conducted by HELENE.

No one who has any appreciation of grace and beauty in nature or in art can fail to recognize of fine manners in an individual. We rejoice in them as do in a lovely sunset view, or beautiful piece of architecture, or a cinating poem, for their sake and for what they express; but even beyond this they have another exert upon all beholders in setting them at ease, in sweeping away and in stimulating them to the expression of whatever is best worth cherishing within them. It is undoubtedly true that the presence of home or in the social circle, in the workshop or in the counting-room, in the visit of charity or in the halls of legislation, has an immediate ef- by and not pretty enough to decofect in reproducing itself, in diffusing happiness, in developing the faculties and in eliciting the best that color of young corn stalks. is in everybody.

THE CZARINA OF RUSSIA.

One of the most es in the world is owned by the Czarina of Russia. On looking through a crystal in the base one can see the Holy Sepulchre, pretorians standing guard.

As the watch runs, the stone move from the mouth of the cave, the guards kneel and angels appear at air of an Easter hymn.

watch weighs only seven ounces. The maker worked on it for nine years.

A Sound Stomach Means a Clear Head .- The high pressure of a nervous life which business men of the present day are constrained to live make draughts upon their vitality highly detrimental to their health. It is only by the most careful treatment that they are able to themselves alert and active in their various callings, many of them know the value of Parmelee's Vegetable Pills in regulating the stomach and consequently keeping the head clear.

CHARM IS WOMAN'S HERITAGE; WHY TRY TO BECOME MAN-NISH.

A prominent educator of girls in addressing an audience, mostly of teachers, in New York, this spring, on "The Education of a Girl," says Harper's Bazar, opened his remarks by the question, "Why try to make man of her?" "To educate efficiency," he declared "was the use of the girls' school. An efficient woman should be the product.

"There are some traits," this speaker insisted, "that the vast majority of people agree upon as be ing especially and desirably feminine e, agreeableness, or, whatever you are pleased to call it; grace beauty, gentleness, love of home, skill in the care of children. Why should not those in charge of education of girls attempt to formulate a clear idea of what the efficient woman is, and then devise the best daily exercise they can to help each girl achieve that efficiency?" Why not, indeed? A school that could turn out that ideal girl would be a blessing to any community. That a woman, to be efficient, must emble an efficient man is the idea of many people on the matter. The efficient woman, efficient in being graceful, agreeable, gentle, homeloving and home-making, is more a and roar, your home will lie on Japanese educational ideal for girls, foreign shore. at present, than an American one. If to the acknowledged charm of the Japanese girl the superior opportunities of the American girl could be added, what an education it would

For one does not exclude the other. Charm should be the heritage of every woman, as energy that of every man. The eternal feminine is eant to be eternally feminine, or she will never "lead man upward A school that turns out girls with "good health, good looks, good brains, good ideals and good prospects" was this wise speaker's It is ours, too.

CREEDS. The sky said to the sea Behold from God I came And though my clouds che

Like Him I am the same The sea said to the sky: Brother, 'tis so with me My waves and tides go ever by, Like God. eternally. -Louise Morgan Sill, in Harper's .

HOW A CLEVER GIRL BRIGHTEN ED A LONESOME HALL.

A southern girl tells how she made an Indian pagoda for the upper hall It was at one end of the hall, where was too high to read rate, so to hide it an Indian pagode was made of green crepe paper the This was fashioned by making lattice effect with strips of, green and white WONDERFUL WATCH OWNED BY tissue paper cut two inches wide in full length of the paper. The remarkable half octagon shape was made fastening thin laths in place for frame. The open doorway was covered with paper morning glories, which trailed over the entire front.

Inside was a small couch covered with a red and yellow cover, num erous red and yellow pillows, and Indian decorations used for The little window was left unadornof the watch very softly tingles the ed with a shelf full of small flowers which flourished in the sunshine. The girl claims it was a good place to hide on warm days, and her hard work was well repaid, for the hall was long and lonesome looking, but the cozy corner was quite attractive. A great many decorations are made in the summer with tissue paper in lattice effects, and they make light screens for rooms.

