persons to the militia now Territorial Battalion of the Highland Light Infantry regiment. The family name is Smith, and the first Lord Lyveden, who owned the peerage to his services as secretary of state for war, secured in 1846 permission from the crown to assume instead the name of Vernon, which name instead of his mother. The first lord's father, Robert Smith, was master of parliament for Lincoln, and a brother of the Rev. Sydney Smith, canon of St. Paul's Cathedral, and so famous a wit and for his hostility to everything American.

Miss Amelia Chetwynd's impending marriage to Captain Claude Reynard, of the 21st Lancers, serves to recall the dramatic attempt made to kidnap her and her elder sister Eleanor, by three individuals acting in the name of their mother. The latter was the sister of the late Sir Herbert Naylor-Leyland, and was the wife of the Hon. Richard Chetwynd, the late Viscount Chetwynd's only son, who committed suicide four years ago during the lifetime of his father. His marriage to Miss Leyland was an unhappy one in every respect, and was dissolved in her favor, the custody of her two daughters being awarded to her. She was subsequently deprived of them by the courts, owing to her extravagance of conduct and in financial matters, the children's guardianship being assigned to Christopher John Leyland, of Haverstock Castle, Northumberland.

Before they had been there very long their mother made her sensational attempt to abduct them. Having chartered a steam yacht, she awaited them at Beal, a point on the Northumbrian coast, where her agents were to bring them. She intended to take them to the port of San Sebastian, in Spain, in spite of their cutting telegraph and telephone wires to secure their safety, and damaging the cable motor cars to prevent pursuit, failed of her object, and two of Mrs. Chetwynd's agents in the affair, a man named Thomas Dupont, and another person, were captured, tried for abduction and condemned to penal servitude. Mrs. Chetwynd herself escaped, and after living abroad for some time, was allowed to return, and last spring landed in the bankruptcy court. Her two daughters have handsome fortunes of their own, inherited from their Leyland grandparents, and further augmented by their guardian, Christopher Leyland.

The court-martialing of a Spanish marine at Ferrol for refusing to kneel with all the other officers and men present at the moment of the elevation of the Host, recalls a remarkable incident in the career of the great Duke of Wellington, who was one of the greatest foes of Catholic emancipation in the British Isles. When the English army was in friendly occupation of Madrid after the retreat of the French during the Peninsular War, procession of the

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Clothes That Harmonize

By RUTH CAMERON

"THAT looks like me." By that criterion one of the best dressed women I know chooses all her gowns.

What does that mean? It means that when she sees a gown or hat in a shop window, or on a form, or worn by a passerby on the street, which she realizes belongs to her own peculiar style, she is immediately interested in it, and if possible she desirable buys it or copies it.

It means that the first and most tenacious requirement which this woman makes of her home and her children, to be sure, are even greater, but the least ought not to be entirely neglected even for those.

And if we had more women who dressed by the criterion of "that looks like me" instead of "that looks expensive" or "that looks certain" we should certainly have more women who fulfilled their highest possibilities in this direction.

Just how large a percentage of beauty harmony make up a great many people do not seem to realize.

We do not seem to grasp that the loveliest gown is not at all attractive if worn at the wrong time.

We all know that the loveliest gown is equally unlovely if worn by the wrong person.

There are gowns for each of us that bring out every bit of us every bit of the most attractive of us—gowns out of which we shine forth suitably dressed, and hence serene, confident and at our best; and there are other perfectly good gowns that either wholly eclipse us or bring out our worst points, or in some way or other punish us for choosing what was not in harmony with us.

Very few women confine themselves to two or three colors and yet the woman who has more than two colors that really belong to her is ordinary woman does actually include in her wardrobe.

Every woman ought actually to know her best color and her next best, and if she cares more for beauty than variety, ought to stick to them.

I mean her exact shade. I know a girl who found out that brown was her color but did not realize for some time that there are brown shades. Her best color was her perfect color, and a bright yellow brown was as deadly to her as a corset or purple. An expensive mistake taught her this and now she realizes that it is not enough to know one's harmonious color; one must also know one's exact tone in the color scale.

Woman herself is one of the greatest works of art woman can produce. Her home and her children, to be sure, are even greater, but the least ought not to be entirely neglected even for those.

And if we had more women who dressed by the criterion of "that looks like me" instead of "that looks expensive" or "that looks certain" we should certainly have more women who fulfilled their highest possibilities in this direction.

Eucharist through the streets took place to celebrate the deliverance of the city from the enemy. Wellington lined the entire route with British troops, and gave orders that on the approach of the cardinal grantees with the Host, all British officers and men should alike bare their heads in token of respect.

Captain Hugh Macdonald, of the 4th Dragoons was the strictest of Presbyterians. Preferring even to disobey orders rather than to honor to rise in whose name he did not believe, he deliberately refrained from raising his own helmet, and from ordering his men to do so when the Host passed his station. Observing Macdonald's men with their heads still covered, Wellington rode up, white with anger, and, drawing his sword, struck the captain's helmet from his head, so that it rolled into the gutter. The dragoons, seeing their captain thus forcibly uncovered, doffed their own helmets, like the rest of the corps.

Though guilty of intentional non-obedience, Captain Macdonald was not castigated. He even went so far as to promote him, but at the same time intimated that military orders to a soldier took precedence of any conscientious scruples, especially when the orders were intended to do honor to a friendly nation.

MARQUISE DE FONTENAY

RESTORE GRAY HAIR TO NATURAL COLOR

By Common Garden Sage a Simple Remedy for Dandruff Falling, Faded, Gray Hair.

