

DYSPEPSIA AND HEADACHE.

An Elderly Lady Tells of Her Cure Through the Use of Dr. Williams' Pink Pills After a Score of Other Remedies Had Failed.

Dyspepsia causes more genuine distress than most diseases that afflict mankind. In this country from one cause or another its victims are numbered by the hundreds of thousands, and those afflicted always feel tired, worn out and miserable, and are subject to fits and melancholy or ill temper without apparent cause. It is obvious that the human body, in order to perform its functions, must be properly nourished, and this cannot be done when the food is improperly digested. Those who suffer from indigestion should exercise care as to diet, and only easily digested foods should be taken. But more than this is required—the blood needs attention in order that the stomach may be strengthened, and the secretion of the gastric juices properly carried on. There is no other medicine offered the public that will act so promptly and effectively as Dr. Williams' Pink Pills. Proof of this is given in the case of Mrs. F. X. Doddridge, St. Sauveur, Que. In conversation with a reporter, Mrs. Doddridge said: "For quite a number of years I have been a terrible sufferer from dyspepsia, accompanied by the sick headaches that almost invariably come with this trouble. I suffered from terrible pains in the stomach, bloating and belching wind. All food seemed to disagree with me, and as a result of the trouble I was very much run down, and at times I was unable to do even light housework. I am sure I tried a score of different medicines, but without success, and as I am sixty years of age, I had come to believe that it was hopeless to expect a cure. A friend who had used Dr. Williams' Pink Pills told good results, urged me to try this medicine, and my husband brought home a couple of boxes. Before they were finished I felt much better, and we then got another half dozen boxes, and these have completely restored my health, and I not only feel better than I have done for years, but actually feel younger. I very cheerfully recommend Dr. Williams' Pink Pills to similar sufferers. If your dealer does not keep these pills, they will be sent post paid at 50 cents a box, or six boxes for \$2.50, by addressing the Dr. Williams' Medicine Co., Brockville, Ont.

Sweet Pea Bicentenary

The sweet pea cult, says the London Leader, threatens to outvie the great tulip craze of the last century. Not of course, from the financial aspect. But judging from the sweet pea show at the Crystal Palace to celebrate the bicentenary of the introduction of the flower from Sicily into England, the devotees of the little cottage garden flower are numbered by myriads.

It is a beautiful show. Twenty-one years ago Mr. Henry Eckford, of Wem, Shropshire, began to cross fertilize the little white flower, and to-day the north transept of the Crystal Palace is lit up with masses of colors ranging right through all the chromatic of the spectrum. Over 250 varieties, all differing in shades of delicate colors, are grouped in vases. It is all very bewildering and very beautiful.

The possibilities of the sweet pea for beautifying cottage gardens, and even the window sills of east end slums, are great. Even America and Germany sent their delegates to the celebration.

STATE OF OHIO, CITY OF TOLEDO, ss.

LUCAS COUNTY, FRANK J. CHENEY makes oath that he is the senior partner of the firm of F. J. CHENEY & CO., doing business in the city of Toledo, County and State aforesaid, and that said firm will pay the sum of ONE HUNDRED DOLLARS for each and every case of Catarrh that cannot be cured by the use of HALL'S CATARRH CURE.

FRANK J. CHENEY, presence this 6th day of December, A.D. 1888.

A. W. GLEASON, Notary Public. Hall's Catarrh Cure is taken internally and acts directly on the blood and mucous surfaces of the system. Send for testimonials, free. F. J. CHENEY & CO., Toledo, O. Sold by Druggists, 75c. Hall's Family Pills are the best.

He Was Too Careful.

The fragility of an unnaturalized foreigner living at Hackensack, N. J., caused his deportation to England the other day and put him to double the expense he wished to save. Joseph Jones, an Englishman, lived at Hackensack for ten years without getting his papers. Recently he heard that an inheritance of \$2,000 awaited him in England. He sailed over and got the money. He sent all of it to his wife, except barely enough to carry him back across the Atlantic. When arrived penniless at New York the authorities laughed at his story of fortune and promptly sent him back to England. Now he will have to write to America for the money and do it all over again.

When children are pale, peevish, and restless at night, they require a dose or two of Miller's Worm Powders.

Good Plain English.

"The man whom you saw me talking with this evening dared to kiss me. I can assure you I spoke my mind to him in good plain English."