> Mrs. Anna F. Coston has on Staten Island the oddest laboratory and factory known. It is where the distress signals, her own invention, used in the army and navy, the revenue service and the life-saving and lighthouse bureaus, are manufactur

.. A 16-year-old Hungarian girl living in Denver is said to be the only female maker of violins in the world. She has just completed her fourth, and all of them are said, to be of fine workmanship and excel

Mother M. Dominic Purcell died re ently at the Dominican Convent Cabra, Dublin, in the hundredth year of her age, and the seventy-fifth of her religious profession.

lent tone.

TIME TO SOW SEEDS

time to sow seeds. tubers of gloxinia, begonia and achi be raised from seeds; that is way to get a good quantity of the these may be started just as well month later.

BRIDAL SUPERSTITIONS

Married in January's hoar and rime, good things will come if you wait your time.

Married in February's sleety weather, life you'll tread in tune together.

Married when March winds whine Married 'neath April's changeful

skies, a checkered path before you Married when bees o'er May blos-

soms flit, strangers around your board will sit. Married in month of roses-June

life will be one long honeymoon. Married in July, with flowers ablaze, bittersweet mem'ries in after days.

Married in August's heat and drowse, lover and friend in your

chosen spouse.

Married in golden September glow, smooth and serene your will go.

To prevent the itee early appearance of gray hairs LUBY'S PARISIAN HAIR REMEW

John slowly climbed the stairs and shut the trap. The afternoon went by, and the storm howied and raged. Two hours later the family gathered for tea, and when the meal was half over Aunt Mary, who was staying with Mrs. Flint, had not appeared. Mrs. Flint started an investigation. She did not have to ask many questions. John answered the first one. "Please, mother, she is up on the roof."—Argoment.

A SMALL HERO.

Little evidences of courage are very precious to mothers. three women and a child walked on a lonely southern mountain. They were busy gathering flowers, when suddenly one looked up and after a moment's startled pause gave a cry and fled with the others after her looking razor-backed hog, black and gaunt and probably harmless. But a from the slightest causes rible. The boy was not three years dandelion, but as his protectors fled he called reassuringly:

oo!" and catching up a twig azalia he advanced, charged and ford to be without a remedy routed the enemy. It was a little Bickle's for it is the best. thing. But the mother woman sank on her knees, and, with her hero in her arms, crushed against breast, thanked God that He had given her a brave son, and she went down the mountain as though it had been the way of glory.

TIMELY HINTS.

Go over the zinc under the stove with kerosene, and it will always be bright

Sandpaper will clean suede leather, undressed or "ooze" calfskin bags. Rubbing the sandpaper lightly over these leathers makes the article equal mind?"

cheesecloth is the best material for taking a card, he wrote therethe purpose. Three-quarters of a on the following and handed it to yard is ample for each cloth. and her: they should be hemmed.

When cleaning brass add a little ends."-Public Ledger. methylated spirit to whatever polish you may be using. It not only helps Known to Thousands.—Parmelee's to remove stains, but also prevents Vegetable Pills regulate the action the brass from tarnishing again so of the secretions, purify the blood quickly.

by a ring of wire, is a convenience to hang on the frame of the sewing the machine. while at work, and much picking up of litter thereby saved.



St. George's **Baking Powder**

o satisfactory. It is the purest Cream of Tartar Baking Powder hat Science can make. Send for our free Cook-Book-full of choice new recipes. National Drug & Chemical Co. of Canada, Limited, Montreal.

FUNNY SAYINGS.

Mrs. Flint was a very stern wo man, who demanded instant unquestioning obedience from her have heard so often about you," children. One afternoon a storm said. "Your worthy name is came up and she sent her son John to close the trap leading to the flat lady was surprised, and turning to a roof of the house.

"But, mother—" said John. Westminster Abbey," and she was

"John, I told you to shut the

'Yes, but mother-' "John, shut that trap."
"All right, mother, if you say so.

John slowly climbed the stairs an

EXPLAINED. "Did pussy hurt you?" asked m her wee son's puckered

"She's got teeth in her toes."-The Tatler.

Some persons are more susceptible rangements of the pulmonary organs tle of Bickle's Anti-Consumptive old, and his head was as yellow as Syrup, the present day sovereign reflammation of the lungs. It will effect a cure no matter how severe of the cold may be. You cannot

A TESTIMONIAL.

