## RAR <br> FOR IMTERMAL AND EXTERNAL USE.

Instantly stops tho most oxeruciating patps, allays
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For hoadacho (whothor sick or borvous) tooth.

 all kindo, the anplication of Rad way's Roady Relif
will afird immodiato oaso, andits continued uso for a

Strong Testimony of Emigrant Commissioner, the Hon. George Starr. as to the power of Radway's Ready Reliof in a Case of Sciatica, Rheumatism.

## Van Nbbs Plaor, Nety Yoak.

Dr. Rapwar-With me your Relief has rorked and sovore attacks of sclatica, sometimes oxtending from tho lumbar regions to my anklos, and at times to During the time nlmost all ho remedies recommended Ly wise men
and fooln, hoping to find rellot, but all fand fools, hoping to find relle?, but all proved to be I havo tried varions kinds of bathe, manipulation,
outward application of Inimonts too numorous to mentlon, and prescriptions of the most emplnont 1 iby siclans, all of which fallod to tive most merelief. (who had been aniloted as mysolf). I was inducoul to Iry Your romedy. I Fas then Buffering fearfully with
one of my old turns To ny surprise and dolight tho one of my old turns To no my surprise and dolifght tho
frst application



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ENTERNAELY - A balf ton traspoonful in half a Bpanms, Sour Stomach, Nauken, Vomitine. Heartburn Nervuasuess, Sleenlossness, Sick Headsc
Colic, Flatulency and all internal palns.

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There is nota remodal agent in the world that
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Manufactured rron the Bent Cannis Grapes
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Analysos Anaiysos show them to contain liberal amounts oi the. characteristic of true Wino and which modify
othen alcohol alone.
grape, Lhop 50 a high dogroe the natural garor of the grape Lhoy serve tho parposeor a ploreant zable Wino CHAS. F. HEEEMVER, Ph. G. Phm. B.

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## Tortured Distigured Humiliated <br>  <br> By nesighty gkin and Cuticuia kesolveit Is his greatest of fikin purflaces $A^{s}$ well as blood puriners. It is surcrasfil in curlng Torturing, disuggring humilating When the usul remeteand even Tho best physicians fall. <br> Entirely regotable, finnocent, and effectivo, It $\theta$ pectally appents to those who anvo  It acts upon the ifrer, klineve and bowels as well as unon tho skin mind ulood. Its uediluring the wintar and girling Insures a clear skin and pure wlood Insuren a clear skin and purr illood  <br>  <br> Sold throughout the world. Prico, sh.surortne Druv \& Cury. Conr., Solo Props., Boston "How to Cure Bkla, avd Blood Mumora," freo

## EHCOLAT MENIEH is now tor sale

 2umwn mevin everywhere in the anited wtates Canada, slts use as a table berin place ofTea, Coffee or Cocoa, has becomequite universal. It Nourishes and Strengthens. If served iced, during warm weather, it is most
Delicious and Invigorating.

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## HEALTH AND HOUSEHOLD RINTS.

Hot bread can be cut as smoothly as cold If a hot knife be used.

Ripe tomatoes will remove ink and other stains from white cloth, and also from the hands.

Pour boiling water over coffee, tea and fruit stains before putting tablecloths into the suds.

To keep cheese from molding or from drying, wrap it in a cloth damped with vinegar and kecp it in a covered dish.

Don't clean brass with acids. Use putty powder and sweet oil ; wash off with soap suds and dry. It will insure brightness.
Never sleep with a bright light shining directly upon the eyes. They should face the darkest and most restful corner in the room

Never do any work which taxes the eyes with the light shiniog full in the face. The best and most tavorable light, natural or artificial,
shoulder.

A good cement for celluloid is made from one part of shellac dissolved in one part o spirits of camphor and from three to four parts of ninety-per-cent. alcohol. The cement should be applied warm, and the broken parts securely held together until the solvent bas evaporated.

Beef Salad, with Tomatoes.-Scallop or trim in slices some cold boiled or braised beer; pare the pieces round shaped, and season with salt, pepper, oil and vinegar also very finely cut up chervil and chives dome shape, and garnish around the salad witb peeled and quartered tomatoes.

