

# RED ROSE TEA "is good tea"

Next time try the finest grade—  
RED ROSE ORANGE PEKOE

## Surnames and Their Origin

### PENNINGTON

Racial Origin—English.  
Source—Geographical.  
The first syllable in the name of Pennington might lead you to suppose that it is of Welsh origin, for the word "pen" in the Cymric tongue means a "head" in the geographical sense. The rest of the name, however, belies any Celtic origin.

As a family name Pennington, or Penington, as it is sometimes spelled, is traceable directly to Pennington as a geographical name. And it is found as a designation of a township in Lancashire, England, and of a tithing in Hampshire.

English geographical family names of this sort are likely to denote an origin among the nobility, for of course the old Norman feudal chiefs naturally took as their family names the names of the territories over which they held leadership. As a matter of fact one Pennington family does trace directly back to one Camel de Pennington, overlord of a place of that name, who had his seat in Malmesbury (or Muncaster) county. Certain branches of the family have taken the latter name as their family name.

But this does not mean at all that all Penningtons trace back to this or any other of the Norman overlords. In many instances humble dwellers in the various Penningtons moved to other parts of England, and there became known by the names of the places whence they had come, as "Roger de Pennington," etc. In nearly all English family names such prefixes as "de" (of) and "le" (the) have either been eliminated as superfluous terms on the tongue, or have been incorporated into the name. In the case of Pennington it is easy to see that the latter would produce a combination rather hard to pronounce as a single word, which explains why such a variation is never met with.

### FISK

Variations—Fiske, Fish, Fisher, Fisherman, Fisker, Pessonier.  
Racial Origin—Anglo-Saxon.  
Source—An Occupation.

The family name of Fisk, of Fiske, is another one of those surnames which illustrate vividly the changes which take place in a language in the matter of twenty-five generations, for it has been no longer than that since our modern word "fish" was so pronounced. Virtually all of these "fish" names have arisen from the occupations of those to whom they were first applied. It is possible, of course, but hardly likely, that there were a few rare instances in which the first use was as a nickname, denoting a fancied likeness to a fish.

All variations, however, may be taken for granted as having been derived from either of two occupations, the selling of fish or the catching of them. These occupations were tremendously important in the middle ages, for the English nation subsisted largely on fish both as an economic and religious necessity. Medieval England was Catholic, and in the middle ages the fasts of the church were far more rigorous and numerous than to-day. Indeed, the Fishmongers' Guild of old London was the most powerful of the merchants' associations for many generations.

The Anglo-Saxon name appears on the old records variously as "le Fische," "le Fyske," "le Fyscer," and sometimes softened into "le Fysere" (the Anglo-Saxon "ch" had the "k" sound). The Norman forms, "Pescher" and "Pescheur," and "Pessonier" have only a few survivals in the last mentioned surname, though originally the Anglo-Saxon and Norman forms were often used interchangeably by the same family, as in the case "Egeas Fisher, or Pessonier," who was mayor of Gloucester in 1241.

### Snowflakes.

Snow is deadened by snow.  
Snow will not quench thirst.  
No two snowflakes are alike.  
Snow prevents plants from becoming frost-bitten.

There is nothing on earth whiter than newly-fallen snow.  
Salt, added to snow, gives it an even lower temperature.

Carbonic acid is a component of snow, which is therefore a splendid fertilizer.

Snow is white because its crystals and prisms reflect only the white light rays.

Snow on some mountain-tops never melts because the rarefied air abstracts all the heat from surrounding objects.

### The Pewter Pitcher.

Great-great-grandmother Gertrude Gray Got the set on her wedding day;  
Pewter graceful of curve and flare  
As costly and delicate silverware;  
Not of lead and soft all through,  
Lusterless, and a dead dull blue,  
But with copper enough in the tin to hold  
A patina rich akin to gold.

Porringer, charger, bowls and spoons  
To stir the tea of afternoons  
When a gossiping croun came to call,  
With half knit stockings and woollen ball,  
And needless flickering in and out  
Turning a gray yarn heel about,  
While the pewter sugar bowl, plain  
and plump,  
Yielded many a luscious lump.

But the pewter pitcher with flowering lip,  
Like a calla lily's lovely tip,  
And handle looping its fluted side,  
Was the joy and pride of the happy bride.

It held the cream at the evening meal  
For the lovers wedded for woe or weal,  
And later milk for the babies four  
That played in turn by the cottage door.

