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ADIAN CLUB.—Dr. E. nion Fisheries Commis- sioners the club Thurs- day at 8 o'clock, in the Hall. Subject: "Our Na- tional and the Peace." Illustrated with limelight views of the vital import- ance of the subject. Mem- bers will have a fine dinner given by the club in the interests of the cause.

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WOMEN'S BONSPIEL, HELD AT GRANITE RINK, BIG EVENT

Mild Weather Changed Program Somewhat, But Finals Today.

TORONTO WOMEN WIN

The MacFadden Silver Cup Will Stay in Toronto Another Year.

"There is always a genuine thaw whenever we play for the tankard," said Mrs. Z. Gallagher, yesterday at the women's bonspiel in the Granite Rink. It was not curling weather, but the women who curled yesterday morning declared the ice was remark- ably good. The finals were postponed until this morning, as the weather man has promised zero weather. The morning's draw resulted in the Tor- onto playing Kingston, the Granite rinks playing those of Queen City. This is the fifth year the trophy has been competed for, the Toronto rinks always managing to keep it home. Kingston women's clubs have been in active play 14 years.

A Pretty Scene.
The ice presented a pretty picture yesterday morning. The different clubs do not wear any distinctive colors to designate their rinks, but each player wore a bright sweater coat and the many colors against the dark background made a delightful combination. The curlers were keenly interested in scoring, the brooms were used scientifically and the "stones" were coaxed and petted along. Mrs. Rennie made a number of brilliant plays. Mrs. Bulley also doing splendid work. Mrs. Robinson's and Miss Thompson's playing was highly spoken of by the onlookers. Mr. Ross Harstone was the referee.

Women Who Played.
Granite.—Mrs. Archibald, Mrs. Cork, Mrs. Wilson, Mrs. Bulley, skip—6.
Queen City.—Mrs. Beatty, Mrs. Gault, Mrs. Nettiefield, Mrs. More- house, skip—6.
Granite.—Mrs. Myles, Mrs. Graham, Mrs. Alexander, Miss Rennie, skip—18.

Queen City.—Mrs. Kalmeyer, Mrs. Goodchild, Mrs. Tovin, Mrs. Temple, skip—4.

The rinks competing yesterday morning are given with the scores obtained:

Toronto.—Mrs. Grant, Mrs. Clark- son, Mrs. Boyd, Mrs. Jellist, skip—3.
Kingston.—Mrs. Gibson, Mrs. Bibby, Mrs. Morris, Mrs. Tandy, skip—5.

Toronto.—Mrs. Simpson, Mrs. Bened- ict, Miss Thompson, Mrs. Robinson, skip—13.

Kingston.—Mrs. Davis, Mrs. Ashley, Mrs. Waldron, Miss Buch, skip—2.

Granite.—Mrs. Archibald, Mrs. Cork, Mrs. Wilson, Mrs. Bulley, skip—6.

Queen City.—Mrs. Beatty, Mrs. Gault, Mrs. Nettiefield, Mrs. More- house, skip—6.

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Presidents of Clubs.
Toronto Club, Bigger; Granite Club, Mrs. Z. Gallagher; Queen City Club, Mrs. Temple; Kingston Club, Mrs. Waldron.

Today's Events.
At 9.30 this morning the finals will be played. Toronto Club will play the Granite Club for the tankard, and the consolation finals will be con- tested by Queen City and Kingston rinks.

A merry afternoon was spent in the Granite Club parlors yesterday play- ing cards and enjoying the social cup of tea. The prizes were set out on a lace covered table with the big silver trophy in the centre.

The winners of the tankard also will carry home a beautiful cut glass dish each, and the consolation win- ners will have each a beautiful cup and saucer of Amphy china, while the runners up will be the happy winners of crown derby cups and saucers.

The Granite Club are the hostesses and luncheon will be served after the game.

