## FLYING FEATS OF BIRD EXPRESSES

MILLIONS ARE SPENT ON PIGEON-RACING.

Popular Sport in the North of

Prike money alone is a large item, and in the big races as much as \$1,250 him in print as Mr. Q. Cumber.

Is awarded the winner.

While some parents exhibit too

While some parents exhibit too much ingenity at the baptismal font, others seem to be singularly lacking in that virtue. One man called his ons, in order of birth, One Stickney, and Three Stickney, and Thre

of graduated distances are promoted, vicusly. birds from Yorkshire and Lancashire flying from Devonshire or somewhere in Scotland. In June the Continental races begin. Various federations send their birds to Marennes, Bordeaux, Jersey, Arras, Troyes, or even St. Se-bastian. These long distance flights. are attended with risk, and many loss- Racial Origin-Welsh. es are sustained by fanciers. As many as 100,000 birds have been lost in a This is a family na

If fine weather prevails some good times are made. Birds liberated in France at 6 a.m. will be in England being the same day but sometimes

usted, and their breasts were bare of feathers as a result of the head-

An honest man does not lose his character because a dog barks at him. When you obey your superior you instruct your inferior in obedience. Those who gather nothing when

young will have no more when they The greatest wisdom is to have unsaid the wrong thing at the tempting

He who knows himself best esteems himself least, for all are the better for knowing the worst of themselves

Perfectly Simple.

"Do you ever catch any whales, cap-in?" asker the fair passenger on the ocean liner.

"Often, ma'am," answered the digni How very wonderful! Please tell m; how you catch them."

"We drop a few of the old salts on their tails, ma'am." Eighty per cent. of the total en listments of nearly 600,000 from Car ada in the war were voluntary.

It is in every man to be first-class in something, if he will. Only himself can hold him back. There is no excuse for incompetence in this age of opportunity and efficiency; no excuse for being second-class when it is possible to be first-class, and when first-class is in demand everywhere.

and training homing pigeons. They was without malicious intent that the parents of an American named Cumber christened him, as their fifth, and the money spent on racing this per christened him, as their fifth, year will run into millions of dollars. Quintus. Naturally, his political op-

much ingenuity at the bantismal font.

From various divisional areas.

During the war flying was restricted, and most fanciers placed their birds at the disposal of the country to assist in maintaining communications between the front line and headquarters.

Last year men who had been denied, their hobby for five years took it up their hobby for five years took it up. Last year men who had been denied their hobby for five years took it up again with renewed enthusiasm. Membership of the homing societies of bership of the homing societies of Ephraim Jiggins with Virtuous Jane Ingland increased by over 10,000.

In the early part of the season races

Merry Christmas Finnett look on en-

Names of great warriors and states men are associated with the most un-warlike and unpolitical of surnames. Thus we find Arthur Wellesley Waterloe Cox Iraternizing on the same page with Napoleon-the-Great Brown! and Richard Coeur de Lion Tyler bridging the centuries to compare notes with Robert Ama Balaclavia Inkorman Seoe Cox fraternizing on the same page

was a tailor. John Redvers Buller Thomas and

### Silenced the Heckler.

tary for War.
While addressing an election meet-

We do not demand the abundance which belongs to us, hence the leanness the lack of fulness, the incompleteness of our lives. We do not demand royally with too little of the things worth while. It was intended that we should live the abundant life.

## Surnames and Their Origin

This is a family name which has

A Game Bird.

The Yorkshire Federation's race these birds will face. Two thousand pigeons were liberated at six o'clock on a July morning for a 300-mile race.

Morgan is more exist is due to the fact that it is a name not easily simplified or changed in form. Most changes in names, as in words, of course, have come about through a tendency to simplify rather than to make complex.

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Morgan is morgan in form. Most changes in its turn was an offshot of the oldest of clan organizations among the like on the north coast of Ireland. He opened it and found a paper on which was written the message, "Huronian sinking fast. Tip heavy. One side under water. Good-bye, mother and sister.

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As a lost of clan organizations among the like on the north coast of Ireland. He opened it and found a paper on which was written the message, "Huronian sinking fast. Tip heavy. One side under the course, and of the clan organizations among the land of the clan organization and side in the clan organization and of the clan organization and side

other storm awaited them, and in the Midlands still worse weather was white."

While the Welsh had their clans in somewhat the same fashion as the riving home. The winner averaged 900 yards a minute. All the birds were exhausted, and their breasts were bare exhausted, and their breasts were bare the first birds were arriving home. The winner averaged risk many them does not clans system among them does not seem to have persisted to the extent date was some time prior to 93 A.D. of feathers as a result of the head winds they had faced. One of the birds reached its home at Pudsey, but after settling in the yard was too exhausted to fly into its loft.

