



Neighborhood Improvement Begins at Home

A good neighborhood is merely a collection of good homes. Stop wishing for a better neighborhood—do your duty by painting your home, and planting grass and flowers. Your example will set your neighbors thinking. Before you realize it the home improvement idea will be sweeping through the whole community. Set the home improvement example in your neighborhood, by painting your house with

Low Brothers HIGH-STANDARD LIQUID PAINT

You can always depend upon "High Standard" paint for best results because it is scientifically made of chemically tested ingredients, blended together by the most efficient machinery. It holds tight to the wood in perfectly protecting coats—keeps its color—withstands sun, wind and wet for years—fades only by gradual wear—and leaves a good surface for repainting. It's economy to use this better paint. Your painter can put it on in less time. It goes so much farther and lasts so much longer.

While the house and its surroundings are being beautified, improve the inside, too. For the walls and ceiling use

Low Brothers Mellotone

Colors are "soft as the rainbow tints." It delights as well as rests the eyes. It is wonderfully durable as well as artistic. Mellotone is fadeless and washable—not easily scratched or marred.

Ask for color cards and estimates for home improvement

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Flour, Oatmeal, Cornmeal, Wheat Kernells, Flaked Wheat and Barley, All Kinds of Feed, Grain, Seeds and Poultry Food.

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ALL KINDS OF GRAIN TAKEN IN EXCHANGE
Chopping and Rolling Done While You Wait
PHONE 39

A Fine Position

A prominent manufacturer of munitions remarked that the greatest boom to Canada was this manufacturing of war material. To think that nearly a quarter of a million of men found employment in munition plants is most certainly gratifying. That is the best thought that all workers

could keep in mind, and that there are fewer out-of-works than there has been for five years is another comforting idea. Even with a cessation of hostilities the plants now at work would continue for years to come.

It may be forgotten, too, that big plants which have been practically turned inside out and up side down

PAINT direct from factory saving dealer's profit

Ready Mixed and Fire Resistant—Barn, Roof, Iron, Priming \$1.25 a gallon \$10 10 gallons for

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to make ready for munition work, are just as much in the patriotic class as any other defender of the Empire. The munition board which does its hundreds of "stunts" without money and without price deserve all credit. The profits have been held right down to the minimum and no fortunes are being made to-day.

CASTORIA

For Infants and Children
In Use For Over 30 Years

Always bears the Signature of *Dr. J. C. Watson*

Drainage for Wetness and Drought

How shall we obtain the most satisfactory soil moisture condition throughout the year? The great factor in moisture control is drainage natural or artificial. Few farms are sufficiently drained by natural means, nearly all require some artificial drainage.

The problem then is, "where shall we place our drains?" "How deep shall we put them?" "What size of tile shall we use?" The position of the drains depends largely on the slope of the field; the depth on the kind of soil; the size of tile on the extent of the area drained and the fall or grade given the tile.

If you are uncertain about these points or anticipate any difficulties the Ontario Agricultural College will send you a drainage surveyor who will, if necessary, prepare a map of your farm showing the location of your drains, the size of tile to use, and the grades and depths of the drains.

The cost to you for these services will be the travelling expenses of the surveyor, and as several surveys are made on one trip the charge is seldom over three dollars for each sur-

vey. Those who have had their farms surveyed and have installed part or all of their drains may have a new plan prepared free of charge if they will return the old plan after marking in all changes made in the original system.

On the same terms as those for surveys the College will send a man to give you a start on the installation of your drains if you have had no previous experience. He will show you how to set grade stakes, grade the ditch bottom, make the junctions of main and lateral, lay the tile and assist you in any way required.

If you contemplate draining during 1916 or are planning for 1917 and need assistance write to the Department of Physics, O. A. College, Guelph, or your District Agricultural Office, state your difficulties and request assistance.

GLYCERINE AND BARK PREVENT APPENDICITIS

The simple mixture of buckthorn bark, glycerine, etc., known as Adler-i-ka, astonishes Watford people. Because Adler-i-ka acts on BOTH lower and upper bowel, ONE SPOONFUL relieves almost ANY CASE of constipation, sour stomach or gas. It removes such surprising foul matter that a few doses often relieve or prevent appendicitis. A short treatment helps chronic stomach trouble. The INSTANT, easy action of Adler-i-ka is astonishing. Taylor & Son, druggists.

The Moeve Exploit

It would make good reading to get hold of the log of the German Privateer Moeve. No one except the Germans know from what port she sailed or exactly where she spent the "successful cruise lasting several months," on seas alive with hostile warships. Her success should, however, not be counted against the vigilance of the British Navy. When the vast sweep of the Seven Seas are taken into consideration it is much more surprising that so few leakages from the Kiel Canal have taken place. Moreover, the very enthusiasm of the Germans is patent proof of the relief and surprise with which they welcomed the well-nigh hopeless return of the Moeve.

