

world," said the apostle, "those who want to be their own masters and those who want Christ for their Master. These two companies are marching in opposite directions, the one to the place of life and peace, and the other to the place of death.

"But how shall we know which side we are on? By the Spirit which God has given us. If any man have not the Spirit of Christ, he is none of His. If the Spirit of Christ be in us, we shall live forever. Our bodies shall in time wear out and die, but God shall give us new bodies that shall live always.

"Knowing this, how should Christ's servants live and act?" asked the apostle. "Surely not merely to please themselves and to have a good time! Let us rather deny ourselves, remembering that the Spirit of God is with us as a guide to point out the way in every time of joy or danger. And be sure of this, that as many as are led by the Spirit of God, they are the sons of God."

Questions on the Lesson

1. What did Paul say even good laws could not do? 2. What did he say they could do? 3. Who alone can save men from sin? 4. What did Paul say the new law of Jesus had done for him? 5. From what was he free? 6. What two kinds of people did Paul describe? 7. How may Christ's followers know that they are His? 8. What will God give His servants at the last? 9. Whom has Jesus sent to be their guide? 10. Who are the "sons of God"? 11. What is the Golden Text?

Lesson Story

There was once a quarrel between two men over a sheep. Each man said that the sheep belonged to him. How did the judge decide? He told each man in turn to call the sheep. The first man called, but the sheep did not even turn its head. Then the second man called, and the sheep bounded up to him. It knew its shepherd's voice. In the same way Christ's servants should know and follow the voice of His Spirit.

The Holy Spirit speaks to us in many ways, sometimes through the word of God, sometimes through conscience within us, sometimes through parents and teachers.

We should be very attentive, so that we shall hear every whisper of His voice.

Lesson Hymn

Holy Spirit, help us,
Daily by Thy might,
What is wrong to conquer,
And to choose the right. Amen.
Hymn 551, Book of Praise

The Catechism

PRIMARY CATECHISM—30. When do we sin against God? We sin against God when we do what He tells us not to do; or when we fail to do what He tells us.

SHORTER CATECHISM—80. What is required in the tenth commandment? A. The tenth commandment requireth full contentment with our own condition, with a right and charitable frame of spirit toward our neighbour, and all that is his.

SOMETHING TO DRAW

A very dear name to each little one is "father." When father goes away from home, you know where he has gone, and



you think of him, and still do the things you know he would like. To be called "sons of God," we must serve him in the same way as "dear children."

**I Have Learned To-day that
I SHOULD OBEY THE HOLY SPIRIT**