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Distances on Lake Ontario.

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ous country — the city of Rochester — the great aqueduct — the falls of the Genesee river — are all objects of great interest.

To Oswego, from Rochester, by the lake, is 63 miles.

“ Sacket's Harbor, from Oswego, 40 miles.

“ Cape Vincent, from Sacket's Harbor, 20 miles.

Kingston, Upper Canada, lies opposite Cape Vincent, and distant 11 miles. This place was formerly Fort Frontinac; it is built on the northern shore of the St. Lawrence, at its junction with Lake Ontario. The river is here 10 miles wide. The Thousand Islands commence immediately below Kingston, and are scattered in the river for a distance of 50 miles. The fortifications at Kingston are of considerable strength, and in reference to military and naval operations, it is considered an important point.

The Rideau Canal commences in the bay; and is five miles from Kingston. It was built at the expense of the British government, and principally for military purposes, in affording an internal communication between the Upper and Lower Provinces. The whole distance from Kingston, by the Rideau canal, to Montreal, is 280 miles. There is a variety of interesting objects along the canal — the Rideau and Ottawa rivers, the cataract of the Chaudine, the Rideau falls, extensive lakes, and some pleasant villages.

By the St. Lawrence, the distances are — to Brockville, from Kingston, 50 miles; Morristown lies opposite, on the American side. To Prescott, from Brockville, 20 miles, and the same to Ogdensburgh, U. S. To the head of the Long Sault is 38 miles; thence to Cornwall is 12 miles; thence to the Cascades, 16 miles; thence to Lachine, 24 miles; thence to Montreal, 9 m.