STOMACH TROUBLES ARE DUE TO ACIDITY

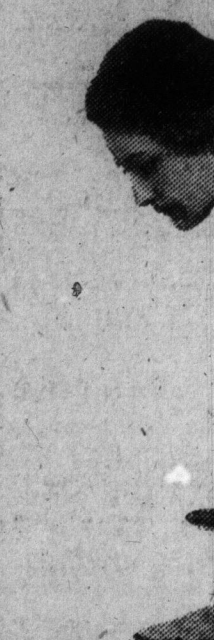
Tells Safe, Certain, Speedy Relief For Acid Indigestion.

So-called stomach troubles, such as in- digestion, gas, sourness, stomach-ache and inability to retain food, are in prob- ably nine cases out of ten, simply evidence that excessive secretion of acid is taking place in the stomach, causing the forma- tion of gas and acid indigestion. Gas distends the stomach and causes that full oppressive burning feeling some- times known as heartburn, while the acid irritates and inflames the delicate lining of the stomach. The trouble lies entirely in the excessive development or secretion of acid.

To stop or prevent this souring of the contents of the stomach and to neutralize the acid, a teaspoonful of bisulphate of magnesium, a good and effective corrector of acid stomach, should be taken in a quarter of a glass of hot or cold water after eating or whenever gas, sourness or acidity is felt. This sweetens the stom- ach and neutralizes the acidity in a few moments and is a perfectly harmless and inexpensive remedy to use. The antacid, such as bisulphate of magne- sium, which can be obtained from any druggist, in either powder or tablet form, enables the stomach to do its work properly with- out the aid of artificial digestants. Mag- nesium comes in several forms, so be cer- tain to ask for and take only Bisulphate of Magnesium, which is especially prepared for the above purpose.

ANOTHER VERA ROEHM EXERCISE TO DEVELOP ARMS AND SHOULDERS

Third of a series of articles by Miss Vera Roehm.



From time to time a person will find herself becoming sluggish, and unless a great effort is displayed the much-dreaded habit be- comes firmer and more deeply imbedded into the system. Spring is the most susceptible time of the year, and, therefore, one should be doubly careful not to allow this habit to gain a hold.

It is the lack of activity which the body demands which causes this. How much more beautiful does this earth seem when one can say: "I feel strong, healthy and want to en- joy this world purely for the benefit of living in it." When the eye has a clear sparkle, the step a spring and the carriage a grace, there is no room for illness, and should trouble present itself, the clear mind, which always accompanies the above good feats, is prepared to handle any sort of situa- tion to the best of its ability and find a way out. Little do we realize when the body is allowed to become in a run-down condition what a grave error is being committed, and how soon the penalty of its neglect will be felt.

People have been known to exist for years in one room without ever leaving it, never having had real fresh air or exercise. They have existed, but never lived. Frail, sick specimens who have never known the meaning of the word "live." Air, light and exercise are as essential as eating and should be studied as closely as the food diet.

My exercise today is the dip. This is a general developer for the arms and shoulders. It is a strenuous ex- ercise and will cause free perspiration. This is the key:

Lie face down upon the floor, with the ball of the feet touching a sta- tionary object, which will give a good support to a beginning. Rest the palms of the hands upon the floor, about eighteen inches apart. Raise the body up, allowing the hands and toes only to touch the floor, as shown. Avoid the sway of the head and body, trying to keep a perfectly straight line from the heel to the head. The arms and shoulders do the real work, with the toes acting as a support. Lower the chest until the chin touches the floor and until the knuck of the ex- ercise has been obtained. It would be wise to rest a second before at- tempting the second push up.

Need for Seriousness in Mat- ter of Production Em- phasized by Speakers.

LOCAL COUNCIL WOMEN

Dr. Margaret Patterson Sug- gests Commandeering Allies' Requirements.

Need for seriousness in the matter of the production and conservation of food was impressed upon the women who attended an open conference call- ed at the Margaret Eaton Hall yes- terday afternoon by the Local Coun- cil of Women. Mrs. A. M. Huettis was in the chair. The trend of all thought had not yet been given to the subject and that unless provision be made, Canada not only would feel the pinch herself, but would not be able to assist England and the allies as she would desire to do, unless both production and conservation were largely increased.

