

# POSTING SERVICES CENTRE UPDATE

## COMMUNITY LIAISON SECTION

**Community Coordinators.** 45 posts have indicated an interest in implementing this program and 18 will be doing so in the 1984-85 fiscal year. For further information see the article "Community Coordinators".

## FOREIGN LANGUAGE SECTION

The Foreign Language Section wishes to thank the students and teachers for a successful Developmental Group Language Program this year. In spite of the late start, students have proven to be well motivated and we are encouraged by the high level of attendance throughout the program. Student interest is evidenced by the large number of enquiries regarding the possibility of extending the length of their classes. The self motivation and dedication of all participants have been most gratifying.

In preparation for a new posting season the Foreign Language Section has been seeking new sources of teachers of foreign languages. One source is the recent invitation to spouses who are foreign born or who have lived in a foreign country for many years. Those interested who are qualified to teach one of the several languages for which teachers are needed (Afrikaans, Amharic, Arabic, Bambara, Bengali, Cantonese, Czech, Danish, Dutch, Finnish, Greek, Hindi, Hungarian, Indonesian, Korean, Lingala, Malay, Mandarin, Norwegian, Polish, Serbo-Croatian, Romanian, Shona, Sinhala, Swahili, Tagalog, Thai, Turkish, Urdu, Vietnamese, Wolof) are invited to send ADTB a copy of their resumé in order that an interview can be arranged.

## POSTING OPERATIONS AND TRAINING SECTION

The Section will be offering a number of workshops to facilitate the adaptation of foreign service employees and their families into a foreign environment.

All employees and/or their dependants who are interested in attending these sessions should register as soon as possible by calling Joanne Poulin at 992-2221. If you require further information, please contact Christina Dowler at 992-2221.

**Entertaining Abroad** — provides a theoretical and practical introduction to the protocol of entertaining.

### Daytime courses:

English — March 26, April 30, May 28, June 10

French — March 18, April 2, May 7, June 4

### Evening courses: 7:00-10:00 p.m.

English — April 17, May 8, June 13

French: April 25, May 22

**Cross-Cultural Communication** — provides the opportunity to share ideas and concepts that can help to improve cultural awareness and increase enjoyment of life in a foreign country.

In the afternoon of the daytime sessions, a panel of spouses will discuss their experiences.

### Daytime courses:

English — March 5, April 23, May 30

French — March 14, April 18, May 16

### Evening Courses: 7:00-10:00 p.m.

English — March 28, May 14, June 3

**Staying Healthy In Developing Countries.** A half-day course in English and one in French will be provided by a Health and Welfare medical officer in May.

**Stress** — promotes a basic awareness of the nature of stress and its manifestations and proposes a few techniques for dealing with this problem.

### Daytime courses:

English — February 26, March 19, April 16, May 14

French — March 12, April 22, May 23

### Evening courses: 7:00-10:00 p.m.

English — April 22 and 24 (one course);

May 27 and 29 (one course)

French — to be announced

**Self-Defence.** We are planning to offer an 8-week evening course that will heighten awareness of dangerous situations and teach basic self-defence techniques.

This will be offered in English beginning in early April and in French at a later date. In order to have this workshop, we need a minimum of 20 participants. Please call the Centre if you are interested.

**Area Workshops.** We are planning to offer eight (4 English and 4 French) 3-hour evening sessions on the culture and day-to-day life at a specific post or region. Spouses who have lived in these countries will provide these presentations.

**Videos.** The Centre has purchased a four-part video series entitled *Going International*. The specific titles are: *Bridging the Culture Gap*, *Managing the Overseas Assignment*, *Beyond Culture Shock* and *Welcome Home, Stranger*. Anyone wishing to view these films is welcome to do so at the Centre.

**Pre-Posting Briefings.** From now until June these two-day briefings will be held on a weekly basis. Spouses are encouraged to attend. Please contact Maryse Leroux, 992-2221. For further information see the article, "The Pre-Posting Briefing".

## OUR FRONT COVER — An Oil Painting by Louise Laurin



Louise Laurin's portraits capture the personalities of her subjects. The faces, often rugged and aged, reflect the lives they have lived and each expresses a certain warmth and sentimentality.

People from various cultures have a fascination for her. She has already done a series on native Canadians plus has several extremely effective works depicting Oriental and African cultures. Ideally she would love to travel the world capturing the facial expressions around her, but for the time being, she travels the world through books and paints from conglomerates of photographs.

Her everyday life centres around her home in the country with her husband and



daughter, and her office in MFFI (Finance), where she has worked for the past 12 years.

From January 13 to 27, 1985 she had a solo exhibition at Dow's Lake Pavilion in Ottawa.