Great-great-grandmother Gertrude Gray  
Folded her hands and passed away,  
And out of her cherished pewter set  
Only the pitcher survives her yet.  
It stands in a mansion now between  
A Chinese vase of apple green  
And Venetian glass as thin as air,  
Like a bubble blown from a jewel rare.

The old collector of precious things,  
Cups and ewers and coins and rings,  
Its weight in gold twice over paid  
For the pitcher of lead and copper made;

For the atmosphere of the long ago  
Clings to the humble metal, lo!  
Homely virtues, and simple joys,  
And the merry prattle of girls and boys.

The pewter pitcher is full of dreams  
Of bowery woods and crystal streams,  
A farmhouse brown with mossy eaves,  
Russet apples and golden sheaves,  
Amber lamplight and bread and milk,  
And yellow cream as smooth as silk.  
Of all his treasures of gems and art,  
The pitcher is dearest to his heart.

—Minna Irving.

## ALMOST HELPLESS AFTER INFLUENZA

Left Weak, Nervous and Broken  
Down—Health Regained.

"A few years ago," says Miss Frances Hankla, of Plenty, Sask., "my mother, Mrs. Walter Hankla, was stricken with influenza, which was then epidemic, and for a time was in a critical condition. She appeared to get over the prominent symptoms of the trouble but did not regain her strength. Some weeks later her weakness developed into sinking spells in which she would almost smother. Notwithstanding medical aid these spells continued and she was constantly growing weaker, until she was practically reduced to skin and bone. Her lips and gums were colorless, she was nervous, and suffered from indigestion and palpitation of the heart. At this stage a friend of mother's, who lived at a distance, came to see her and strongly advised her to try Dr. Williams' Pink Pills, which, she said, had greatly helped her in a critical illness. We got these pills and mother began taking them. The improvement was slow at first but we could see that the sinking spells were growing less frequent, and that strength was returning. The treatment with Dr. Williams' Pink Pills was continued, and day by day health and strength returned, until she was again able to go about, and help with the work of the house. The improvement this medicine made in her case was simply remarkable.

"I may also say," adds Miss Hankla, "that in my own case these pills were of the greatest benefit. Last winter I was in a badly run-down condition, and very nervous. My appetite failed and I had no color. Knowing what Dr. Williams' Pink Pills had done for mother, I began taking them with the result that they soon made me as strong and full of vigor as the other girls of my age. I may just add that I think we owe mother's life and my good health to the pills and I hope our experience will be of benefit to some other sufferer."

You can get these pills from any medicine dealer or by mail at 50c, a box from The Dr. Williams' Medicine Co., Brockville, Ont.

# Now Packed in Vacuumized Tins



80¢  
the 1/2 lb.

Always - fragrant  
Always - the same  
Always - in good condition  
Wherever and whenever you buy it.  
Ogden's Liverpool.

Size of Lake Winnipeg.  
Lake Winnipeg is more than 1,000 square miles greater in area than Lake Ontario.

A Captive Tiger's Food.  
Tigers in captivity consume from 14 to 16 pounds of beef a day.

Classified Advertisements  
FOR SALE

Woolgrowers, your own wool manufactured or exchanged for yarn or blankets. Woolen Mills, Georgetown, Ontario.

MAH JONG, FASCINATING Chinese game. Complete set, with full instructions, one dollar postpaid. W. Aslett, Sarnia, Ont.

Wonderful Discovery. Charges batteries in 10 minutes. Gallon free to Agents. Radiolite Co., St. Paul, Minn.



Depends on the Form.  
Betty—"Is it bad form to appear in knickers?"  
Bess—"That depends on the form."

When making a baked custard the milk should be brought almost to boiling point before it is poured over the eggs. This will prevent the custard from turning watery, as so often happens when cold milk is used.

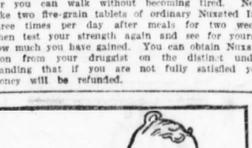


Is Your Blood Starving For Want of Iron?

Without Plenty of Iron in Your Blood You Don't Get the Strength and Nourishment Out of the Food You Eat.