"Stir people up to the notion that the war continues much longer," was the advice of Dr. B. McCready, who spoke on the organization of the home economics. He gave a new code which the workers were to send out as signals, "C.P.S." which he trans- lated: "Conserve food, produce food, save money." Only thru these means can the things that threaten be met with assurance by the people of Can- ada. The speaker said that it seemed easier for Ontario to raise three mil- lions or more in a few days than to do much in the matter of food pro- duction. Good work had been done in the past by the Rotary Club in the way of cultivating lots of land, but a great increase was needed.

BROWN SCHOOL CARNIVAL.

It would be hard to imagine a more beautiful sight than was presented at Brown School carnival yesterday, when the merriest festivity of the season was participated in by over 200 costumed skaters. Given under the patronage of their own home and school association, the president, Mrs. Thompson, the staff of teachers, and ladies of the association, spared no effort to make the afternoon a mem- orable one. The merry-makers skated to real hurdy-gurdy music. Treats and Mrs. McClelland gave able assistance to the judges. So pleased was Trustee McClelland with the pageant that he is kindly donating extra prizes. The impersonations of British and Liberty, John Bull and Uncle Sam, made a unique patriotic group, each member receiving prizes. Those who received prizes were: Do- rothy Mills, James Wynard, Beatrice Stevenson, Fred Lowe, Gladys Mar- garet, Ed Campbell, Gertrude Mc- Quigge, Donald McQuigge, Ruth Cor- nish, Jack Langmuir, Douglas Mus- grave, Grace Martin, Margery Milne and Masters B. and D. Thompson.

Work Done by Women.

Things that had been done by the

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DISCUSS PROBLEMS AFFECTING WORKERS

Employers Showing More In- terest in Their Work- ers Now.

Subjects of interest to women wage- earners were discussed at the meeting of the Women's Business Club, held in their rooms at 39 Yonge street, last evening. A list of things needing sup- port in order that the status of women may be improved were spoken to by Mrs. Lecker on behalf of the Women's Citizens' League, the meeting taking in keen interest and entering fully into discussion on the various points.

On the subject of minimum hours and maximum wages Miss Wiseman, who presided, said that she could speak for the employers of munition workers, whom she had found for the most part in favor of the eight-hour shift, the few who refused this not ob- taining the best results from their employees. Generally, she thought that employers were getting more of the American spirit and evincing greater interest for the personal well-being of the workers, introducing canteens and other things for their comfort. "Mothers' pensions" were explained by Mrs. Becker. The question of a widow not being exempt from taxes on her income evoked a difference of opinion, the one of the speakers expressing the opinion that there should be a distinct difference between money which a woman earns and that which she in- herits, and that while the former, in her opinion, should not be taxed, the inherited money should. More govern- ment women inspectors for factories were recommended by Miss Wiseman.

Dr. Rowena Hume gave an address on venereal diseases. The speaker pointed out many ways in which the evils threaten society, and stated that many children are born infected and die in the first year of their existence.

CHATEAUGUAY CHAPTER ELECTS ITS OFFICERS

Annual Meeting Shows This Organi- zation Has Done Much Good Work During the Year.

Hon. regent, Mrs. W. H. Cawthra. Regent, Mrs. Wallace Nesbitt. Secretary, Mrs. Riddell. Treas., Mrs. W. H. Gooderham. Standard bearer, Mrs. Beatty. The annual meeting of the Chateauguay Chapter, I.O.E.E., was held at the residence of the regent Mon- day. The chapter consists of only 20 members, and the membership was well represented at the meeting.

The reports of the year's work showed that 1500 articles—silk, property bags, Christmas stockings, handkerchiefs, etc.—had been sent overseas; 250 articles sent to the pre- ventorium, 50 Christmas stockings to the Hospital for Sick Children. Reports presented showed that the sum of \$559.34 was raised during the year by voluntary contributions and public entertainments for the Red Cross, Navy League, Halifax relief fund and other patriotic objects. It was also reported that the chapter continued to send to three prisoners of war four parcels a month each, costing ten shillings.

