HIS HEALTH IN 1 TERRIBLE STATE

"Fruit-a-tives" Healed His **Kidneys and Cured Him**

HAGERSVILLE, ONT., Aug. 26th. 1913. "About two years ago, I found my health in a very bad state. My Kid-neys were not doing their work and I was all run down in condition. I felt the need of some good remedy, and having seen "Fruit-a-tives" advertised, I decided to try them. Their effect, I found more than satisfactory.

Their action was mild and the result all that could be expected.

My Kidneys resumed their normal action after I had taken upwards of a dozen boxes, and I regained my old-time vitality. Today, I am enjoying the best health I have ever had". B. A. KELLY

"Fruit-a-tives" is the greatest Kidney Remedy in the world. It acts on the bowels and skin as well as on the kidneys, and thereby soothes and enres any Kidney soreness.

"Fruit-a-tives" is sold by all dealers at 50c. a box, 6 for \$2.50, trial size 25c. or will be sent on receipt of price by Fruit-a-tives Limited, Ottawa

CHANTRY FARM Shorthorn Cattle and Lincoln Sheep

Present offering - Sheep of both exes, a grand lot of lambs, also a few yearling rams and ewes.

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FARM FOR SALE

WEST HALF OF LOT 5, CON. 4. S. E. R.,
Warwick, 100 acres, all under cultivation.
On the premises are a good frame house, frame
barn with stable and grannry, all new. Well
fenced and tile drained. Two acres orchard,
very best of loomy farm land, well watered by
creek running through it. Situated in one of
the best localities in the township for cultivation or grazing purposes. For further particulars apply to
J. F. ELLLIOT, Watford.
July 29th, 1914.

HARRY WILLIAMSON

Sleigh Manufacturer ; Ripping, Turning, Planing, etc., and all kinds of general repairing will receive our best attention.

ST. CLAIR ST. (OLD SALVATION ARMY BARRACKS)



ORAND TRUNK BATEMAN

GOING WEST

TIME TABLE. Trains leave Watford Station as follow

Accommodation, 109 8 44 a.m.

Accommodation, 111 2 55 p.m.

Chicago Express, 1 9 09 p.m. GOING EAST

C. Vail, Agent Wattord

How He Knew

A travelling sales agent, visiting a large factory, made a bet with the manager that he would pick out all the married men among the employees.

Accordingly, he stationed himselt at the door as they came back from dinner and mentioned all those whom he believed to be married, and in almost every case he was right.

"How do you do it?" asked the manager in amazement.

ager in amazement.
"Oh, it's quite simple," said the traveler, "quite simple. The married men all wipe their feet on the mat; the single men don't.'

Norman Barron, 19-year-old son of a Malden township farmer, was accident-ally shot and killed Saturday night by his brother-in-law, Charles Cooper while hunting rabbits.

Children Cry FOR FLETCHER'S CASTORIA

The Net Result

Five months after Germany started out to crush France, Russia and Great Britain, her navy, the second largest in the world, is ruled off every ocean except a narrow portion of the North Sea; her merchant marine, again the second largest in the world, has disappeared from every trade route, and her armies are less farther advanced than they were during the first fortnight.

She has lost more than a quarter of her splendid army. Austria approaches collapse. Italy is more likely to fight against her than for There have been no such insurrections in Ireland, Egypt, South Africa and India, as Germany expected. The whole Empire is resolutely united with France and Russia to rescue Belgium, vindicate civilization and exorcise the evil spirit of Prussian militarism. Neutral nations are for the most part sympathetic, and it is difficult to see how even the greatest war machine ever created for the conquest of the world can stand up many months longer against its inevitable fate.

Human Conservation

Edmonton Journal: In a recent bulletin the Canadian conservation commission calls attention to what must appear to many as the most deplorable effect of such a war as that now raging. The man with visions of race improvement, the believer in the heritary transmission of physical characteristics, must behold the destruction of the strong and hardy, the preservation of the weak and infirm. He is convinced that the physical improvement of the peoples of Europe will, as a result of the conflict, receive a century's setback. His fears are well grounded; his faith has the justification of history. The destruction of human-ity is still the most terrible exaction of warfare. Progress in civilization, in political, economic and personal freedom is dearly bought, if it be attained only at the price of physical deterioration.

