

## CANADA ... THE NEW SWITZERLAND



Where the Appetite is Always Keen.

Sections of the Alpine Club of Canada in all parts of the Dominion have received the anniversary message of the director, Arthur O. Wheeler, interprovincial boundary survey commissioner for B.C. There is much in this document of special interest to members of the club, but there is also a great deal which affects the general public, since it looks forward to a greatly increased tide of summer travel into the fastnesses of the great hills.

The director's message opens with comments on the prosperous standing of the club and the success of the camp at Yoho lake last summer. Thanks are also tendered to many who helped to make the camp successful. Mention is made of renewed photographic activities in the mountains and of the fact that the challenge cup for competition by amateur mountain photographers was won last summer by Dr. H. E. Bulley of Edmonton.

With reference to the erection of a suitable memorial to the soldier members of the Alpine club, the director says: "It is decided to do this on two separate lines, first, to place a record of all our members on military service and particularly those who have joined the supreme honor roll, on the club house grounds at Banff, and second, the erection of a hut above timber line at some serviceable place in the Canadian Rockies for the use of our members and possibly the public who are interested in making mountain climbs."

With reference to independent mountaineering during the past year mention is made of the first ascent of Mt. King George, and several other peaks of the Royal Group, lying in a hitherto unexplored district fifty miles southwest of Banff. Mt. St. Douglas and Mt. Joffre were also climbed for the first time last summer.

After some comment on the Banff winter carnival, in which the Alpine club takes an active interest, having been donors of a challenge cup for hockey, the director takes up the matter of the forthcoming "Welcome Home" camp to be held at Mt. Assiniboine from July 20th to Sept. 30th. At this camp more than 300 people will be placed under canvas and the special feature will be the fact that all returned members will attend as guests of the club. The camp will be situated three days' journey from the railroad and transportation of baggage will be by a specially organized pack train known as the "Alpine club pack train." Of special interest to the general public is the fact that this pack train will be in operation throughout the summer and anyone wishing to make a really interesting trip into the heart of the mountains can do so at a minimum expense. The camp at Mt. Assiniboine and the "Overnight Camps" on the way thither from Banff will be open to the public from the first of July until the end of September, except during



Mount Assiniboine, Canadian Pacific Rockies.

the two weeks when they will be occupied by members of the Alpine club. At any time during the summer walking tours may be taken to Mount Assiniboine and these camps will be open to furnish good meals and a bed to the tramp at the end of his day's journey. There is only one way to really see the mountain and that is on foot, but so far this pleasure has been confined to the very few, on account of the difficulty of carrying food and bedding. These difficulties are now to be removed and it is planned in coming years to arrange many such walking and riding tours for the benefit of the public.

In conclusion the director quotes the words of a gifted Calgary

poetess, Miss Marian L. Moodie: Oh wind that comes out of the West, the land of the sunset skies, Where far o'er yon mountain's crest those glorious colors rise, You bring me the fragrance of pine, the coolness of mountain snow, The music of falling streams by the hills where the lilies grow

Oh wind that comes out of the West, you sigh on your way to the plain, The mountain land is the best, Will you not come back again? Glow skies with your golden light, Blow softly wind from the hill, For my heart has a longing tonight, that only the mountains can fill.

## Auto Notes

## LUBRICATION OF FIRST IMPORTANCE

What is lubrication? What does it mean when a mechanic tells you that your car is not lubricated properly? Why is a lubricating oil so named?

The answers to these questions may be obvious to the majority of motorists and yet the full significance of the value of proper lubrication has never been impressed upon them, with disastrous results to their cars.

It is a well-known fact that friction is the worst enemy there is to moving metal. When two pieces of metal, or any other solid substances, rub against each other, there is produced that irritation that has come to be known by the physical name of friction. Oil is its chief remedy.

The spring man will tell a motorist that it is not the best method of taking care of his springs, since removing the friction from between the spring leaves is one way of remedying their efficiency and shortening their life. But that part of the car is the only part that does better without oil, and plenty of it; with the exception, of course, of the brake drums and linings.

The principle of lubrication is to prevent any two pieces of metal, that are working one against the other, from touching. This is accomplished by having a film of oil between these two metals. Upon this film of oil depends the life of bearings, cylinders and piston rings. Only three different grades of lubricants are used. The owner should provide himself with a supply of gas cylinder oil, greases and steam engine oil.

