

how we charge a child with dishonourableness of act, when the thing was done with no sense of anything dishonourable attaching to it. However, having given that caution, I would say that, on the whole, I think we are right in making considerable appeal to children's sense of honour, and in working, as far as ever it is practicable to do so, on the principle of trust.—*The Journal of Education.*

TAKE CARE OF HEALTH.—Comparatively few people take really good care of the health. The rule is to take care of the body after it has shown signs of decay, or has really broken down. That which we do not possess cannot be taken care of. Health preservation is having a good healthy body and keeping it so. President Bateman of Knox College used the first chapel service at the opening of the college session this fall in giving the students some wholesome counsel. His first point was concerning the health. "First of all," said he "take care of your health. You cannot study well without good health. Sleep as much as you need. You cannot have good health without sleep. If you are up late at night you cannot keep your body and mind in good

condition for work." This is as good advice for other people as it is for students. The young man who extends his evenings of pleasure far into the night will be the listless clerk at the counter, the careless accountant in the office, and the slow workman at the bench, on the succeeding days. This is true in nine cases out of ten. The body must have rest or the penalty must be paid sooner or later, in a weakened constitution, with the sure accompaniment of incapacity for service. It should also be kept in mind that the physical effects, leaving out the effects of dissipation, of a failure to care for the health are nearly, if not quite, as disastrous to the imprudent in any honourable occupations as they are to the flippant devotee of public amusements and fashionable pleasures. Temperance, in the most inclusive meaning of the word, is the safeguard of bodily strength. Overwork is often little more than a lack of regulation in performing what seems an allotted share of service. With a body that is refreshed by proper rest, and with the head to plan the work, a tremendous amount can be accomplished. Both mind and body will be strengthened by hard work if the laws of health are known and faithfully obeyed.—*Young Men's Era*, Chicago.

## CORRESPONDENCE.

### A CORRECTION.

To the Editor of THE CANADA EDUCATIONAL MONTHLY:

DEAR SIR, — Miss L. L. Jones, B.A., Modern Language teacher in the Strathroy Collegiate Institute, has been kind enough to call my attention to a blunder in the note to page 69, lines 26, 27, of the edition of *Les Frères Colombe*, annotated by Dr. MacGillivray and myself. By some

strange misreading the word *toiles* was apparently taken for *tuiles*, and a wrong translation was the result. It should be "the grey cobwebs of the years."

By publishing this, Mr. Editor, you will save readers of the book unnecessary worry and greatly oblige your obedient servant,

J. SQUAIR.

Toronto, Dec. 30th, 1892.