Would Surprise the Ancients

Although many of the modern weapons of warfare are adaptations or improvements on the instruments of slaughter used by the ancients, scores of death dealing devices are now in use which they never dreampt of. With catapaults, coats of mail and hand grenades they were familiar. Modern camp equipment would be a marvel to them. Cooking stoyes that can be folded up and carried in a pocket would amaze the ancient army chief.

They may not have had so many entangling alliances in the old days, neither did they have harpoons that when thrown hooked into barbed wire entanglements and may then be drawn back by a rope, bringing the wires with them. Powerful machines for boring trenches now do the work of a hundred men.

The hyerscope, first used in this war, is on the principle of the periscope of a submarine.

The man in the trench sticks it up above the top, a reflector in the end throws down a view of the land ahead and the firing range is ascertained without exposing a single This is an up-to-the-minute man. war.

Abolish Waste

Economists have been devoting much study to discovering methods for utilizing products heretofore considered worthless. Their efforts have met with great success, and millions of dollars have been saved that would otherwise have been absolutely lost. It has been found in Argentina that grape seed yield an oil available for the manufacture of soap, and it is the turn of the vineyard owner to realize how much more his crop is worth than he had any idea of. The human race is only beginning to realize its ingratitude to nature in throwing so much of her bounty into the scrap heap. In the ideal economy of the future there will be no such thing as waste.

The Terror of Asthma comes like a thief in the night with its dreadful throttling, robbing its victim of breath. It seems beyond the power of human aid to relieve until one trial is made of that remarkable preparation, Dr. J. D. Kellogg's Asthma Remedy. Then relief comes with a rush. Life becomes worth living, and, if the remedy be used persistently, the disease is put permanently to rout. Take no substitute. m



Telephones for Farmers

The telephone has become such universal convenience that it is with surprise that users of the talking wire learn of communities without its daily service. Business in towns and cities is so organized and carried on that no one can quite imagine how business could be carried on at all without the telephone.

The more widely separated houses of the country have been found, on trial in literally millions of cases, to require the connecting wire for daily convenience, even than its people of the closely-populated entres. with some 450 municipalities in Canada provided with lines, there are still many neighborhoods where telephones have not yet been install-

If a farmer's own time, in busy seasons, is not worth, in labor and overseeing management, at least ten dollars per day, he should be working for someone else!

Every farmer without a phone, therefore, should count the cost of his time spent on a year's trips to town or elsewhere which a phone would have saved him. If it doesn't cost him more in dollars than twice the cost of the telephone, he is an exception to proven experience.

On the Battlefield

On the battlefields of Europe officers and privates are falling every day-perhaps a few weeks ago, the star of some home. A veritable planet in the military system was "little red-faced man, Bobs," that who died a visitor to his Indian troops on the blood-stained soil of France. His bones rest with those of others of the mighty dead in the magnificent cathedral of St. Paul at the top of Ludgate Hill in London. The same day a German soldier, just a plain fighter in the ranks, fell in the mire near Nieuport. Him "they buried darkly at dead of night, the sods with their bayonets turning." He rests in a rude ditch with hundreds of others, within sound of the moaning English Channel. hearts of both the great man and the obscure have ceased to beat, but in mourning homes beside the Thames and the Rhine women shed tears and old comrades grieve for general and private alike.

Desolate Belgium Crowded Holland

Holland is a country of 12,000 the area of the United Kingdom. Its normal population is 6,000,000. The number of Belgium refugees in the three provinces of South Holland alone is estimated by the distress committee of these provinces to be 1,500,000, and in the Province of Zeeland, with a normal population of 300,000, there were probably no less than 500,000 refugees immediately following the fall of Antwerp. The number has since been increased. The movement has reached England as well. It is believed that 70,000 homeless Belgians have found refuge in that country. Many of these had, before the war, been accustomed to every comfort. Now they are penniless.

