

drunkard," his feet are planted on the road to salvation; he saves himself—by thinking rightly." Hence the value of all exercises in voluntary attention in the school room. How much voluntary attention can one's pupils exert in holding on to an idea however unpleasant? That is the important question for the teacher who desires to train character.

There are two types of inhibition; inhibition by repression, and inhibition by substitution. These are carefully defined and the Professor might have illustrated them by the old story of Ulysses and Orpheus. "Get your pupils, he says, "habitually to tell the truth, not so much by showing them the wickedness of lying as by arousing their enthusiasm for honor and veracity. Wean them from their native cruelty by imparting to them some of your own positive sympathy with an animal's springs of joy. And in the lessons which you may be legally obliged to conduct upon the bad effects of alcohol, lay less stress than the books do on the drunkard's stomach, kidneys, nerves and social miseries, and more on the blessings of having an organism kept in lifelong possession of its full youthful elasticity by a sweet, sound blood to which stimulants and narcotics are unknown and to which the morning sun and air and dew will daily come as sufficiently powerful intoxicants.

S. E. LANG

## Departmental.

There will be a Local Normal Session for teachers holding first and second class non-professional certificates held in Winnipeg, commencing Tuesday, August 1st, 1899.

### EXAMINATION OF TEACHERS.—JULY 4th, 1899.

For candidates for second and third class certificates the above examination will be held at the following places, commencing July 4th, at 9 a. m. : Winnipeg, Portage la Prairie, Brandon, Virden, Birtle, Minnedosa, Morden, Manitou, Pilot Mound, Alexander, Boissevain, Melita, Carberry, Neepawa, Emerson, Stonewall, Carman, Souris, Hartney, Deloraine, Cypress River, Crystal City, Selkirk, Gladstone, Griswold, Russell and Dauphin.

For first class certificates (non-professional and professional) : Winnipeg, Brandon, and Portage la Prairie, at the same time.

Each intending candidate is required to notify the Department before June 10th, enclosing the requisite certificate of character of recent date stating the class in which he desires to be examined, and the place at which he will attend.

A fee of five dollars (\$5.00) will be charged all candidates, writing for first, second or third class certificates at the examination in July, 1899. This fee shall be paid to the presiding examiner before the candidates shall be allowed to write on the examination.

Persons under the prescribed age who wish to be candidates, must obtain special permission before having the right to attend, and, if admitted, shall be entitled to certificates only upon the conditions prescribed by the regulations. Each application from a candidate under the required age should be endorsed by his teacher, recommending it for acceptance upon the ground of the candidate's ability, in his opinion, to pass the examination.

All persons engaged in teaching before the examination will, upon becoming candidates, have their licenses, extended to the date of the publication of the results.

### NORMAL SCHOOL SESSION.

The next session of the Normal School for teachers holding second class certificates will be held in Winnipeg, commencing on Tuesday, August 22nd, 1899.

Persons who have taught successfully one year since attending a local Normal School session for teachers holding third class certificates, and who have passed the non-professional examination for second class certificates are eligible for admission, and should apply to the Department of Education for the necessary card before August 1st, 1899.

J. D. CAMERON,  
For the Department of Education.

EDUCATION OFFICES,  
WINNIPEG, MAY 16TH, 1899.