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No matter how old, how dirty, how dilapidated, it is a rope around them and send us to be made into The Famous VELVETEX Rugs

Reversible—Will wear a lifetime—Prices reasonable. We have hundreds of recommendations from satisfied customers.

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CANADA RUG COMPANY, 38 CARLING STREET, LONDON, ONT. ESTABLISHED 1908. Phone 2488



Yes, that house has been in the family for 50 years.

HOW many men have refused, purely from sentimental motives, tempting offers for their family homes. The old house that is well-preserved is always a delight, because each year seems to add to its treasured associations, as well as to its natural value.

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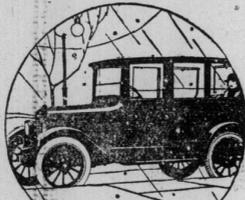
is a thoroughly tested and approved surface saver—it has held its world supremacy for almost 20 years. For those who prefer to mix their own, Brandram's Genuine B.B. White Lead, thinned with Turpentine and Pure Linseed Oil, as in B-H "English" Tint, makes a most satisfactory paint, for it easily outclasses all other white leads in covering capacity and permanence.

For those who prefer a prepared paint, Brandram's Genuine B.B. White Lead can only be secured in B-H "English" Tint. FOR SALE BY BRANDRAM-HENDERSON AGENTS LISTED BELOW.



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\$600 Less Than Any Other



Four-Door SEDAN

NO other four-door Sedan sells within six hundred dollars of the Overland. It has advantages out of all proportion to its cost.

Speaking of this beautiful, modern Sedan, one owner says, "After driving six different makes and sizes of cars, I am quite convinced that the Model Four Overland Sedan is the best. It is cozy in winter, cool in summer."

It is advisable to see this car now—not only see it but own it.

We delight in demonstrating and give free driving instructions.

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MODERN PUBLIC HEALTH

(University Extension Board of Western University.) BY H. W. HILL, M.B., M.D., D.P.H. Director Institute of Public Health of Western University, London, Ontario, Canada.

A Column Devoted to Public Health in All Phases. Questions Addressed as Above Will Be Welcomed.

TUBERCULOSIS OR PLAIN MAL-NUTRITION.

These two diseases are both characterized by under-nourishment, but the under-nourishment is due to causes almost conversely of one another in the two diseases—plain mal-nutrition, broadly speaking, is due to not getting enough food into the system for the body's wants; the mal-nutrition of tuberculosis, broadly speaking also, is due to using up the body faster than the food can be taken in.

FINDING THE TUBERCLE BACILLUS.

This would be conclusive, and in adults is the final sign of tuberculosis, not to be gained. The germ which causes tuberculosis is readily found in the sputum (spit) of adult cases, after the lungs have broken down so that the germs escape to the outside. But in school children, the lungs seldom reach this stage, so that the germs, although present and active in the lungs (as shown at autopsy), do not get out of them, and so cannot be found as a rule, during life.

LOSS OF WEIGHT.

Loss of weight is one of the star signs of early tuberculosis in anyone—in children, a stationary weight, or failure to gain the weight equivalent to actual loss of weight in an adult of course. This loss of weight or failure to gain normal weight occurs in ordinary mal-nutrition too, so by itself does not settle the diagnosis.

THAT TIRED FEELING?

Children with tuberculosis are easily fatigued. They are not lazy—although poor souls, they are really not up to the mark and cannot do physical work as well as they should. They are often bright enough mentally—sometimes unusually bright. It has been said that we owe many of our literary gems to the tubercle bacillus—for these, many of them were produced under the mental stimulation of the tubercle bacillus. Stevenson's works for instance.

AGE AND SEX?

There is not enough difference between the age and sex of the children suffering from tuberculosis and those suffering from plain mal-nutrition to be a real guide or even to help a snap diagnosis—so that won't do.

POVERTY AND RICHES.

How about the worldly wealth of the patient? Can we say off hand that the poor child is more likely to be suffering from mal-nutrition—because he does not get enough to eat; that the rich child is more likely to be suffering from tuberculosis because, though he gets enough to eat, he has tuberculosis to offset the good food? No, this won't do at all. It may seem plausible enough to a beginner; but if we check up the facts we find plenty of plain mal-nutrition amongst the rich children and plenty of tuberculosis amongst the poor ones. In some places, the children of the well-to-do actually have more both diseases than the children of the poor! Why? Oh, that is a long story in itself. Let us get on with the present one.

HOW ABOUT COUGH?

