How Good Food may turn to Poison

DECAY is not digestion, you know, even when it takes place in the stomach.

Food decayed in the body after being eaten is as dangerous to health as food decayed before being eaten.

Food nourishes or poisons, just according to how long it remains in the Bowels undigested.

Cascarets are the simplest and surest safeguard against Delayed Digestion yet discovered.

* * *

Sold in a thin Enamel Box, half as thick as your watch, which fits into the vest pocket or lady's purse as if it grew there.

In this round-edged Enamel box are found six small Candy Tablets.

One of these toothsome tablets works wonders for digestion.

Soon as placed in the mouth it starts the Saliva flowing, which at once gets to work dissolving it.

The Saliva becomes blended with the Candy Cascaret tablet, and from the moment they start going down your throat together they start working together.

Now, what do they work at? Bowel-work, of course,—Digestion.

* * *

Some folks think Digestion takes place in the Stomach only.

But that's a great mistake!

Most of the Digestion occurs in the thirty feet of Intestines that connect with the Stomach.

Now, these Intestines are 30 feet long, for a purpose.

They are lined with a set of little mouths, that squeeze Digestive Juices into the Food eaten.

The Digestive Juices thus mix with the food, just as Saliva mixes with Cascaret tablets, dissolving and changing that food into nourishment, as it passes along the channel.

The Intestines are also lined with millions of little suction pumps, that draw the Nutriment from Food, as it passes them in going through.

* * *

This Nutriment is then carried into the Blood, and spread over the Body as Brain, Bone and Brawn.

But, when the Bowel-Muscles are weak, the Food moves too slowly to stimulate the little Gastric Mouths and there is no flow, or too little flow of Digestive Juice, to change the food into nourishment.

Then, the food decays in the Bowels, and in the thirty feet of Intestines.

When this Decay begins the little suction pumps draw Poison from the decayed Food, into the blood, instead of the Nutrition it should have drawn.

Now, Cascarets contain the only combination of drugs that Stimulates these Muscles of the Bowels and Intestines just as a Cold Bath, or open-air Exercise, stimulates a Lazy Man.

Cascarets therefore act like Exercise.

They produce the same sort of Natural result that a Six Mile walk in the country would produce, without any injurious Chemical effect.

* * *

The Vest Pocket Cascaret Box is sold by all Druggists, at Ten Cents.

Be sure you get the genuine, made only by the Sterling Remedy Company, and never sold in bulk. Every tablet stamped "CCC."

A sample and the famous booklet "Curse of Constipation," Free for the asking. Address Sterling Remedy Company, Chicago or New York. 708

RAILWAYS AT LOGGERHEADS OVER A DIVISION OF LAND

C.P.R Claim G.T.R. Agreed to Turn Over Half of a Property Acquired.

The suit of the C.P.R. against the G.T.R., claiming one-half of the seventeen and a fraction acres of land in rear of the Central Prison, purchased by the G.T.R. from the Ontario government, was begun before Justice Teetzel yesterday. The plaintiffs claim the G.T.R. had agreed to convey to them the north half (8.5 acres) at half the purchase price of the whole.

The G.T.R., thru M. K. Cowan, K.C., claim that the agreement, if one, was not binding, and only enforceable if the C.P.R.'s offer of $20,650 for the property was accepted by the Ontario government, who had, however, accepted the G.T.R.'s tender of $32,500.

D. McNicoll, vice-president of the C.P.R., as a witness, said he had acceded to the request of Mr. Wainwright of the G.T.R. not to bid for the land when advertised by the government for sale, the G.T.R. being willing to divide, and not wanting the prices raised by competition. He submitted a plan to the G.T.R. of the division of the property. The agreement was made in 1901, and the lands were acquired in 1903. Mr. McNicoll had several discussions with Mr. Hays, as conducting the negotiations, regarding the property. He understood that his plan had been accepted by the Grand Trunk, but admitted that it had not been accepted by Mr. Hays personally.

Mr. Cowan asked if Mr. McNicoll remembered an order of the railway commission under which the G.T.R. built a switch on the property. The switch was now part of the G.T.R. system under the Railway Act. Under the same law this railway could not alienate any of its property, and that was what it would be doing if it consented to a partition of this land.

Mr. Armour, for the C.P.R., said it was no defence for the G.T.R. to plead that the agreement could not be carried out because it went behind the C.P.R.'s back to get an order from the railway commission to build a track on the property.

Mr. Cowan produced advertisements announcing his company's application to the commission. The statute expressly forbade a transfer of lands such as those under dispute.

"The statute expressly forbids you keeping our land," argued Mr. Armour.

"Well, if you can get it," smiled the G.T.R. counsel.

"That's the usual position of the G.T.R.," replied Mr. Armour. "We generally get our own in the end, tho."

Mr. Armour contended that it was not just to set up now that an order of the railway commission prevents the division the C.P.R. claim under the agreement.

Justice Teetzel, at Mr. Cowan's request, permitted the statement of defence to be amended by setting up the order of the railway commission.

The case will probably continue on Tuesday.

Anniversary of Ridgeway.

To-day (June 2) being the fortieth anniversary of the Battle of Ridgeway, the Veterans of 1866 will assemble at 3 o'clock this afternoon in Riverdale Park, and from thence proceed to the cemeteries for the annual decoration of the graves of fallen comrades.

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PRESTON IN, KEPT JURY OUT LATTER GIVES HIS VERSION

Declares His Belief That Preston Was Connected With Both N. A.T.Co. and Leopold Agency.

