

SOWING HIS WILD OATS



early life and regret their misdeeds. "Sowing their wild oats" in various ways. Excesses, violation of na-ture's laws, "wine, women and song"—all have their victims. You have re-formed but what about the formed but what about the seed you have sown—what about the harvest? Don't trust to luck. If you are at present within the clutches of any secret habit which is sapping your life by degrees; if you are suffering from the results of pact indirections if your are suffering from the results of the section of the section of the section. past indiscretions; if your blood has been tainted from

dare not marry; if you are married and live in dread of symptoms breaking out and exposing your past; if you are suffering as the result of a misspent life—DRS. K. & K. ARE YOUR REFUGE. Lay your case before them confidentially and they will tell you honestly if you are curable.

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Address all letters as follows:

DRS. KENNEDY & KENNEDY, Windsor, Ont.

A 'CROSS COUNTER TALK



Customer: "What constitutes good paint?"
Dealer: "Good paint depends on the materials used, the processes of manufacture, and the skill of the paint maker—no more,

cesses of manufacture, and the skill of the paint maker—no more, no less.

"Sherwin-Williams Paint, Prepared, is good paint—the best paint, in fact, that can be made. No care or detail is lacking in its manufacture. The materials employed are of the highest quality and are properly put together by experienced paint makers. The linseed oil—the vital part of paint—used in S.W.P. is made especially by The S-W. Co. in their own mill. The pigments are selected with greatest care and scrupulously tested. The tinting colors are products of the Company's own dry color works. And the mills used for grinding and mixing are designed and made in the machine shops of the Company. They embody she most advanced ideas in paint making. With such high quality materials, such care and attention, S.W.P. must be and is good paint all the way through."

thing in Shelf and Heavy Hardware

LOCAL OPTION

The office of the Ontario Branch of the Dominion Alliance is a busy place at the present time The fall and winter Field Day Campaign has begun. The Alliance is supplying speakers for an average of one hundred Sunday services at which the movement for the suppression of the liquor traffic is forcibly advocated.

The staff, of more than thirty clerks, is kept busy attending to correspon dance and other details, in addition to the men who constitute the office and Field Secretary staff.

No effort or expense is being spared in the great battle being waged for the extinction of the bar rooms, Local Option voting to take place in the beginn-

ing of 1914. Up to the present time campaigns looking toward voting on January 5th have been launched in fortv-eight municipalities. Of these places one is a city, thirteen are towns, fourteen are incorporated villages and the remainder are townships. There are eleven of the forty-eight which have not before voted upon the question of Local Option; there are ten in which majori-ties were polled against Local Option in former contests; there are twentysix in which Local Option by-laws were defeated by the three fifths requirement; and there is one in which a Local Option by-law was carried and subsequently quashed upon a techni cality. The list of places is as follows:

PLACES NOT BEFORE VOTING Towns-Brockville, Prescott and

Villages-Jarvis, Marmora and Springfield. Townships-Dunn, Marmora and

Lake, Ross, Russell and Tiny. PLACES GIVING MAJORITIES AGAINST LOCAL OPTION

Towns-Tilsonburg. Villages-Delhi, Merrickville, Morisburg and Woodbridge.
Townships—Ainwick, Bayham, Bexley, Mara and York.

DEFEATED BY THREE FIFTHS City-Sault Ste Marie.

Towns—Arnprior, Aylmer, Barrie, Cobourg, Meaford, Napanee, Oakville, Picton and Thessalon.

