

GILLETTS LYE MADE IN CANADA For making soap softening water for removing paint For disinfecting refrigerators sinks, drains and for 500 other purposes.

ON ARTIC WARRIORS

Armies Not Recruited From People of Polar Regions.

Battle history halts at the Arctic Circle. Beyond that human life is so difficult to sustain that its wilful waste is unthinkable.

The armies of the great white Czar, like those of the King-Emperors, recruited in such distant places; indeed, the men are of such meagre stature and intellect that a military training is next to impossible—certainly not a thing to be persevered with in the days of a great campaign.

The population of Arctic Russia, both in Asia and in Europe, outside the official and mercantile classes, contains few elements which are truly Slavonic, but in the minds of insular Britons the reputation of Arctic dwellers pertains to all the people living in Serbia, which is always portrayed as a land of ice and snow and unhealthy marsh.

The Siberian battalions, which have won so great a fame in the Russian campaigns, are drawn mainly from territory as near the equator as Great Britain. It is undeniable that their winters are terribly severe, but in the hot summer crops of the utmost value can be sown, ripened and harvested. It is not impossible to lead a robust life in the Siberia of military Russia.

The real natives of the Arctic can endure hunger and fatigue—can march in their own fashion through hurricane and blizzard—but their value is rather to the explorer of the inhospitable North than to the soldier. As hunters they are wonderfully clever, yet they are curiously formal in administering the coup de grace.

They will apologize to the fierce white bear which they have cornered before advancing to a close attack with bonetipped arrows and spears, a duel in which the odds seem decisively on the bear destroying the man. They are therefore not cowards in any sense, and few British sportsmen would risk their lives against bear and wolf and walrus protected only by futile weapons and their own personal dexterity.

They are free from national duties and taxation, and their intercourse, even with fur traders of blood alien to their own, is very meagre, indeed. There are dialects spoken by those tribes which have never been interpreted and never reduced to writing, and their ideas of the great world outside the tundras and steppes are very crude.

A generation may pass before the story of the Grand Duke's great campaign filters north, and even then it will be incomprehensible to persons to whom a crowd of even a hundred human beings would be a marvel. Now and then a stray whaler or exploring ship comes within sight of the shore camps and a little barter by means of signs is carried on, but the inland dwellers have not even this communication with the outside world.

It isn't every fellow who can fall in his own estimation without hurting himself.

TRAPPERS! Send your RAW FURS to JOHN HALLAM

METEORS. Why They and Falling Stars Show Varied Colors.

The earth's atmosphere is now believed to have three fairly distinct strata, the first, extending up to about forty-five miles, having nitrogen as the leading constituent, the second, with its upper limit at about 125 miles, being chiefly hydrogen, and the third, at a greater height consisting of a very thin gas, which has been named "geocoronium."

Dr. Alfred Wegener has attempted to explain the striking differences of color in meteors or "shooting stars," and says that meteors coming from outer space are not sufficiently heated in the exceedingly light gas to become luminous. Their fall through the hydrogen layer causes them to become incandescent, and most of them are completely dissipated. A few of the largest, however, penetrate the nitrogen atmosphere, a very small number reaching the earth's surface. It is found that the deep fall meteors pass through three stages of color—yellow-white, green and deep red—and incandescence of the hydrogen and the red to that of the nitrogen.

Only the first stage is seen in the quickly dissipated meteors, the white-yellow something reddish being evidently the glow of the meteor substance.—London Family Herald.

AMERICAN COLONEL GIVES FREE ADVICE TO RHEUMATICS

SAYS IT'S SHEER FOLLY FOR ANYONE TO SUFFER THESE DAYS.

Rheumatism can't be cured so long as your system is weak and run down. You must first build up and get strength to fight off the disease.

Ferrozene cures because it builds up, because it renews the blood and dissolves the Uric Acid and the poisons that cause rheumatism.

It is proved right here that Ferrozene does cure.

Col. H. M. Russ, of Edwards, St. Lawrence Co., one of the fine old heroes of the Civil War, was completely restored by Ferrozene. Read his statement:

"I couldn't get around without a cane, and then only with difficulty. "Rheumatism took complete control of my limbs.

