

The Boston artist, Miss Laura Lee, has worn it in her studio for several years, and last summer to the World's Fair and during her stay there. A number of ladies have adopted it for morning wear in their homes. The reform has begun and will go on until something permanent is accomplished, because it is no temporary fad but a movement based upon rational thought.

What can we do to Aid the Movement?

Our present mode of dress is based upon a false ideal of woman's form and ignorance of the construction of her body. * Let us endeavor to change this ideal and put in its place one true to nature. In this age of cheap literature this false ideal is carried everywhere, not only in fashion-plates and fashion magazines but even in our daily and weekly newspapers. In the fashion pictures which are strewn broadcast there is rarely one which shows a normally formed woman. Taper waists, often but little larger than the necks of the figures to which they belong, are an essential feature. How do the outlines compare with those of a Grecian statue? We cannot rise above our ideals. How shall we change this ideal?

1st.—Let us endeavor to accustom our eyes to the true proportions of woman's figure by the study of the best models in art. Our studies will make us so familiar with