School Libraries were sent to school districts in Saskatchewan and Man- itoba at the expense of the chapter. This was for the education of for- eigners in these provinces.

WOMEN'S PRESS CLUB.

More than commonly interesting was the meeting of the Women's Press Club, which took place in the rooms of the club yesterday afternoon. The program was provided by Miss Dyan and Miss Doyle, who gave brief ad- dresses on the things to do and to leave undone in making up the wom- en's page of a newspaper. At the conclusion of their talk they gave clever and highly humorous person- ations of visits made by the outside world to the office of the woman editor. Mrs. Egerton—formerly Miss Helen Merrill—was given a remem- brance from the club, this being her first visit since her marriage. Mrs. Cherry was tea hostess.

THE KEWPIE KORNER

By ROSE O'NEILL



The Draught Fiend says he's catching cold—
The Air Fiend with decision
Says, "Sir, if you that window close
We'll come into collision."
Kewps at the window stopped the draught,
So those two men shook hands and laughed!

(Copyright, 1918, by Rose O'Neill.)

New Parliament Will Meet in March

HISTORIC scenes will be enacted in Canada's Parliament at the coming session. War measures will overshadow all other legislation, and the people are looking to the new Government to give Canada a new grip on her war work.

THE personnel of the Administration and the unique conditions under which it is to meet Parliament will intensify the interest in all that is said and done at Ottawa.

The Globe's Ottawa Reports an Essential to Keeping Well-Informed

INDEPENDENT reports of the daily sittings of Parliament are necessary to every man and woman who would keep well-informed.

READERS OF THE GLOBE will have the advantage of the independent reports of the very highest type. In harmony with its policy of securing the exclusive cables of The London Times, The London Chronicle, The New York Times and The Philadelphia Ledger, Canada's National News- paper also has an exclusive domestic news service. Staff and

special correspondents at all im- portant points in Canada naturally includes adequate Globe representa- tion in the press galleries at Ottawa and Toronto.

ITS Ottawa press gallery cor- respondence has made THE GLOBE of particular value during Parliamentary sessions. The policy of giving its subscribers the most efficient service possible in this regard will be maintained—complete, unbiased and prompt reports are assured to the readers of Canada's National Newspaper.

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CHEAPEST because there are more perfect matches to the single box than in any other box on the market.

War time economy and your own good sense will urge the necessity of buying none but EDDY'S MATCHES.

THE E. B. EDDY COMPANY LIMITED HULL, CANADA

LACK OF SHIPPING STOPS TRANSPORTATION

The Belgian Relief Committee (Ontario branch), 80 West King street, regrets that owing to the sudden closing off of shipping facilities no more clothing can be sent overseas until further notice. This shortage of ship- ping is much to be regretted, as the present needs of Belgium are greater than ever before. It is urgently requested, therefore, that the generous friends of Belgium send contributions of money instead of clothing.



Don't Look Old!
But restore your gray and faded hair to its natural color with LOCKYER'S SULPHUR Hair Restorer. This world-famed hair restorer is prepared by the great Dr. Lockyer, Specialist, J. P. P. & Co., Ltd., Bedford Laboratories, London, S.E., and can be obtained of all stores. Its quality of deepening grayness to the former color in a few days, thus securing a preserved appearance, has enabled thousands to retain their position. **SOLD EVERYWHERE.** Lockyer's gives health to the hair and restores the young color. It cleanses the scalp and makes the most perfect hair dressing.

The Old and the New

The Dominion House of Parliament, destroyed by fire Feb. 3, 1916, were completed in 1860, forming one of the finest examples of Gothic architecture in America.

The cut herewith shows the new House of Parliament, with temporary roof. The permanent roof will have towers at each end, and the main tower is still to be built. Except for an extra story, the exterior design follows closely that of the old building, the main difference being in the interior arrangement. The total cost will be about seven million dollars. During construction, Parliament will meet in the Museum Building.



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