Villages-Bradford, Grand Valley, Kemptville. Port Perry Port Rowan and Sutton W. Townships-Albermarle, Flamboro

W., Flos, Georgina, Gloucester, Kitley, Puslinch, Scarboro and Tav. THE QUASHED BY-LAW

The municipality in which a Local Option by-law was carried and subsequently quashed is Bastard and Bur-

All these contests have been brought on by the temperance party. Others may be promoted, as the submission of a by law in a municipality may be compelled by a petition of twenty-five per cent. of the electors filed with the municipal clerk on or before November 1st

The liquor men may also, by similar action, bring on a repeal contest in any municipality in which a Local Option by-law is in force if three years have elapsed since the last vote on the ques tion. It is therefore probable that the total number of contests will be much in excess of the forty-eight set out in the foregoing list. There is going to Brockville (arrive) 9.05 " 6.00 " be a lively fight.

WEST LEEDS TEACHERS

The annual convention of the West Leeds Teachers' Institute, held at Delta was one of the most successful in he history of the organization. Prof. Macpherson of Queen's took a leading part in the deliberations.

The officers for the year are as fol-

President-J. Somerville, Lyndhurst Vice-President -- Miss Gananoque. Secretary-Treasurer - Miss Mabel

Carpenter, Gananoque. Executive Committee-R. Hanna, Delta; Miss Mabel Howard, Fortar;

Miss de Wolfe, Portland.

Delegate to O. E. A .-- Mary Draper, Gananoque.

DULL CHEESE MARKET

The cheese market took a drop of a quarter of a cent last week, the high-est offer at Thursday's meeting being 123 cents. It was flatly refused, no sales being recorded, but on the street nothing more could be learned as having been paid and must be accepted as the day's ruling. Auctioneer Henderson vigorously wielded the hammer and President McDonald announced at one stage that they had been looking for 13c, but would meet the buyers half way and would accept 127c. Even this sunny proposition did not

move the buvers. The registration showed a big falling off, the total being 2,756, of which 1,721 were colored and 1,025 white: Before the sales were taken up,

John Webster, M. P., entered a com plaint against the poor boxes turned out from this station. He was in Montreal this week and brought home a sample of a cover that had arrived in the Metropolis from this section dur-ing the week. It was only one of many, he stated. The rim was torn away and about one-quarter of the cover was missing. It was altogether A. M. CHASSELS est.—Recorder. too thin and the material of the poor-



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The Canada Cement you buy for a garden walk is the same sement that is sold by the trainload for great dams, elevators and bridges. The engineers in charge of these great works have ample facilities for testing the quality of

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s up to their most rigid requiremen The farmer has not these facilities for testing the quality of came product upon which he can depend for a grade that is always of highest therefore does not need to be tested.

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RAILWAY ITTHE-TARES

SEWER AN WE LEE	m -m ana. n.
GOING WEST	
No. 1	No. 8
Brockville (leave) 9.45 a.1	n 4.10 p.i
Lyn 10 10 "	4.25
Seeleys *10.20 "	4 32
Forthton *10.33 "	T. 10
Elbe *10 39 ''	4.48
Athens 10 53 "	4.55 "
Soperton *11.13 "	5.12 "
Lyndhurst *11.20 "	. 5.19 "
Delta 11.28 "	5 25 "
Elgin 11.47 (5 39 "
Forfar *11.55 .	5.45 "
Crosby *12.03 "	5.50 "
Newboro 12.13 "	6.00 "
Westport (arrive) 12.30 p.	m 6.15 "
GOING EAST	, .

westport (arrive)	12.50	p.m	0.10	
GOI	NG EAS	7.36 " 8.37 " 7.50 " 4.00 " *7.56 " 4 10 " *8 03 " 4 19 " 8 20 " 4 55 "		
	No	. 2	No.	4
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Elgin	7.36	46	8.37	, 4
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Soperton	*8 03		4 19	
Athens	8 20	44	4 55	66
Elbe	*8.27		5.02	
Forthton	*8.32		5 08	66
Beeleys	*8.43		5.20	64
Lyn	8.50	4.6	5.8)	**
2 1 211 /	1000		0.00	

*Stop on signal W. J. CURLE. Sup

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Going Monday, Oct. 20, 1913.

Return limit Monday, Oct 20, 1913

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