

DOMINION ATLANTIC RAILWAY

—AND—
Steamship Lines
 —TO—
 St. John via Digby
 —AND—
 Boston via Yarmouth
 "Land of Evangeline" Route.
 On and after June 13th, 1909, the Steamship and Train Service on this Railway will be as follows (Sunday excepted):
FOR BRIDGETOWN.
 Express from Halifax, ... 12.11 p. m.
 Express from Yarmouth, ... 1.54 p. m.
 Accom. from Richmond, ... 5.20 p. m.
 Accom. from Annapolis, ... 7.20 a. m.

Midland Division
 Trains of the Midland Division leave Windsor daily, (except Sunday) for Truro at 7.40 a. m., 5.35 p. m., and 6.40 a. m., Monday, Tuesday, Wednesday, Thursday, and Friday, and from Truro at 6.40 a. m., 3.15 p. m., and 12.10 p. m., Monday, Tuesday, Wednesday, Thursday, and Saturday, connecting at Truro with trains of the Intercolonial Railway, and at Windsor with express trains to and from Halifax and Yarmouth.

Boston Service
 Commencing Sunday, June 13th, the Royal Mail S. S. Prince Arthur and Prince George leaves Yarmouth, N. S., Monday, Wednesday, Friday, and Saturday, immediately on arrival of express trains from Halifax, arriving in Boston next morning. Returning, leaves Long Wharf, Boston, Sunday, Tuesday, Thursday, and Friday, at 2.00 p. m.
S. S. PRINCE ALBERT
 Makes daily trips (Sunday excepted) between Parrsboro and Wolfville, calling at Kingsport in both directions.
St. JOHN and DIGBY
 ROYAL MAIL S. S. PRINCE RUPERT.
 Daily Service (Sunday excepted.)
 Leaves St. John, ... 7.45 a. m.
 Arrives in Digby, ... 10.45 a. m.
 Leaves Digby same day after arrival of express train from Halifax.
P. GIFFKINS,
 Kentville.
 General Manager.

A RECORD OF 47 YEARS
 Prompt Payment of Losses and Not One Contested Claim.
THE Acadia Fire
W. D. LOCKETT
 AGENT
BRIDGETOWN

It Costs No More
 To order early and have your varieties reserved for you. Don't be amongst the disappointed ones who write in at the end of the season, expecting nurserymen always to have in stock varieties they want. At present we offer a complete list of all Commercial varieties of fruits for seasons of Fall 1909 and Spring 1910 delivery. Our trees are properly grown under Government Inspection, and our stock will satisfy the most exacting. The supplying of first grade trees, true to name, for Commercial orchards, our specialty.
 Send in your list of requirements, and let us quote on the same.
STONE & WELLINGTON
 Fonthill Nurseries
 Oldest and Largest in Canada.
 Established 1837-Over 850 Acres
 TORONTO, ONTARIO.

PANTS! PANTS! PANTS!
 Greatest Slaughter Sale Yet, This Week Only
 Men's Pants, regular price \$3.50 now \$3.00.
 " " " " \$2.75 now \$2.40.
 " " " " \$2.50 now \$2.00.
 " " " " \$2.25 now \$1.75.
 " " " " \$2.00 now \$1.60.
 " " " " \$2.00 now \$1.50.
 " " " " \$1.60 now \$1.30.
 " " " " \$1.50 now \$1.25.
 Boy's Pants, regular price \$1.30 now \$1.00.
 " " " " \$1.00 now \$0.60.
 " " " " \$0.90 now \$0.50.

HAYWARD CLOTHING STORE
 UNION BANK BUILDING

Fresh Seeds
 We have in stock a full line of fresh Garden Seeds, of the celebrated **STEELE-BRIGGS' Stock. None Better.**
ALSO CLEANED BUCKWHEAT FOR SEED
MILLINERY
 Miss Wade can supply the Ladies with everything in the Hat line.
ALSO IN STOCK
 Children's Headwear, Dresses, Hosiery, etc.
W. W. WADE, BEAR RIVER, N. S.

