

A Page

Cynthia Grey's Daily Mail Box.
Talks on Styles We'll Be Wearing.
Recipes by Advertiser Readers.

For

Series on Backyard Gardening.
Activities of London Women.
Items of General Interest.

Women

Socks, Handkerchiefs and Money
C. W. C. A.'s Greatest NeedsSecretary Tells Advertiser Readers of Work For
Men in Trenches—Hospital Needs—Help
the Children's Concert.

In a letter recently received from Mr. J. G. Colmer, secretary of the C. W. C. A. in England, he says: "Socks, handkerchiefs (hankies), and money," are the most important items at present. Now that we have extended Shorncliffe Hospital so considerably, not only is the outfit great, but we will gratefully receive money and supplies, for its adequate upkeep.

Any money you send will be put into the general fund to be used when required; though any specific directions we may receive from you as regards expenditure, will receive special attention.

Ship Weekly to Troops.
We are sending out large consignments to the troops at the front every week, in accordance with the demands, as we are in close touch with the officials there. We are also sending footballs, baseball sets, boxing gloves, newspapers and magazines. In response to special requisitions we are sending a portable gramophone, with records to each brigade, so that it can be taken along with the men as they move about, and used in any recreation rooms that can be provided.

While we are doing all this, we are not neglecting that portion of the

contingent that remains in the United Kingdom. We provide them also with footballs, etc., and are arranging concerts and cinematograph entertainments for them in their leisure hours.

For Our Soldiers.
It is interesting to know that in March the C. W. C. A. in England sent to the front:

Socks—12,364 pairs.
Tobacco and pipes—48 cases.
Confectionery and tobacco—1 case.
Tennis balls—1 dozen.
Baseballs—41.
Football—12.
Boxing gloves—11 sets.
Vermilion powder—1,000 tins.
Confectionery—1,176 pounds.
Matches—14,000 boxes.
Cigarettes—45,000.
Soap—22 cases.
Books—4 cases.
Footballs—36 dozen.
Hussies—108.
Helmets—3,003.
Mittens—3,014.
Cardigans—1,002.
Wristlets—1,000 pairs.

Need for Towels.
Efforts are now being made to send at least one towel to every soldier, as they have been especially asked for them.

Who will help on this clean campaign? For the hospital at Shorncliffe, there is also an unceasing cry for towels. Also sheets (40x92—some for special surgical beds, 116 inches

TO MOTHERS.

I love old mothers—mothers with white hair.
And kindly eyes, and lips grown softly sweet
With murmured blessings over sleeping babes.
There is something in their quiet grace
That speaks the calm of Sabbath afternoons:
A knowledge of their deep, un-faltering love
That far outreaches all philosophy.
Time, with caressing touch, about them weaves
The silver-threaded fairy shawl of age.
While all the echoes of forgotten songs
Seem joined to lend a sweetness to their speech.
Old mothers!—as they pass with slow-timed step
Their trembling hands cling gently to youth's strength.
Sweet mothers!—as they pass one sees again
Old garden walks, old roses and old loves.

long-finished), pillowcases (18x36), pyjamas and hospital nightshirts. All these will be gratefully received by Mrs. Somerville at Hyman Hall.

There has also been a request for jam and marmalade for the hospitals, and we feel that there are many notable cooks who would make these supplies if they could get them forwarded. Now we have arranged that these can be sent on, free of charge, and our indomitable band of packers, headed by Mrs. Ed. Rich, have undertaken to add another item to the already long list of their arduous labors. Since the first shipment early in December, they have packed and shipped 100 cases and 60 boxes of goods.

School Children's Concert.
The school children are holding a patriotic concert on May 14th, the proceeds to be divided between the Red Cross and the C. W. C. A. They are anxious not to be behind hand in patriotic work, and are sure that all their friends and ours (any citizen not registered on one of the lists) will help it to be a big financial success.

We are particularly anxious for funds just now, as we plan to send a cash contribution to the parent branch to celebrate Dominion Day. We want to send £400.
Don't you want to send a part of it. All donations for this fund will be gratefully received by the treasurer, Mrs. Niven, 423 Colborne street.

"FOR THE RED CROSS."

[By Sir Owen Seaman, Editor of Punch.]
Ye that have gentle hearts, and fain
To succor men in need,
There is no voice could ask in vain
With such a cause to plead—
The cause of those that in your care,
Who know the debt to honor due,
Confer the wounds they proudly wear.
The wounds they took for you.