"Suffering was more intense than hardships on the battlefield. "When my doctor had done his best I got Ferrozene.

"Then came a quick change. "Ferrozene gave me comfort at once, eased the pain and took the stiffness out of my muscles.

"I am well to-day. Ferrozene cured me completely. I can jump and run like I did forty years ago."

Be sensible about your case. If your present medicine is useless give it up. Don't experiment again. Ferrozene is known on all sides to be a cure that does cure. Why not get a supply to-day. The sooner you begin Ferrozene the quicker you will get well.

Price 50c per box or six for \$2.50, at all dealers, or direct by mail from The Catarrozone Co., Kingston, Ont.

Ship Signals at Sea.

There are various ways in which ships signal at sea. The most general method in daylight is by code flags and pennants, these being arranged according to an international system of signals. But sometimes, owing to weather conditions or distance, it is not easy to distinguish the colors, patterns or shapes of the flags and then other methods have to be adopted. Chief among these is a system of exhibiting cones, balls or drums, various orders and positions representing different things according to the recognized international code. One combination means, Show your ensign; another, Is war declared? Another, War is declared. Another, Beware of torpedoes, or channel is mined. Another, Enemy is in sight. Another, Keep a lookout; enemy's ships reported about disguised as merchantmen, and so on.—Exchange.

Minard's Liniment for sale Everywhere.

COMMERCIAL NOTES.

Interesting Trade News From British Export Gazette.

The revised customs tariff for Mexico has come into force.

Real and imitation jewellery is in large demand in Egypt.

A British consular agency has been established at Bahia de Caraquez, Ecuador.

British goods are rapidly replacing those of German origin in South Russia.

Trade in Cyprus is increasing. Last year imports were £588,019, against £496,744 in 1914.

There is little demand for large gas ranges in France, but small gasolene and oil stoves would find a good market.

Morocco imported British goods to £2,014,456 in 1915, an increase of £267,950 on the total for the pre-war year 1913.

Japan is shipping cotton bootlaces to Australia in large quantities, and to avoid duty on the completed article the tags are being shipped separately.

Italy's imports from the United Kingdom from January to May were valued at £17,180,000, against £6,809,600 in the corresponding period of last year.

An American-Argentine Company, lately established in the Sierras Mayas district, Argentina, for the manufacture of cement, will commence operations shortly.

Since the war started the United States has increased its mercantile marine from 2,405 vessels of 1,076,172 gross tons to 3,125 vessels of 2,194,470 gross tons.

Many stocks of razors in Chile are entirely sold out. Former supplies were largely from Germany, and to

FROM BIRTH TO BURIAL

The Hamilton People Care for Their Soldiers' Dependents in a Comprehensive Way.

The Hamilton Branch of the Patriotic Fund finds room for its energies everywhere.

In Hamilton the Canadian Patriotic Fund has 25 guardian accounts for children in Homes, for women who are not able to handle their own money. To these accounts are deposited the proceeds of sales of properties made on behalf of soldiers.

The number of these accounts is increasing monthly, many of the dependents having recently asked that the Fund be to some extent their bankers.

The Hamilton Fund owns a cemetery plot in which has been buried, since the formation of the Branch, 78 children, wives and other dependents of men of the C.E.F.

The Fund has at the present time an employment department, where are listed those desirous of obtaining situations, and each day some of these are brought into contact with people desiring their services.

The social service work extends far afield, everything being done that is possible to protect the women, to restore to their homes such as have gone astray, and to strengthen the moral fibre of the weak. A few illustrations will show how thoroughly the officials of the Fund do this work:

An enlisted man had been earning \$15 a week. His wife, apparently had been always a bad manager. There were five children and with the man's enlistment she was in receipt of \$70 a month. She immediately contracted debts for a baby carriage and furniture, and the end of each month found her without any ready money.

The eldest child, a girl of eleven years, did some of the buying and the consequence was extravagance. The Hamilton Fund arranged with a lady helper to receive the allowance from the fund and disburse it on account of the children. The eldest child was sent to an industrial Home temporarily and the family placed on a better footing generally.