When over-work, lack of sleep, improper food and impure air sap the iron from your blood and make you feel weak, nervous, irritable and out-of-sorts, it is important that you should at once get more iron into your blood. Without iron the blood loses the power to cleanse food into living tissue and therefore nothing that you eat does you the proper amount of good because you don't get the full strength out of it. Your food merely passes through your system like corn through a mill with the rollers so wide apart that the mill can't grind. Because of this steady starvation of the blood and nerves, people often become weakened, tired-out, nervous and rundown and frequently develop all sorts of symptoms. But the moment granitic iron—Nuxated Iron—is supplied a multitude of dangerous symptoms disappear in most cases, the flesh becomes firmer, the muscles get back their strength and the roses of health bloom in cheeks that were pale and stably looking.

No matter what other so-called remedies you may have tried, if you are not strong, vigorous, hearty and well, you owe it to yourself to make the following test: See how long you can work or how far you can walk without becoming tired. Next, take two five-grain tablets of ordinary Nuxated Iron three times per day after meals for two weeks. Then test your strength again and see for yourself how much you have gained. You can obtain Nuxated Iron from your druggist at the distinct understanding that if you are not fully satisfied your money will be refunded.



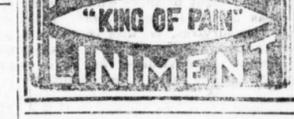
Children Delight In Cuticura Soap Baths

Because they are soothing and refreshing for tender skins, especially if assisted by Cuticura Ointment on first signs of redness or roughness. The Cuticura Tablets also, delicately medicated and exquisitely perfumed, is excellent for little ones.

25c. Ointment 25c. and 50c. Tablets 25c. Sold throughout the Dominion, Canadian Depot: Lyons, Limited, 344 St. Paul St., Montreal. Cuticura Soap shaves without mug.

## CATARRH!

For quick relief heat Minard's and inhale. Splendid for cold in head, throat or chest.



## Cause of Early Old Age

The celebrated Dr. Michonhoff, an authority on early old age, says that it is "caused by poisons generated in the intestines." When your stomach digests food properly it is absorbed without forming poisonous matter. Poisons bring on early old age and premature death. 15 to 30 drops of "Seigel's Syrup" after meals makes your digestion sound.

## MRS. MISENER'S ACHES AND PAINS

Vanished After Using Lydia E. Pinkham's Vegetable Compound

"Branchton, Ont.—'When I wrote to you for help my action was mostly prompted by curiosity. I wondered if I, too, would benefit by your medicine. It was the most profitable action I have ever taken, I heartily assure you, for through its results I am relieved of most of my sufferings. I have taken six boxes of Lydia E. Pinkham's Vegetable Compound Tablets and a bottle of Lydia E. Pinkham's Blood Medicine, and I can honestly say I have never been so well before. I had suffered from pains and other troubles since I was fifteen years old, and during the 'Great War' period I worked on munitions for two years, and, in the heavy lifting which my work called for, I strained myself, causing pelvic inflammation from which I have suffered untold agony, and I often had to give up and go to bed. I had doctored for several years without getting permanent relief, when I started to take your medicines."—Mrs. GOLDWIN MISENER, Branchton, Ont.

Write to the Lydia E. Pinkham Medicine Co., Cobourg, Ontario, for a free copy of Lydia E. Pinkham's Private Text-Book upon "Ailments of Women." O

ISSUE, No. 7—24.

## Love and Life at Vigo.

Love at a distance until you are engaged is the rule in Spain. As a result of that somewhat inconvenient custom lovers are driven to strange expedients to communicate with each other. Consider the gentleman of Vigo whom Mr. Ralph Stock tells about in the Cruise of the Dream Ship.

Picture if you can, says Mr. Stock, a well-dressed Spanish gentleman standing in the middle of one of the main thoroughfares and gazing toward one of the house-tops; he is apparently engaged in practicing the deaf-and-dumb alphabet. No one of the stream of pedestrians passing along the sidewalks takes the slightest notice of him; neither does the wheeled traffic, except to swerve obligingly out of his path. It is his affair, and a love affair at that. He is conversing with his inamorata at the third-floor balcony window yonder. It needed three vulgar sightseers such as the crew of the Dream Ship to find anything unusual in the proceeding. I am ashamed to say that the lady caught sight of us and pointed in alarm; whereupon the gentleman turned with an excusable frown of annoyance, and we hurried on our way.