MOST OF US Are looking for the very best values we can get.
 If we know enough about **TEA**, we insist on having **MORSE'S**

SPRING IS COMING



Our new Spring Suits for Men and Boys are already here. Fit-Rite suits in elegant new patterns and smart styles. Fit-Reform Suits in colorings and designs that are gay to look upon. Reliance Brand Clothing for boys, recognized as the strongest and best clothing in Canada. Our prices as always are the lowest possible considering quality.

Bridgetown Clothing Store
J. HARRY HICKS

A CARLOAD OF CARRIAGES
 Just arrived, a carload of first class carriages, bought direct from the factory. I am prepared to give you any style of a vehicle in rubber tire or steel tire. All I ask is an inspection of my goods and I am sure you will buy if in need of a carriage. These carriages are made in Nova Scotia by skilled workmen and are guaranteed by manufacturers.
F. B. BISHOP, LAWRENCETOWN N. S.

Have You Seen Our Irridescent Glassware?

Something new. Very pretty and very cheap. Beautiful pieces for a quarter.
CHINAWARE in many styles and grades. See what pretty pieces you can get for a dime.
GRANITE and TINWARE and all kinds of kitchen furnishings. Five cents will buy something useful.
CONFECTIONERY, from penny goods to 40c. a pound, also a line of **FRESH GROCERIES.**
 If you want a well-flavoured dish of **ICE CREAM**, try

Mrs. H. E. BROWN,
 Shafner Building, Queen St.

When answering advertisements please mention this page.

The House Fly
 In recent years the part the common house-fly plays in the economy of a community has been emphasized by the work of health officers in all parts of the world. Formerly, this insect was considered as merely a general nuisance—a dirty fellow fond of wallowing in slime, or a gay sipper fond of tickling, the skin of listless summer lollers; but now it must be looked upon as a dangerous enemy of man, on account of the fact that it is the agent of transmission of some of the worst infectious diseases. It has been proved beyond a doubt that the house-fly may, and does, spread the germ of tuberculosis (consumption) and the germ of typhoid fever, as well as those of the more common summer intestinal diseases, from one individual to another. Such being the case, it behooves us to guard against the enemy by taking such preventive measures as will reduce the liability to infection.
 First of all, let us get a glimpse into the life history of this great disease-carrier. The female house-fly lays its whitish, wheat-like eggs in clusters of about 120 in decaying animal and vegetable matter, preferably in horse manure. The eggs hatch in a few hours and bring forth maggots which continue feeding and growing in the decaying mass for about six days in warm weather before changing to pupae within brown, pupae-cases. After remaining about six days as inactive pupae the adult flies emerge to begin a new brood. It will be seen then that it requires 12 or 13 days in warm weather for a complete generation of the house-fly, the season's progeny of a single overwintered female may be incredibly large. For example, if on May 1st one female deposits 100 eggs, 60 of which are female, and 10 of these survive to maturity, then on May 15th there would be 10 females, and on the same calculation, on May 30th there would be 100 females, and on June 15th, 1,000 females; June 30th, 10,000 females; July 15th, 100,000 females; July 30th, 1,000,000 females; August 15th, 10,000,000 females; August 30th, 100,000,000 females; September 15th, 1,000,000,000 females, on the supposition, too, that half of the eggs are female and that only one-sixth of these would reach maturity and lay eggs. As a matter of fact the number will be limited only by breeding opportunities.
 Secondly, let us examine the relation of the house-fly to certain diseases. We notice that the maggots live and feed in manure piles and box privies, and in places of like character, and that the adult flies swarm from their breeding places to kitchens and dining rooms, where they are found on all kinds of foods. Germs gathered by the flies at refuse deposits are carried and left by them on their visits to the kitchen. In this way the disease spreads to healthy persons.
 Thirdly, when we come to the question of remedies, much can be done along the line of prevention by (1) the use of screens on all windows and doors to prevent the access of flies to the house; (2) the use of sticky, or under certain conditions, poison papers; (3) the proper disposal of horse manure and garbage every week to some dark place tightly screened, and the liberal use of air-slaked lime about the stalls and gutters; and (4) the adoption of the dry-earth closet, where there is no flush system.

