GUIDE TO HEALTH;

A COMPLETE SYSTEM OF PRACTIC

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ON A PLAN ENTIRELY NEW :

CONTAINING

WITH A DESCRIPTION OF THE VEGETABLES MADE USE OF, AND DIRECTIONS FOR PREPARING AND ADMINISTERING THEM, TO CURE DISEASE.

TO WHICH IS PREFIXED,

A MABBATIVE

OF THE

LIFE AND MEDICAL DISCOVERIES

OF THE AUTHOR.

BY SAMUEL THOMSON.

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