"What did you say to him?"

"I warned him that the next time he did I should be obliged to rebuke him."—New York World.

Minard's Liniment Cures Distemper.

President McKinley has approved the provisional plan for the celebration next December of the centennial of the establishment of the seat of government in the District of Columbia.

THE ART OF TALKING WELL.

Things to Say and Things Left Unsaid in Conversation.

It is better to be frankly dull than pedantic.

One must guard one's self from the temptation of "talking shop" and of riding one's hobby.

Whatever sets one apart as a capital "W" should be avoided.

True wit is a gift, not an attainment. Those who use it might never yield to the temptation of saying anything that can wound another in order to exhibit their cleverness. It is natural and spontaneous. "He who runs after wit is apt to catch nonsense."

A joke or humorous story is dependent upon its freshness for appreciation. Some emotions will not bear "warming over."

It is no longer considered good form to say a word against any one. An ill-natured criticism is a social blunder. Gossip, too, is really going out of fashion.

That which has heartiness in it and the liveliness and sparkle that come of light-heartedness and innocent gaiety, is a fairly good substitute for wit.

Offer to each one who speaks the homage of your undivided attention. Look people in the face when you talk to them.

Talk of things, not persons. The best substitute for wisdom is silence. It is a provincialism to say "yes, sir," "no, ma'am" to one's equal.

Have convictions of your own. Be yourself and not a mere echo.

Never ask leading questions. We should show curiosity about the concerns of others only so far as it may gratify them to tell us.

Draw out your neighbor without catechizing him. Correct him, if necessary, without contradicting him. Avoid mannerisms.

Strive to be natural and at ease.

The nervousness that conceals itself under affected vivacity should be controlled, as should the loud laugh.

—Mrs. Burton Kingsland, in the Ladies' Home Journal.

Painful Cramps

Immediately Relieved and Permanently Cured by a few drops of Polson's Nerviline.

If you suffer from cramps, pain in the stomach, nausea, you will find ten drops of Polson's Nerviline in a teaspoonful of water a most efficacious remedy. It is quicker than any known remedy for the alleviation of all pain. Try it. Sold everywhere.

Victoria's Coronation Coach

Queen Victoria has at her disposal when she wishes to take a ride innumerable carriages. Of these the coronation coach is first. This carriage is unknown to the present generation, as it has never left the royal mews at Buckingham Palace since 1861. It is lovely, but cumbersome, was designed for George III., and every portion is richly decorated and gilded. Outside its panels are pictures painted by noted artists.

Minard's Liniment Cures Diphtheria.

Some Day

"When," shouted the orator, "when will come that blessed day when every man shall get all he earns?"

"It'll come along about the time," fiercely back-antered the man in the crowd, who was there for that purpose, "it will come when every man earns all he gets."

By their action on the Stomach, Liver and Bowels, Miller's Worm Powders correct all such troubles as Lack of Appetite, Biliousness, Drowsiness, Sallow Complexion, etc.; nice to take.

Too Far.

"I think that my husband carries his business proclivities too far," said Mrs. McBride to Mrs. Darby.

"How so?"

"I had a birthday last week, and he gave me a \$20 gold piece. He also asked if I would allow him a discount of 25 per cent. if he would give me next year's birthday present at the same time. I told him I would do no such thing."—Detroit Free Press.

C. C. RICHARDS & CO.

Dear Sirs,—I have great faith in MINARD'S LINIMENT, as last year I cured a horse of Ring-bone, with five bottles.

It blistered the horse, but in a month there was no ring-bone and no lameness.

DANIEL MURCHISON, Four Falls, N. B.

Knew the Family.

"She is a clergyman's daughter, you said, didn't you?" inquired a young man of a friend who had introduced him.

"Yes," was the reply; "he's the rector, his wife's the director, and she's the misdirector."

You think I look so much better; yes, and I feel better—Miller's Compound Iron Pills did it.

Corned

"A woman really begins to grow old," said the Corned Philosopher, "when her husband sees some other woman he thinks is better looking."

Minard's Liniment Cures Garget in Cows.

A map does not exhibit a more distinct view of the situation and boundaries of every country than its news does a picture of the genius and morals of its inhabitants.—Goldsmith.