Tomorrow is another day,
 You can't be gay
 Or glad, you say?
 But time bring solace so you may
 In time forget your sorrow.
 It's better far to look ahead.
 The past is dead.
 What's done is sped.
 Don't cast the backward glance, instead
 Look forward to tomorrow.

EVERY TEN CENT PACKET OF WILSON'S FLY PADS
 Will kill more flies than three hundred sheets of sticky paper

Grand Manan, N. B.,
 May 23rd, 1908.
 Mr. W. H. McLean, the popular liveryman of Grand Manan says: "Empire Lintment cured Colic in a valuable mare of mine after other liniments had failed. The mare was off her feet and two hours after taking Empire Lintment she was up and eating and another bottle made a complete cure." (He further stated he found it an effective remedy for the horse).

SUGAR IS A DISINFECTANT.
 In many parts of Europe it is customary among the people to burn sugar in sickrooms, a practice which is considered by physicians as an innocent superstition, neither beneficial nor harmful.
 Prof. Trillbert of the Pasteur institute at Paris has, however, demonstrated recently that burning sugar develops formic acetylene hydrogen, one of the most powerful antiseptic gases known. Five grams of sugar (77.16 grains) were burned under a glass bell holding ten quarts. After the vapor had cooled bacilli of typhus, tuberculosis, cholera, smallpox, etc., were placed in the bell in open glass tubes, and within half an hour all the microbes were dead.
 If the sugar is burned in a closed vessel containing putrefied meat or the contents of rotten eggs, the offensive odor disappears at once. The popular faith in the disinfecting qualities of burnt sugar appears therefore to be well founded.—Scientific American.

FLOODS AT FERNIE.
 Fernie, B. C., June 4—Elk River is on the rampage. Small shacks, lumber trees and bridges are being washed away in and around here. The Elk Lumber Company and Fernie Lumber Company have lost much timber as a result. Residents in the river flats have lost a large amount of cattle, garden stuff and buildings. The major portion of West Fernie is inundated, and families are moving out daily. Fernie annex is also suffering. A large boom of logs in the river above the city is expected to break away any moment.

That's Quality-Insurance
 You can be sure of getting all the hat-value you pay for when the maker's name stands for money-back-if-you-say-so. That kind of quality insurance is in every hat with that trademark—look for it.
THAT brand is style insurance, too—it certifies to up-to-date modishness, correct, comfy, COMFORT for your head. Looks—wear—money's worth—these make it worth while finding the right hatter. He sells **WAFFER-LITE HATS**
A. A. ALLAN & CO., Limited, TORONTO
 Wholesale Distributors

PREMATURE BURIAL.
 To the Editor of the Sunday Post:
 Sir,—I want to thank you for the article on premature burial that appeared in your paper recently. It has long been a subject of vital importance to me, for my mother, when young, narrowly escaped that fate; she always lived in fear, so we promised, in case of her death occurring first, to delay burial until decomposition set in, and am happy to think we were able to carry out her wish.
 There is a society in France where the supposed dead are placed in a room with clothing and restoratives near at hand. They are connected in some way to an office near by, where electric wires announce the least movement, and aid quickly arrives. It is said to be incredible how many have been thus saved.
 I have long wished a society of that kind might be started here, but it seems to me that it is a matter to be taken up by the community, not the individual.
 It would be too bad if only those who could afford to join a society would be benefitted, whereas rich and poor alike should feel sure of such protection. It would remove half the terror from death, as it is a horrible fate to contemplate, especially as it is utterly impossible to know by any test when the spirit has left its earthly tenement.
 As you editors have the power to reach so many, it is to be hoped that real results may follow from your excellent article. Wishing your paper the best of success, I have the pleasure to subscribe myself, yours truly,
E. J. T.