The man has since returned. The daughter had been brought home and the affairs of the family are in such a position that the man himself has felt free to again offer himself for enlistment.

Another man, an exceptionally desirable type of soldier, left his little family, at the time of the second contingent, happily situated in a nice home with a warrant officer's pay and allowance. All seemed to go well until the wife developed a mental trouble which made it necessary to remove her to an asylum for insane.

The fund took charge of the household placed the four children in care of a competent housewife, kept the home intact, the insurance paid and made application for the return of the enlisted man. The prompt attention to the case will undoubtedly result in a permanent cure of the unfortunate woman and the man will be in his own home to welcome his wife when she is able to return.

In one case a wife had so misconducted herself that it finally became necessary to take proceedings through the Children's Aid Society, and her two small boys were placed in a home. For a time it appeared that this meant the final collapse of the woman's will power, but repeated interviews, some small kindly acts, some little payments of old accounts, the adjustment of back taxes, relief from pressing creditors, brought from the soldier's wife a promise that she could work and remove herself from the companions who had caused her much trouble.

This woman has now for months past been working steadily, visiting her children regularly, buying clothes for them, and depositing monthly with the Patriotic Fund her separation allowance and assigned pay. This is being used towards the payments on her home, and in addition she has made some deposits of money earned by herself by her daily work in a factory.

Japan ordered 800,000 cotton looms from England prior to the war; only 90,000 have been delivered. The British ban on iron and steel has prevented delivery of the remainder.

As many as 65 new companies were formed in Russia in July against 23 in the same month of 1915. The total capital, too, was 105,880,000 roubles (£11,000,000 at normal rate of exchange), against £4,000,000.

Bolivia's trade during the first four months of the year amounted to £2,031,200, an increase of £2,064,000 over the total for the corresponding period of last year. The increase, however, was wholly in exports.

Shortage of coal in Venezuela is favoring the increasing importation of electrical appliances for domestic and industrial use, especially fans, stoves, irons, ovens, pumping outfits, and motors of from 1 to 25 h.p.

The importation of cotton goods to New Zealand increased from £400,000 in the first half of 1914, and a similar amount in the same period of 1915. Higher prices were to some extent responsible.

Japan imported iron of various kinds during the first half of the present year to the extent of £5,700,000 more than in the corresponding period of last year. The United Kingdom, the United States, Sweden, and China were the chief suppliers.

The British participation in the trade of Ceylon rose from 33.7 per cent. in 1913 to 42.2 per cent. in 1915; and that of British Possessions from 36.6 per cent. to 31.9 per cent; while the trade of foreign countries declined from 30.7 per cent to 25.9 per cent.

Copper is reported to have been discovered in Newfoundland.

Marion Bridge, C. B., May 30, '02. I have handled MINARD'S LINIMENT during the past year. It is always the first Liniment asked for here, and unquestionably the best seller of all the different kinds of Liniment I handle.

NEIL FERGUSON, Minard's Liniment Cures Burns, Etc.

Veal en Casserole. Fry out in the casserole several cubes of salt pork with an onion; place a thick slice of meat in this and add a can of tomatoes and bay leaf, if at hand. Season and cover. Cook in one and one-half hours and serve in casserole with plain boiled rice for vegetable.

A cupful of vinegar added to the water in which colored clothes are to be rinsed will preserve the color.

THE HOUSE FOR GIFTS

When in Hamilton do not fail to visit Junior's, the House for Gifts. See our display of China, Art Pottery, Cut Glass and Antique Furniture, Pictures, etc. You will be made welcome.

ROBERT JUNIOR

62 KING ST. E. SOUTH SIDE Hamilton, Ont.

"NO MAN'S LAND"

What It Means to Get Lost in Between the Lines.

A London paper says: Seven men, including a N.C.O., went out to explore an enemy camp. The Boche awaited them. The Boche threw bombs. Five of the party got back. It was assumed that the other two had been killed or wounded. Two days later a lone figure was seen walking about between our own and the enemy lines. Both sides fired at him. The man rushed like a scared rabbit into a big shell hole. Five days later a worn, dishevelled, khaki-clad, dirty, unshaven man came over the parapet. Rough but kind words of cheer greeted him—as well as a stretcher. The poor fellow was light-headed. For a week, without either food or drink, he had been in "No Man's Land."