There is a clever and gallant young fellow attached to the British . Em bassy at Washington, who since his advent into the official set at the national capital has achieved quite a

One afternoon the clever attache was receiving the finishing touche once a day with a cloth dampened at the hands of a pretty manicurist on Connecticut avenue, when, with limpid eyes, she looked at him and

"We are so grateful for any testimonials from our patrons. Do you

"On the contrary. I should be de-If dust cloths have to be bought lighted," responded the Briton. Then,

"There's a divinity that shapes our

and keep the stomach and bowel A roomy bag, its mouth kept open free from deleterious matter. Taken overcome dyspepsia, eradicate bil-Into this receptace all lousness, and leave the digestive orsnips and scraps may be dropped gans healthy and strong to perform their functions. Their merits well-known to thousands who know by experience how beneficial are in giving tone to the system.

> A well-known banker, who greatly troubled with gout in feet, was accosted one morning the way to his office by an Irish who was soliciting alms. He refused her, but, undaunted, she made another appeal to his feelings by heaving a deep sigh, and adding 'Ah, if your honor's heart was as tender as your toes, you'd give me something."

A SWEET LITTLE COMPLIMENT.

A little girl having heard in church the story of the creation of Adam and Eve out of the dust of the ground, was much impressed with what she heard, and returning home she said to her mother: "Mamma, were you made out of

dust?" and then before her mother could answer she added: Well, mamma, if God made you

out of dust, I'm sure he put a teaspoonful of sugar into it. ** ** **

ANOTHER WESTMINSTER. When the Duchess of Westminster

was presented to the late Shah of Persia, he greeted her heartily. "I known, even in my country." The

right.

THE DRUGGIST REBUKED.

A miner rode into Santa Fe with dyspepsia one day, consulted a doctor, and took his prescription to a druggist to be made up.
"Well, how much?" said the miner

when the prescription was finished.

"Tet's see." said the druggiet.

"It's \$1.10 for the medicine and 15 cents for the bottle. That makes—
He hesitated, afraid he might have

THE POET'S CORNER

(Translated from Francois Counée By E. R. P., March 20, 1907.)

Falling on my knees, I said to the

Pardon for this shame! once more

in our history, Our infamous tyrants have chased Thee from the Practorium.

This same day, O Lord, on which Thou didst die for us!

This is an ignominy, and it is a To Thy tragic Image, condemned and

yet innocent, When Justice is dead, the Just One will be banished. Alas! this passes in France, in Thy

Lord, for this morning, kissing Thy crucifix,

have more nearly realized the Frenchman! What! the degradation of sou

sounds among us, As God is outlawed from the cham

That no cry of revolt, none,

good works?

the increase ? But these leaders are crazed, and they rush into pleasure.

were among the cowards?

Christians of old times! Thou Who madest the martyrs Whom not direct torture, Nor death could prevent from break

ing the idols, Raise from us heroes, protectors Thy crucifix!"

-Sacred Heart Review. ---

FOREVER.

Those who love truly never die, Tho' year by year the sad memorial wreath.

death. Are laid upon their graves

And life all pure is love; and love can reach

Than those by mortal read

friend he has whose face will neve

The anchor of love is death.

bers of justice!

'What! not one leader who urges to

Shall it, then, be written that we

"O Jesus, give us the ardor of the

A ring of flowers, types of life and

For death the pure life saves

om Heaven to earth, and noble

Well blest is he who has a dear one

A dear companion that will not grow

Will reach our cheek all fresh thro

died long since, ah! For her who thine unto the end.

God for one dear friend, Thank God for one dear with the light with face still radiant with the light of truth

scent of youth, Thru' twenty years of death

John Boyle O'Reilly.

Hill.

AT SUNSET.

I knew a pilgrim who had travelled far Along the winding road of Zion's

Still in the vigor of life's su Her heart, her soul, and mind,

Aflame with holy zeal.

Still ever upward on the Mount of God.

Till. pausing at a hamlet built Saw need of tender, ministering

And waiting there for many, many

years,
She wrought and toiled and cheered Within the limits of her sweet abode, The rarest loveliest flowers bloomed Oft little children fluttered there,

Like happiest butterflies, content Choice sweets of roses, violets and

daisy cups; Nasturtium's golden blooms Continually did ring their softest

Like bells of Paradise Gathered round her board A happy circle grew and widened,

The sick, the needy, those who crav-But words of kind encouragement, Were never bid to go and come again But welcome found and patient help

At length her ministry was done-They saw her take her staff. And, leaning heavily-for she was

worn and spent. She mounted wearily Yet many a backward word she threw

And all along the way she trod fell flowers From open hand.