Science and War

In no previous war has science and the constructive arts been called upon in such a degree to aid in the destruction of life and property. Chemists have spent years in research in their efforts to discover some more deadly explosive than exists at present. Skilled artisans have devised the most powerful guns the world has ever known. Air craft that menaces life from the clouds, and devices that do their destructive work beneath the waters contribute to the paraphernalia of modern warfare. Electricity in a score of ways is made to serve a similar purpose and the equipment of a modern campaign is a demonstration of what science and skill can accomplish in decreasing the earth's population.

There is a compensating thought that something has also been attained along a more beneficent line.

Advanced medical science and sani-

tation has robbed armed camps of many of their horrors. that formerly claimed thousands of lives are now practically under control and modern surgery, and preventive medicine greatly reduce the death roll. But at its best war is hideous nightmare.

THE TEN COMMANDMENTS OF THE CATALOGUE HOUSE

The following ten commandments are offered by one philosopher for the guidance of catalogue house patrons :

1. You shall sell your farm produce for cash, whenever you can, but not to us. We do not buy from

you. You shall believe our state-2. ments and buy all you need from us, because we want to be good to you, although we are not acquainted with

You shall send the money in 3. advance to give us a chance to get the goods from the factory with your money. Meanwhile you will have to wait patiently a few weeks as that is our business method.

4. You shall buy church bells and church fixtures from us and forward the money in advance, for this is our business method and you shall collect from the business men in your town as much money as you can for the benefit of your churches as it is against our rules to donate for building country churches.

5. You shall pay express charges in addition to the full price for our goods, in preference to a small profit to your home merchants, and thereby help build up our city.

6. You shall buy your tools from us and be your own mechanic, in order to drive the mechanics from your vicinity, for we wish it so.

7 You shall induce your neighbors to buy everything from us-the less money there is in your community the sooner we can put your local merchants out of business and charge you what we please.

8. You shall look often at the beautiful pictures in our catalogue and your wishes will increase and so you will send us in a big order, although you are in no immediate need of the goods, otherwise you might have some money left to buy some necessary goods from your local merchant.

9. You shall have the merchant who repairs your goods you buy from us book the bills so you can send the money for his labor to us for new goods, otherwise he will notice our influence.

10. You shall in case of sickness or need apply to your local dealer for any credit as we don't know you nor do we care to.

A Medical Need Supplied,-When a medicine is found that not only acts upon the stomach, but is so composed that
certain ingredients of it pass unaltered
through the stomach to find action in the
bowels, then there is available a purgative and a cleanser of great effectiveness. Parmelee's Vegetable Pills are of
this character and are the best of all pills.
During the years that they have been in
use they have established themselves as
no other pill has done. medicine is found that not only acts up

Some Kitchen Hints

Clean up as you go.

Don't scatter the kitchen utensils. All vegetables are better cooked in soft

Dry your saucepans before you put them away.

The richer the cake, the slower should be the oven.

A pinch of salt added to the white of eggs will make them whip easily.

Don't leave the dish towels crumpled up; rinse them and hang in the sunshine to dry after each using.

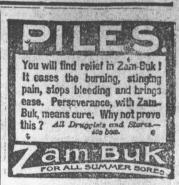
Rinsing milky glasses in cold water before washing them in warm prevents them from looking smeared. Don't pour boiling water on greasy spots; put on saturated soda for a few minutes, then wash in cold soapsuds.

Only the uninformed endure the agony

of corns. The knowing ones apply Holloway's Corn Cure and get relief. m The famous petroleum springs of Greece, described by historian four centuries before Christ, are to be exploited by local capitalists after being regarded for more than 2,300.

A motor sleigh built for a Russian grand duke has a cigar-shaped body and and is propelled by a suction turbine, operating against the air in front.

A process have been invented in Germany for tinning small articles by placing them in a centrifugal machine which is revolved in molten metal.