The only food he had had was grass and daisies. Think of it. A week in "No Man's Land" without either food or drink, with a big bombardment going on intermittently from both sides and both friend and foe—your identity unknown to either—firing at you!

Winter walking diminishes greatly the time spent in the open air by those who ride in automobiles. It comes near putting bicycles out of use. From steamboats to canoes, there is almost entire cessation of water outings.

All of which means that more walking instead of less ought to be done in cold weather. There is no other way of moving about the open air which keeps a healthy human being's feet so warm and brings such a glow of warmth from the body itself. If the pedestrian is properly clad, especially in respect to keeping dryshod, all of the effects of winter walking should be beneficial.

With a little care and discretion such exercise can be made as agreeable as it is wholesome. Usually there is no dust. Often the temperature is neither too low for comfort nor too high for vigorous exercise without weariness or lassitude.

Rightly timed and kept within bounds, winter walking is a good precaution against the ill effects of sedentary life and too much indoor air.—Cleveland Leader.

Use for Glycerine.

Tea stains on linen should be rubbed with glycerine before the article is laundered to prevent the yellow discoloration.

Glycerine should be added to hot lemonade in place of sugar for a cold. It makes the remedy more efficacious.

When black klu gloves become shabby rub them with equal parts of glycerine and black ink. This is a good dressing for black leather of any sort.

Wet shoes rubbed with this are not so hard when dried as if allowed to dry first. Fill shoes with paper to absorb some of the dampness and to help them keep their shape.

Use a few drops of glycerine and a small lump of borax to a quart of water when wiping off paint or oil-cloth if you wish to have the polish of new articles.

Minard's Liniment Cures Dandruff.

His Wyttings. Every Sunday-morning Mr. McGlobe walked up to Central Park from his boarding house in the West Twenties and looked at monuments and things. After the walk it was his habit, when the opera season was on, to look at the Metropolitan bill for the coming week. He inclined himself slightly toward culture.

"I must go to the opera this winter," he confided to Miss Reba Gordon, who sat next to him at the table, "but I am waiting until something of Mazzini's is sung."

"What did he write?" asked Miss Gordon, one of those strange persons who never try to mask their lack of information.

"His best," I think," said Mr. McGlobe, "are 'Dio e il Popolo' and 'Pensiero ed Azione.' At least that is the ones which appear on his program in the West Drive. But I never see them advertised. I guess he is not appreciated by modern theatregoers."

—New York Sun.

Health in Old Age. As age advances the blood gets thin, the nerves exhausted and vitality runs low. By building up the nerve force of body and mind Dr. Chase's Nerve Food is unbounded blessing to people of advanced years. 50 cents a box, all dealers.

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—New York Sun.

DRS. SOPER & WHITE. SPECIALISTS. Piles, Eczema, Asthma, Catarrh, Pimples, Dyspepsia, Epilepsy, Rheumatism, Skin, Kidney, Blood, Nerve and Bladder Diseases. Call or send history for free advice. Medicine furnished in tablet form. Hours—10 a.m. to 1 p.m. and 2 to 6 p.m. Sundays—10 a.m. to 1 p.m. Consultation Free. DR. SOPER & WHITE 25 Toronto St., Toronto, Ont. Please Mention This Paper.

LOVERS' SECRETS.

Should They Tell of Former Heart Affairs? A dear girl friend recently asked me: "Should I tell Jack about my brief and unhappy engagement to that other man?"

Did I think, she asked, that a confession of the unpleasant experience that she suffered when she was little more than a child, not through folly, but through sheer inexperience, would make her Jack love her less?

HELP WANTED.

WANTED—GIRLS TO WORK ON knit underwear—seamers and finished stitchers preferred. We also teach learners, any girl with good knowledge of plain sewing; good wages; ideal factory conditions. Zimmerman Manufacturing Co., Ltd., Aberdeen and Garth streets, Hamilton, Ont.

