

NECKWEAR

Don't Wait. Come in Now.

Choosing a Tie for a man is an easy task when one has displays like ours to select from. Be sure and see the newest one with this Label:

CHENEY CRAVATS

They are sure to be the newest and always the best quality for the price.

BOXED BELTS

A good assortment of Straps in various colors with buckles of nickelled silver, gun metal and gilt. Any man would like them.

ERNST'S 32 E. King St.

everybody reads food-news!



Any news pertaining to food comes pretty close to touching men and women where they live. You'll be glad you read this if you ask for

"Ocean Flour"

The Wm. Snider Milling Co.
Waterloo, Ontario.

The Ounce of Prevention

It is the "ounce of prevention" which today inspires medical science in its fight for the race. Vaccines, sanitation, health departments, all carry forward the good work of *Sickness Prevention*. Science has now developed an agent that effectively meets the condition which is the originating point of over 90% of all sickness—constipation.

That effective agent is Nujol. The dangers of constipation are so widespread because through self-poisoning it reduces the body's power of resistance. Nujol by relieving constipation prevents the absorption of poisons which otherwise would be taken into the blood and undermine the whole system.

Leading medical authorities agree that pills, salts, castor oil, etc., simply force and weaken the system. But Nujol is different. Nujol softens the food waste and encourages the intestinal muscles to act naturally.

Nujol helps Nature establish easy, thorough bowel evacuation at regular intervals—the healthiest habit in the world. Get a bottle from your druggist today.

For valuable health booklet—"Thirty Feet of Danger"—free, write Nujol Laboratories, Standard Oil Co. (New Jersey), 50 Broadway, New York.

Warning: Nujol is sold only in sealed bottles bearing the Nujol Trade Mark. All dispenses. Trade on Nujol. You may suffer from substitutes.

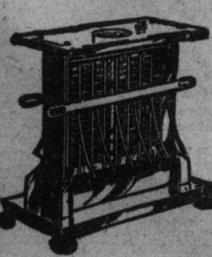
Nujol For Constipation

SICKNESS PREVENTION

It's a Real Beauty

WHY not enjoy this toaster—that will enhance the good appearance of your table? Old-fashioned toasters were designed without sufficient regard for appearance. Now, however, we can offer you a toaster you really can be proud of. It will stand on your table a proof of good taste.

The New Canadian Beauty Electric Toaster



It is first of all, however, a REAL TOASTER. It makes the nice, evenly-browned toast you want—two slices at a time. The element is wound in a unique way so that an even amount of heat reaches every bit of the toasting surface.

And you will not burn your fingers. The toast-rack is coal. Its springs will not burn out; they're protected in a new way.

Call and see it for yourself. Our large stock of Electrical Appliances also includes the famous Canadian Beauty Electric Iron and Three-Heat Grill. Come!

REINHART & DOERR, Kitchener, Ont.

Christmas Chimes

By O. F. PFEIFFER

THE village chimes rang out a mellow strain clear and vibrant as golden beads dropped into a crystal dish, but Adam Marsh drew his worn fur cap down closer about his ears and scowlingly took a shortcut towards his desolate home. He had neither chick nor child, only money. He hardened his soul against futile suggestions and tried to glory in scouting the humanizing influence of home, social friendship and "the folly called love!" Then he came to a sudden halt and sprang behind a tree. There was a light in the room where he slept. Against the lamp light there was outlined the figure of a roughly dressed man standing at an open bureau. Marsh stole to the kitchen, took down an ancient horse pistol,



and, gliding to the door of the lighted room, burst it in.

"What are you doing here?" he shouted out. "Hands up!"

It was rather a weak than an evil face that confronted him. Its owner looked crestfallen, rather than evil.

"I—I was looking for something to eat," he stammered out.

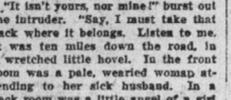
"That's likely outside of the kitchen, isn't it, now?" snarled Marsh derisively.

"Well then, finding nothing in the kitchen I hoped I could pick up some little trifle that would bring me a meal. Say, I'm not a genuine had one. I never touched a cent that was not my own until this very day. And this has so shamed me, that all I ask is strength to carry back what I took."

"Tah!" jeered Marsh. "Sort of robbing Peter to pay Paul, hey? Now then, I'll run no risks of your turning on me. Empty your pockets, and the man disgorged a rusted jackknife and something that gleamed with the glint of gold.

"Back to your room," ordered Marsh resplingly. "What's this?" and his nimble fingers clutched a locket and chain the other had placed on the table.

