

CANADA'S BEST POLICY

THE
DOUBLE MATURITY
POLICY.

Are you thinking about taking some Life Insurance, and cannot make up your mind which company to insure in? Well, you will find that the

DOUBLE MATURITY POLICY OF THE MANUFACTURERS LIFE

The easiest and most convenient form of saving money for old age ever devised. The full amount insured for is payable at death or age 65, or as soon as the reserve and surplus combined shall amount to the sum insured, estimated at about thirty-one years from date of issue. The policy is

INDISPUTABLE AFTER THE FIRST YEAR

and you may live or travel in any part of the world, engage in any employment whatever, without prejudice or restriction. You pay your premiums and the Company will pay the insurance. That's the policy for you

MANUFACTURERS LIFE INSURANCE CO.,
63 Yonge St., TORONTO, Cor. Colborne.

MCCOLL'S OILS ARE THE BEST.

USE LARDINE MACHINE OIL, CHAMPION GOLD MEDAL OIL OF THE DOMINION.

MCCOLL'S CYLINDER OIL WILL wear twice as long as any other make

The Finest High Grade Engine Oils are Manufactured by

MCCOLL BROS. & CO., TORONTO.

For sale by all leading dealers in the country.

HOLLOWAY'S OINTMENT

An infallible remedy for Bad Legs, Bad Breasts, Old Wounds, Sores and Ulcers. It is famous for Gout and Rheumatism. For Disorders of the Chest it has no equal.

FOR SORE THROATS, BRONCHITIS, COUGHS, COLDS,

Glandular Swellings and all Skin Diseases it has no rival; and for contracted and stiff joints it acts like a charm. Manufactured only at

THOS. HOLLOWAY'S Establishment, 78 New Oxford St, London

And sold by all Medicine Vendors throughout the World.

N.B.—Advice gratis, at the above address, daily, between the hours of 11 and 4, or by letter.

Unlike the Dutch Process
No Alkalies



Other Chemicals are used in the preparation of

**W. BAKER & CO.'S
Breakfast Cocoa**

which is absolutely pure and soluble.

It has more than three times the strength of Cocoa mixed with Starch, Arrowroot or Sugar, and is far more economical, costing less than one cent a cup. It is delicious, nourishing, and EASILY DIGESTED.

Sold by Grocers everywhere.

W. BAKER & CO., Dorchester, Mass.

COAL AND WOOD.



CONGER COAL CO., LIMITED

General Office, 6 King Street East

Minard's Liniment cures Garget in Cows

The total output of fifty-four leading gas companies in the U. S. during the first six months of 1893 was 1,080,000,000 cubic feet, a gain of 82,000,000 compared with the corresponding period last year. It is probable that this represents new uses for gas, rather than an increase of consumption for illumination.

The best medical authorities say the proper way to treat catarrh is to take a constitutional remedy like Hood's Sarsaparilla.

J. F. Biles, designer of the ocean steamships New York and Paris, believes that in "the third year of the twentieth century," or within ten years, the best transatlantic steamships will be able to leave New York at noon and arrive at Southampton in four days. Such an exploit would require a speed of almost thirty-five miles an hour.

A short time before Dr. Charcot died he said in a lecture that semi-scientists had for more than fifty years ridiculed the idea that the full of the moon was a dangerous time for mad people. Better informed men are coming back to the old time notion, said Dr. Charcot, as the result of increased learning on the subject of earth tides, similar to the oscillation of sea tides.—Electricity.

ASK YOUR FRIENDS

Who have taken Hood's Sarsaparilla what they think of it, and the replies will be positive in its favor. Simply what Hood's Sarsaparilla does, that tells the story of its merit. One has been cured of indigestion or dyspepsia, another finds it indispensable for sick headache, or biliousness, while others report remarkable cures of scrofula, catarrh, rheumatism, salt rheum, etc.

Hood's Pills are purely vegetable.

In Nuremberg they have just discovered 900 songs of the Meistersingers, including some by Hans Sachs.

Minard's Liniment cures Garget in Cows.

HEALTH AND HOUSEHOLD HINTS.

Stewed Pears.—Peel the pears, boil till soft; add a quarter of a pound of loaf sugar to a pound of pears. Then let them boil again, and when a little pink put them on embers instead of a hot fire, that they may be a clear pink. Do not make the syrup too thin and watery.

Brandy Pears.—Pare as thin as possible, and throw into cold water. When it boils, take the pears out. As soon as cold, put them in jars, a layer of pears and a layer of sugar, and fill the jars with white brandy. To half a bushel of fruit five pounds of white sugar.

Boiled Iceing.—Boil one cup of granulated sugar and four tablespoonfuls of cold water until the syrup strings. Beat the white of one egg to a froth; add one-half of a teaspoonful of cream of tartar to the egg, then pour the syrup on gradually, beating all the while, and beat until cold.

Pear Marmalade.—One pound of pears pared and cut up; three quarters of a pound of white sugar, add water in the proportion of half a gallon of water to six pounds of pears, and boil quickly until the fruit is soft. Add the sugar, and mash until perfectly smooth. Take it off when it begins to bubble up. Don't let it burn.