Merchant Navy in War Time

The work of the merchant navy in time of war was dealt with by W. S. Abell, chief ship surveyor to Lloyd's Register, in an anniversary lecture before the Greenock Philosophical Society. In the course of the lecture, Mr. Abell compared the losses that the merchant ships had sustained in the present war with those of the Napoleonic wars. The statistics of the latter indicated that 2 1/2 per cent of the vessels entering and clearing from British ports were lost through the operations of the enemy. It was curious, the lecturer continued, to note that the royal commission on food supply in time of war had fixed the premiums for war risks at 5 per cent. on ship values and 1 per cent on property values. This scheme was for the duration of the present war, and 80 per cent of the losses were borne by the country, and the balance by the ordinary insurance associations. The experience of the first year of war indicated that this empirical value approximated very nearly to the truth. A total of 172 vessels were lost out of 4400 entered in the war risks associations; the value of the shipping lost was £6,250,000 out of about £150,000,000, while the losses in property came to £7,750,000, out of a total cargo value of £1,500,000,000. The losses of value among entered ships for the first year of the war were thus about 4 per cent. per annum, and for property one half of 1 per cent.

Alvinston's 149 hockey team came out victorious in the series of games played this winter having won two games and lost none in the games to designate the championship.

AFTER GRIPPE

Vinol Restored Mr. Martin's Strength
Wapakoneta, Ohio.—"I am a farmer by occupation, and the gripe left me with a bad cough and in a nervous, weak, run-down condition, and I could not seem to get anything to do me any good until I took Vinol which built me up, and my cough and nervousness are all gone, and I can truly say Vinol is all that is claimed for it."—JAMES MARTIN.
Vinol is a constitutional remedy for all weak, nervous and run-down conditions of men, women and children, and for chronic coughs, colds and bronchitis.
Taylor & Son druggists, Watford

A Spring Tonic

Substantial Proof by a Canadian Witness.



Bechmont, Ont.—"I feel it my duty to tell what Dr. Pierce's remedies have done for me. When I commenced taking them I was completely run down. I have taken altogether nine bottles of the 'Golden Medical Discovery' and 'Favorite Prescription' together with the 'Pleasant Pellets' and can truthfully say that I feel like a new woman. I would certainly recommend these medicines to any one suffering as I did."—Mrs. Wm. Decker, Bechmont, Ont.

An imitation of nature's method of replacing waste of tissue, enriching impoverished blood and increasing nerve force is when you take an alternative extract of herbs and roots made with pure glycerine, without the use of alcohol, like Dr. Pierce's Golden Medical Discovery. This vegetable medicine coaxes the digestive functions and helps in the assimilation of food, or rather takes from the food just the nutriment the blood requires.

Pure blood is essential to good health. Dr. Pierce's Golden Medical Discovery not only cleanses the blood of impurities, but it increases the activity of the blood-making glands, and enriches the body with an abundant supply of pure, rich blood. It thus cures scrofula, eczema, erysipelas, boils, pimples and other eruptions that mar and scar the skin.

Write Dr. Pierce, Invalids' Hotel, Buffalo, N. Y., for free medical advice or for free booklet on blood.

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—AND—
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GRAND TRUNK RAILWAY TIME TABLE.

Trains leave Watford Station as follows:

GOING WEST
Accommodation, 75..... 8:44 a.m.
Chicago Express, 3..... 12:13 p.m.
Accommodation, 83..... 6:44 p.m.

GOING EAST
Accommodation, 80..... 7:43 a.m.
New York Express, 6..... 11:16 a.m.
New York Express, 2..... 3:05 p.m.
Accommodation, 112..... 5:16 p.m.

C. Vail, Agent Watford

MARKET

Toronto, April 4.
Union stockyards to-day 178 calves, 678 hogs and lambs.

The market holds good the recent high prices, but quite so active as yesterday was comparatively light demand is still keen. Butcher buyers were not up prices on the medium small lots of choice beef offering, but the average as high as yesterday.

There is a good demand quality stockers, but the small. Milch cows and easy.

Sheep and lambs are a quality, but the offering quality poor.

Hogs stronger, with market ranging up to \$1 To-day's quotations: Choice heavy steers... do, good... do, medium... do, common... Butcher bulls, choice... do, good... do, medium... do, common... Feeder steers, choice... do, good... do, medium... do, common... Cullers... Yearling lambs, each... Spring lambs, each... Ewes, light... Sheep, heavy and bucks... Hogs fed and watered... do, f. o. b... do, weighed at plant.

East Buffalo

East Buffalo, N. Y., April 4. Receipts, 300; steady. 75; active and steady; Hogs—Receipts, 2,400; a heavy mixed and york \$10.35; pigs, \$9.50; ro \$9.35; stags, \$9.50 to \$8.4 lambs—Receipts, 1,400; lambs, \$8.00 to \$11.80; to \$10.75; wethers, \$9.00 \$4.00 to \$9.00; sheep, n \$9.25.

Plymouth Town

Mr. Neil McPhail is a recent illness. Mr. John E. Smith of had a sale on April 4th. Three cranes were sold John Brereton's farm last As Courtright school is count of messes, Mr. Rej at home. Mr. Will Armstrong is Wilkesport to attend I strong's sale on the 6th. We are pleased to learn Nesbitt is slowly recovering still unable to return to

SALE REGI

Wednesday, April 19th implements. Jas. Cadwe S.E.R., Warwick. 8 m F. Elliot, auctioneer. Saturday, April 8th, 35 and calves, all well-bred. yards. Six months' are proprietor; J. F. Elliot, Tuesday, April 11th, F 10, con. 10, Brooke, 35 1 two-year-olds. Sale at 1 months credit.—F. A. tioner.



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Look over the opinion of it's real Could you wish for The result is a y pearing, economical What more co

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