

The unfortunate sects who have suppressed the Blessed Eucharist are capable only of the common actions, produced by a purely natural generosity, very limited in extent and unable to devote itself to others.

The Catholic Countries themselves where piety consists merely in the strict observation of the laws of the Church and nothing more, are inferior, in all that regards active charity, to those where frequent Communion is held in great honor and esteem.

"Take and eat this Bread of Life" such is the pressing invitation of the pious inventors of all charitable works. They have understood that the gift of self is the spontaneous effect of the gift that Jesus Christ makes of Himself in the Blessed Eucharist ; that it is impossible to frequently approach the Holy Table, without becoming, as it were, the loving slaves of Our Dear Lord's provocations.

"I was not content in spreading over thee my liberal hands" says the Saviour, "I was not content to shower upon thee the natural and supernatural gifts which embellish your life"; I give Myself wholly to thee, My body, My blood, My Soul and My Divinity. Now you, in return, should not restrict yourself to those gifts which can be made without any sense of privation. Give yourself, give your affection, your prayers, your time, your health and your life. Give yourself to the poor, to the afflicted, to the weak and to those who are disinherited of worldly goods ; for I, King of poverty and of suffering, am found in all those who are in need. Give yourself to the ignorant, to infidels, to sinners, because I came to bring light, faith and life, and to increase the members of My mystical body." "Devote yourself to all kinds of misfortunes, for in giving yourself to others you give yourself to me."

O admirable Current of love ! That which flows from Jesus returns to Jesus. Blessed be the God of the Eucharist for all the miracles of charity by which His Church is honored ; for the self-sacrificing men, for the devoted women who spend their lives in solacing those who are miserable and wretched ; for the heroic apostles who work with such untiring zeal for the conversion of sinners. It is the Holy Ghost who thus fills their hearts