Asparagus Salad.-Cut the tender parts of asparagus into pieces of equal length, and tie them in bunches; then cook them in salted water and leave them to get cold. A few minutes before serving them mix in a bowl with a third of their quantity of pared crawfish tails; season with salt and pepper, rub through a sieve the yoks of six hard boiled eggs, dilute this with oil and vinegar, and pour over this sauce the asparagus and crad hish; then arrange the saiad symmetrically a salad bowl and add the seasoning to it

Strawberry Scones.-Beat half a teacupfu of butter to a cream with a teacupful of sugarl strain two eggs into a quarter of a teacupful of milk, and stir it gracually into the butter and sugar ; sift one teaspoonful of carbonate of soda, and two teaspoonfuls of cream o tartar, with two teacupfuls of flour, and ad it into scones, and bake in a moderate oven for ten minutes. Tear these scones apart, and place on one half a mixture of strawberries (or raspberries) lightly mashed with sugar, and a little thick cream; cover these with the rest of the scones, and ice with the following: Stir over the fire three-quarters of a pound of icing sugar with three tablespoonfuls of strawberry juice until just warm and smooth, and use. These scones can be made with almost every kind of fruit, and are particularly good with raspberries or blackberries. The paste of which these scones are made can be baked on an ordinary baking-lin, marked in squares with a sharp knife, and brushed over with a little milk, to glaze them. Iust as they are taken from the sven they can be sprinkled with roughly pounded
finished off like the regular scones.

Probably one of the greatest advantages of gas as a fuel for cooking is that of the comfort derived in the summer season when the thermometer is hovering in the nineties, and the oppressive beat of tae almosphere is al. most unendurable, not to mention the heat generated by the kitchen range. Besides, conking by a gas-stove not oncly does the work more satus of food.
shrinkge of strinkage of food.

The gaver has two other great advantages over the ordinary cooking range. In simple turning of the gas.key and applying the match is all that is necessary. No damp kindilings, no coal to hande, no soot, no wicks kindings, no coal to hanale, no soot, no wicks to trim, no reservoir
place, the gas-stove is finely adapted for cooking anything that requires a steady and eren heat. Thousauds of gas-stoves are sold annually all over the country; and although the larger ones are rather bigh-priced, they are larger ones are ratuer expensive as an investment. With a four burner gas-stove and a storeroom well-stocked with tinned meats, soups and vegetables and canned fruits, the most inexperisen departure of the genius of the culinary d3partmeat, and it will be a comparatively casy matter for her to supply thetable until arciatorcement of help can he procured.
But where gas is not in the house, or for any other reasoa not available, the usefulness of the kerosen oil stove cannot be overestimated. They can be had in all sizes, from 30
cents to as many dollars in price of course, they require practical care, and need the same

patience and hard work.
So you can wash clothes with soap and a wash-boardbut it isn't the best way. It's slow work, hard work, costly work. It wears out the things you're trying to get clean.

The best and casiest way is to use Pearline. That does the washing while you're doing something else-does it without any of the clumsy rubbing that takes so much time and makes so much wear and tear. Send Proders nad dims unenanions it Back wemin in in diz



## EMPLOYMENT EXOHAN'GES.

Mrelp furnished promply for first class fanilites.
Situations procured for those sceking work. HiNG \& CO., 158 Klag St. West.
attention as lamps. If the wicks of the stove be unevenly cut, the quantity of heat generated will be lessened, by sooting flues, besides causing a powerful and most undesirable odor A kerosene oil stove should never be left burning while no one is in the room ; accidents have several times resulted from a neglect oi this precaution. When called away, it is best, to insure safety, always to put out the er size of stove has but one wick, and while this is very useful, a two-wicked stove is much more satisfactory. By means of the larger kerosene stoves, a course dinner of any length may be prepared, also baking and laundry work done; but a comfortable meal for a family of six can be prepared with a two-wicked oil stove.

For instance : In the first place, heat a targe ketric of water to boiling, then remove this and put over the fire another kettle in which you have placed some lamb for a stew or pot-pre, and add some of the water vou have heated. When the lamb has cooked slowly for about an hour and a halt, add potatoes, onions, tomatoes, or whatever yonr taste may desire, and half au hour longer vill finish the cooking. The stew will then remain hot in the pot long enough for to fry other meat or 6sh, or to make an oyster stev or clam soup, and to make tea or coffe.

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