"It isn't yours, nor mine!" burst out the intruder. "Say, I must take that back where it belongs. Listen to me. It was ten miles down the road, in a wretched little hotel. In the front room was a pale, worried woman attending to her sick husband. In a back room was a little angel of a girl



child, asleep on a torn thin blanket. "I don't know how it came to be there, but I noticed the chain and locket around the child's throat. I sneaked up and took it. I've a wife and two little tots in the city; lost my job and was scrambling, looking for work. I was frantic as I thought of their wretched Christmas and I hurried away to sell the trinket and steal a ride home on the bumpers. Don't shoot!" for Marsh, opening the door, immediately upon seeing the portrait within shot from head to foot, and with glaring eyes viewed the locket as though it were some hoding wrath.

Ah! how it recalled to him the bright, sunny-faced daughter he had shut out from heart and home the day she eloped with Rodney Blair. He had never sought to learn of her fate. And now the locket she had worn he had strangely found, cherished and protected by her little child with his picture still in it.

"My man," he said, "if you will take me to where you found the people you tell of, your dear ones shall have a Christmas, indeed."

"I'll do that for nothing," half sobbed the penitent fellow.

Little Cora Blair was sobbing in her mother's arms as Adam Marsh reached the doorstep of the home of the unfortunate. He heard her say: "Oh, mamma, can't we search for my pretty locket? Every night when I say my prayers and ask a blessing for my dear grandfather I have never seen. I shall miss seeing his picture."

"Merry Christmas and—forgiveness!" spoke Adam Marsh, pushing the door open. "Alice, I've come to make up for my cruelty and neglect. And when the penitent had faithfully returned from the village stores with a heaping basket full of Christmas cheer and gifts for the little one Marsh had ordered, he started for the city with a warm, snug roll of bank notes in his hand.

"Now for my own home and the Merry Christmas of my dear ones!" he jubilated. "Oh, I'll never stray away from the straight path and them again!" and in a wild ecstasy he sang in accord with the chinking bells: "Peace on earth and good will towards all men!"

It is estimated that over a thousand turkeys were sold in London market last Thursday, averaging fifty cents a pound.

John Ball, Montreal, employed by the Montreal Public Service Corporation, was electrocuted when he touched a live wire.

Each official of Elgin county brought with him to the office on Saturday a chicken as his contribution to a "shower" for the sanitation.

Robert Stemon, Princeton, section master, was accidentally struck

on the head with a hammer by a fellow-workman while prying up some spikes.

Windsor Board of Health, backed by the City Council, will require all school children to be vaccinated.

HELPLESS WITH RHEUMATISM

Until He Took "Fruit-a-lives" The Fruit Medicine

R. R. No. 1, LORNE, Ont. "For over three years, I was confined to bed with Rheumatism. I treated with doctors, and tried nearly everything without benefit. Finally, I tried "Fruit-a-lives". Before I had used half a box I saw improvement; the pain was easier and the swelling started to go down. I continued taking this fruit medicine, improving all the time, and now I can walk about two miles and do light chores about the place". ALEXANDER MUNRO.

50c. a box, 6 for \$2.50, trial size 25c. At all dealers or sent postpaid by Fruit-a-lives Limited, Ottawa.



More eggs or money back

Sold only in checkered bags, by EIDT & WEBER, Kitchener, Ont.

BEGIN HOT WATER DRINKING IF YOU DON'T FEEL RIGHT

Save Glass of Hot Water With Phosphate Before Breakfast Washes Out Poisons.

If you wake up with a bad taste, bad breath and tongue is coated; if your head is aching; if what you eat sours and forms acid in stomach, or you are bilious, constipated, nervous, and can't get feeling just right, begin inside bathing. Drink before breakfast, a glass of hot water with a teaspoonful of limestone phosphate in it. This will flush the poisons and toxins from stomach, liver, kidneys and bowels and cleanse, sweeten and purify the entire alimentary tract. Do your inside bathing immediately upon arising in the morning to wash out of the system all the previous day's poisonous waste, gases and sour bile before eating more food.

To feel like young folks feel; like you felt before your blood and muscles became loaded with body impurities, get from your pharmacist a quartet glass of limestone phosphate, which is inexpensive and almost tasteless. Men and women who are usually constipated, bilious, headachy or have any stomach disorder should begin this inside bathing before breakfast.

GLASS OF SALTS CLEANS KIDNEYS

If Your Back Hurts or Bladder Bothers You, Drink Lots of WATER.

When your kidneys hurt and your back feels sore, don't get scared and proceed to load your stomach with a lot of drugs that excite the kidneys and irritate the entire urinary tract. Keep your kidneys clean like you keep your bowels clean, by flushing them with a mild harmless salt which removes the body's urinous waste and stimulates them to their normal activity. The function of the kidneys is to filter the blood; in 24 hours they strain from it 500 grams of acid and waste, so we can readily understand the vital importance of keeping the kidneys active.

Drink lots of water—you can't drink too much; also get from any pharmacist about four ounces of Jad Salts; take a tablespoonful in a glass of water before breakfast each morning for a few days and your kidneys will act fine. This famous salt is made from the acid of grapes and lemon juice, combined with lithia, an dhas been used for generations to clean and stimulate clogged kidneys; also to neutralize the acids in urine so it no longer is a source of irritation, thus ending bladder weakness.