SORE NIPPLES.
 Any mother who has had experience with this distressing ailment will be pleased to know that a cure may be effected by applying Chamberlain's Salve as soon as the child is done nursing. Wipe it off with a soft cloth before allowing the babe to nurse. Many trained nurses use this salve with best results. For sale by **W. A. WARREN, BRIDGETOWN, A. E. ATLEE, ANNAPOLIS ROYAL, and BEAR RIVER DRUG STORE.**

OF INTEREST TO FARMERS AND MECHANICS.
 Farmers and mechanics frequently meet with slight accidents and injuries which cause them much annoyance and loss of time. A cut or bruise may be cured in about one-third the time usually required by applying Chamberlain's Liniment as soon as the injury is received. This liniment is also valuable for sprains, soreness of the muscles and rheumatic pains. There is no danger of blood poisoning resulting from an injury when Chamberlain's Liniment is applied before the parts become inflamed and swollen. For sale by **W. A. WARREN, BRIDGETOWN; A. E. ATLEE, ANNAPOLIS ROYAL, and BEAR RIVER DRUG STORE.**

NEW METHOD OF KEEPING POTATOES.
 The United States Consul-General at Frankfurt, Mr. Richard Guenther, reports that a German publication, the "Practical Advisor in Fruit Raising and Gardening," states that a new method for keeping potatoes and preventing sprouting consists of placing them on a layer of coke. Dr. Schiller, of Brunswick, who has published the method, is of the opinion that the improved ventilation by means of coke is not alone responsible for the result, but believes that it is due to the oxidation of the coke, which, however, is a very slow one. Coke always contains sulphur, and it is very possible that the minute quantities of oxides of carbon and sulphur which result from the oxidation mixing with the air and penetrating among the potatoes are sufficient to greatly retard sprouting. Potatoes so treated are said to keep in good condition until the following July.

WHAT THE BOY WROTE.
 A young man once wrote to his father, saying, "I am well, only I don't feel like making any sort of physical exertion." Thousands of people feel exactly like that young man—and they are not lazy people, either. They are, generally, dyspeptics, with a first touch of indigestion; they need a short course of Mother Seigel's Syrup, to put their stomach, liver and bowels into healthy activity, so that their food will nourish and strengthen them. Mr. George J. Henry, of Shippigan P.O., Gloucester Co., N.B., who suffered for years from Dyspepsia, writes: "I became weak and almost unable to work. After trying many medicines without success I took several bottles of Mother Seigel's Syrup and it gave me relief at once. I recommend it as much superior to all other medicines for stomach troubles."—Price 60 cts. per bottle. Sold everywhere. **A. J. White & Co., Ltd., Montreal.**

A Contemptible Vice
 (Houston Post.)
 Several years ago The Post called attention to the worthy work of a man who lives in Halifax, Nova Scotia. He is Mr. George Wright, who at his own expense has been conducting an intelligent and earnest warfare against profanity in public places. His work is not confined to his own country, but extends to all the cities of British North America and the United States. It can not be said that he has approximately succeeded in accomplishing the task he has undertaken, but he has enlisted the aid of many potent influences and the time must come when the unspeakable nuisance which he combats will practically disappear.
 Profanity is one of the most contemptible vices in the category and one that is well nigh universal. Certain forms of it are prevalent even among women who are educated and otherwise refined, but nobody can be surprised at this, when it is remembered that it is now impossible for a girl to grow up in an American city without hearing the vilest oaths almost every day of her life.
 Boys begin to swear almost as soon as they are able to crawl, and it becomes a habit that clings to them through life. It is impossible for women and children to walk the streets without hearing the loungers ripping out oaths of the most disgusting nature. Naturally, the time comes when such profanity fails to shock them.
 It seems impossible to enforce the laws against this most insidious vice. The only cure for it seems to be the systematic development of public sentiment that may ultimately banish it, and it is the creation of a healthy public sentiment for which Mr. Wright strives.
 There are a few communities where the police promptly arrest every person who swears audibly on the street, and where this policy has been pursued some improvement has resulted. Indeed, the results have been so encouraging that Mr. Wright is now endeavoring to induce police officials in many of the larger cities to arrest every person guilty of profanity in public places or on public thoroughfares.
 The Post regrets to say that Houston is not entirely free from the vice of profanity, however superior it is in most of the attributes of true Christian civilization. It is not uncommon to hear on the principal streets oaths of such intensity that they almost scorch one's ear drums. Probably in time, either through the rigid enforcement of the law or the creation of a virile public sentiment, the evil may be corrected. It is to be hoped so.
 Sam Jones used to say that the cussor works for the devil without pay and boards himself, and that to catch a cussor, Satan never even went to the trouble to bait his hook. Anyway, public profanity is inexpressibly vulgar as well as sinful and whoever breaks himself of the habit, is something more of a gentleman than one who clings to the vice.

