

FOR INTERNAL AND EXTERNAL USE.

Instantly stops the most excruciating pains, allays inflammation and cures congestions, whether of the Lungs, Stomach, Bowels, or other glands or nuccus membranes.

ACHES AND PAINS.

For headache (whether sick or nervous), tooth-ache, negralgia, rheumatism, lumbage, pains and weakness in the back, spine or kidneys, pains around the liver, pleurisy, awelling of the joints and pains of all kinds, the application of Radway's Roady Relief will afford immediate ease, and its continued use for a few days effect a permanent cure.

Strong Testimony of Emigrant Commissioner, the Hon. George Starr, as to the power of Radway's Ready Relief in a Case of Sciatica, Rheumatism.

VAN NESS PLACE, NEW YORK.

DR. RADWAY-With me your Relief has worked wonders. For the last three years I have hadfrequent and severe attacks of sciatica, sometimes extending from the lumbar regions to my ankles, and at times to both lower limbs.

During the time I have been afflicted I have tried almost all the remedies recommended by wise men and fools, hoping to find relief, but all proved to be failures.

I have tried versions 1/2-2-1.

and took, noping to find reflet, but all proved to be failures.

I have tried various kinds of baths, manipulation, outward application of liniments too numerous to mention, and prescriptions of the most eminent physicians, all of which failed to give me relief.

Last September at the urgent request of a friend (who had been afflicted as myself), I was induced to try your remedy. I was then suffering fearfully with one of my old turns. To my surprise and delight the first application gave me ears, after bathing and rub bing the parts affected, leaving the limbs in a warm glow, created by the Relief. In a short time the pain passed entirely away. Although I have slight periodical attacks approaching a change of weather. I know now how to cure myself, and feel quite master of the situation. RADWAYS READY RELIEF is my friend. I never travel without a bottle in my valise.

Yourstruly, GEO. STARR.

Yours truly, GEO. STARR.

ENTERNALLY — A half to a teaspoonful in half a tumbler of water will in a few minutes cure Cramps Spanns, Sour Stomach, Nausea, Vomiting, Heartburn, Nervousess, Sleeplessness, Sick Headache, Diarrhoxa, Colic, Flatulency and all internal pains.

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There is not a remedial agent in the world that will cure fever and ague and all other malarious, billous and other fovers, aided by RADWAY'S PILLS, so quickly as RADWAY'S READY RELIEF.

25 cents per bottle.

Sold by all Druggists.

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FOR COMMUNION PURPOSES.



BRITISH DOMINION

Manufactured from the Best Canada Grapes without the use of either artificial coloring or distilled spirits in any form.

After repeated chemical analyses of the Wines made by Robert Braiford of No. 595 Farliament St., Toronto. I do not hesitate to pronounce them to be unsurpassed by any of the native Wines that have come under my observation.

Analyses show them to contain liberal amounts of the thereal and saline elements, sugar and tannic acid otc., characteristic of true Wine and which modify materially the effects which would be produced by alcohol alone.

Retaining to a high degree the natural flavor of the grape, they serve the purpose of a pleasant table Wine as well as that of a most valuable modicinal Wine.

CHAS. F. HEEENER. Ph. G. Phm. B.

CHAS. F. HEEBNEB, Ph. G. Phm. B. Dean and Professor of Pharmacy. Ontario College of Pharmacy.

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It is successful in curling
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The best physicians fall.
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It especially appeals to those who have
Suffered long and hopelessly.
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well as upon the skin and blood.
Its use during the winter and spring
Insures a clear skin and pure blood,
As well as sound bodily health.
It is the only Further acting on the Skin and
Blood at the same time.

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Tea. Coffee or Cocoa, has become quite universal. It

Nourishes and Strengthens. If served iced, during warm weather, it is most

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HEALTH AND HOUSEHOLD HINTS.

Hot bread can be cut as smoothly as cold if a hot knife be used.

Ripe tomatoes will remove ink and other stains from white cloth, and also from the bands.

Pour boiling water over coffee, tea and fruit stains before putting tablecloths into the suds.

To keep cheese from molding or from drying, wrap it in a cloth damped with vinegar, and keep it in a covered dish.

Don't clean brass with acids. Use putty powder and sweet oil; wash off with soapsuds and dry. It will insure brightness.

Never sleep with a bright light shining directly upon the eyes. They should face the darkest and most restful corner in the room.

Never do any work which taxes the eyes with the light shining full in the face. The best and most favorable light, natural or artificial, is that which falls over the left

A good cement for celluloid is made from one part of shellac dissolved in one part of spirits of camphor and from three to four parts of ninety-per-cent. alcohol. The cement should be applied warm, and the broken parts securely held together until the solvent has evaporated.

