

# INGLE NOOK CHATS

## THE QUEEN BEE OF THE HIVE.

Dear Dame Durden:—I have been a silent reader of your valuable columns for a long time and have at last ventured to ask some of the older members to give me a recipe for pea-nut sandwiches, or any kind of nut sandwiches. I have never been able to procure a recipe around here, but have tasted them and I thought they were the nicest sandwiches I ever ate.

I know you are too busy to be bothered further, so will close wishing the chatters and yourself all kinds of success.

### I AM A BEE.

(I'm never too busy for Ingle Nook letters, and it is simply impossible for any of that circle to bother me. Be a "busy bee" and write longer another time. D. D.)

### DON'T CROSS YOUR LEGS.

A most injurious habit, common alike to men and women, is that of sitting with one leg swung over the knee of the other. Headaches, cold feet, varicose veins, ulcers and many other discomforts attendant on imperfect circulation of the blood are directly traceable to this habit.

When the right leg is swung over the left knee the whole weight is sustained by this knee, placing all the pressure against the under part of the right leg, between the calf and the knee-cap. At this very place are a great number of large veins, arteries and nerves: the pressure on them crowds all the tissues together and materially interferes with the circulation of the blood, and the disturbance of nature's processes manifests itself in many bodily evils and inconveniences. Many who would not be guilty of crossing the legs in public often surrender to the temporary comfort of the position in the seclusion of their own rooms. It is wrong and injurious because it defies nature, whose laws are more imperative than those of society.

### A BREEZY LETTER.

To the Editress of the Home Department of the FARMER'S ADVOCATE:—I fully intended writing this letter to you two months ago, to thank you for the nice letter you sent me, and for your kind thought in sending me three new songs. I do hope you will excuse my not writing before, and acknowledging your acceptable gift. I have so much to do, that, after the day's work is done, I do not feel in the mood to write letters, even to relatives. But I have enjoyed learning the songs, as I have an organ and knowledge of music, and even when tired am so fond of music, that it refreshes me to play for half an hour or so in the dusk. I learned a great many recitations when I was a girl for anniversaries in England and school concerts, etc., so acquired a good memory.

So it is with me, in music, after having learned a piece and played it a few times I can play it from memory after, but the difficulty is getting fresh music to learn.

Now, let me say, that you made a mistake in addressing me as "Miss" as I was married in Winnipeg four years ago by a Methodist minister called Rev. Sellars on my way out to this farm. My husband bought a section all within two miles of town and he is well satisfied with what he is doing here; although our wheat crop is very badly frozen this year, so badly that I don't know if we can afford the subscription for the FARMER'S ADVOCATE another year, but I hope so, as we should both miss it very much. I had an incubator this spring and am now fattening some poultry in crates. We also have four cows and pigs and a number of small stock. I liked running the incubator, but I got too anxious when the hatches were coming off. I have two little daughters; the eldest Phyllis Mary will be three years old next Monday, and Doris Enid is nine months and just wants to walk. Phyllis is very fond of the FARMER'S AVOCATE, as she calls it. Our friends wanted us to go to England this year but as we cannot I had some picture postcard photos done.

Hoping you will excuse me now you know the reason for my delay and wishing you every success.

R. J. G.

### A DESIRED RECIPE.

Dear Dame Durden:—May I come again to your assistance for the recipe of picklets that I see "Ebba" would like to get? Whisk two eggs thoroughly and mix with them a pinch of salt a little grated nutmeg, a pint of lukewarm milk, two pounds of flour and a tablespoonful of good fresh yeast. Beat the mixture for ten or twelve minutes, put it into a bowl, cover with a cloth, and let it remain near the fire for two hours, by which time it ought to have risen lightly. Make it into round cakes half an inch thick and the size of a saucer. Bake these on a griddle and when they are done enough on one side turn them upon the other. Butter the picklets whilst hot and send three or four to table together. If any are left till the next day they should be toasted and buttered like crumpets. Time to bake three or four minutes.

### EVENING DEWDROP.

(Glad to hear from you again. It is a long time since you visited us before. D. D.)

### ANOTHER GIRL MEMBER.

Dear Dame Durden:—As I take much interest in your Ingle Nook chats I thought it was my turn to write to it. I am a young girl working at home on

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the farm. Farm life is very nice but there is quite a bit of work.

We are always saving your corner and recipes and find they are quite a help to us. I am glad there is an Ingle Nook and I thank you for your advice and recipes.

I have a recipe here for meat sauce which is lovely on cold meat. Take one generous tablespoonful of dry English mustard in the inside of a double boiler; add one cupful of rich cream, one half cup of vinegar, one fresh egg, one tablespoonful of sugar, one half tablespoonful of flour, one half teaspoonful of salt. Beat all together well; then set the boiler into boiling water over the fire and cook till thick. Then remove from the fire and let the sauce get cool in the dish in which it has been cooked. After it is cold put into small jelly glasses or jars and place it in a cool place where it will keep. If you

cannot get rich cream use sweet butter instead.

As this is my first letter it is not very good. I hope you will succeed in your corner. M. M. G.

Governor Folk of Missouri said the other day of a proposed law:

"This law, I fear, would bear too hard on certain classes. To some people it would be a cruelty. Thus it is like the luminous paint story.

"This new invention of luminous paint," said a young father, "is going to be an excellent thing is growing families."

"How so?" asked a friend. "Why," said the young father, "you just touch up the baby's face with it before retiring, and then you can see to give him his bottle without making a light."

## FARMER'S ADVOCATE FASHIONS.

N.B.—Order by number and send 10 cents for each pattern to "Fashion Department, Farmer's Advocate, Winnipeg, Man."



6914—Ladies' Waist, 6 sizes, 32 to 42 inches bust measure.



4235—Misses' Shirtwaist Costume, 4 sizes, 14 to 17 years.



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