Out of the shock of shattering spears,
Of screaming shell and shrapnel,
Snatcher from the smoke that blinds
And sears,
They come with bodies scarred,
And count the hours that idly toll.
Restless until their hurt be healed,
And they may fare, made strong and bold
To face another field.

And wonder where the battle's waves
Broke yesterday o'erhead,
Where now the swift and shallow graves
Cover our English dead.
Think how your sisters play their part.
Who serve as in a holy shrine,
Tender of hand and brave of heart,
Under the Red Cross sign.

Ah, by that symbol, worshipped still,
Of life-blood sacrificed,
That lonely cross on Calvary's hill
Red with the wounds of Christ;
By that free gift to none denied,
And Love go out to open wide
The gate of life restored.

News of the Canadian
War Contingent Association

A splendid contribution from the Windsor Comfort Quilt Fund (per Miss Nesbitt) is \$21 to be used for comforts for soldiers in the trenches. These will be sent on by the association, so that the men on the firing line may enjoy the generous gift as soon as possible.

Other contributions are: Cowan's Cocoa, \$17.50; F. F. \$2; First Presbyterian Church School, quilt and \$10; Mrs. H. A. Rooms, \$5.
Mrs. Greenlee, 2 pairs of socks; Mrs. Cleghorn, 1 pair of socks; Unknown, 1 pair of socks; Mrs. Annie Bolton, Strathroy, 1 box dried apples; Centralia, 6 pairs of bedsocks; Iderton, 3 pairs of socks.

Old Songs and Poems

THE LAST LETTER.
[Sent by Mrs. C. D.]
I write you a letter,
'Tis the last one I'll send.
Our long correspondence
Is now at an end.
I was wounded in the battle
Where no surgeon can cure.
The wound I received
Were hard to endure.

As I write you this letter,
I lay beneath cold ground,
While the blood from my wounds
Like a fountain rolled down.
I stopped it with my napkin,
For to gain as much time
As would write you this letter,
You sweet darling of mine.

When you receive this letter
I hope you'll not frown.
For what is man's fortune
But to be slain down.
Life is but a short time,
As I plainly now see,
But the most that now grieves me
Is the parting with thee.

The last time I saw you
I was in great pain.
For my hopes were but small
For of seeing you again.
But my small hopes are all over,
And I'll never see thee more.
Fare-thee-well, dear Maggie,
And my own native shore.

Mrs. Murphy—What is that the doctor reported about your Willie?
Mrs. Ryan—He said the child has them asteroids in his nose.—Boston Transcript.

POP'S DREAM!



Cynthia Grey's Mail-Box

[Correspondents are requested to make their inquiries as brief as possible, and to write on one side of the paper only. It is impossible to give replies within a stated time, as all letters have to be answered in turn. No letter can be answered privately.]

Daughter of Albion.

Inquiring about how to clean a Brussels rug, please send me a letter from "Maple Leaf" telling how she managed, and should like to forward to the inquirer.

Salt and Soap.

Dear Miss Grey—Once again I come to you looking for you to answer some questions. I think your page alone is worth much more than what we give yearly for The Advertiser. It's nearly always the first page I look for and read with interest.

1. Some time ago I read where some person recommended salt for the hair when washing; could you please tell me how much to use and is it in the first water (soapy water) or in the second? Also what kind of soap do you think good to wash the hair with?

2. Could you suggest any way that I could remedy a picture frame which had been a gift frame, in about two inches and two inches more of wood. The gilt has turned green, but the wood still remains its natural brown color. I would like not to have gilt at all if any other remedy could be given me.

3. A polish which will give a nice shine for the woodwork, which is grained, but has got dull for want of good varnish or polish? Of course, I want one with the lasting shine.

Thanking you in advance,
"Topsy."

Ans.—1. Perhaps the reader making the recommendation will tell us how she uses the salt. I have heard of it being rubbed dry into the scalp and hair, and afterwards brushed out briskly with a firm brush. It is said to act as a stimulant to the hair roots, and prevent falling hair. Sorry, but I cannot give the names of soaps in this column.

2. Would suggest your giving the frames a thorough scrubbing with warm soapy water (use a soft brush), then when well dry, apply a coat of stain to them; a second and third stain may be necessary to make the frames look "like new."

3. Clean the woodwork in the usual way, then consult your favorite hardware man as to the best thing to get to brighten the finish. If the graining is nicely done, would think to apply a coat of clear varnish would give the desired polish.

Advice Helped Him.
Dear Miss Grey: A short time ago I received some valuable advice from you through your column with reference to "Young Men and Manners," and I am sure you will be pleased to learn that the particular young man I had in mind has benefited considerably from the information, and in consequence risen two or three pages in my estimation.