And stars no mortal eye hath ever Gleamed still beyond.

Then-as they watched there at the foot-A cloud received her out of sight, many find her footprints By the flowery way, and winding on

upward etime will touch the snows, And God's Hand, reaching down, Will draw them Home!

S. M. Blanchard, in the Pimes-Democrat.



THE EVANS VACUUM CAP is a practical invention constructed on scientific and hygienic principles by the simple means of which a free and normal circulation is restored throughout the scalp. The minute blood vessels are gently stimulated to activity, thus allowing the food supply which can only be derived from the blood, to be carried to the hair roots, the effects of which are quickly seen in a healthy, vigorous growth of hair. There is no rubbing, and as no drugs or chemicals of whatsoever kind are employed there is nothing to cause irritation. It is only necessary to wear the Cap three or four minutes daily.

80 DAYS' FREE TRIAL! The Company's Quarantee.

An EVANS VACUUM CAP will be sent you for sixty days' free trial. If you do not see a gradual development of a new growth of hair, and are not convinced that the Cap will completely restore your hair, you are at liberty to return the Cap with no expense wherever to yourself. It is requested, as an evidence of good faith, that the price of the Cap be deposited with the Chancery Lame Safe Deposit Company of London, the largest financial and business institution of the kind in the world who will issue a receipt guaranteeing that, the money will be returned in full, on demand without questions of comment, at any time during the trial period.

The emissible I N. LOVE, in his address to be Medical fourd on the subject of Alopseis flow of hair) stated that if a mean could be seried to being nutrities to the last folling that rotel, when trearing to any friending rooms, the problem of hair provides to the last of the country of the provided that the country is not to be seen to be seen to be subject to the last folling that rotely, when the Eving to the last folling hair rotely, when the Eving to the last of the last the last provides to serve the last th

a Medical Board.

1 may that the principle upon which the street and indisputable the Found Vacuum Cap will be sent.

THE RAG DOLL'S

THURSDAY, APRIL

"Oh, my!" exclaimed Upon the toy store "I've had the narrowe

I'm quite unlike my The rag doll did indee Her teeth were all

The bisque doll took "Do tell me, what's

"You see that man The rag doll said, st They almost bought

Oh, dear! I can't sto "'A birthday gift," Do hasten, clerk, and and then they saw that

In stocking cap and 'Oh, see that cu The lady cried, deligh

For I was so excited And when the man s

We'll take the bear in grew quite weak from And almost lost my l The bisque doll looked,

I'm sure you must be You know you must day:

You came here for the "The man and woman y I'm sure would treat What is the matter with

I wish that you would The rag doll drew e breath, And slowly raised her

The people now had le Then earnestly she sai "I know that you will And so will every toy, When I tell you that the

To give me to a boy! Julia Darrow Cowle

THETO

Burdoc **Blood Bitt** solds a position unrivalled b

Y_PEPSIA, BILIOUS CONSTIPATION, HE BEARTBURN, SOUR ST DIZZINESS, DROP RHEUMATISM, PIMPLES, RINGWORM, or

arising from a disordered at Stemach, Liver, Bowels or Bi you require a good blood me BURDOCK BLOOD BIT

JOURNEY. A press despatch from e Vatican has notified government that the Pope cided that the removal of of Leo XIII. from St. Pet new tomb in St. John Lee take place in the daytime tege through Rome shall molested. Negotiations going on concerning the that will be finally adopte

The Vatican is indiffere ther the route of the cortes with troops or whether t is merely aurrounded with When the arrangements been completed the date will be definitely fixed. Probably it will be at ning of next month, as master of ceremonies is all paring the details of the i

paring the details of the finding the lateran, inhumation in the Lateran, majordomo is preparing it to the ceremony. These we mited to cardinals, diplomatic the Roman nobility. Production monks will accombe area through the streets.

If your children are trousoms, give them Moths form Exterminator; safe, flectual. Try it, and ma

POPE LEO'S L