Never use steam engine oil or anything but a pure mineral oil in the engine. Fast running or riding over heavy and hilly roads uses up oil much faster than city driving. Put in an extra pint of oil every hundred miles or so. This precaution will avoid trouble with bearings or cylinders.

Once a month, or every thousand miles the oil in the crank case should be drained off and a fresh supply poured in. The oil may be drained by removing the drain plug at the bottom of oil pan. After draining, flush the crank case with kerosene through the breather pipe, replace drain plug and put in clean oil to the level of the lower pit cock in the crank case. Turn the engine over for five to ten minutes. Remove drain plug and drain again. Then refill with new oil.

Half filling the case is to make absolutely sure that all the kerosene is drained off, for otherwise it would mix with the fresh oil and cut down its lubricating qualities.

Don't wait until you hear a "squeak" before oiling. A "squeak" means a rusted or dry bearing, and when once in that condition trouble soon follows.

The compact construction of some cars makes necessary the placing of oil holes and grease cups under the floor boards of the car. Don't, because it might cause you a little extra trouble, forget to remove them and lubricate as directed.

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### SET NEW RECORD FOR A ONE-MILE RACE

New York, May 29.—A world's record for a one mile horse race around turns was made today by the three year old "Man of War," winner of the 1919 Futurity, when covering the distance in the Withers Stake at Belmont Park, in one minute, 35 3/4 seconds.

The former record of 1:36 1-5 was made in August 1918 by Sunbriar at Saratoga, N.Y., and was equalled a year later by Fairy Wand on the same track.

Twenty-four per cent of the total land area of the world is forest land.

### SEEKING INFORMATION.

Tourists have written to the Auto Association for information from the following places during the last week: Los Angeles, Cal.; Fresno, Ill.; Washington, D.C.; Great Falls, Mont.; Merionville, Mo.; Boise, Idaho; Newark, N.J.; Acme, Alta.; Lincoln, Ill.; Hawarden, Iowa; Columbia, Ohio; Binghamton, N.Y.; Crete, Ill.; St. Paul, Minn.; Regina, Sask.; Cherrydale, Va.; Akron, Ohio; Minneapolis, Minn.; Mound City, Ill.; Sawtelle, Cal.; Fargo, N.D.; Glendale, Cal.; Kansas City, Mo.; Salt Lake City, Utah; Long Beach, Cal.; Cincinnati, O.; Edmonton, Alta.; Richmond Hill, N. Y.C.; Lacon, Ill.

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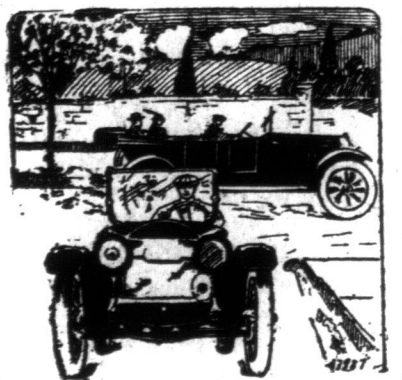
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### LOCAL JUNIORS ARE PLAYING S. WELLINGTON

The Surface Junior Football team of Nanaimo journeys to South Wellington today for a game with the South Wellington Juniors, commencing at 3.30.

In today's game the Nanaimo Juniors will field the following team: Aitken, Wheatley, Spencer, Fisher, McCourt, Reece, Milburn, Cain, Gibson, Thompson, Milburn and Kenmuir.

### GRASSHOPPERS DESTROY THE RYE CROPS

Klamath Falls, Ore. May 29.—Grasshoppers are destroying the rye crops at the rate of one hundred acres daily in the Malin district near the California line, according to reports received today by E. H. Thomas, county agricultural agent. The insects now hatching have only become active in the last few days.

### LARGE LIQUOR SHIPMENT SEIZED IN SEATTLE

Seattle, May 29.—Four hundred quarts of liquor, concealed in rice and peanut butter barrels aboard the liner Ural San Maru now in port here, were seized by United States custom inspectors after a search of the vessel.

No arrests were made as it was said that the ownership of liquor could not be established.

### JOHNNY DUNDEE WON.

Lawrence, Mass., May 29.—Johnny Dundee of New York, was given the decision today over Jack Lawler of Oklahoma City, in a 12 round bout.

The bout between Pal Moran of New Orleans and Mel Coogan of Brooklyn, N. Y., was declared "no contest" by the referee in the sixth round.

## Can't you see the Value?

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