

DOMINION ATLANTIC RAILWAY & STEAMERS

Kentville Time Table effective April 17th, 1916. (Service daily except Sunday.)

LEAVE

Express for Halifax 6:00 a.m.
 Express for Yarmouth 10:18 a.m.
 Express for Halifax 7:00 p.m.
 A. con. for Halifax 10:40 a.m.
 A. con. for Annapolis 2:15 p.m.
 A. con. for Kingsport 11:00 a.m.
 A. con. for Kingsport 4:05 p.m.
 A. con. for Kingsport, (Sat. only) 6:45 p.m.

ARRIVE

Express from Halifax 10:10 a.m.
 Express from Yarmouth 3:51 p.m.
 Express from Halifax 6:10 p.m.
 A. con. from Halifax 8:35 p.m.
 A. con. from Annapolis 10:30 a.m.
 A. con. from Kingsport 8:53 a.m.
 A. con. from Kingsport 2:05 p.m.
 A. con. from Kingsport, (Sat. only) 5:52 p.m.

Midland Division

Trains of the Midland Division leave Windsor daily (except Sunday) for Truro at 7:05 a.m., 5:10 p.m., and 7:50 a.m. from Truro for Windsor at 6:40 a.m., 2:30 p.m., and 12:50 p.m., connecting at Truro with trains of the Intercolonial Railway and at Windsor with express trains to and from Halifax and Yarmouth. Buffet parlor cars run daily (except Sunday) on Mail Express trains between Halifax and Yarmouth.

Canadian Pacific Railway

To ST. JOHN and MONTREAL (via Digby) (Daily Sunday excepted)
 S. S. YARMOUTH leaves St. John 7:00 a.m., arr. Digby 12:15 p.m. Leave Digby 1:50 p.m., arr. St. John 5:00 p.m., making connections with the Canadian Pacific trains at St. John for Montreal and the West.
 Trains run on Atlantic Standard time

BOSTON SERVICE

Steamers of the Boston and Yarmouth S. S. Co., sail from Yarmouth for Boston after arrival Express train from Halifax and Truro, Wednesday and Saturdays.

R. U. PARKER, Genl. Passenger Agent
 GEORGE E. GRAHAM, General Manager

Monuments

in Nictaux, New Brunswick and Aberdeen Granite.

Cemetery Work

Lettering, Etc., Promptly Attended to

A. A. Rottler

Kentville

Breed to a Good One

Gross (55)

2147.

This well known Coach Horse Sires fine Colts with substance, size and good looks. A stallion capable of getting foals, that at maturity may be marketed at a profit. Gross will stand at Owner's stable, Look Off, Season 1916. Terms \$10.00. Mares at Owners' risk.

D. M. BLENKHORN
 Look Off, Kings Co.

Major Axoline

No. 48853.

Major Axoline 2.26%. This celebrated Wilkes Stallion came from the great Axtel family.

Major Axoline, is not only a very handsome young horse, as evidenced by the fact that he has been awarded seven first premiums in classes for Standard bred stallions of his age, but he is also very fast, and comes from productive stock—His dam Sabaline, 2.21% (trial 2.14%) is a daughter of Sable Wilkes 2.18.

This Stallion will travel through Kings County this coming Summer. For further particulars apply to

F. L. Robinson, Lakeville.

All mares at owners' risk, mos.

WAREHOUSE, FACTORY, WHICH SHALL IT BE?

Every Western City and Town interested in this question—Development of Communities

"Country Life in Canada," a farm journal published in Winnipeg, had an interesting article in a recent issue under the above heading. We quote the first three paragraphs which serve to put before the citizens of Western Canada, particularly those residing in our larger cities and towns, the clear cut distinction between the building up of a manufacturing centre and a purely distributing centre.

There is a certain comparison which can be made between a city or a town and a commercial enterprise. A city must be one of two things, in the wider aspect. It is either a manufacturing centre or a glorified distributing point. Did you ever compare a factory with a warehouse? In the factory, close-packed machines or crowded benches have their scores or hundreds of workers and operatives. The production in quantities of any class of goods requires a certain proportion of man-power and woman-power, even in the use of automatic and semi-automatic machinery. But let us leave the busy factory and enter a distributing warehouse. Here far fewer workers are in evidence; goods are received in crates and are repacked in smaller crates for transportation, or are stored by the efforts of one or two men with trucks. A skipper and a few helpers compose the staff; it is a case of only handling finished goods instead of manufacturing goods from the raw material.

How to Transform

Cities, therefore, become either manufacturing plants or distributing warehouses, and the city or town which develops its manufacturing resources in the latter direction goes ahead, in wealth, in population and service to the adjacent territory. No city will prosper as a distributing warehouse, that is, a centre for the distribution of goods, unless it has a manufacturing base of some kind. The same time reducing the market for the agricultural production of the surrounding territory. Purchasing reported goods received in bulk by direct selling organizations are direct means of transforming manufacturing centres into mere distributing points.