Conserve the Breeding Stock

Eve yone knows that trade conditions and commercial enterprise have suffered a very serious and unexpected upheaval during the past year. To this situation the war has, of course, largely contributed; but other causes, including the general financial depression throughout the country, have been operative for some months past. The agricultural industry has, naturally, been very widely affected by these changing conditions and by the varying situation with respect to demand and supply. The rise in the price of grain; together with the corresponding fillip to grain production, represents, without doubt, the most outstanding feature of the direction which has been given to agricultural activity. Everyone knows that trade conditions

given to agricultural activity.

We need, perhaps above all things else, sane, level judgment in the conduct of our agricultural affairs during the coming year. It is to be expected that grain production will be largely increased. The raw products of the soil are, and will be, in demand at remunerative prices. What then is to be said, what course is to be followed, with respect to the breeding of followed, with respect to the breeding of

raw products of the soil are, and will be, in demand at remunerative prices. What then is to be said, what course is to be followed, with respect to the breeding of live stock?

The high price of feed, on the one hand, and relatively low prices for market stock, on the other, have resulted in very heavy marketing throughout Canada, particularly in the Western Provinces, of the stock, suitable for breeding purposes. Perhaps this was inevitable, but will these conditions continue? Feed grain will, without doubt, be high in price, but it must never be overlooked that the country can maintain very large numbers of live stock on the enormous quantity of rough fodder which it can produce. To waste this, for the sake of the grain which can be grown, would, under the present circumstance, be criminal neglect. It is clear, then, that the country should conserve its breeding stock. If grain is to be grown for sale-it is recommended that plans should be carefully thought out as to the manner in which the greatest quantity of rough fodder may become available for feeding purposes and as to the means by which this otherwise waste product, together with the screenings and unsaleable grain, may be utilized to the best possible advantage. In other words eliminate waste. Do it by feeding live stock. The present low prices for live stock cannot last long A careful review of the world situation makes it clear that there will be a shortage next year. Europe is becoming seriously depleted in both breeding and feeding stock. The United States, for ten months of the current year, at its leading markets is short 746,045 cattle, 208,000 sheep and 1,894,939 hogs. Canada has, as before stated, heavily liquidated her breeding animals and, while it may possibly maintain its quota next year of cattle and sheep, it is doubtful if more than seventy-five per cent. of the number of hogs will find their way to market in 1915, as compared with the current year. It is, therefore, a time for live stock men to stay with their trade, The present tend

is, of course, all the other way. A safe harvest is likely to be reaped by those who have stock for sale next year: Even bankers and business men are of this

One word of advice is to be given. Avoid marketing so far as it is at all possible to do so during the period of October fifteenth and December fifteenth. This is a time of the year when everybody else has stock for sale. It is a period when packers know that they can fill their cellars with cheap meat. These are the months when the surplus of the whole country finds its way to the packing centres. It is invariably the period of low prices, uncertain markets and disof low prices, uncertain markets and disappointing returns to the producers. Breed, therefore, to have your stock available for sale at some other time of the year. Take care to provide sufficient winter feed that you may not be forced to sell when the cold weather comes. Above all, conserve your breeding stock.

Thinking Charity

If we could realize that, supposing we were all created alike and subject to the same circumstances, we should all make the same mistakes and blunders, our judgment of others would be different. There is no phase of charity so good as thinking charity. If you give all you have to the poor, or show your charity in any other way, it availeth nothing so long as you think unkindly and unjustly. Charity hurts no one by word or deed.

Constipation-

is an enemy within the camp. It will is an enemy within the camp. It will undermine the strongest constitution and ruin the most vigorous health. It leads to indigestion, biliousness, impure blood, bad complexion, sick headaches, and is one of the most frequent causes of appendicitis. To neglectritis slow suicide. Dr. Morse's Indian Root Pills positively cure Constipation. They are entirely vegetable in composition and do not sicken, weaken or gripe. Preserve your health by taking

Dr. Morse's 48 Indian Root Pills