WANTED—LADIES TO DO PLAIN and light sewing at home, whole or spare time; good pay; work sent any distance, charges paid. Send stamp for particulars.—National Manufacturing Company, Montreal.

WANTED—A GOOD GENERAL SERVANT for small family; highest wages; comfortable home. Address Mrs. John Eley, 25 Homewood Avenue, Hamilton, Ont.

WANTED—HELP FOR WOOLLEN mill spinners, and weavers. We also have several openings for experienced help, where energy and initiative will bring promotion. We will train several female apprentices to learn weaving. Splendid opportunity in a trade which always offers steady employment at high wages. Special inducements to fallow workers. Send statement of experience, if any. Age, etc. to Miss. Company, Ltd., Brantford, Ont.

FOR SALE. FOB SALE AT A BARBARIAN POTTER, GLASS AND CHINA. A half dozen Double Royal size. Make as an extra. Price \$1.00. Write for a Country Printing Office. Hamilton, Ont. Printing Company Hamilton, Ont.

PRINTING. CARDS PRINTED, YOURS AS WELL AS OURS. As always we are ready to print. 125 Queen St. W. Toronto, Ont. Phone 1212.

THE knowledge of the only man who matters. She feels that it would be obtaining the most precious thing in the wide world by false pretences if she did not tell him every thing about herself.

Now, no reader must be angry with me, or think that I do not appreciate her lover at his true worth, if I just point out that by confessing about any previous affair a girl is applying some sort of test of her man's love.

If—please forgive me if he loves as he should do, then his devotion will be but strengthened by such convincing proof that his girl loves him with all others, to care for her always in the future.

But if it happened that he did not love deeply and sincerely enough to hear all about the other man—who, as was the case with my friend, was met long before the girl ever realized that such a person as "Mr. Right" existed—without losing some of his respect and regard for the girl, then I would say seriously that it would be better for their future happiness if they parted at once.

There is an old-age tradition that permits a man many flirtations or "affairs" as they are called before his marriage. His dallies are recognized preliminaries to finding the right girl—the one whom he can honor above all others. It may not be right, but it just is so.

There is a silly saying: "The more loves a man has, the more he'll honor the woman he'll wed." Well, just so long as men are content to apply that code of morality to themselves, it is only just that they should let it apply in some measure to the girl they love if necessary.

Minard's Liniment Relieves Neuralgia.

Blundering Reporters. "Drunkness is folly," earnestly exclaimed Bishop Magee in the House of Lords on a celebrated occasion. How horrified was the prelate to read in the papers next morning that he had given utterance to the very hebraic sentiment, "Drunkness is jolly."

Lord Salisbury was a master phrase maker; but one of his best points was spoiled when a careless reporter turned his reference to "manacles and Mantoba" into the meaningless "manacles and men at the bar."

Lack of knowledge of familiar quotations is a prolific source of misreporting. For instance, a speaker once made use of the well-known lines from Milton's "L'Allegro":

But come, thou goddess, fair and free, In heaven's sweet Euphrosyne, The brilliant reporter deputed to take him down was in despair. He could not make head nor tail of this mysterious utterance. But, following the sound as far as possible, he seized his pen and produced the following: But come, thou goddess, fair and free, In heaven she crept and from her knee.

The speaker was taken down in mere senses then one.—Tit-Bits.

A man claimed he was cured of the drink habit by using Peruvian bark tea.

Putting Punch in Preparedness is not a question of guns and shells alone—it is a question of men—and you have to build men out of food. Be prepared for the critical moments in life by eating Shredded Wheat, a food that supplies the greatest amount of muscle-building material with the least tax on the digestive organs. For breakfast with milk or cream or fruits.

When a girl is really and truly in love she feels that she must tell everything—that she simply cannot retain a secret from the man she loves. A man really can't quite understand how tremendous is his sweetheart's craving to open her heart to him entirely, to lay bare the best and the worst in her nature.

With a woman, to love is to give. She gives everything, glorying in the giving.

The girl who is wholeheartedly in love cannot help thinking that it would be nothing short of "achery" to her love to hide a single incident of any moment concerning herself from

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