

Chapter III.—Continued

Plates XIX. to XXXIII., Musketry Regulations, Part I., 1914. When these positions are being demonstrated the object and necessity for using the various positions will be pointed out, emphasizing the fact that the **prone** position is the normal position, and the one always to be used whenever possible. Special instruction should be given in aiming from the side and over cover to show how to make the best use of the rifle, at the same time giving the least possible exposure of the body of the firer

Snapping practices will be carried out by squads taking aim at a target in the various firing positions and pressing the trigger, using dummy cartridges. Target Index Rods will also be used for this purpose when available.

In practising rapid loading and unloading with dummy cartridges, special precautions will be taken to ensure that neither ball or blank ammunition is taken to the parade ground. Instructors will personally examine all cartridges, rifles, pouches and bandoliers before loading takes place.

A few minutes daily should be given to rapid loading and unloading and rapid aim and firing.

The standard time for loading and unloading is six chargers in 60 seconds, and a recruit should be able to load and fire ten well-aimed shots in a minute charger loading.

Frequent practice should be carried out in the rapid adjustment of sights, using both the elevation given in yards and the fine adjustment scale, and also the Vernier or windage scale. The standard time for rapid adjustment of sights is four seconds.

To accustom the muscles to the strain of prolonged firing, muscle exercises as laid down in Section 54, Musketry Regulations, Part I., 1914, pages 105 and 106 will be carried out as frequently as possible, and combined with the teaching of the different firing positions.

In the advanced stages of aiming instruction, the eyesight must be gradually trained in aiming at figures or other service targets, and at the ground which might conceal an enemy.

Practice will be given in marking down an enemy, aiming off for wind and movement, and aiming up and down. Instructors are referred to pages 90 to 93 in Musketry Regulations, Part I., 1914.

As the force of gravity has its greatest effect