No doubt some persons reading my last letter and this one also will think that I allow a very small thing to interfere with my happiness, but I am sure you, Miss Grey, will understand how small things like that can make one feel very much annoyed and hurt.

Just here I think it might be appropriate to comment on the remarks made by "Victim of Injustice" through a letter in your column in Monday's Advertiser. I was given the

AVOID SPRING ILLS

Purify and Build Up the Blood with Hood's Sarsaparilla.

In the spring your blood needs cleansing and enriching. You feel poorly, and there is more or less eruption on your face and body. Your appetite is not good, your sleep is broken, and you are tired all the time.

You need Hood's Sarsaparilla. It is the safe and effective tonic that has stood the test of forty years. It makes the pure, red blood that will make you feel better, look better, eat and sleep better. It is the old standard, tried-and-true, all-the-year-round medicine for the blood and the whole system.

Ask any druggist for Hood's Sarsaparilla, and insist on having it. Nothing else acts like it, for nothing else has the same formula or ingredients, and so there is no real substitute. Get it today.

impression that he belonged to the male sex, but if I am wrong I hope I may be pardoned. I am afraid poor "Victim of Injustice" has taken "Rosebud's" remarks too much to heart, and perhaps put a wrong construction on them. I, too, have had the opportunity of meeting both country and city boys, and as may be judged by my previous letter to your column, I would not be likely to overlook the actions of both, so far as "manners" are concerned. My opinion is that country boys, at heart, are every bit as much the gentlemen as city boys, but they are just a little clumsier in showing it; in other words, they are perhaps a little more polished, but again, just as "Victim of Injustice" says, there are different kinds of boys in both places. I have met boys from the country who could show city boys a thing or two, and I have met others who would be greatly benefitted if shown a few things by me.

However, I have taken up more time than I should, and if I seem to be showing any partiality to either city boys or country boys, it is purely unintentional, for I have tried to give just my own honest opinion.

Thanking you kindly, I am, yours sincerely,
Ans.—Thank you, "Erin," for letting me know that the advice helped. Ans. please to read my comment on young men—city and country—manners. "Your honest opinion" is a very sensible one, I think. Should be very glad to hear from you again.

Who Pays Fare?
Dear Miss Grey—I have often desired your advice, but have never before ventured to ask it, but here is a peculiar question.

I have planned a short visit for over the coming holiday, and asked a young man if he would like to come, too. (We are just good friends.) He gladly accepted. I feel that I should pay my own railway fare. Am I right or would it be an insult to my friend? Answer as early as possible, please.

Wishing your page every success, I am, respectfully yours,
BEATTIE.

Ans.—1. You have the right idea, Beattie. Under such circumstances, a girl would expect to play her own fare. Proceed to do so as a matter of course. Ans. however, the young man insist upon paying for your ticket, if it is not a large amount, let him do so, but only after sincere protest on your part. You're most welcome Beattie, and here's hoping you have a pleasant holiday.

A Variety of Queries.
Dear Miss Grey—I am coming with a funny question.

1. At the beginning of the world there was only Adam and Eve. Were they colored or white people? Where do the others (colored) spring from?

2. I have a few pieces, good sized pieces, of felt. What use could I make of them?

3. A small recipe of good mincemeat, and how to make pie crust so it will be flakey.

4. Would a cozy corner be all right in a bed-room. I want to hide a doorway, any what will I use? Will plain cretonne be suitable?

Hoping I am not too much trouble, I am, A FRIEND.

Ans.—1. The colored race are accounted the descendants of Ham, the son of Noah, who received a curse from his father.

2. I have seen some very pretty book and magazine covers made of felt, but beyond this am afraid I have no suggestions to offer. Has any reader bright ideas along this line?

3. This is a satisfactory recipe for a small quantity of mincemeat: One cupful meat (boiled and chopped fine), 1 pound raisins, ½ pound currants, 2 pounds apples (chopped fine), a little peel, 2 cups yellow sugar, spices to taste, tablespoon vinegar, 1 cup water; or vinegar may be omitted and fruit juice substituted for the water; place over fire, let boil up for a few minutes, then pack into fruit jars.

4. Here is the method of one of our readers, sent in some time ago: One pound flour, 1 pound butter, 1 yolk of egg; mix the flour with the yolk of an egg and enough ice-cold water to wet the flour stiff enough not to crack, roll it out and put butter all on the top, then flatten it, roll out three times, put in a cool place for half an hour, roll

out, then put out again for a quarter of an hour, roll out twice again, and before putting in the oven; let it stand a quarter of an hour in a cool place.