A Little Wisdom.

O'Rourke, was the thirty-ninth Christian King of Connaught. This mone tarch died in 954, and for a period of several centuries afterward this clant family names in much the same fastion as the English, using them in the first place as mere explanations of the little wisdom.

A Little Wisdom.

A little Wisdom.

Am I living the sort of life that will give me the largest returns in brain the every and gripping thought, in masterful living; that will keep me always fit for the biggest, things I am capable of doing? Am I doing the sort of things that will encourage my ambition, develop I don't want to keep on a closet shelf.

Variations-O'Rorke, O'Ruarc, Rourke

Rooke, Rorke.
Racial Origin—Irish.

on a July morning for a sporting race.

In mid-Channel they encountered a storm, in the South of England and tic tongues, and its meaning was "sea in the way of an English family name by some three or four centuries.

that it did in Ireland and in the High-lands, at least to the extent of impos-O'Rourke, was the thirty-ninth Chris-

The greatest wretchedness is to be the Mac of the Gaelic was Ap.

The greatest wretchedness is to be thus "Evan Ap Morgan" was simply guilty without repentance.

"Evan the son of Morgan." And just ling "very swift."

# When Nights Are Sleepless

—the trouble is often due to the effects of caffeine on nerves and muscles, from the use of coffee or tea.

Thousands have turned to

# POSTUM CEREAL

and found complete satisfac-tion, with freedom from irritation to nerves or digestion

"There's a Reason" Sold by all grocers



## STERN REMINDERS OF RHEUMATISM

Every rheumatic sufferer should Ezekiel Methuen Macdonald Baden-Powell Williams owe their names to the Boer War; while the parents of The great pigeon Derbys are flown every year about the end of May or early in June.

These races start from France or Spain, and thousands of British homers compete. Some of the birds attain a speed of a mile a minute.

Last year's winner of the Lancashire Combination's race from Nantes covered the distance of 477 miles at the rate of 1,476 yards a minute. One of the minor records of last year's racing was a flight of 450 miles in slightly over ten.

Remarkable Christian

Names

It is one of the minor tragedies of life that a man is allowed no voice in the choice of his baptismal name.

No doubt the parent who had twins christened Cherubim and Seraphim, because, as he explained, "they continually do cry," was proud of his in a race from Nantes covered the distance of 477 miles at the rate of 1,476 yards a minute. One of the minor records of flast year's racing was a flight of 450 miles in slightly over ten. fiew 517 miles at the rate of 1,476 yards a minute. One of the minor replement, and Erratum.

Equally unfortunate were infants launched into the world as Not-Wanthours.

Pigeon-racing is most popular in the North of England, and there are thouseands of men and not a few women who spend many dollars in breeding and training homing pigeons. They

The spendix of 1,476 the majority of parents are concerned with one or two Christian names for their children, there are thouseands of men and not a few women who spend many dollars in breeding and training homing pigeons. They

Mahershahafhashbaz.

While the majority of parents are concerned with one or two Christian names for their children, there are thouse them may have a long string of them. Thus there as living a short time ago a woman who had a name for every letter of the alphabet, from Anne Bertha Cecilia to Winifred Xenophon Yetty Zeus.

Mahershahafhashbaz.

While the majority of parents are children, there are thouse them with one or two Christian names for their children, there are others who must have a long string of them. Thus there as living a short time ago a woman who had a name for every letter of the alphabet, from Anne Bertha Cecilia to Winifred Xenophon Yetty Zeus.

Second Constable—"No! too bli fast for me. That was a good lo girl on the back seat, wasn't it?"

First Constable—"No! too bli fast for me. That was a good lo girl on the back seat, wasn't it?"

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First Constable—"No! too bli fast for me. That was a good lo girl on the back seat, wasn't it?"

First Constable—"No! too bli fast for me. That was a good to they purify and strengthen it, and so to the cause of the remainster.

First Constable—"No! too bli fast for me. That was a good lo girl on the back seat, wasn't it?"

First Constable—"No! too bli fast for me. That was a good lo girl on the back seat, ance who was badly crippled with rheumatism in her arms and legs, and Hecklers do not get much change out of the Right Hon. Sir La Worthington-Evans, the new British Secretion by the British Secretion of the Right Hon. Sir La Worthington-Evans, the new British Secretion of the Right Hong Secreti you this in the hope it may be of bene- he found it rather difficult work

fit to some other sufferer."