The old idea of using Sage for darkening the hair is again coming in vogue. Our grandmothers had dark, glossy hair at seventy-five, while our mothers are gray when they are fifty. Our grandmothers kept their hair soft and glossy with a "Sage Tea" which also restored the natural color.

One objection to using such a preparation was the trouble of making it. This objection has been overcome by the Wyeth Chemical Company of New York, who has placed on the market a superior preparation of Sage, combined with Sulphur and other valuable remedies for dandruff, itching scalp, and thin, weak, falling hair.

The beauty of the hair depends more on its rich, even shading than anything else. Don't save your hair, but save your color. Simple, harmless remedy will bring back the color in a few days, and don't be tormented with itching, scurf, and loose falling hairs. Wyeth's Sage and Sulphur Hair Remedy will quickly correct these troubles, and give color, strength and beauty to your hair.

Get a fifty cent bottle from your druggist. The latter is not exactly as represented. Agents, Watson's, 100 King Street.

FIFTIETH ANNIVERSARY

The council of the Natural History Society held a special meeting last evening to arrange for the celebrating of the fiftieth anniversary of the society. It was decided to have the celebration on November 12. Committees were appointed to arrange the details of the programme.

Dr. Matthew was chosen general chairman and Senator Ellis is to act as chairman of the committee on history. The ladies will appoint their committees at their next meeting.

LOGS ON THE RESTIGOUCHE

The Restigouche Log Driving & Boom Co., up to August 31 railed on the Restigouche 85,539,990 superficial feet of logs. This is considered an advance on last year.

ONE WOMAN DEFENDS HER FAVORITE HAIR DRESSING

While shopping the most annoying thing for me is to have someone try to sell me something "just as good" when I ask for Newbro's Herpicide. To be sure there are not many druggists who do this, but what few there are should know that such a policy will destroy the customer's confidence.

When they try it on me I never wait for the story, simply hunt a store where they will sell me what I want.

It is absurd for anyone to say that a preparation is as good as Herpicide. I don't think they believe it themselves. Every druggist knows that there is but one equal.

Send 10c. in postage for a sample to The Herpicide Co., Dept. R., Detroit, Mich. Newbro's Herpicide is 50c. and \$1.00 sizes is sold by all dealers who guarantee it to do all that is claimed. If you are not satisfied your money will be refunded.

E. Clinton Brown, special agent.



Thirst Content Every day—many times a day, it just seems as if nothing would satisfy. Drink Coca-Cola There's nothing like it. It's as wholesome as pure water, and quenches the thirst as nothing else will. Delicious—Refreshing Wholesome Demand the Genuine—Refuse Substitutes THE COCA-COLA CO. TORONTO, ONT. Whenever you see an Arrow think of Coca-Cola.

J. Marcus' Furniture! YOU PUT IT DOWN IN Black and White Quality is our Salesman. our prices on Brass and Enamel Bedsteads can't be beat. Brass Bedsteads in rich and handsome effects. Enamel Bedsteads in neat and dainty designs. and it sells more furniture for us than anything else. You will find a great variety here of every article. Investigation will convince you our prices are the best in town. J. MARCUS, 30 DOCK STREET.

SHIPPING Wade (NS); Myrtle Leaf, Advocate Harbor (NS). Boothbay Harbor, Me, Sept 6—Sld, schrs Marcia Bailey, Weymouth; Annie M Preble, Boston; Laura, do; Two Sisters, Scituate. New York, Sept 8—Ard, schr Jennie S Hall, Ingram Docks (NS). Vineyard Haven, Sept 8—Ard, schrs Vere B Roberts, Hantsport (NS); Laetitia, Yarmouth; Jessie Ashby, Perth Amboy; Carrie C Ware, Fort Reading. CHARTERS. Be schr Georgiana Hoop, 423 tons, Mobile to two ports Canary Islands, lumber, 815. Schr Frederic A Daggan, 981 tons, Campbellton to Havana, lumber, 87. Be strmr Edwick Park, 228 tons, a consola to Rotterdam, timber, 190s, Oct. Schr Jas T Maxwell Jr, 461 tons, Philadelphia to Dartmouth, coal, 81.33, thence Miramichi to New York, spruce 83.50. Dan star Russ, 1577 tons, Miramichi to Belfast, deals, 60s, Sept-Oct. Dan star News, 1522 tons, same, to picket ports, 60s, option Campbellton loading, 62s 6d, Sept-Oct. Schr Dorothy Belle, 447 tons, Philadelphia to Pictou, sand, p.t., thence Hexton to New York, spruce, 88, and tonnage. Makes Sweet, Wholesome Bread Women write that the yeast they've used makes sour bread, but White Swan Yeast Cakes make bread sweet, light and wholesome. Sold by live grocers 6 cakes for 5c. Get free sample from White Swan Spices & Cereals, Limited, Toronto, Ont. When a candle is too large to put in the candle-stick dip the end in hot water for a few moments to melt down to the required size.

CHEER UP! IF HEADACHY, BILIOUS, CONSTIPATED—CASCARETS TONIGHT No odds how bad your liver, stomach or bowels; how much your head aches, how miserable and uncomfortable you are from constipation, indigestion, biliousness and sluggish intestines—you always get the desired results with Cascarets. They end the headache, biliousness, dizziness, nervousness, sick, sour, gassy stomach. They cleanse your Liver and Bowels of all the sour bile, foul gases and constipated matter which is producing the misery. A Cascaret tonight will straighten you out by morning—a laxative box from your druggist will keep your head clear, stomach sweet, liver and bowels regular and make you feel cheerful and buoyant for months. 10 Cents. Never grip or sicken. "CASCARETS WORK WHILE YOU SLEEP."