

The Home

Use Listerine.

Women who are careful of their teeth use a teaspoonful of listerine in their tooth-brush water once a day, or every night, just before going to bed, rinse out throat and mouth with a teaspoonful of listerine in four of water. Women who sing and who are troubled with hoarseness or sore throat use the same preparation for a gargle, with most beneficial results.

For mild turns of indigestion this simple, soothing remedy is an almost magic corrective. The dose is a teaspoonful in almost four times the amount of water, and where an unpleasant taste lingers in one's mouth, a washing out with a little listerine and water leaves the lips sweet and odorless.

Dentists particularly recommend the use of listerine for the teeth, for it cleanses as no brush ever can be expected to, carries off or nullifies all the ill effects of the tiny deposits in the teeth, corrects acidity, and acts in short, like a magic potion. It is very like vaseline in the comfort it gives, and now belongs in the toilet pharmacy along with cologne, camphor ice, and the rest of it.—*Prairie Farmer.*

A Clean Cellar.

A clean cellar is expected in the home of a good housekeeper. That it should be frequently aired goes without saying. But early in the month, if it is not done before, every corner should be thoroughly swept, the walls swept and whitewashed, all vegetables inspected, the refuse thrown away, bins, boxes, barrels, and crates emptied, and the entire place made as neat as the kitchen should be. No doubt much so-called malaria—the fashionable name used to cover a multitude of hygienic sins—is directly due to foul air, much of it arising from ill-kept cellars. The cellar air penetrates through floors and floods living rooms with untold filth. Hence the wise woman permits no accumulation of old utensils and debris of various kinds, often including soiled and discarded kitchen cloths, to poison the atmosphere and breed all sorts of diseases. During the month the sun should be often invited to enter the open window.

When there is a furnace, all dampers and registers should be closed before sweeping. As a sanitary measure it is well, at this point, to call in the furnace man to have the pipes and furnace itself examined, cleaned and repaired. Where practicable, open all the cellar windows to let the air draw through and sweeten the underground domain. Should it be damp, keep in one corner an old iron vessel with a lump of unslacked lime, and frequently expose a dish of charcoal in lump. Should there be any suspicion of an unsanitary condition, in addition to all these, wash the walls with a weakened solution of copperas. It may be done with an old whitewash brush.—*Hester M. Poole in Good Housekeeping for May.*

Care of the Sewing Machine.

As a rule, a sewing machine used by a family is neglected. Most women seem to expect it to be always ready for business, whatever care is given, and if it fails to come up to expectations, the fault is attributed to the machine without hesitation. When found with dressmakers and tailors, we believe the sewing machine receives more attention and better care, though here it is not always given proper care. In one instance, a dressmaker, using but one machine and employing two girls as assistants, oils her machine but once a week and never unbands it. It is needless to add that a new sewing machine in her hands is worn out in a very short time.

Directions for use and care accompany each machine purchased, but there are a few general directions which may apply to any and all machines. For every ten hours' use the sewing machine should be oiled thoroughly and all surplus oil carefully cleaned away. The machine, when not in use, should be unbanded and the foot lifted from the feed. It should be run steadily—never started or stopped with a jerk.

Care should be used in regard to the breaking of needles. One dealer claims that nothing contributes so readily to throw a machine out of order as this. Anything that may give the machine a shock should be avoided. Should poor oil be used, and the works become gummed in consequence, a thorough oiling with kerosene occasionally, and afterwards wiped clean and oiled with the best sperm oil, will be found very effective and save many dollars.

Any woman of ordinary intelligence may learn to clean the works of her sewing machine and keep it in good running order. She should clean it thoroughly and understand the use of the attachments. She should know how to lengthen and shorten the stitch, loosen and tighten the tension, both upper and lower, adjust the feed and presser foot, and every part of the

machine that will require attention.—*The Household.*

TWO MEALS A DAY ARE QUITE ENOUGH.—The theory of two meals a day is all right, and so is the practice, as experience has proven. Omit the breakfast. One cannot do hard work, mentally or physically, with a full stomach.—*Ladies' Home Journal.*

HINTS TO HOUSEKEEPERS.—Feed caged birds not only seeds, but also lettuce, sorrel, plaitain, and celery top.

Sew a piece of chair webbing two inches wide tightly on the under side of a rug to prevent it from curling up.

A good way to remove paint that has been spattered on a window pane is to wet it with alcohol, a small portion at a time if it is a large splash, and then rub it with the edge of a penny.

There is a good old-fashioned method of sweeping carpets with a broom wet in salt water. It is the best way known to brighten the colors of the carpet, and thoroughly remove the layer of dust that always settles back after the heavy sweeping is over.

To clean marble take one ounce of potash, two ounces of whiting, and a square of yellow soap, cut into pieces, boil all together in a saucepan until it begins to thicken; apply this with a large brush to the marble. If the marble is very dirty let it remain on all night; if not one hour is sufficient. Then wash it carefully off with plenty of cold water and a sponge. Take care the mixture is not applied too hot. This is an old and well-approved recipe.—*Christian Observer.*

On Monday afternoon, while returning from a fishing trip off Brier Island, in the Bay of Fundy, Chipman Thurber, aged 51, of Freeport was drowned by the capsizing of the boat in a squall. His son, who was with him, was saved. Thurber leaves a wife and several children. None of the bodies have been recovered up to the present.

The Earl of Airlie, whose death Lord Roberts deploras, was one of the most popular members of the nobility and commanded the Twelfth Lancers. Lieut. Cavendish was the son and heir of Lord Chesham. Major Fortescue was formerly aide-de-camp to Lord Seymour in Canada.

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