You can procure Dr. Williams' Pink

The Nimia sailed from Newcastle New South Wales, in July, 1912, and

was never heard of again. Long aferwards, a scrap of paper torn from a log book was washed up on the New Zealand coast. It bore a scrawled message: "Nomia is sinking fast by hurricane in 42 S, 160 E. Gott save us." The German consul at Auckland was able to establish the fact that the handwriting was that of the captain

if the ill-fated vessel.

The General Steam Navigation Company's vessel Oriole left London for Havre in January, 1915. The following month several of her lifebelts were picked up near Hastings, but as these prefixes and suffixes have been dropped later in English and Gaelic names, so the "Ap" has been dropped in the Welsh names.

The Allan liner Huronian left Glas gow in 1902, and disappeared entirely. Five years afterwards a man saw a bottle washed up by the tide on the

Morgan is very ancient as a given name in the Cymric branch of the Celtic tongues, and its meaning was "sea white."

As a clan name, which virtually was the same thing as a family name, this surname probably antedates anything in the way of an English family name by some three or four controls.

As a clan name, which virtually was the same thing as a family name, this surname probably antedates anything in the way of an English family name by some three or four controls.

Collision with four and the use of Baby's Own Tablets he is entirely well again. I am so well assisted with the Tablets are notice messages were put in as evidence during an inquiry into the loss of a Grimsby trawler, the Angus.

One, picked up on the coast of Norway, read, "Steamship Angus. All hands to other mothers." The Tablets are

Bottles have been known to come to been cast into the ocean.

### Ask Yourself

The truth most required is the truth liked least.

Ilked least.

A little commendation goes a long, tong way.

The Welsh word corresponding to the "son" of the English, the "Fits" of the Normans and the "Mac" of the Gaels was "Ap."

The given name of "Roarc" is determined by the English language.

The Welsh one has suffered rather drastic changes in spelling through its translation into the English language.

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The given name of "Roarc" is determined by the English language.

The given name of "Roarc" is determined by the En to sap the largest percentage of my energy, devitalize me, demoralize my efforts, kill my ambition, mar my

These are fundamental questions which strike at the very tap-root of our possibilities. What we should be ambitious to do is to bring out the largest possible man, the man we are capable of being, the man we long to be. And we should live and work with this end in view, and not like a man who should say: "I want to bring out the divine possibilities in me, for I realize that I have two natures, two selves, so to speak. The largest possible man in me is ever prodding me on, ever suggesting to me that I bring him out and give him a chance; but I am not willing to pay the price, I am not willing to do the hard work, which would make the larger man possible, and so there is nothing I feel I can do but go on, year in and year out, letting the little man in me get my living while the larger man is thundering at the very gates, asking to be let out, to be given a chance to make good."

# BITS OF FROM HERE & THERE

Nothing Much

"Pa, what are ancestors?" Then why is it people bras about them?"

Mrs. Doughless—"I saved the money to buy this coat, darling." Doughless-"How did you manage it

Mrs. D .- "I bought it with the money you gave me for a new hat and had the hat charged to your account.

Not Time for Everything First Constable-"Did yer get that

fast for me. That was a good lookin' First Constable-"Aye, that she

Have you ever heard the story of

Gilligan was an Irishman, and he once got the position of station-master of a little wayside line of a not much-used little Irish branch railway. Gilligan- was, not accustomed to sending in reports, and as he had to send one in to headquarters every day

and rambled so from one subject to another, that the officials at headquarters could not understand them, ports shorter, but sensible

One day a light engine ran off the lines quite close to the station of which Gilligan was station-master. The following day, in wording his

The Negro, amazed beyond measure, sought out the scientist. "Perfessor," he asked, "how long ago did you know dem chickens would

"About a year ago," he replied with "Well, if dat don't beat all! Why perfessor, a year ago dem chicken wasn't even hatched!"

## **WELL SATISFIED WITH** BABY'S OWN TABLETS

Tablets for her little ones she will use nothing else. Her use of them leads her to believe there is no other medi-cine to equal them for any of the many minor allments of childhood. Concerning them Mrs. Eugene Boisvert, East Aldfield, Que., writes: "My baby was terribly constipated, but after the use of Baby's Own Tablets he tics of each man be meet sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont. he slow; is slow when he should be quick or because he talks too long; or not long enough before telling his

have to live with myself, and so I want to be fit for myself to know. want to be able as days go by,

sun

And hate myself for the things I've

Into thinking that nobody else know
The kind of a man I really am; I don't want to dress up myself in

I want to go out with my head erect, I want to deserve all men's respect; But here in the struggle for fame and

I want to be able to like myself. I don't want to look at myself and know
That I'm bluster and bluff and emp-

never can hide myself from me; I see what others may never see; I know what others may never know I never can fool myself, and so, Whatever happens, I want to be Self-respecting and conscience-free

ty show.