4. Personally, I haven't much love for cozy corners; they're terrible dust-catchers, don't you think? I would suggest instead that you have "the handy man" of the place put up several shelves in the doorway, and these could be used to store medicine bottles, lotions, cold cream jars, and all the odd things that are necessary but unsightly. A curtain of cretonne run on a brass rod, and extending to the floor, would effectually conceal the contents of the shelves.

To Clean a Comforter.
Dear Miss Grey—Could you tell me through your valuable column of any way I could clean an old-fashioned comforter at home, the cover not being of washable material?

Thanking you in anticipation, I am, yours truly,
Ans.—1. I do not think you can secure satisfactory results by home efforts, yet the dry cleaners seem to have good methods for cleaning comforters. Hints from any of our readers would be most gratefully received.

Does Not Favor Extremes.
"NANNIE" writes:
Well done, Cynthia Grey, when you advise our young ladies to beware of the extremes of fashion. Hope they will accept your advice. They have need, too, of healthy advice with respect to marriage. I think marriages were happier when there was less teasing and none of this public "going."

"What new dishes have you had since you have had your new French cook?"
"Oh, a whole new dinner set and several pieces of cut glass. She's only been with us about a week."

Shootout length for the bridal gown!
That's Dame Fashion's startling dictum, and even the sentimental little bride who "adores" trailing robes will trip to the altar in a brief bit of a skirt which, of course, will be trainless.

I. O. D. E. WILL MAKE
1,500 RESPIRATORS

London Chapters to Unite in Another Patriotic Effort.



Fifteen hundred respirators, to be made within the next few days and sent at once to the Canadian forces overseas, is the undertaking decided upon by the Municipal chapter, Imperial Order of the Daughters of the Empire, at a meeting in Cronyn Hall yesterday afternoon, a motion to that effect being voiced by Mrs. Charles Hunt, seconded by Mrs. E. B. Smith. This means that all the members in London will unite in the work, commencing on Monday next. It is anticipated that by then, the materials and instructions for making, will have come on from the Red Cross headquarters at Toronto. Through the kindness of Canon Tucker, the whole of Cronyn Hall has been placed at the disposal of the I. O. D. E. on Monday, Tuesday, Wednesday and Thursday of next week.

Jam For Soldiers.
It was also decided to hold a "Jam shower" for the wounded men in the Queen's Canadian military hospital at Shorncliffe. As soon as the respirators are completed, the Order will appeal through the press of the city for donations of home-made jams, marmalades, maple sugar, maple syrup, and plum cake, there being many requests for all these dainties from the military hospitals.

Reports of various committees were presented, and found to be most gratifying. A surprising amount of work has been completed for hospital supplies in the last four weeks, and sent forward to the hospital at Shorncliffe, and the No. 3 Stationary hospital now gone overseas under Col. Casgrain.

Thank The Press.
Votes of thanks were passed to the press of the city for kindness in publishing reports of the sales sent overseas, and to Messrs. Gray's, Limited, for donations of wool and the knitting done by the saleswomen. A resolution of sympathy was passed to Miss Meredith in the death of her mother.

Several of the chapters are contributing towards the purchase of a Ross rifle to be competed for amongst the cadets of the city. Delegates to the annual meeting of the National chapter were appointed, including Mrs. A. E. Miller, Mrs. W. D. I. Jarvis, Mrs. Burke, Miss Smart, and others. Appreciative mention was made of the \$50 donation received from the Auklands chapter. I. O. D. E. St. Thomas towards beds in the Shorncliffe hospital.

After the business session, the Municipal chapter was invited to tea by the hostesses of the Lord Roberts chapter, Mrs. Duffell, Mrs. Plock, and Mrs. Cowan. The meeting opened with the I. O. D. E. prayer and was a large and enthusiastic gathering. Mrs. Niven presided.

Mrs. Cl. T. Campbell, treasurer I. O. D. E., gratefully acknowledges the receipt of \$50 from the Auklands chapter, I. O. D. E., St. Thomas, for beds for Shorncliffe hospital, England.

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Enough for 5c. to produce 50 large loaves of fine, wholesome nourishing home made bread. Do not experiment, there is nothing just as good.

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MADE IN CANADA
EWGILLET CO. LTD.
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WINNIPEG MONTREAL

HELPFUL HINTS.
To thoroughly and easily clean a soiled clothline, wrap it around a washboard and scrub it with soap and a scrubbing brush, or a hand brush, then rinse and dry it.
To make soap jelly for washing flannels, blouses, etc., put scraps of soap in a pan and pour boiling water over them to dissolve them, using only enough water to make a thick jelly. Put away in glass jars to have on hand when needed.