Of course, cough. Now we have something to wait. Lots of plain mal-nourished children have coughs and lots of tuberculous children have none. Nevertheless a cough that lasts six weeks without any really satisfactory explanation, needs looking into very seriously indeed. The lungs proper may not be affected, but perhaps the glands are—and these may produce a cough, which sometimes is rather like the cough (not the whoop) of whooping cough. (Did you notice that I wrote tuberculous children, not tubercular children? Why? Because, amongst the curious eccentricities of the English language as we use it today, tuberculosis means "due to tubercle" or "having tubercle," while tubercular means merely "covered with little nodules or lumps." A rough-coat house is tubercular, but it is not tuberculous.) So the existence of cough doesn't settle the question between tuberculosis and mal-nutrition, nor the kind of cough, nor the length of it? No, that is true, but it is a point that no one should overlook all the same.

EXAMINATION OF THE CHEST?

Well, we are getting warmer all the time in our search, but here again we don't find anything quite conclusive in every case. Of course the chest should be examined—the heart and lungs, particularly the lungs—carefully examined by a skillful physician, patiently and slowly and not through the overcoat either! The little patient's chest must be bared to give the best results—try listening through a stethoscope while rubbing the receiver on the thinnest sort of cloth and then you will see how much the friction of clothing even of the lightest on the receiver will mess up the sounds from the lungs. The physician will tap the chest with his fingers also—percussion is the technical word—and this too should be done with the skin bared. He will be especially careful in examining above the collar-bones, for tuberculosis often develops in that part of the lung very early.

WHAT WILL WE FIND?

Sometimes a good deal—and then there will be little doubt that tuberculosis is present. But often, in children especially, tuberculosis may be present, yet the lungs show little sign of it, perhaps because it is not in the lungs themselves, but in the glands about the lungs

SHIMMY MUST GO, CLARKSTON EDICT

City Folks Can't Abuse Oakland Town's Hospitality.

PONTIAC, Mich., March 31.—You mustn't shimmy in Clarkston. The little village on the improved roads north of Pontiac has risen in wrath against the abuses of the modern dance as exemplified by city folks who come there for "take part" in weekly dances staged by out of town committees. Complaints have been frequent during the latter part of the winter, and what they have seen has aroused them to the point where they threaten to have the law on someone.

MEETING IS POSTPONED.

Ottawa, April 1.—Canadian Press.—The scheduled meeting of the special parliamentary committee on soldiers' civil re-establishment was not held this morning.

IS YOUR STOMACH SOUR?

DO YOU BELCH GAS? If you have sour risings from the stomach, feel bloated and uncomfortable, just try twenty drops of Nerviline in sweetened water. Relief will come quick. Nerviline dispels the gas, sweetens the stomach, makes you fit and fine in a few minutes. As a general household remedy for many of the ills that constantly turn up, nothing is more useful in every home than a 35-cent bottle of good old "Nerviline."

HAD BAD COUGH FOR THREE YEARS

The constant hacking, racking, persistent cough that sticks to you in spite of everything you have done to get rid of it, is the kind that is dangerous.

The longer the cough sticks, the more serious menace it becomes to your health.

There is no remedy that will relieve coughs—coughs that won't let go—like Dr. Wood's Norway Pine Syrup.

It has a healing and soothing action on the air passages, and at the same time acts as a disinfectant of the respiratory organs, destroying the germs that produce serious lung complications.

Mrs. John Miller, Minburn, Alta., writes: "I had a very bad cough for three years. I went to several doctors and tried different cough medicines, but nothing seemed to help me. One day a friend told me about Dr. Wood's Norway Pine Syrup, and after using several bottles I became completely relieved. I always keep a bottle in the house, and also recommend it to others."

Dr. Wood's Norway Pine Syrup has been universally used for over 30 years, and so great has been its success, it is only natural that a great many imitations have been placed on the market.

The genuine is put up in a yellow wrapper; 3 pine trees the trade mark; price 35c and 50c a bottle; manufactured only by The T. Milburn Company, Limited.



Clear Baby's Skin With Cuticura Soap and Talcum

"If you are wise, be wise; keep what goods the Gods provide you." —Plautus.

What Controls Your Future?

YOUR future is in your own hands. Only by persistent saving — by creating a reserve fund—can you face the future confidently.

A Savings Account may become your pillar of strength. A steadily increasing reserve of money not only adds to your present comfort, but will ultimately bring you independence.

Our Savings Department is at your disposal, and by accepting the facilities offered, you may add greatly to your future contentment.

IMPERIAL BANK OF CANADA

The CITIZEN'S LIBERTY LEAGUE Stands for TEMPERANCE by GOVERNMENT CONTROL

The Citizen's Liberty League is an organization comprising men of highest standing in the professional and business life of the Province,—men who are not interested either directly or indirectly in the manufacture or sale of liquor, and whose demonstrated integrity and sincerity afford sufficient guarantee as to unselfishness of motive. The members of the League are devoting their whole effort towards obtaining what they conscientiously feel will prove the soundest solution of Ontario's liquor problem—viz., Government control.