MONEY ORDERS. Pay your out-of-town accounts by Dominion Express Money Order. Five Dollars costs three cents.

Five hundred years ago no British town had a population of 40,000.

Ask for Minard's and take no other

# Gives Tanlac Credit For Splendid Health



T. J. PARKER 4246 Juneau Street, Seattle, Wash., U.S.A.

which Gilligan was station-master.
The following day, in wording his report, Gilligan said:
"Engine of again, on again, gone again.—Gilligan."

Tom Was Puzzied.

An expedition was sent to one of the Southern States to observe the recent eclipse of the sun.
The day before the event one of the members said to an old darky belonging to the house where he was staying:
"Tom, if you will watch your chickens to—morrow morning you"; find that they'll all go to roost at eleven o'clock."

Tom was skeptical, but, sure enough at the time predicted the sky darkened and the chickens retired to roost. The Negro, amazed beyond measure, sought out the scientist.

"I used to think all the Tanlac testimonials were exaggerated, but I thought a thousand times a got so dizzy I would nearly fail. I felt tired and miserable all the time thankful a thousand times a trial," said T. J. Parker. Well-known salesman for Gately's Clothing Störe, residing at 4246 Jineau St., Seattle, Wash., U.S.A.
"Several years ago I commenced having perfodic spells of sickness and a few months ago I had an attack that I thought would finish me. When I thought would and a few months ago I had an attack that I the time is not of a good plot for me. My appetite is fine now and although I am eating just anything I want and as much as I please, my stomach never gives me the least trouble. I have such gas on my stomach I could hardly get my breath.

Tom was skeptical, but, sure enough at the time predicted the sky darkened and the chickens retired to roost. The Negro, amazed beyond measure, sought out the scientist.

How a scleent a trial," said T. J. All T. J.

How a Salesman May Fail. He may fail from lack of tact in in-He may fail from lack of confidence

He may fail if he is slovenly in his dress and careless in his habits, be-cause this leads other men to suspect

that he is not prosperous and does not represent a first-class concern. He may fail if he speaks indistinctly r too rapidly or if he lacks ambition

He may fail because be indulges in

He may fall from lack of dignity. He may fall because he does not answer questions and criticisms intel-ligently and concisely.

He may fail from inability to profit

He may fail because he does not use the influence of his lists.

He may fall because he mis-reads to other mothers." The Tablets are his customer; is quick when he should

business and coming to the point describe what he is selling. He may fall by neglecting to do or say one or more of a hundred things in the right way. Also by doing cr

Celebrated saying a wrong thing at the wrong

## **ASPIRIN**

Only "Bayer" is Genuine



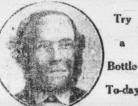
Warning-Unless you see the name 'Bayer" on package or on tablets you are not getting Aspirin at all. Take. Aspirin only as told in the Bayer package for Colds, Headache, Neuralgia, Rhenmatism, Earache, Toothache, Lumbago and for Pain. Then you will be following the directions and des-age worked out by physicians during twenty-one years and proved safe by millions. Handy tin boxes of twelve Bayer Tablets of Aspirin cost few cents. Druggists also sell larger packages. Made in Canada. Aspirin is the trade mark (registered in Canada) of Bayer Manufacture of Monoaceticacidester of Salicylicacid.

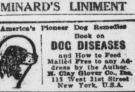
Only be steadfast, never waver, Nor seek earth's favor,

But rest; Thou knowest that what God wills must be
For all His creatures, so for thee,
The best.

rice pudding is never creamy. Bake it very slowly and keep the ekin on the surface intact, as it forms a covering that prevents the milk evaporating so

The first warship of the Monitor





# ITCHING RASH **ALL OVER BODY**

Burned Dreadfully. Lost Rest. Cuticura Heals.

"I had an itching reah on my back and shoulders which was very irritating and tiresome. It kept spreading all over my body and broke out into sore cruptions. They caused itching, and when I would rub or press them they burned dreadfully and I could not enjoy a night's rest. "I had given up hope when I tried Cuticura Soap and Olintment, and it was about four to six weeks before I was healed, after using eight cakes of Soap and three boxes of Olintment." (Signed) Miss Maris Bennett, Valley, Washington.

Cuticura Soap, Ointment and Talcum promote and maintain shin purity, skin comfort and skin health often when all else fails.