In the boom days in Western Canada the whole thought of Western Canadians was expansion. Little care was taken to inquire whether the expansion was on sound economic lines, or merely a transitory development. If we are to build permanently in the West we must develop well rounded communities in which there are busy factories which can afford congenial employment at fair wages to a substantial element of our population.

Uniform Development

We must not put all our eggs in one basket, as has been too much the tendency in the past. Better a slow but symmetrical development than an abnormal growth along certain lines. Canada's national policy for forty years has been to aim at a uniform development of all the resources of our country; just as it would be a fatal mistake to establish industries unsuited to the country by placing a prohibitive customs tariff against the products they make coming into Canada, so Western Canadians should consider carefully whether they would not be in danger of injuring industries, which are well suited to the country, by exposing them to the untrammelled competition of foreign producers, whose longer experience and larger output give them an undue advantage. What Canadians must aim at is a policy which will properly conserve the producing forces in agriculture as well as in manufacturing. The results of such a policy will be seen in well rounded communities, set down in fertile agricultural areas.

Avoid the Soup Line

Germany can deliver in Chicago, duty paid, for 40 cents an article costing 80 to 90 cents in a Cincinnati factory; a German woman can do for 75 cents the same work for which an American man is paid \$3.50; yet free trade invites them to rush in their cheap foreign labor products and let the American workman take his place in the soup line. Is it fair?

His Last Moments

The dangers of travel by sea at this time have played havoc with the nerves of timid passengers.

Early one morning recently there was considerable commotion on the decks of a coast-wise vessel plying between Savannah and Baltimore, when a scantily clad man hurried toward the upper deck. On the way he ran into the captain of the vessel.

"What's the matter, captain?" he managed to gasp. "Have we been torpedoed?"

"Calm yourself, my dear sir, and be prepared for the worst," answered the official.

"Oh, don't tell me we're going down!" moaned the other. "Quick, where are the life preservers?"

"They wouldn't be of any service at this stage," explained the captain.

"Too late?" quavered the despairing passenger.

"Yes," said the captain, very solemnly. "We've done all we can for you. You'll have to look out for yourself from now on. You see, we've just tied up to the dock."

Baptists Meet at Tremont, N. S.

Tremont, N. S., June 22—The sixty-sixth annual meeting of the United Baptists Central Association opened this morning at Tremont, Kings County. The Association is comprised of the forty-ex churches of Kings, Hants and Halifax Counties.

The weather was all that could be desired and Tremont, one of the pretty villages of the Annapolis Valley, is looking its best. Delegates arrived by train, team and auto, and were cordially received by the hospitable people of Tremont.

A preliminary service of song was rendered by the Greenwood choir, on Tuesday evening, when Rev. N. A. Harkness, B. D., of Wolfville and Rev. J. G. Brown, D. D., of Toronto, gave addresses.

The Associational program opened at 9:30 Wednesday morning, with Mr. J. W. Dimock, vice-moderator, in the chair. Rev. G. P. Raymond, M. A., of Aylesford, conducted the devotional service.

The Nominating Committee reported and the officers were elected for the ensuing year. Rev. A. S. Lewis, B. D., of Windsor, Moderator; Rev. P. C. Reed, B. D., of Hantsport, Secretary.

The pastor of the entertaining church, Rev. G. D. Hudson, B. Th., gave the address of welcome. Following which letters were read conveying greetings and reports from the churches.

The features of the afternoon session were the report of Sunday Schools by E. W. Robinson, Inspector of Schools for Kings Co., and an address by Rev. I. W. Williamson, General Secretary of the Baptist Sunday School Board, on "The New Demands on the Sunday School."

A platform meeting was held on Wednesday evening. Rev. E. S. Mason, Superintendent of the Home Mission Board, made a strong plea for vision and effort in the work. Rev. M. E. Fletcher, Finance Minister, gave a very unique address, calling up a Rajah in India by telephone and giving him some facts for the Association.

Lunenburg, Jne 22—Schooner Lucille M. Schnare, commanded by Captain Artemas Schnare, launched at Mahone Bay this spring, and proceeded to the Banks in April, returning with a fine fare of fish. Five days ago she left here, after discharging the catch and outfitting for the summer. When about ten miles from Cape Race she was run down by a British warship and cut in two. The vessel went right down, and one of the crew, John Beck from Centre Range, was drowned. The remainder of the crew were taken off and landed at Sydney. Beck leaves a widow and a number of children.

EXCELLENT SHOWING OF THE NOVA SCOTIA SANITORIUM

Over 90 Per Cent of Those in the Early Stage of Tuberculosis Are Restored to Health at the Institution in Kentville

In his annual report of the Provincial Sanatorium, Kentville, Dr. A. E. Miller, the medical superintendent, says:

During the year ending September 30, 153 patients applied for admittance. Of this number 121 were accepted and 23 rejected; of the accepted cases at discharge, 4 had their disease arrested; 31 were apparently arrested; 42 quiescent; 9 improved; 1 progressive. This compares most favorably with the results of our work of other years.