## HEALTHY CHILDREN ALWAYS SLEEP WELL

The healthy child sleeps well and during its waking hours is never cross but always happy and laughing. It is only the sickly child that is cross and peevish. Mothers, if your children do not sleep well; if they are cross and cry a great deal, give them Baby's Own Tablets and they will soon be well and happy again. The Tablets are a mild but thorough laxative which regulate the bowels, sweeten the stomach, banish constipation, colic and indigestion and promote healthful sleep. They are absolutely guaranteed free from opiates and may be given to the new-born babe with perfect safety. The new sales tax will not increase the price of Baby's Own Tablets, as the company pays the tax. You can still obtain the Tablets through any medicine dealer at 25 cents a box, or by mail, post paid, from The Dr. Williams' Medicine Co., Brockville, Ont.

## Words of Wise Men.

Virtue is a quality more admired than rewarded.  
When the music plays, the heart is light.  
Ships that are badly navigated hit the rocks and human beings are often ships without rudders.  
It is astonishing how little one feels poverty when one loves.

You must judge a maiden at the kneading trough, not in the dance.  
Pinch the rose and leave the thorns.  
Your Father knoweth what things ye have need of before ye ask Him.  
A fine cage won't feed the bird.  
A little oil may save a deal of friction.

One false move may lose the game.  
Prudence, looketh unto faith, content to wait solutions.  
We wisely strip the steed we mean to buy.  
Cent per cent do we pay for every vicious pleasure.  
Leaves put awry in the oven come out crooked.  
He overcomes a stout enemy who overcomes his own anger.

"Men go to books—Heaven forbid—for instruction, but for warmth and light, for a thousand new perceptions that struggle inarticulately within themselves, for the enlargement of their experience, the echo of their discords and the companionship of beauty and terror for their troubled souls. They go to literature for life, for more life and keener life, for life as it crystallizes into higher articulateness and deeper significance. The enlargement and clarification of men's experience—that is the function of literature."—Ludwig Lewisohn.

Ask for Minard's and take no other.

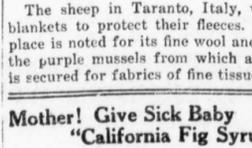


Haven't Descended As Yet.  
"Do you believe that men have descended not only from monkeys, but, farther back, from fishes?"  
"No—most of 'em are poor fish still."

He Knew It.  
The bashful young suitor enters the home of his sweetheart bearing a large box with the name of a well-known florist on the cover.  
"How sweet and fresh they are!" cried the young woman, opening the box. "I believe there is still a little dew on them yet."  
"Why—er—yes," admitted the youth, "but it's just a little, and I'll pay it to-morrow."

Send a Dominion Express Money Order. They are payable everywhere.  
The sheep in Taranto, Italy, wear blankets to protect their fleeces. This place is noted for its fine wool and for the purple mussels from which a dye is secured for fabrics of fine tissue.

Mother! Give Sick Baby "California Fig Syrup"  
Harmless Laxative to Clean Liver and Bowels of Baby or Child.  
Even constipated, bilious, feverish, or sick, colic Babies and Children love to take genuine "California Fig Syrup." No other laxative regulates the tender little bowels so nicely. It sweetens the stomach and starts the liver and bowels acting without griping. Contains no narcotics or soothing drugs. Say "California" to your druggist and avoid counterfeits! Insist upon genuine "California Fig Syrup."



Can You Hear?  
Place watch to ear then draw away. You should hear tick at 56 inches. Does a ringing in your ears prevent your proper hearing?  
LEONARD EAR OIL relieves both Head Noises and Deafness. Just rub it back of ears and insert in nostrils. Price \$1.25 For Sale Everywhere.  
Interesting descriptive folder sent upon request.  
A. O. LEONARD, Inc., 70 5th Ave., New York

## ASPIRIN



Beware of Imitations!  
Demand

Unless you see the name "Bayer Cross" on package or on tablets you are not getting the genuine Bayer Aspirin proved safe by millions and prescribed by physicians over twenty-three years for  
Colds Headache  
Toothache Lumbago  
Neuritis Rheumatism  
Neuralgia Pain, Pain  
Accept "Bayer Tablets of Aspirin"  
Each unbroken package contains proven directions. Handy boxes of twelve tablets cost few cents. Druggists also sell bottles of 24 and 100. Aspirin is the trade mark (registered in Canada) of Bayer Manufacture of Monoaceticacidester of Salicylicacid. While it is well known that Aspirin means Bayer Manufacture, to assist the public against imitations, the Tablets of Bayer Company will be stamped with their general trade mark, the Bayer Cross.