Woman's Weakness

A woman's reproductive organs are in the most intense and continuous sympathy with her kidneys. The slightest disorder in the kidneys brings about a corresponding disease in the reproductive organs. Dodd's Kidney Pills, by restoring the kidneys to their perfect condition, prevent and cure those fearful disorders peculiar to women. Pale young girls, worn-out mothers, suffering wives and women entering upon the Change of Life, your best friend is

Dodd's Kidney Pills

DANGEROUS TO GET ANGRY.

Injury or Death Frequently Follow Poroxysms of Rage.

A study of anger from experiences in about 2,000 cases, collected from reliable observers, has been made by G. Stanley Hall. The cases were many and various, often being trivial, and the physical sensations accompanying it differed greatly with the individual.

Flushing was very general, although palor was a characteristic in 27 per cent. of the cases. The heart beats were violent, several cases of death from rupture of this organ being reported, and there were sometimes peculiar sensations in mouth and throat, sometimes, dizziness or faintness, frequently tears and generally copious salivation, which might produce frothing at the mouth.

Common sounds were animal-like cries in children and oaths and threats in adults, while in many cases the throat was paralyzed and there was inability to speak above a whisper or without crying or trembling. Butting with the head, biting and scratching are noticeable in childish anger.—From Stray Stories.

I used to be constantly tired, now I am strong and well—Miller's Compound Iron Pills did it.

Feast and Famine.

Only one man at the big hotel. And a hundred girls or more were there.

Oh, what fun—For the man.

Miller's Grip Powders cure.

A Mooted Point.

Some time ago, at a certain village in Berkshire, an old man of 80 was engaged to a sweet young thing of 78. After a betrothal of some six months, it was reported that the couple had quarrelled; the rector, on hearing this, went to the old man to speak to him on the subject.

"Well, Baldwin," he said, "I am sorry to hear your engagement with Betty is broken off."

"Yes, sir," said the old man, "we found that we could not agree who was to eat the crusts."

There are many families who use Miller's Worm Powders for all ages in cases of biliousness and claim better results than from any other medicine; one dose is usually sufficient to correct the trouble.

It Was Shy.

Miss Winder—My goodness, do you call that a modest bathing suit?

Miss Gabby—Of course! It has such a shrinking disposition.—Baltimore American.

WARTS.

No longer any necessity to feel embarrassed over unsightly warts. A new remedy has been discovered which removes warts, corns and bunions in a few days. A sure, safe and painless treatment.

Putnam's Painless

CORN AND WART EXTRACTOR

Charlatans and quacks have long plied their vocation on the suffering pedicels of the people. The knife has pared to the quick. Caustic applications have tormented the victim of corns and warts until the conviction shaped itself—there's no cure.

Putnam's Painless Corn and Wart Extractor proves on what slender basis public opinion often rests. If you suffer from corns, or if you are bothered by a host of unsightly warts, get Putnam's and you will be satisfied.

It goes right to the root of the trouble and there acts so quickly and so painlessly that nothing is known of the operation until the corn is shelled.

Beware of dangerous substitutes. Putnam's is the only genuine painless remedy. At all druggists. Price 25c.

Use Polson's Nerviline for all pain.

A YEAR OF 364 DAYS.

Swiss Professor's Plan to Improve the Gregorian Calendar.

Professor Grosclaude, of the University of the Watchmakers' Art, in Geneva, has suggested a novel way of reforming the calendar, says a Berlin despatch to the New York Journal. The purpose of the projected reform is to abolish the most mischievous point of the existing system, which renders it impossible to tell the day of the week on which any given date falls. The cause of this is the fact that the number of days in a week (seven) is not a prime factor of the number of days in a year (365). If the year contained only 364 days it would consist of exactly 52 weeks, and could be divided into four equal quarter years of 91 days each.

The first two months would then each contain 30 days, the third month 31 days. Naturally the 365th day cannot merely be dropped without carrying confusion to the Gregorian system, and Grosclaude would have it inserted between December 31 and January 1st, giving it no date, but calling it the "year's day." In leap years another day would, of course, have to be added, and the most opportune dates for the insertion are deemed by Grosclaude to be June 30 and July 1. This day is to be called "leap day."

This suggested mode of reforming the calendar may at first sight be condemned as a futilely bizarre. In reality it has many excellent points to recommend it. For instance, the weekdays would fall upon the same dates in successive years. Thus, if the year were to begin on a Monday the Sundays of the first quarter would be the dates 7, 14, 21, 28; the Sundays of the second quarter 5, 12, 19, 26.