By placing the responsibility entirely in the hands of the Government, the people of Ontario may rest assured that the sale of alcoholic beverages will be safeguarded and regulated in every direction consistent with life in a democratic country.

The League's views on temperance and its attainment are embodied in the Memorial here reproduced, which every serious-minded man and woman is asked to study with deliberation before making any decision.

Signatures are being obtained throughout the Province for the following Memorial, which is to be presented to the Ontario Government. Copies can be obtained from the Secretary, 104 Mail and Empire Bldg., Toronto.

- A Memorial To the Honorable the Premier of the Province of Ontario. We, the undersigned residents of the Province of Ontario, believers in temperance and moderation in all things, hereby desire to express our very grave concern at the prospect of any legislative enactment being placed upon the Statute Book of this Province which will not be binding upon the conscience of a great mass of the people and must be enforced by excessive penalties with armed inspectors and an army of spies and informers. Many serious-minded and well-informed citizens, including ministers of the gospel and men holding the highest positions in the community, while fully appreciating the material benefits which might be gained from the total prohibition of the sale of liquor, agree with the view that there is a proper limit to interference by the State with individual conduct. They believe that a temperance country can be more surely obtained by evolution, than by legislation and that total prohibition is inconsistent with true temperance and opposed to Christian morality, which is based not upon the manufacture of new crimes for punishment but on the stronger force of love. Democracy sprang from a desire for individual liberty. Stabilized democracy depends upon the security of individual liberties properly used. There can be no security for the observance of a law dictating what men should eat or drink unless it has the support of a substantial majority not merely of those voting on a Referendum, but of all the people in the Province whose support is necessary. Especially is this true when the prohibitory forces are highly organized at the polls. If one law is not enforced, all law is brought into contempt and democracy itself may be imperilled. It is a fundamental of democratic government that things innocent in themselves should be regulated against abuse, not prohibited. It is well recognized in law that a municipality cannot extend a mere power to regulate into a power to prohibit. If past generations allowed the open bar to become a menace, that is no reason why we should shirk the difficult duty of making wise regulations to govern the liquor traffic, and blindly throw to the winds an elementary principle which has hitherto been considered a necessary safeguard to democratic civilization. We believe that the cause of Christian temperance and of stabilized democracy can best be served,— (1) By Government control of the sale of spirituous liquors, and, if necessary, a wisely devised licensing of individuals to purchase spirituous liquors. (2) By the treatment of those who have not the strength to take care of themselves under such conditions, as patients, not as criminals. (3) By permission to purchase beer and wines under a system to be devised by the Government, thus minimizing the evil of illicit stills and the illegal sale of spirituous liquors and drugs. We are not advocating a return to the "open bar." (4) By the formation of a voluntary organization similar to the Blue Ribbon Army in Great Britain, whereby all available energies and funds may be devoted to the promotion of true temperance by education and example. We ask that you provide a means for an expression of opinion on the question of Government control. We further ask that the Ontario Temperance Act be amended as above, so that the conscientious scruples, rights and liberties of the people of this Province may be fully protected against an organized minority, and accused persons shall not be deprived, as they are now, of the sacred right of every British subject to be considered innocent until he is found to be guilty.

Total prohibition is as unnecessary in Ontario as it is unethical and impracticable and you are urged to stand by the League in their fight for

GOVERNMENT CONTROL

Vote "NO" in the coming Referendum and sign the Memorial.

SICK IN BED FOR A LONG, LONG TIME

O. H. Pobrnan Now Praises Dodd's Kidney Pills

Saskatchewan Man Gives the Reason Why Dodd's Kidney Pills Have Become the Standard Canadian Kidney Remedy.

Hafford, Sask., April 1.—(Special).—Dodd's Kidney Pills have few more faithful friends in any part of Canada than O. H. Pobrnan, well known and highly respected here. He gives the reason in a few words that go right to the point.

"I was sick in bed for a long time before I used Dodd's Kidney Pills," he says, "and I am healthy now. I am very thankful I used Dodd's Kidney Pills."

His friends like Mr. Pobrnan who have given Dodd's Kidney Pills the reputation which for twenty years has stamped them as Canada's standard kidney remedy. They have been used for all forms of kidney disease such as backache, urinary troubles, dropsy, diabetes, rheumatism and heart disease. They have given satisfaction. If you haven't tried Dodd's Kidney Pills ask your neighbors about them.

SORE THROAT

IS A COMMON AILMENT WHICH UNLESS CHECKED IN ITS EARLY STAGES, DEVELOPS AND REQUIRES SUPPORTIVE TREATMENT. IT IS OVERCOME BUT IF TREATED AT ONCE BY DR. THOMAS' ECLECTIC OIL IS FOUND IN