To separate glasses that stick (one inside the other), fill the inner one with cold water and place both in a receptacle containing hot water, taking care that the hot water does not come above the rim of the outer glass.

MANY POSITIONS HELD BY VOCAL STUDENTS.
Many of our vocal students hold important church positions in London and elsewhere. This is proof positive of the excellence of our vocal training.

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Lottie L. Armstrong, Registrar. F. L. Willgoose, Mus. Bac. (Dunelm), Principal.

In Front!

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TOMATOES, fancy.....20c

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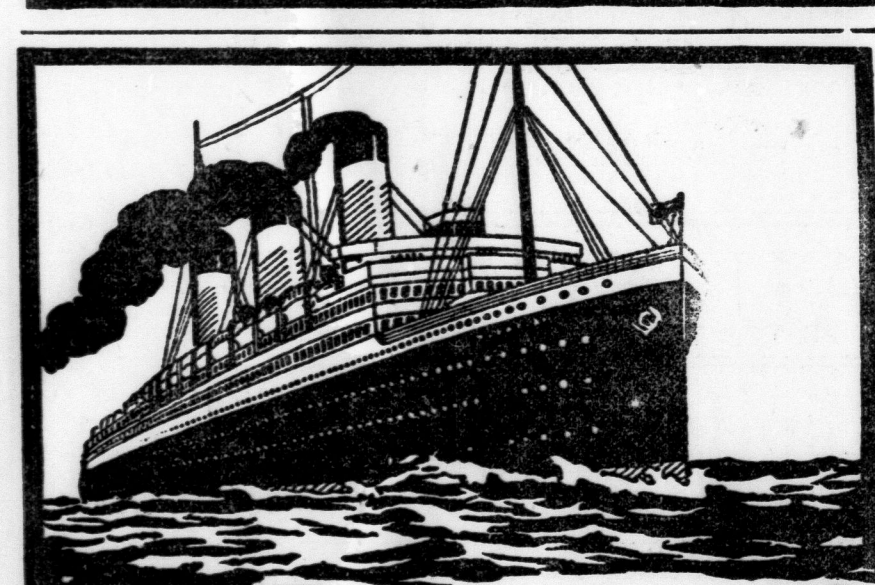
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Lawrason's Snowflake Ammonia
Made in Canada.

does the trick and leaves no sticky, greasy feeling to the wood. The floor is dry and spotless.

Ask for it by name—say "Snowflake." 5 and 10 cent packages.

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World's Coffee is
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This great demand brings the choicest coffee to this continent. We select from these fine berries, only cup-quality beans for

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STEEL-CUT COFFEE CHAFFLESS

Our improved process of grinding ensures grains of uniform size, also removes all dust and chaff; both very necessary details to produce a perfect cup of coffee.

Try "Rideau Hall" You'll be delighted with its rare aroma, fine flavor and purity.

Sealed tins only. 45c. a lb. at your grocer's. Smaller size 25c.

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London and Winnipeg

News of the Canadian
War Contingent Association

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Old Songs and Poems

THE LAST LETTER.
[Sent by Mrs. C. D.]
I write you a letter,
'Tis the last one I'll send.
Our long correspondence
Is now at an end.
I was wounded in the battle
Where no surgeon can cure.
The wound I received
Were hard to endure.

As I write you this letter,
I lay beneath cold ground,
While the blood from my wounds
Like a fountain rolled down.
I stopped it with my napkin,
For to gain as much time
As would write you this letter,
You sweet darling of mine.

When you receive this letter
I hope you'll not frown.
For what is man's fortune
But to be slain down.
Life is but a short time,
As I plainly now see,
But the most that now grieves me
Is the parting with thee.

The last time I saw you
I was in great pain.
For my hopes were but small
For of seeing you again.
But my small hopes are all over,
And I'll never see thee more.
Fare-thee-well, dear Maggie,
And my own native shore.

Mrs. Murphy—What is that the doctor reported about your Willie?
Mrs. Ryan—He said the child has them asteroids in his nose.—Boston Transcript.

Boy Scouts know that, with a good meal of Corn Flakes, they can stand the strain of a long scouting tour.

The strong sustaining qualities of corn was recognized by the Egyptians in the days of Pharaoh.

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The Sweet Heart of the Corn. Made in Canada. 10c. per package.

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