Beef Salad, with Tomatoes.—Scallop or trim in slices some cold boiled or braised beef; pare the pieces round shaped, and season with salt, pepper, oil and vinegar; also very finely cut up chervil and chives; lay all on a plate or salad bowl, giving it a dome shape, and garnish around the salad with peeled and quartered tomatoes.

Asparagus Salad.-Cut the tender parts of asparagus into pieces of equal length, and tie them in bunches; then cook them in salted water and leave them to get cold. A few minutes before serving them mix in a bowl with a third of their quantity of pared craw-fish tails; season with salt and pepper, rub through a sieve the yolks of six hard boiled eggs, dilute this with oil and vinegar, and pour over this sauce the asparagus and craw-fish; then arrange the salad symmetrically in a salad bowl and add the seasoning to it.

Strawberry Scones.—Beat half a teacupfu; of butter to a cream with a teacupful of sugarl strain two eggs into a quarter of a teacupful of milk, and stir it gradually into the butter and sugar; sift one teaspoonful of carbonate of soda, and two teaspoonfuls of cream of tartar, with two teacupfuls of flour, and add to the rest, mixing all to a nice paste; divide it into scones, and bake in a moderate oven for ten minutes. Tear these scones apart, and place on one half a mixture of strawberries (or raspberries) lightly mashed with sugar, and a little thick cream; cover these with the rest of the scones, and ice with the following Stir over the fire three quarters of a pound of icing sugar with three tablespoonfuls of strawberry juice until just warm and smooth, and use. These scones can be made with almost every kind of fruit, and are particularly good with raspberries or blackberries. The paste of which these scones are made can be baked on an ordinary baking-tin, marked in squares with a sharp knife, and brushed over with a little milk, to glaze them. Just as they are taken from the oven they can be sprinkled with roughly pounded sugar, and finished off like the regular scones.

Probably one of the greatest advantages of gas as a fuel for cooking is that of the comfort derived in the summer season when the thermometer is hovering in the nineties, and the oppressive heat of the atmosphere is almost unendurable, not to mention the heat generated by the kitchen range. Besides, cooking by a gas-stove not only does the work more satisfactorily, but quicker, and with less shrinkage of food. The gas-stove has two other great ad-

vantages over the ordinary cooking range. In the first place, it is always ready. The simple turning of the gas-key and applying the match is all that is necessary. No damp kindlings, no coal to handle, no soot, no wicks to trim, no reservoir to fill. In the second place, the gas-stove is finely adapted for cooking anything that requires a steady and even heat. Thousands of gas-stoves are sold annually all over the country; and although the larger ones are rather high-priced, they are not expensive as an investment. With a four burner gas-stove and a storeroom well-stock-ed with tinned meats, soups and vegetables and canned fruits, the most inexperienced housewife need not be dismayed at the sudden departure of the genius of the culinary dapartment, and it will be a comparatively easy mat-ter for her to supply thetable until areinforce-ment of help can be procured.

But where gas is not in the house, or for any other reason not available, the usefulness of the kerosen oil stove cannot be overestimated. They can be had in all sizes, from 30 cents to as many dollars in price. Of course, they require practical care, and need the same



use a sieve. You can do

patience and hard work.

So you can wash clothes with soap and a wash-board but it isn't the best way. It's slow work, hard work, costly work. It wears out the things you're trying to get clean.

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attention as lamps. If the wicks of the stove be unevenly cut, the quantity of heat generated will be lessened, by sooting flues, besides causing a powerful and most undesirable odor A kerosene oil stove should never be left burning while no one is in the room; accidents have several times resulted from a neglect of this precaution. When called away, it is best, to insure safety, always to put out the fire and relight it on your return. The smaller size of stove has but one wick, and while this is very useful, a two-wicked stove is much more satisfactory. By means of the larger kerosene stoves, a course dinner of any length may be prepared, also baking and laundry work done; but a comfortable meal for a family of six can be prepared. for a family of six can be prepared with a two-wicked oil stove.

For instance: In the first place, heat a large kettle of water to boiling, then remove this and put over the fire another kettle in which you have placed some lamb for a stew or pot pie, and add some of the water you have heated. When the lamb has cooked slowly for about an hour and a halt, add potatoes, onions, tomatoes, or whatever your taste may desire, and half an hour longer will finish the cooking. The stew will then re-main hot in the pot long enough for to fry other meat or fish, or to make an oyster stew or clam soup, and to make tea or coffee.

I cured a Horse of the mange with MINARD'S LINIMENT.

Dalhousie. CHRISTOPHER SAUNDERS.

I CURED A HORSE, badly torn by a pitch fork, with MINARD'S LINIMENT.

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