During the past year practically all our discharged patients have been kept track of, only three being unaccounted for. This statistical study is the surest record of the after results in sanatorium treatment. Without it, this province would be at a loss to know just what benefit patients receive from institutional care and to what extent lives are prolonged after they leave here. This important research has been followed and shows that at the end of four years, the following results:

P. C.
 Patients living and working 69.7
 Patients living but not working 12.1
 Patients passed away 17
 Patients untraced 8

Our statistics show that patients, whom remained at the sanatorium for less than three months have their disease no more than quiescent or improved at discharge, while nearly 50 per cent of those, who remained three months and more have their disease arrested or apparently arrested on leaving. It is thus seen that the results of treatment depend not only upon the stage of the disease, but also upon the length of time devoted to the cure.

Most patients have gained weight during their stay at the sanatorium, some few have lost weight. Frequently this is desirable in order to bring patients to their standard weight. The old idea that patients must eat excessively at meals and in addition take large quantities of milk and eggs, is fast disappearing. Most institutions today find that those patients who make steady gains on normal amounts of food, do much better than those who make large gains by overfeeding. The diet at the Provincial Sanatorium is carefully regulated, and no expense is spared in giving patients nutritious and wholesome food. The table service is exceptionally attractive and friends of patients can arrange to have their meals at the guest table when visiting the sanatorium.

The symptoms most frequently complained of by patients before coming to the sanatorium are loss of weight, loss of strength, cough, expectoration, loss of appetite, fever, night sweats, pleurisy, hemoptysis, hoarseness. These occur again and again in the history of patients, and where any of them persist for a month or more, the presence of tuberculosis should be suspected and a careful lung examination secured.

For tuberculosis can be cured in its earliest stages. At the Provincial Sanatorium over 90 per cent of those in tuberculosis are restored to the incipient or first stage of health.

On the other hand only a small percentage of those in the advanced stage have their disease arrested and there is among many a tendency to relapse.

It sometimes happens that patients who are progressing favorably are unable, through lack of means, to stay the full term of 6 months. A fund set aside for the deserving cases would meet the need, and would help to increase the chances of continued good health of these men and women after they have

left the institution. The superintendent will gladly receive and acknowledge all contributions.

As patients' board is but \$6 per week, even small contributions will help. Any or all of the following list will be gladly received: Victrola records, subscriptions to current magazines, books of all kinds, games of all sorts, old fur coats and heavy rugs for the needy patients.

Revolt in Arabia is a Smashing Blow at Turkey

London, June 22—Reports have been received here that a serious uprising against the Turks is in progress in Arabia, and that the rebels have captured the Holy City of Mecca.

The London newspapers declare that the rebellion is certain to have an important bearing on the war, especially as regards the participation of Turkey.

The Post says:—"The uprising is due to recent wholesale executions of Mohammedan and Syrian notable and well known religious leaders, and also to the spread in Arabia of a feeling that the Turks have abdicated their position as the protector of the Mohammedans, and have become the vassals of Germany."

The Graphic says:—"The revolt is a smashing blow at Turkey and the capture of Mecca is an event which will shake Turkish prestige to its foundations."

A Reuter despatch from Rome says the rebels in addition to taking Mecca have captured Jiddah, the chief seaport of Arabia, and Taif, 65 miles south-east of Mecca, and have proclaimed independence of the Arabs from Ottoman rule. According to this despatch, the Grand Sheif of Mecca, the Chief Magistrate of the Holy City, proclaimed his independence, and was supported by the Arab tribes of the west and central parts of the country.

He began operations about June 9 and won signal success. It is said the garrisons of Mecca, Jiddah and Taif surrendered with the exception of the two small forts at Taif, which are still resisting. At Jiddah 45 officers, 1400 and six guns were captured. Medina, 266 miles northwest of Mecca, which contains the tomb of Mohammed is closely besieged and all communications to Hejaz are in hands of the Grand Sheif.

Sulphur Bleach for Fruit Stains

Stained table linen is always sure to follow the return of the fresh fruit season.

For removing such stains there is nothing more effective than the "sulphur bleach."

Lay a tablespoon of sulphur on a plate and sprinkle with a few drops of alcohol. Over this place a tin funnel with the point upward; touch a lighted match to the alcohol, we the stained linen with cold water and hold the spot over the opening in the point of the funnel; the sulphur fumes will remove the most obstinate stain, seldom requiring more than one application.

Rinse and wash the linen at once.

The hostess was playing a difficult selection from Wagner. In the midst of it she suddenly stopped in confusion.

"What's the matter?" asked one of the visitors.

"I struck a false note," faltered the performer.

"Well, what of it?" cried another guest. "Go ahead. Nobody but Wagner would ever know it, and he's dead."

The First Reading

Collector—Did you look at that little bill I left yesterday, sir?"

House member (from Dorchester)—Yes; it has passed the first reading.

Minard's Liniment used by Physicians