Jad Salts is inexpensive; cannot injure; makes a delightful effervescent lithia-water drink which everyone should take now and then to keep their kidneys clean and active. Try this, also keep up the water drinking, and no doubt you will wonder what became of your kidney trouble and backache.

On the head with a hammer by a fellow-workman while prying up some spikes.

Windsor Board of Health, backed by the City Council, will require all school children to be vaccinated.

W. H. ROSENBUSCH

38 Frederick St. Phone 324; Res. 862.

SMOKE TITANIC CIGARS

Here is a real Xmas present--A box of Titanic cigars will please the man that smokes more than anything else. Union made and made in Kitchener. THE PEOPLES' Cigar Co. 24 Yonge St. Kitchener

GIRLS! GIRLS! GIRLS!

We offer pleasant work at highest wages, sewing and other work in the quarter room. Apply Merchants Rubber Factory.

LIGHT AND HEAVY SHOEMAKER WANTED

Also girls for Quarter Room. Experience not necessary for we are prepared to take beginners. Very good wages paid while learning. Apply Merchants Rubber Factory.

I've Kept My Name Out of the Papers all Summer Which is More Than Some People are Able to do.

The fact is, folks, I've been so tremendously busy that I had not time even to think about newspaper advertising. It takes a lot of my time just to give SERVICE to my clients, for I am determined always to give the very closest attention and the very best service to every one who does business with my office.

First of all YOUR business is MY business, whether you list a property with me to sell, or whether you wish to buy a property through me. Then, I have only one price for a property listed with me, whether the purchaser is rich or poor, whether he is buying a home for himself or making an investment, the price here is always the same to everybody. "The Square Deal," remember. Also, I am the sole and only person conducting this business and I give my personal attention to every transaction and every client gets the full benefit of my experience, knowledge and personality. Consider these points and you will come to me to sell or to buy real estate, either in the city or the country.

Here is a partial list of the splendid opportunities I offer this week. I have helped hundreds of families to solve the housing problem this past few months; and I can help you.

ONE OF THE BEST BUYS OF THE SEASON

An extra large solid brick home of 8 nice rooms, front and rear stairs, with bath complete including gas heater, furnace and lights, with 3 building lots and one-half acre of land, suitable for a factory site, also barn. The owner out west writes me to sacrifice this valuable property which is very close to school at the ridiculously low price of \$5750. In order to comprehend this value you should come in and look it over.

NEAT BUNGALOW

of 6 nice rooms and sun room with hardwood finish, floored attic, etc., extra large brick pierced verandah and every modern convenience, fair sized lot, at \$1000.

A LITTLE DANDY

Neat 6 roomed bungalow, red pressed brick, with every modern convenience, hardwood finish, nice little lot, and chicken pen. Yours at \$3300.

NEAR BUFFALO FORGE

Practically new red pressed brick home of 7 rooms and every modern convenience, decorated throughout, large lot, at \$3350.

NEAR TIRE FACTORY

Solid brick home with new furnace, electric lights and hardwood finish throughout, large lot and chicken pen. Yours at \$3200.

\$500, cash will buy a 6 roomed solid brick home, with good stone foundation and large lot. Price is \$2550.

A BARGAIN ON KING ST. PROPERTY

6 roomed home with good stone foundation and 2 extra lots at the low price of \$1950. On easy terms.

A SNAP IN TWO LOTS

With big barn, 3 block from King Street. The lots are level and are nicely situated and can be had at \$750. Terms to suit.

Where you always get A Square Deal.

NEAR POLISH CHURCH

A modern solid red pressed brick home of 7 rooms and nice garden at \$4200.

ANOTHER ONE

of 7 rooms, hardwood finish throughout, with good furnace, electric lights and one piece bath at \$1600.

NEAR SCHOOL

Solid red pressed brick of 7 rooms, with extra good kitchen, every modern convenience with sunshine furnace and hardwood finish throughout. Yours at \$4100.

A PEACH OF A BUNGALOW

A southern bungalow of solid red pressed brick, with rock stone foundation, best hot water heating system, hardwood finish, 7 rooms and store room, front and rear verandah, storm and screen windows, a large garage, and fair sized lot. A home anyone would be proud to own. You cannot beat this one. Come in and investigate. Price on application.

NEAR CONSOLIDATED

Practically new red pressed brick of 7 rooms with floored attic and laundry cellar with every modern convenience and fair sized lot. Yours at \$4150.

NEAR FIVE POINTS

6 roomed home of solid brick, with nice large rooms, with every modern convenience, also summer kitchen and floored attic, rock stone foundation and fair sized lot. Yours at \$3600.

Have a good selection of all priced homes on terms to suit everybody's purse. Come in and convince yourself.

Open Monday, Wednesday and Saturday Evenings from 8 till 10 P.M.