

THE KEY TO HEALTH.

N the above diagram is represented an endless chain of bad blood connected with the chief or cardinal points of the system. The KEY which unlocks the confined secretions of the Stomach, Liver and Bowels, is

BURDOCK BLOOD BITTERS,

Which Makes Bad Blood Pure.

THE STOMACH, THE BOWELS, THE LIVER AND THE BLOOD.

HOW TO REGULATE THEIR WRONG ACTION WHEN IMPAIRED BY DISEASE,

THE STOMACH.

Are You Troubled with Dyspepsia?-How to Know it and How to Cure it.

If you have a variable appetite, A faint gnawing feeling at the pit of the stomach,

Unsatisfied hunger at times, A loathing of food at other times, Rising and souring of food, Wind in the stomach and distress around

the heart,

A painful load at the pit of the stomach, Choking sensations in the throat,

Headache and dulness of spirits, Constipated bowels with alternate diar-

Are you gloomy and miserable?

Then you are a confirmed dyspeptic.

The cure is careful diet, slow eating, thoroughly chewing the food; avoid drinking at meals. Keep regular habits, shun stimulants, take pleasurable exercise and tone the digestive powers and regulate the stomach and bowels with Burdock Blood Bitters, nature's grand specific for Dyspepsia. It has cured the worst forms of Dyspepsia even of twenty-five years duration, as in the cases of Alexander Burns, of Cobourg, Ont., and many others whose lives were despaired of.