

The Leading Health Resorts of America Reached by the

Grand Trunk Railway System

THE DOUBLE TRACK ROUTE

The St. Catharines Well

The "St. Catharines Well," situated at St. Catharines, Ont., on the main line of the Grand Trunk Railway System. The waters of the "St. Catharines Well" are possessed of wonderful healing properties, and are spoken of in medical journals as more wonderful in their curative powers than the famous Kreutznach Springs in Germany. These waters are especially valuable in the treatment of such diseases as rheumatism, gout, neuraligia, sciatica, skin diseases, nervous troubles, or as a tonic for people troubled with the ills of the modern strenuous life.

Connected with these springs is "The Welland," a happy-combination of sanitarium and family hotel.

The Mineral Bath City

Mount Clemens, Mich., "The Mineral Bath City," is famous throughout America as an All-the-year-round-Health-Resort. The waters of the springs are a panacea and cure for bilious and liver troubles, paralysis in lighter forms, digestive troubles, nervous disorders, after effects of la grippe, general debility, protracted convalescence, etc. Rheumatism, probably the most common of all diseases, is treated with unfailing success. Seventy-five per cent. of rheumatics are cured and ninety per cent. benefitted.

The city has many luxurious and modern hotels where prospective visitors can rely upon securing the very best accommodation. All of these have individual springs, with bath house attached. In addition are many boarding houses which furnish good accommodation very moderately.

Mount Clemens is situated on the line of the Grand Trunk Railway System, 21 miles from the City of Detroit.

tem, 21 miles from the Chy troit.

For all information, rates, etc., apply to any Grand Trunk representative, including J. Quinlan, Bonaventure Station, Montreal, and C. E. Horning, Union Station, Toronto.



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TORONTO

CONTENTS

Men of To-Day Illustrated. The Real Boss of Montreal By Augustus Bridle. No. 31 in a Series of Character Studies. Truax, Saw-Miller and M.P.-Elect By Sid H. Howard. The Alderman and the Clique By B. B. Cooke. Third in a Series on Phases of Municipal Life. The Millionaire Incog, Story By Madge Macbeth. Reversing Traditions, Cartoon By J. W. Bengough. When Is a Voter Bought? By the Monocle Man.

WOMAN'S SUPPLEMENT.

The Canadian LeagueSidelights.

Almost the year's capsheaf in the abundance of good features: Erin's opinions on "School Hygiene" and a number of other equally uppermost questions; an illustrated sketch by Mary Josephine Trotter of the aristoeratic business woman, "Evelyn," of Toronto; a special article, profusely illustrated, on "Agriculture for Girls," by Eve S. Dropper; to say nothing of abbreviated news in picture and text which sufficiently speaks for itself.

Money and Magnates By the Financial Editor. Demi-Tasse By Staff Writers.

Editor's Talk

OT forgetting the eternal feminine, the Christmas Number of the "Canadian Courier" will contain a special Christmas Supplement for women. The great shopping season has begun its yearly crescendo. In spite of the minor plaint concerning what used to be known in this country as "hard times," the shopping season this year promises to be as brilliant as ever. There will be a difference. Shoppers will mix more brains with their money and more time with both, in order to secure the results that make for the happiness of other people.

The Christmas Supplement will deal intimately from a woman's standpoint, with the human side of this. It will be a document worthy of perusal also by any mere man. It will reflect the side of commercialism which is brightest and most optimistic, and it will blaze a trail of good cheer all through the Christmas season.

The number will contain, also, considerable music, which is even more characteristic of Christmas than shopping. Andwe have saved the best wine till the last-there will be throughout the Christmas spirit. "Good cheer" abounds in the cover, the stories, the articles, the poems, in everything inside the special Christmas Number. It will be the latest of a line of successful Yuletide productions-and the best.



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(Chill-proof)

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W-85

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