MY LUCKY DAY
 Mr. Thomas Wylie (Box 384), Calif., says:—"It was the luckiest day of my life when I struck PSYCHINE, for I truly believe I shouldn't be alive now but for that."
 "A neglected cold was the beginning of my trouble, and what so med to be a simple ailment, soon developed into a serious and dangerous condition. I got so low that it was scarcely possible for me to walk around, and I lost so much flesh that I looked like a skeleton. I was just about ready to 'hand in my checks,' although only 20 years of age. The medicine the doctor gave me made me worse and I got disgusted. Then I struck PSYCHINE."
 "PSYCHINE did miracles for me. The first bottle gave me new life and courage, and in less than no time I began to put on flesh rapidly, and I felt as on the high road to recovery. My appetite returned, and I 'ate like a hunter,' as the saying goes. My friends were surprised, and hardly knew me. In three months I was as strong and well as ever, and returned to work in the mill. I have not had a day's illness since. Nobody could wish for better health than I enjoy, and it is all owing to PSYCHINE. It should be in everybody's hands."
For Coughs, Colds, Loss of Appetite, Throat, Lung and Stomach Trouble, take Psychine. Druggists and Stores sell at 50c and \$1.00. Send to DR. T. A. SLOCUM, Limited, Spadina Avenue, Toronto, for a TRIAL FREE.

PSYCHINE
 THE GREATEST OF TONICS FOR HEALTH AND ENERGY

Joker's Corner.
 A SUPPOSABLE CASE.
 This story is being told on a Kansas lawyer. The lawyer was arguing a case before a judge, and desiring to illustrate by supposing a case, he did so, as follows: "We will suppose, your honor," he said, "that your honor were to steal a horse—"
 "No, no, no," interrupted the judge "not at all, not at all, sir. 'Tain't a supposable case, sir."
 "Very well, begging your honor's pardon," said the eager lawyer, with more zeal than prudence, "very well, then, supposing that I should steal a horse—"
 "Ah, yes, yes," said the judge, "that is a very different thing, very different, Mr. X. Proceed, sir."
 NO LUCK.

An old ducky wanted to join a fashionable city church, and the minister, knowing it was hardly the thing to do and not wanting to hurt his feelings, told him to go home and pray over it. In a few days the ducky came back. "Well, what do you think of it by this time?" asked the preacher. "Well, sah," replied the colored man, "ah prayed an' prayed an' de good Lawd, he says to me, 'Rstus, ah wouldn't bodder mah haid about dat no mo'. Ah've been trying to git into dat church mahse' for de las' twenty yeas an' ah ain't done had no luck."
 A MODERN IMPROVEMENT.
 Three doctors were operating on a man for appendicitis. After the operation was completed one of the doctors missed a small sponge. The patient was reopened, the sponge found within, and the man sewed up again. Immediately the second doctor missed a needle. Again the patient was opened and closed. Then the third doctor missed a pair of scissors. "Gentlemen," said the victim, as they were about to open him up again, "for heaven's sake, if you're going to keep this up, put buttons on me."

Angry patron—That's the third time you've given me the wrong number. You must have what they call the telephone ear.
 Girl in central office—I beg your pardon, sir, but that isn't the trouble. You have what we call the corn-meal mush voice.—Chicago Tribune.