For the commercial world a change of this kind would be of inestimable advantage, as the business month would invariably be calculated at 30 days, for inasmuch as only every third month has 31 days the thirty-first day would always fall upon a Sunday.

Minard's Liniment Cures Colds, etc.

An Object of Interest.

"Are you still resolute in your idea of being a singer?"

"I am," answered the young man.

"Are you attracting any notice?"

"Some. While I was practising yesterday two of the neighbors stopped at the door to ask what was the matter with me, and to enquire if they could be of any assistance."—Washington Star.

My daughter has improved so much that you would scarcely know her—Miller's Compound Iron Pills did it.

More Enervating Than Labor.

"Nancy, did the doctor say you had nervous prostration from overwork?"

"No; I told him how my shirt waists and high collars worried me, and he said my condition was brought on by trying to look stylish and keep clean."—Detroit Free Press.

CAN RHEUMATISM BE CURED?

You can't tell without trying

EBY'S DAISY OIL

The New Chemical Compound, wonderfully effective in curing Rheumatism, Neuralgia, Sciatica, Pain in the Back and Sides, Lumbago, Sore Throat, Diphtheria, Frost Bites, Toothache, Bruises, Kidney and Bladder Diseases. Sold by all druggists at 25 cents, or from M. F. EBY, Chemist, Port Elgin, Ont.

ISSUE NO 34. 1900.

Strong Bones

In speaking about Scott's Emulsion for children, you should not forget that it contains *lime* and *soda*, just what the child must have to form strong bones and good teeth. It's this forming time you want to look after.

Growing bodies must have an easily digested fat. Just think how much of it there is in milk, as cream.

Scott's Emulsion

is even more easily digested than cream. It's surprising how children thrive when given it.

Don't keep the children living on the edge of sickness all the time. Make them strong and rugged, plump and hearty. Scott's Emulsion of Cod-liver Oil and the Hypophosphites of Lime and Soda will do this for them.

At all druggists; get \$1.00. SCOTT & BOWNE, Chemists, Toronto.

A Matter of Custom

"I can't see the justice," said Toole, "in condemning the Mormons for driving their wives four-in-hand because we prefer to hitch ours tandem."—The August Smart Set.

"Strong drink," said the temperance orator, "will take the boat from your stomach." "From your back, too!" said the red-faced man with the pawn ticket.

\$50 MONTHLY MADE WRITING AT home, 6c postage for particulars. E. Co., Box 916, Providence, R.I.

IF YOU WANT A GOOD BUSINESS EDUCATION for the least money, write Brockville Business College, Brockville, Ont.

WANTED.

Agents wanted in every town and village in Canada to sell made to measure Tailor Made Clothing. For particulars, Crown Tailoring Co., Toronto.

FRUIT FARM FOR SALE.

One of the finest in the Niagara Peninsula, at Winona, 10 miles from Hamilton, on two rail ways. 120 acres, 45 of which is in fruit, mostly peaches. Will be sold in lots to suit purchasers. This is a bargain. Address JONATHAN CARPENTER, P.O. Box 478, Winona, Ont.

FITS

PERMANENTLY CURED BY DR. Kline's Great Nerve Restorer. No fits or nervousness after first day's use. Send to 981 Arch street, Philadelphia, Pa., for treatise and free trial bottle. For sale by J. A. Hart, 1780 Notre Dame street, Montreal, Que.

Mrs. Winslow's Soothing Syrup should always be used for Children Teething. It soothes the child, softens the gums, cures wind colic and is the best remedy for Diarrhoea. Twenty-five cents a bottle.

THE HOUSEWIFE SHOWS EXCELLENT JUDGMENT—When Buying St. Lawrence Granulated.

IT IS 100 Per Cent. Pure.

DR. HAMMOND-HALL'S
English Teething Syrup
Comforts Crying Children.
POSITIVELY PREVENTS CHOLERA INFANTUM.
CURES COLIC, DIARRHOEA, DYSENTERY, HIVES and all TEETHING TROUBLES.
LARGEST SALE IN THE WORLD.
BRITISH CHEMISTS COMPANY
85-86 LONDON. NEW YORK. TORONTO.