Ottawa, June 1.—As a measure of precaution, to offset the possibility that W. T. R. Preston might sail away with his trunks full of papers, F. D. Monk moved when the agriculture committee assembled this morning, that the secretary notify the commissioner to stay. The motion carried.

Peter McKenzie, chairman, wanted to swear A. F. Jury, the Liverpool agent, pet aversion of Preston, but Jury would not take the oath, saying that under the statute he must affirm.

He was appointed, he said, in May, 1897, with $1800 a year and expenses. His present salary is $2000 and expenses. The government paid a 7 shilling bonus per head on immigrants intending to work the land.

The bonus was never paid to government agents. A new rule called for the examination of immigrants to test the good faith of their statements as to their former employment, and to their intention to take up agriculture. The bonus now is not paid till the emigrant gets to Canada, and is passed upon by the superintendent of immigration.

Preston, according to the statement of Jury, received funds from Ottawa to pay over to the booking agents in bonuses. Jury knew of no instance in which Preston had not paid the money over.

Mr. Monk asked for Jury's opinion as to the probable results if the government ceased paying a bonus.

"It would result in considerable diminution," was his answer.

Preston and N. A. T.

Jury first heard of the North Atlantic Trading Company in the summer of 1897, when Preston came to Liverpool and talked to Mr. Mitchell, who was in charge of the office work there, and talked of the formation of a syndicate. Subsequently there came a letter from the N.A.T. Company, an impertinent letter, directing the government's agents to forward all continental immigration enquiries.

When the contract went into effect there were complaints from continental agents, from steamship companies who felt that they were being deprived of the results of years of advertising.

There was, Jury thought, an agreement between Sol Sallenger and the N. A. T. Company as to what Sallenger was to get for working for the company.

On one occasion Sallenger was dunning for money, and Preston sent him his private cheque.

"Preston was acting for the N. A. T. Company?" asked Chisholm of Antigonish.

The answer was: "So he says."

Col. Sam Hughes expressed his understanding that any mention of Canada in connection with immigration on the continent would mean imprisonment.

"Don't you believe it," said Jury.

Duncan Ross wanted to know whom Jury thought Preston was acting for in employing and paying Sallenger.

"For himself," said Jury.

Jury Couldn't Get In.

Mr. Monk wanted to know about the N. A. T. Company. Jury hadn't much information.

"They would not let me in," he said.

"Who wouldn't?"

"Preston."

Jury said he had written applying to get in.

Mr. Monk invited Jury to tell about his trouble with Preston. Jury began with saying that Preston on going to London found his powers being exercised by Mr. Comber, secretary of the high commissioner.

Jury and Mitchell in Liverpool gave Preston certain information about unused pamphlets, by word of mouth, and Preston wrote to Mitchell in a confidential letter, asking for the same information in writing. Mitchell refused, and Preston wrote again officially. Jury and Mitchell refused to be used in a fight between Preston and Comber.

Jury produced a letter from an Allan steamship agent in Norway, one Bennett, stating that Preston had appointed two N. A. T. agents in that country.

Not Judge and Jury.

"If," said Chisholm, "Preston states that he is not connected with the company, you would not sit in judgment on him?"

"I wouldn't believe him, of course."

To this Mr. Jury added: "I wouldn't believe him on oath."

Chisholm asked about the dangers of carrying on an immigration propaganda on the continent. Jury held up both hands. "All this talk," said he, "is nonsense. Mr. Preston knows there is no one better able to beat the laws of these countries than the steamship agents who have been doing it all their lives."

Since then it had been said that in Liverpool he had talked of the Preston situation to all Canadian M.P.'s, etc., who came along. He had talked to Mr. Fielding and Mr. Fisher.

Carvell asked about the letters taken from the Ennis office in Liverpool. Jury said he went and took the letters when Ennis did not see, but "they were just close so I could reach forward and get them."

"You say that Ennis was a party?"

"I do."

Jury went on to say that he had a "great itching" to get letters in which Preston was declaring open war against the trades unions of Canada, and he wanted, he admitted, to make a point against Preston.

Ennis had put the letters in an envelope, the envelope in a pigeonhole, and had then turned his back to both Jury and the correspondence. Jury took the letters. He got the letters copied and also photographed, and returned them.

Preston's Part.

He believed Preston was connected with both the N. A. T. Co. and the Leopold agency.

"I have known Preston," said Jury, "for many years, and my suspicions were aroused when Preston talked about organizing a syndicate. I smelled a mouse.

"I saw the hand of Preston all thru in the appointment of Sallenger, the instructions to your agents, and I have proof that he went to the continent and appointed the agents of the N. A. T. Co. I never spoke to a steamship man about this contract who had not the idea that Preston was financially interested in it. These men are not fools. When their business was taken away they began to enquire."

Macdonald, of Pictou, premising that he did not come to defend Preston, asked:

"You would make the people of Canada believe, if possible, that he is connected with the company?"

"I don't think it's necessary, I think they are already convinced."

This riled the Pictou member, who disclaimed his inclination to take impertinence from a paid servant of the government.

Carvell, of Carleton, N.B., roused the wrath of Mr. Monk by referring to Jury as his witness. Carvell suggested that Monk had spent two hours with Jury yesterday, arranging for questions and answers.

"That," said Monk, "is not the case."

Carvell asked Jury, who said he had talked with Monk for about ten minutes, and that he had asked Monk to ask questions. I had asked government members to put them, and they wouldn't promise. I asked Mr. MacLean of Nova Scotia, MacDonald and Chisholm.

"And Mr. Chisholm," said that gentleman jumping up, "told you the government members wanted all the facts."

"Like the man looking for work and praying to God he wouldn't find it," retorted Jury.

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