Cream Pudding.—Two cupfuls of milk, two eggs, two tablespoonfuls of flour, a tiny pinch of salt, half a cupful of sugar, two or three tablespoonfuls of fruit juice. Mix the flour with a little of the cold milk, adding the salt; put the remainder of the milk into the double boiler, and when it boils stir in the flour. Add the eggs, thoroughly beaten, and cook five minutes. Pour into a pudding dish for the table, sprinkle the sugar over the top, and pour upon this the fruit juice. Serve cold.

Do You Know

That next to sleep there is nothing more restful than a bath when the body and mind are fatigued.

That spirits of camphor applied with a flannel cloth will remove unsightly white spots from furniture.

That soot, applied to a fresh cut or wound will stop the flow of blood and abate the pain at the same time.

That the odor of onions left on the hands after peeling may be removed by rubbing the hands with celery or mustard.

Plenty of shade and fresh water are needed during the hot spells. Keep the water in the shade and renew frequently.

That if oilcloth is laid down where the sun will shine on it much, it will stick fast to the floor, unless paper is laid under it.

That if grease or oil is spilled on a carpet, flour or meal should be sprinkled over it as soon as possible, and let remain for several hours, and it will absorb the grease.

That a sponge large enough to expand and fill the chimney after having been squeezed in, tied to a slender stick, is the best thing with which to clean a lamp chimney.

That when molasses is to be used in cooking, it is a very great improvement to boil it and skim it first. It takes out the unpleasant taste and gives it more the flavor of sugar.

That mahogany furniture should be washed with warm water and soap, then given an application of beeswax and sweet oil, with a soft cloth, and polished with chamolis to a rich finish.

That black silk petticoats will wear much longer if, instead of having ruffles of the silk, they be made of ribbon. It is a great deal more durable, and they may be employed for narrow ruffles and platings to great advantage.

WHAT YOUR GREAT GRANDMOTHER DID.

She hatched the flax and carded the wool, and wove the linen, and spun the tow, and made the clothes for her husband and ten children. She made butter and cheese, she dipped tallow candles to light the house at night, and she cooked all the food for her household by an open fire-place and a brick oven. Yes; and when she was forty years of age, she was already an old lady whose best days were over. Her shoulders were bent and her joints enlarged by hard work, and she wore spectacles and a cap. Her great granddaughter, with all the modern conveniences for comfort, refinement and luxury, may be as charming and attractive at forty-five as at twenty. Especially is this true if she preserves her health and beauty by the use of Dr. Pierce's Favorite Prescription, which wards off all female ailments and irregularities, cures them if they already exist, keeps the life current healthful and vigorous, and enables the woman of middle age to retain the freshness of girlhood upon brow and cheek, the light of youth in her eyes, and its elasticity in her step. Sold by all druggists.

BABY'S BLOOD AND SKIN

Cleansed and purified of every humor, eruption, and disease by the celebrated

CUTICURA REMEDIES

These great skin cures, blood purifiers, and humor remedies afford immediate relief in the most torturing of Itching and Burning Eczemas and other itching, scaly, crusted, and blotchy skin and scalp diseases, permit rest and sleep, and point to a permanent and economical (because most speedy) cure when the best physicians and all other remedies fail. Thousands of grateful testimonials attest their wonderful, un-failing, and incomparable efficacy. Sold everywhere. **POTTER DRUG AND CHEM. CO.**, Boston. "All About the Skin, Scalp, and Hair," mailed free.

BABY'S Skin and Scalp purified and beautified by CUTICURA SOAP. Absolutely pure.

HOW MY SIDE ACHE!
Aching Sides and Back, Hip, Kidney, and Uterine Pains, and Rheumatism relieved in one minute by the Cuticura Anti-Pain Plaster. The first and only instantaneous pain-killing, strengthening plaster.

Your Patronage Respectfully Solicited.

PARKDALE KASH GROCERY

HICKMAN & Co.,

The Old Reliable House for Choice

Teas, Koffees, Spices,

GROCERIES, FRUITS AND PROVISIONS.

SPECIALTIES:

Bouquet Tea and Happy Thought Baking Powder.

Remember, we keep nothing but first-class goods and our prices are Rock Bottom. Families waited upon for orders, if desired. Telephone orders receive prompt attention. Kindly give us a call, it will be profitable to you and us.

HICKMAN & Co.,

1424 Queen St. W. Tel. 5061.

THE CANADA SUGAR REFINING CO.

(Limited), MONTREAL, MANUFACTURERS OF REFINED SUGARS OF THE WELL-KNOWN BRAND

Redpath

OF THE HIGHEST QUALITY AND PURITY. Made by the Latest Processes, and Newest and Best Machinery, not surpassed anywhere.

LUMP SUGAR,

In 50 and 100 lb. boxes.

"CROWN" Granulated,

Special Brand, the finest which can be made

EXTRA GRANULATED,

Very Superior Quality.

CREAM SUGARS,

(Not dried).

YELLOW SUGARS,

Of all Grades and Standards

SYRUPS,

Of all Grades in Barrels and half Barrels.

SOLE MAKERS

Of high class Syrups in Tins, 2 lb. and 8 lb. each

GILLETT'S

PURE

POWDERED 100%

LYE

PUREST, STRONGEST, BEST. Ready for use in any quantity. For making Soap Softening Water, Disinfecting, and a hundred other uses. A can equals 20 pounds of Soda. Sold by All Grocers and Druggists. **W. W. GILLETTS, Toronto.**